
A Look Behind the Scenes


the Quill
Spring
1935
QUILL
FORTY-THREE
QUILL
EAST HIGH SCHOOL
JANUARY, 1944
JUNE '4
JANUARY, 1963
QUILL 64
QUILL
1967 QUILL
1976
Quill
Quill '73
QUILL
QUILL 197
Go For It
EAST HIGH
QUILL
1984
East Side Story
'85
The "Class" Act '86
1993
Everything But the KITCHEN
PIECING Together
Waves


QUILL
JANUARY-NINETEEN-FORTY-FIVE
January 1955
QUILL
QUILL
QUILL
JUNE 1958
QUILL 1968
nineteen hundred and seventy
chs
1971
QUILL
Quill
Quill
FIRST CLASS
East High Quill
Volume 74
Des Moines, Iowa
1980
EAST HIGH QUILL
SIGNS OF THE TIMES
EAST HIGH QUILL
New Looks
EAST HIGH
1939 50 1989
Quill
Q U I L L 1990
Wild
ABOUT TRADITION
QUILL
1·9·9·1
Let The Good Times
Buckle Up
For the Ride of a LIFETIME
Find...
What You'll
Some Things Change
EXPECT
UNEXPECTED
a different perspective



East High School

EHS

813 E. 13th St.
Des Moines, IA 50316
(515) 242-7788
Enrollment: 1700



Table of contents

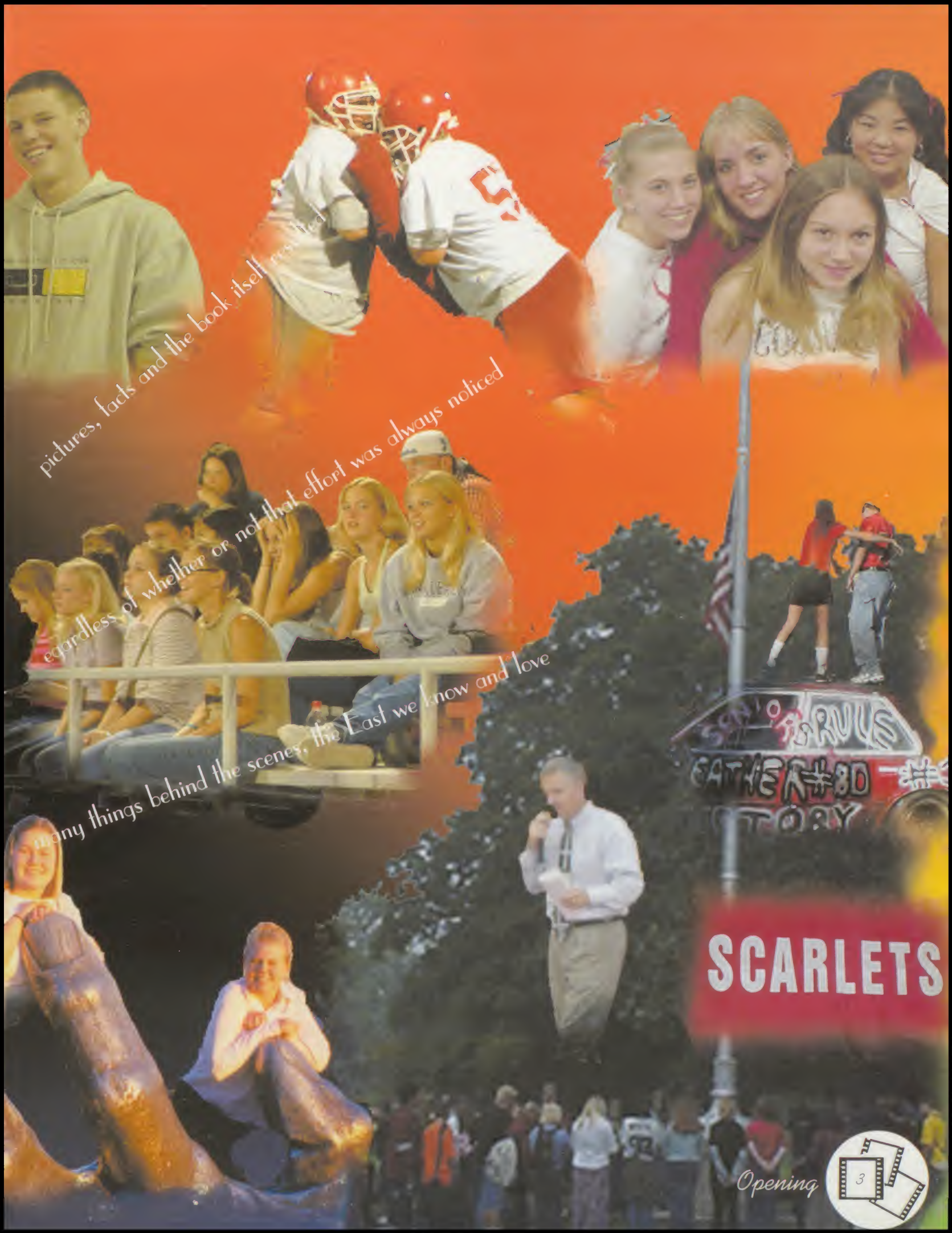
Opening/Montage... 2
4 ....Student Life
People.....14
88...Academics
Organizations..... 148
210 ...Sports
Ads.....276





"Behind the Scenes" ... sounds like something you'd hear in Hollywood, right? It refers to the reality behind the "show," the real, gritty way that Scarlets accomplish so much. Every year many activities, programs and events take place at East. It's important to remember that all the successes are preceded by the hard work and dedication of people working together. As you flip through the next few hundred pages of this book, realize that the stories, from people getting involved to make things happen, or appreciated. If so many people didn't do so wouldn't be on top.

~Cheri Fenton~


pictures, facts and the book itself
regardless of whether or not that effort was always noticed
many things behind the scenes, the East we know and love
SCARLETS

based on a true story
based on a true story
based on a true story
based on a true story
based on a true story
based on a true story
based on a true story
based on a true story
based on a true story

student life

BEHIND the SCENES




EAST
98

East High Uncovered

"...Baseball! That was the best part. I got to hang out with my friends and play ball. The trip was pretty sweet, too! "

~ Senior J.D Smith





A glazed-over look was on many faces. The thought of sleeping in late and having a later curfew and no school for 76 days was on their minds. Getting up early, cramming for tests, turning in homework, and memorizing notes finally paid off.

As the seventh hour bell finally rang, students ran out and headed home last June. School was out and summer fun lay ahead.

Summer scenes for the Scarlets in Des Moines are varied and vast. Teens hit the clubs, movies, highways, and malls all in hopes of having fun. Here's a behind the scenes look at students' summer adventures:

Design and Layout By : Stacy Knight : People Editor

" The Parties!! ...Oh yeah and sleeping in, staying out late & hanging with my friends!"

~ Junior Jessica Dyer









" Big Creek = Big Fun !"

~ Junior Kellie Mc Fadden



" I was swimming in a lake near the backwaters, by Canada and I got horned by a catfish! It was the worst and best part of my summer."

~ Senior Darcey Bartlett



Some summers are filled with nothing but sleeping in late, going to summer school and being bored. Yet it was everything but that for these students. Seniors Ryan Myer, Greg Goode, & Eric Brandt practice in Brandt's basement for a show. The band's name is Badgemen. Senior Chris Miller poses with his favorite friends, Garfield and Odie at Adventureland. Playing dress up is not what these cheerleaders had in mind! Sophomores Thyta Inthavong, Laquana Mitchell, Myneka Crawford spent their Saturday night at the fair being initiated for cheerleading.The beach is a personal favorite of many for the summer -- senior Justin Rankin hangs out on the water and catches the waves on his Seadoo. Theme parks are another favorite among teens. Seniors Katie Bainter, Sarah Flagg and Rhi Nagy take advantage of the summer heat and enjoy a ride on the Raging River.





As senior **Valerie Boland** sat watching her television on an unforgettable Tuesday, September 11, the events she was watching hit close to home. She watched the World Trade Center fall to the ground, taking other buildings with it for blocks and, as she watched the Pentagon burning, she remembered how these buildings and blocks stood proud a mere six months before.

"What if the terrorists had flown the plane into that building when I was in it?" was Boland's response to the events she was watching. "It was scary watching that huge building fall to the ground. I just remembered how I was in it a few months ago."

Boland was one of the East students who had recently been in the World Trade Center buildings and in Washington D.C. She was among a handful of juniors who went on the UN Trip last spring, a one-week adventure during spring break that takes students into Washington D.C. and New York.

"When I think back on it, I don't think I really appreciated what I was seeing at the time," said senior **Michael Weeks**. "When I was on the trip, I didn't realize I was one of the last people to be inside those buildings and see everything before September 11."

Whether appreciated or not, this annual trip took students through several historic sites in D.C. and NYC, including attending the Broadway production of "Les Miserables" and a trip to the Statue of Liberty in New York. Trips to the Lincoln, Washington and Jefferson monuments in D.C. were also included.

"I liked seeing all of the monuments," said senior **Katie Freel**. "It was interesting to learn about all the things the presidents did in order to have a monument dedicated to them."

The entire trip wasn't spent sightseeing and learning about our nation's history, however. Much of the several hundred mile-long trip was spent on a charter bus.

"The bus rides seemed like they took forever," said Weeks. "We got to watch movies, talk to friends and sleep, but going from Iowa to New York and then to Washington D.C. on a bus took several hours. It would have been more convenient to have gone by plane, but the trip was already pretty expensive."

"The trip ended up costing around $830, including only one meal at the United Nations building," said senior **Rachel Taggart**. "We had to bring spending money and money to eat. It was expensive, but I don't regret spending the money because the UN Trip was the coolest trip I've ever been on."



design and layout: cheri fenton / photos submitted by valerie boland

East and Southeast Polk representatives stand in front of the Roosevelt Monument in Washington, D.C.







☞On December 11, 1963 a DJ at WWDC in Washington, DC was the first person to broadcast a Beatles record on American airwaves.

☞Washington DC. wasn't the first city chosen for our capital. It has been located in New York, Philadelphia, Baltimore, Princeton, Annapolis and Trenton.

☞The statue of Liberty's index finger is eight feet long.

☞There are 6,374.5 miles of streets and 578 miles of waterfront in New York City.

INTERNET INFORMATION

Seniors Michael Weeks, Valerie Bolana and Heather Jones pose for a picture with an FAO Schwartz employee after shopping in New York (left). Below, Bolana poses with Rocky at Planet Hollywood in D.C.





Junior Ross Hesseltine excitedly exits Williams Stadium after a victory. At right, the marching band performs.







Off to a great Start

In the last remaining days of summer vacation, students around Des Moines said goodbye to beaches and baseball, suntans and sunshine as they said hello to another nine months of school. Though this annual adjustment is quicker than most students can bear, some students that were involved in activities felt the transition went quite smoothly.

"Football made the beginning of the school year a little bit easier," said junior **Ross Loving**. "Being on varsity, you get to know a lot of juniors and seniors pretty well."

The football team, led by coaches **Darren Fisher** and **John Walling**, started officially practicing one late August night with the annual Midnight Madness.

Though this practice is just a scrimmage, this year the team was led by a group of unusual looking cheerleaders. Newly initiated cheerleaders, which included a handful of freshmen, sophomores and juniors, were dressed up by varsity cheerleaders and were taken to the fair before performing at Midnight Madness. For most, it was their first time performing.

"It was pretty embarrassing," said sophomore **Stacey Owens**. "There were a lot of people there watching the football game, and I was wearing a huge pink wig and lots of gross makeup. Fortunately, most of the older kids had seen this done before and knew what was going on."

Other spirit teams, such as Colorguard, Scarlet Dance Squad, and Steppers also practiced at various times during the summer. All of these groups performed to popular music like Smash Mouth, N'Sync and Janet Jackson tunes during East's back-to-school Jamboree on August 24.

Though football was the only sport that was demonstrated at Jamboree, several other sports teams such as cross-country, boys golf, girls swimming and volleyball were recognized. These teams were also introduced during a pep assembly prior to East's first game versus the Indianola Indians on August 31.

design and layout by chelsea pickett





On a Friday night, an eager crowd anticipates a good game. Below, Junior Gabe Hibben proudly waves the Scarlet flag.



We've got SPIRIT

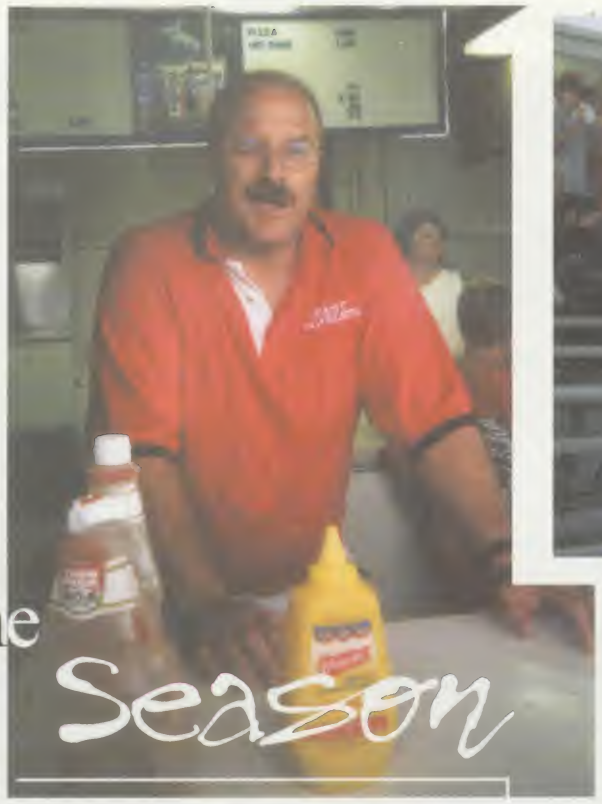


The Varsity football team celebrates their first victory (left). At right, SDS, Steffer, Colorguard, and Cheerleader members pose.





A First Look At the Season



Girls basketball coach Lowell Long takes a break from keeping close watch over the condiments to give a wink.





Cold and wet students hide from the rain under the canopy in front of the concession stand.

Senior **Katie Freel** left her house around five on a Friday in late August in order to make it to the field in time for this year's fall jamboree. It looked decent outside and needing an umbrella or coat never crossed her mind.

Every year the fall sports are introduced with the annual fall jamboree, but this year there was an extra greeting from Mother Nature. The teams were brought out, names were called, and some groups performed. Then from the sky, rain began to blanket the ground and everything between them.

"The attendance looked really good from the field, but just twenty minutes into the whole thing, when it began raining, almost everyone left," said Freel.

A large group of the crowd left, but the remaining fans pulled out umbrellas and stuck around.

"After the rain began, the bleachers consisted of black and red spots with groups of people huddled under the same umbrella. It appeared that most of the umbrellas came from well-prepared parents," said freshman **Angela Sanders**.

Unlike the well-prepared parents, some of the groups were taken by surprise and met with new emergencies.

"The team was dressed in white-decorated muscle shirts, so we raced out of the rain," said girls cross-country varsity runner **Alyssa Wilson**. "Also, all the band instruments were out, so we had to rescue them before they were ruined. Parents were covering them with blankets until we got to them, and then we ran them to the school under our shirts."

Though about 40% of the audience left and most of the teams were gone, volleyball was still introduced, the football scrimmage continued, and the cheerleaders stuck around.

"The field was really muddy, we were running in mush," said varsity football player **Demareo Darrah**. "It's always an experience playing football in the rain."

Finally, the event ended and everyone went home. Those who stuck it out got a preview of this year's football team, and were escorted with a rainbow that streaked the sky.

design and layout: Melissa Mills / photos by Chandy Sowatrat





At far left, the crowd watches the teams take the field. The crowd (at left) pulls out their umbrellas as rain starts to fall.







Just standing around, the girls varsity basketball team waits to be introduced. Above, James Fitzgerald makes a toss for the freshman team.

cast and crew
cast and crew
cast and crew
cast and crew
cast and crew
cast and crew
cast and crew
cast and crew
cast and crew
cast and crew

people

BEHIND the SCENES




adidas
AÉROPOSTALE
ATHLETICS

Making a Scene: Seniors



Adams, Sir

Anderson, Andrew—Cross-Country 3-8; Drama Club 3-8; LC 3-8; Mimes 7-8; Play Production 5-8; Soccer 3-8; Theater Arts 5-8; Voices of Change 3-8.

Anderson, Sara

Andrews, Shara



Anousis, Nicholas

Anspach, Justin—AL; NCYL; NHS; School Play; Soccer 1-8; Spanish Club 1-8; Swimming 5-8.

Armintrout, Tiffani—Cheerleaders 3-4; OA 1-2; PEP 1-8; RIP 5-8; Sr. Board; Wrestling 1-2, 5-6.

Axsen, Nicholle—Spanish Club 5-8; Tennis 1-8. ISU



Baccam, Eric

Bainter, Kati—AL; Cheerleaders 1-4; OA 1-6; PEP 1-8; SS; Scroll 5-8; Steppers 5-8; SG 3-4; Tennis 5-8; Track 3-4; Volleyball 1-6; 12B. DMACC

Baker, Darcy—Cheerleaders 3-8; Orchestra 1-4; PEP 1-2; Softball 1-4; Sr. Board; Track 1-2, 5-8; Volleyball 1-2. ISU

Baker, Kelly







Guide to Abbreviations

AIB.....American Institute of Business
AL.....Academic Letter
BPA.....Business Professionals of America
CB.....Career Beginnings
DMACC.....Des Moines Area Community College
FCA.....Fellowship of Christian Athletes
ISU.....Iowa State University
JA.....Junior Achievement
JROTC.....Junior Reserve Officer's Training Corps
LC.....Leadership Council
NCYL .....National Council on Youth Leadership
NH.....New Horizons
NHS.....National Honor Society
OA.....Office/Library Aide
PEP.....Pep "E" Club
SB.....Science Bound
SG.....Student Government
SS.....Scarlet Standout
TS.....Talent Search
UB.....Upward Bound
UI.....University of Iowa
UN.....United Nations
UNI.....University of Northern Iowa









Banse, Kimberly
Bartlett, Darcey
Bass, Katrina
Beck, Lindsie—BPA; Marketing Sales; PEP; AIB









Beckett, Amanda
Beede, Melissa
Benesh, Collin
Bennett, Ashley—BPA 5-8; Cheerleaders 1-2; OA 1-2; PEP 7-8; Stepper 7-8; 12B, DMACC









Bennett, Candace—BPA 5-6; NH 7; PEP 5-7, 12B, DMACC
Bethards, Christi—AL; NHS 7-8; Swimming 1-6; UN Trip 5-6, AIB
Billings, Luke
Birt, Michael

Blades, Katie

Bloomquist, Kerry—BPA 7-8; 12-B; Marketing Sales 5-6; PEP 1-8; RIP 3-4, 7-8; Steppers 1-8; Swimming 1-2.

Boland, Valerie—AL; Debate 1-2; French Club 3-8; NCYL; PEP 1-4, 7-8; RIP 3-4, 7-8; Sr. Board; Steppers 3-8; Swimming 1-8; UN Trip; 12B.

Borts, William









Bowers, Jeremy

Bowers, Monica

Brady, Nicole—Concert Band 1-8; Marching Band 1-8; Swimming 1-2.

Brandt, Eric









Britt, Adam

Buch, Holly—AL; NCYL; Quill 4-8; Sr. Board; SG 7-8; UB 2-8.

Busby, Kally—French Club 1-4; LC; PEP 1-8. ISU

Bush, Jessica









Butler, Tiffany

Byers, Casey

Callahan-Dhabolt, Nicole

Callison, Jennifer









Campbell, Travis

Canas, Carolina—PEP 1-8; Sr. Board; Tennis 1-8; Wrestling (Mgr. 5-6). UI

Cannon, Elizabeth

Carr, Crystal—Basketball 1-8; Homecoming Queen; PEP 1-8; Softball 3-4; Track 5-8; Volleyball 7-8. ISU














Carrasco, Noemy—Graphic Tech 6-8; NH 2-8; PEP 1-8; RIP 7-8; SB 1-8; Soccer 1-8; Spanish Club 1-6. ISU
Chapman, Kevin
Christian, Michael
Clair, Steven






Clark, Heston—AL; Class Officer (VP); Key Club 6-8; Kiwanian; NCYL; NHS (Pres.); FCA 1-4; Sr. Board; SG 5-8; Wrestling 1-8 (Capt.). ISU
Collins, Aleisha
Connelly, Matthew
Cooper, Tracy—BPA 7-8. AIB






Cosner, Jodie—Graphic Tech 6-7; Marketing Sales 5; PEP 1-8; 12B. DMACC
Covalt, Jonathan—AD 3-6; Golf 3-4.
Crane, Christopher
Crane, Joshua






Crouse, Victor
Cruchelow, Darren—AL; Football 1-4. NCYL; NHS, SS; Spanish Club 5-6; Track 3-4; OM 1-2; Central Academy 1-8. ISU
Curl, Jeremy—Basketball 1-8; Golf 1-8.
Darrah, DeMareo






Davis, Amanda—Voices of Change 3-8; Key Club 1-2; LC; Play Production 3-8; School Play 3-8; Spanish Club 3-4; Theater Arts 3-8. DMACC
Davis, Brandon
Dearth, Tyler
Deaver, Lindsey—OA 1-4; Tennis 1-2. DMACC






DENNING, MICHELLE—Basketball 1-2; Cheerleaders 3-8; Graphic Tech 3-8; Softball 1-6; Sr. Board 7-8. Track 1-4. DMACC

DEVORE, JOSEPH—Graphic Tech 3-8; PEP 1-8; Soccer 1-8.

DOLAN, SUZANNE

DRAYTON, DANELLE






DUENAS, ROSEMARY—French Club 1-2, 5-6; OA 3-8; SB 1-8; UB 3-8; Mariposa 3-4. ISU

EASTCOTT, JONNA—AL; Basketball 1-2; MSC 5-6; Mixed Choir 1-2; NCYL; NHS; PEP 5-8; Quill 4; SS; Soccer 1-8; Sr. Board; Swimming 1-8; Track 1-4; UB 1-6. Drake

EVANS, SARAH—Basketball mgr. 1-8; Photojournalism 5-8; Quill 4; RIP 1-8; SB 1-2; Softball 3-6; Steppers 7-8; Tennis 3-4; Volleyball 1-2. DMACC

FAGEN, MICHAEL






FARRELL, KRISTINA

FENTON, CHERI—AL; Cheerleader 2-8; French Club (pres. 1-8); MSC 6-8; NCYL; 12B; NHS; PEP 1-2; Quill 4-8 (Editor); Sr. Board; Cross-Country 7-8; Tennis 4-8; Volleyball 1-5; FCA 1-2. ISU

FITZGERALD, JASON—Baseball 1-8; Basketball 1-4; Graphic Tech 5-8. UI

FLAGG, SARAH






FLIPPING, TERRA

FREEL, KATHRYN—AL; Concert Band 1-8; Cross Country 5,7; French Club 1-2, 5-8 (VP); Key Club 3-4; Marching Band 1-8; NHS; SG 3-8 (Pres.); 12-B; UN Trip.

FREEMAN, ELIZABETH—Peopel PE 1-8; PEP 7-8.

FRYE, NICKOLAS—JA 7; Mixed Choir 3-6; Track 4.






FULLER, DAVID—AD 3-6; Concert Band 1-8; Marching Band1-8; OA 5-6; Play Production 7-8; QB 1-6; School Play 7-8; Theater Arts 7-8. UI

GAZZO, MICHELLE—Cheerleader 1-4, 7-8; Sr. Board 7-8; Steppers 5-6.

GIDDINGS, AMY

GILES, AMBER—AL; French Club 5-6; OA 1; PEP 3-8; Photojournalism 4; RIP 1-8; Sr. Board; SG 5,7. Univ. of Central Florida






Gomez, Angela
Gomez, Valentina
Gossen, Leslie
Green, Ashlie—Graphic Tech 3-4; Key Club 1-2; Marketing Sales 7-8; NH; Steppers 1-2. DMACC






Gregory, Vincent
Griffin, Abbie
Grochala, Jennifer—AL; Cheerleaders 3-8; Key Club 3-4; NCYL; NHS; PEP 1-8; Scroll 3-8 (Sports Ed.); Softball 1-8; Sr. Board; SG 7-8; Track 1-8; Volleyball 1-2.
Grochala, Ryan






Grossman, Amanda
Guessford, Anthony
Guhl, Sarah—AD 5-8; AL; French Club 3, 5-6; NCYL; PEP 5-8; Prep Choir 1-2; SS; Scroll 5-8 (Opinion Ed.); Treble Choir 3-8, 5-6 (Sec.); UN Trip.
Hagins, Brandon






Hanlin, Jennifer—Art Club 5-6, 1-2; JA 1, 7-8; PEP 1-2, 7-8;
Harvey, Kiersten—OA 1-8; PEP 5-8; Softball 3-4; Track 5-8; Wrestling 1-8.
Hazelwood, Aaron
Heckman, Amanda—Graphic Tech 4, 7; Marketing Sales 7; NH 5, 6. IA Western






Hester, Stacy
Hickman, Christopher—AL; Concert Band 1-8; Jazz Band 1-8; JA 7-8; Marching Band 1-8; Soccer 3-8. ISU
Hickebaugh, Jeffrey
Holt, Barbara

HOLTRY, DONALD
HOOD, TIFFANY
HOOK, AARON
HORTON, MELISSA—Basketball 1-6; PEP 1-8; RIP 5-8; Volleyball 1-8.

HOUANGSAVANH, SAIPHONE—AL; Cheerleaders 3-8; Class Officer (Treas.7-8); Graphic Tech. 3-6; Key Club 1-4; Kiwanian 7-8; LC 3-8; MSC 5-8; NCYL 7-8; NHS 5-8; PEP 1-6; RIP 5-8; SS; Spanish Club 1-6; Sr. Board 7-8; SG 1-4; Tennis 3-4; UB 3-8.
HYDE, JENNIFER
JACKSON, BRIAN—Chamber Choir 4-8; Gospel Choir 7-8; Jazz Choir 7-8; Play Production 5; Swimming 7-8. Army
JENNINGS, STEPHANIE

JOHNSON, JULIUS
JOHNSON, KENDRA
JOHNSON, LEAH—BPA 7-8; Marketing Sales 5-6; PEP 7-8; 12B. DMACC
JONES, ANGELA—AD 5-6; AL; Quiz Bowl 1-2.

JONES, COURTNEY
JONES, HEATHER—AL; Concert Band 1-8; Destination Imagination 5-6; Jazz Band 1-8; Marching Band 1-8; MSC 4-8; NCYL 6-8; NHS 4-8; PEP 7-8; Pep Band 1-8; Soccer 1-8 (mgr. 5-8); Swimming 1-7; UN Trip 6.
JONES, JONATHAN
KAIN, COURTNEY

KAVAN, MONE—AL; Key Club 3-6; MSC 5-8; NCYL 7-8; NHS 4-8 (VP 4-8); OA 1-5; PEP 7-8; Sr. Board 7-8; SG 7-8; Tennis 1-8; UB 4-8. Drake
KAYSER, AUSTIN—Chamber Choir 1-8; Football 1-2; Gospel Choir 7-8; PEP 3-4 7-8; Spanish Club 5-6; UB 4-8.
KEDDIE, REBEKAH
KELLEY, AMY—Chamber Choir 1-3; PEP 1-3; Soccer 1-8. Mercy College of EMS















































Kellogg, Michelle—Special Olymics 1-8.
Kellogg, Terry
Kelly, Alex—Golf 1-2; Concert Band 1-8; Jazz Band 1-8; Marching Band 1-8; Pep Band 1-8; SB 1-6; Soccer 7-8; SS.
Kem, Phanna

Keothammakhoun, Linda
Kephart, Joseph—Baseball 1-8; Basketball 1-8; Football 1-8; Quill 3-6; RIP 3-8; Sr. Board 7-8.
Kindred, Amanda—Cheerleaders 1-6; French Club 1-3; Key Club 1-5; OA 1-4; PEP 1-6; RIP 1-8; Tennis 1-4.
King, Nicole—Basketball 1-7; Tennis 1-6 Volleyball 1-4.

Kouang, Merry
Latcham, Lindsey—Cheerleaders 1-8; French Club 1-4; PEP 1-8.
LeClere, April—Equip. Mgr. 3-8; Graphic Tech 3; Mimes 3; PEP 1-4; Quill 3-4; RIP 7-8; Tennis 1-4. ISU
Lee, Amanda

Lee, Kao
Leverich, Johna—Colorguard 7-8; Drama Club 3-8; French Club 5-6; PEP 5-6; Play Production 3-8; Quill 5-8; RIP 5-8; School Play 3-8; Tennis 1-2; Theater Arts 3-8.
Lewis, Ina
Lombard, Lacey—Marketing Sales 7; PEP 7; RIP 6-7.

Long, Alyssa
Lopez, Eric—Concert Band 1-8; Football 1-4; Jazz Band 5-8; Marching Band 1-8; SB 1-4; Tennis 5-8; UB 1-2.
Lowe, Stephanie—Cheerleaders 1-4; Graphic Tech 3-6; PEP 3-6. DMACC
Lozano, Charles—Chamber Choir 4; Concert Band 1-8; Golf 1-4; Jazz Band 1-8; Jazz Combo 5-8.

Marlenee, David
Mason II, Tod
Mason, Jennifer— Soccer 6-8; Volleyball 1-5.
McCallister, Kimberly— AL; Chamber Choir 7-8; Concert Band 1-4; OA 3-4 6-8; PEP 5-6; Spanish Club 5-8; Treble Choir 3-6, FCA 3-8. DMACC






McCarl, Frank
McClelland, Brenton
McCormick, Matthew
McDonald, Ryan—AL; Basketball 1-2; French Club 3-6; PEOPEL PE 3-4; Sr. Board. ISU






McGarr, Marcus
McKean, Melissa—PEP 7-8; RIP 7-8; Soccer 5-8. DMACC
McNeley, Nicholas
Mendenhall, Jared






Merryfield, Joseph
Milbach, Gregory
Miller, Chad—PEOPEL PE 5; PEP 5-8; Sr. Board. DMACC
Miller, Christopher—Basketball 1-2; Golf 1-3 5-7; PEP 3-8.






Miller, Montique
Mills, Melissa—AL; Art Club 1; Quill 4-8; Spanish Club 3-6; Sr. Board; SG 7-8.
Mitchell, Amanda
Mitchell, Terry











Moore, Nina—AL; Basketball 1-3; NCYL 6-8; NH 7; PEP 1-8; Spanish Club 1-6; Tennis 1-8.
Moore, Tiffanney—Colorguard 5-8; Debate 3-8 (Sec.); Mixed Choir 3-4; PEP 3-4; Prep Choir 1-2; RIP 2-8; SG 3-6. DMACC
Moraine, Derick
Moran, Michael






Moreno, Pamela—PEOPEL PE 7-8; PEP 7-8; Sr. Board; SG 7-8.
Moses, Crystal—Sr. Board.
Murray, Stephanie—Concert Band 1-8; Jazz Band 5-8; Marching Band 1-8; UN Trip 5-6; Pep Band 1-8; Soccer 6-8 (Mgr.). Central
Nagy, Rhiannon—AL; Chamber Choir 1-3; French Club 5-6 (Sec.); NCYL 7; NHS 7-8; OA 1-5; Sr. Board; Tennis 2-8; 12-B. Notre Dame.






Newcomb, Amanda
Ollie, Sarah—Key Club 1-6; SB 1-4; Swimming 1-8. Building Design Committee.
Parsons, Troy—Baseball 1-8; Wrestling 5-8. DMACC
Payne, Jessica—Mixed Choir 3-5; Prep Choir 1-2; Softball 1-2, 7-8; Track 3-4.






Phondeth, Manisone
Pierce, Alan
Pierson, Joseph
Piper, Randy






Plummer, Natalie—Cheerleaders 1-2; PEP 1-4, 7-8; Soccer 1-8 (Capt. 5-6); Sr. Board.
Powers, Justin
Preas, Amy—AL; NCYL 7-8; Orchestra 1-6; PEP 1-8; Photojournalism 5-8; Steppers 1-8.
Pucek, Martin

Punelli, Victoria—AL; Basketball 1-4 (Equipment Mgr. 1-2); OA 3-4; PEOPEL PE 7-8; PEP 3-4; Sr. Board; Volleyball 1-2. Monmouth College

Quaintance, Mindy—Honors Photo 7; Marketing Sales 5-6; PEP 1-2; Photojournalism 5-6; 12B. DMACC

Ragan, Timothy

Rankin, Justin—Cross Country 1-8; Track 1-8.









Reben, Corey

Reed, Amanda—AL; BPA 5-8; Marketing Sales 7-8; OA 1-4; PEP 1-2; Softball 1-2. DMACC

Rice, Jason

Rice, Terrance









Richardson, Lyndsey

Roberts, Jason—US Army

Robinson, Anthony

Rodriguez, Rebecca—Basketball 1-2; Class Officer (Sec.); Cross Country 3-6; LC (Sec.); Mixed Choir 1-2; PEP 1-2; Play Production 3-8; School Play 3-4; Sr. Board; Theater Arts 3-8; Track 1-2; Building Design Comm. 5-6.









Roseberry, Travis—Concert Band 1-8; Golf 3-4; Marching Band 1-8; Swimming 7-8.

Rowan, Susan—AL; Drama Club 5-6; French Club 3-4; PEP 7-8; Sr. Board; Theater Arts 7-8.

Ryan, Shauna—French Club 3-6; NH 7-8; PEP 5-8; Quill 3-4; Sr. Board. DMACC and AIB

Sam, Malisa—Equipment Mgr. 1-3; French Club 7-8; PEP 1-6; SG 1-2. ISU









Savage, Kasandra

Scarlett, Shannon—AD 5-6; AL; Concert Band 1-8; Cross Country 7-8; LC; Marching Band 1-8; NCYL; NHS; SS; Soccer 1-8; Sr. Board; SG 7-8; Track 1-2, 7-8; Volleyball 1-6.

Schieffer, Courtney—AL; Debate 3-5; Colorguard 5-8; Quill 5-8. ISU

Schietzelt, Heather—Cheerleader 1-4; Steppers 5-8; Sr. Board; 12B.














Shepherd, Alicia
Sinclair, Statia
Sleeth, Justin
Sloan, Kurt






Smith, Brandon
Smith, Jordan—Baseball 1-8; Basketball 1-4; Football 3-4, 7-8; Graphic Tech 3-4, 7-8; PEP 3-8. UNI
Smith, Michelle
Smith, Stacy






Snitker, Brandon
Sokoll, Jonathan
Songkham, Phitsamai—BPA 5-6 (Reporter); NHS; OA 3-4; PEP 1-6; Scroll 5-8 (Design Ed.). ISU
Standley, Mark






Stapes, Stephanie—Cheerleader 1-8; PEP 1-4, 7-8; Tennis 1-2.
Steele, Lindsay—Basketball 1-8; NCYL; NHS; OA 1-2; PEP 1-6; Softball 1-8; Sr. Board; Track 1-8; Volleyball 1-8. Drake
Steeples, Michael
Stephen, Kendra—OA 1-5; PEP 3-4; Soccer 1-4; Sr. Board; Track 1-2; UB. DMACC






Stevens, Amie—PEP 1-4; Sr. Board; SG 5-8 (Treas.). ISU
Stevens, Ginger—AL; Cheerleader 1-2; NCYL; Softball 3-6; Steppers 3-8; Swimming 1-2; Tennis 1-4; 12B.
Stevens, Jason
Stockbauer Jr. , Rodney

Strable, Steven
Sunny, Sorya
Sutherland, Ryan
Swacker, Amber—GT 3-8; OA 2-8; PEP 1-2, 5-6; Photojournalism 7-8; Sr. Board 7-8; SG 7-8. DMACC






Taggart, Rachel
Terry, Maria—Photojournalism 7-8
Theppanya, Phonemany
Thipyothin, Paphaphone—AL; Basketball 1-4 (mgr.); French Club 7-8; LC; MSC 7-8; NHS; OA 3-4; PEP 5-6; Quill 5-8; Tennis 1-4. ISU






Thompson, Cheyenne—Colorguard 5-8; Quill 5-8; RIP 3-8; SODA 1-4; Tennis 1. Wartburg
Thompson, Jason
Thongsoum, Krienkray
Tollari, Travis






Tonsi, Angela—AL; Orchestra 1-8. DMACC
Tran, Sean
Tyler, Nathan
Van Dyke, Jessica— Basketball 3-4; LC; NH; PEP 7-8. DMACC






Vang, Nhia
Wacht, Troy—AL; Football 1-8; School Play 3-4; Swimming 1-8; Theater Arts 3-4; UN Trip 5-6.
Wadsworth, Malachi
Wadsworth, Savannah































Wagner, Kimberly—Chamber Choir 1-2; Gospel Choir 2-3, 7-8; Key Club 5-8; Mixed Choir 3; NH 1-8; RIP 1-8; SDS 5-6.
Walker, Jacob
Waltz, Misty—Basketball 1-4; Key Club 1-8; OA 7-8; PEP 5-6; Spanish Club 5-6; Sr. Board 7-8; Track 1-2; UB 3-8.
Ward, Amanda

Warnock, Michele—AL; Cheerleaders 3-8; MSC 5-8; NCYL; NHS; PEP 1-6; Photojournalism 5-8; Scroll 5-8; Sr. Board 7-8; Tennis 1-6.
Watson, Rebecca
Webb, Daniel—Football 1-8; Soccer 1-6.
Weber, Brian

Weeks, Michael—French Club 3-4; Graphic Tech 3; PEP 7-8; Sr. Board 7-8; SG 7-8; Tennis 4, 6, 8; UN Trip; UI
Wiegel, Richard
Weiland, Melinda—PEP 2.
West, Kristin—Softball 1-4, 7-8; Steppers 3-8; DMACC

Westlake, Kacie—SS; Volleyball 1-6.
Williams III, David—AL; NCYL; NHS; PEOPEL PE 3-8; PEP 5-8; Scroll 5-8.
Williams, Daniel—AL; Chamber Choir 1-6; French Club 3-4; Key Club 3; Play Production 5; Quill 5-6; RIP 3-4; Swimming 1-8.
Williams, Jennifer

Williamson, Tyler
Wilson, Alyssa—AL; Concert Band 1-8; Cross Country 7-8; FCA 1-2, 7-8; Honor Band 3-8; Key Club 1-2; Marching Band 1-8; PEP 3-6; Pep Band 1-8; Scroll 5-8 (News Ed.); Track 1-8. Evangel University
Wittenstein, Nathan—AL; Football 1-2; PEP 7-8; Scroll 5-8 (Editor).
Hildreth, Heather—Key Club 3-4; Prep Choir 1-2; Treble Choir 3-4.







Johnson, Desiree
Rajko, Dimitrijevic
Smith, Jennifer

Alvarez, Alicia
Audas, Jason
Barton, Joshua
Birkinbine, Ashley
Boutdara, Lan
Boydston, Adam
Bradford, Amanda
Brewer, Chris
Card, Tyler
Carr, Candice
Christopher, Misty
Clark, Brody
Clements, Shane
Cunningham, Brock
Dare, Lisa
Davenport, April
Davis, Brian
Davis, Trentin
Dean, Beau
Edrington-Bean, Robert
Franklin, Chaya
Gallmeyer, Zach
Garcia, Erendira
Gearhart, Geoffrey
Gomez, Joseph
Goode, Tyler
Gourd, Ashley
Gully, Tanisha
Henderson, Robert
*Isaac, Katrenia-
*Basketball 1-8; PEP 1-8; SDS 1-2; Sr. Board; Track 5-8; Volleyball 7-8.**
Jackson, Regina

Seniors Not Pictured

*Jeffries, Eric
Jividen, Dustin
Jones, Faith
Jones, Joseph
Kamvanh, Tingkham
Langford, Bradley
Lee Jr., Gary
Lee, Rebecca
Lovanh, Joseph
Lovanh, Vince
Lovanh, Aimee
Luu, Sam
McDaniel, Ashley
McGravey, Patrick
McGruder, Jovon
McMurray, Marlin
Moua, Vee
Norwood, Christopher
Ortiz, Andrea
Palmer, Michael
Pongphimkham, James
Reed, Crystal
Rothweiler, Ellen
Royse, Jeremy
Sanachit, Chanthason
Seaman, Scott
Sharon, Michael
Shields-Perrin, Quashonda
Smith, Blake
Smith, Jennifer
Smith, Matthew
Smithhart, Danielle
Snider, Justin
Stanton, Adam
Stephenson, Travis
Thomas, Cheyvone
Thompson, Shellique
Thorton, Alexander
Tilley, Jessica
Todd, Amanda
Vance, Andrew
VanCleave, Cynthia
Vertz, Jeremy
Waltz, Lindsay
Webber, Bradley
Wells, Tyanna
White, Teshe
Wicker, Krista
Williams, Anthony
Wortham-Dixon, Tavoya
Xaysana, Somphong
Xiong, Chang

Before they were SENIORS....











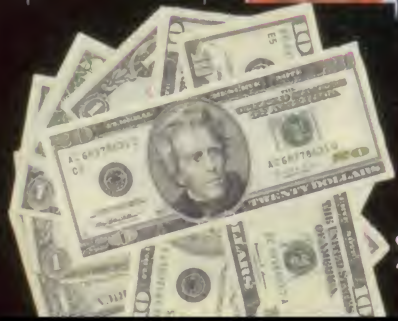












senior class officers

senior dues



senioritis

When: Saturday, April 20, 2002, 8-11 p.m.
Colors: Baby Blue and Silver
Where: Za-Ga-Zig Temple

senior prom

Cheri Fenton

senior pictures

senior bench







Senior Autographs

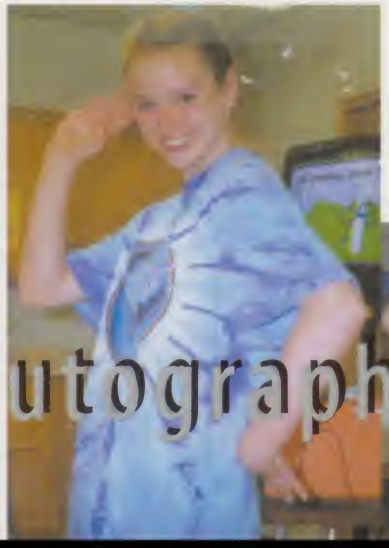


Senior Autographs











Senior Autographs

Senior Board



Front Row: Rebecca Rodriquez (Sec.), Saiphone Houangsavanh (Treas.), Eric Brandt (Pres.), Heston Clark (VP). Row 2: Mone Kavan, Chad Miller, Tifani Armintrout, Carolina Canas, Jonna Eastcott, Heather Schietzelt, Misty Waltz, Elizabeth Rowan, Crystal Moses, Linda Keothammakhoun. Row 3: Pam Moreno, Valerie Boland, Michael Weeks, Amber Swacker, Melissa Mills, Tori Punelli, Lyndsey Richardson, Darcy Baker, Cheri Fenton, Manisone Phondeth. Row 4: Courtney Schieffer, Amie Stevens, Sir Adams, Shannon Scarlett, Rhi Nagy, Ryan McDonald, Michelle Gazzo, Natalie Plummer, Joe Kephart, Holly Buch. Not Pictured: Michelle Denning, Amber Giles, Jeni Grochala, Katrenia Isaac, Courtney Jones, Rebekah Keddie, Adam Ragan, Lindsay Steele, Michele Warnock.

Top 15%



Giles, Abiga
Houangsav
Marcus Mc
Amy Preas,
Phitsamai S
Pon Thipyo

The Senior Calendar

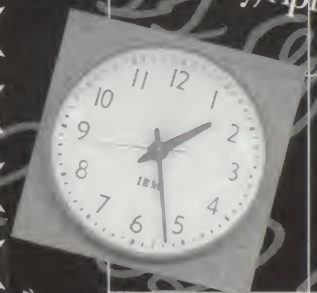
The Senior Calendar

Prom ✔
Saturday, April 20, 2002

Senior Finals ✔
Thursday, May 23-Tuesday, May 28, 2002

Class Day & Awards Night ✔
Thursday, May 30, 2002

Commencement
Saturday, June 1, 2002





Jessica Cheri Fenton



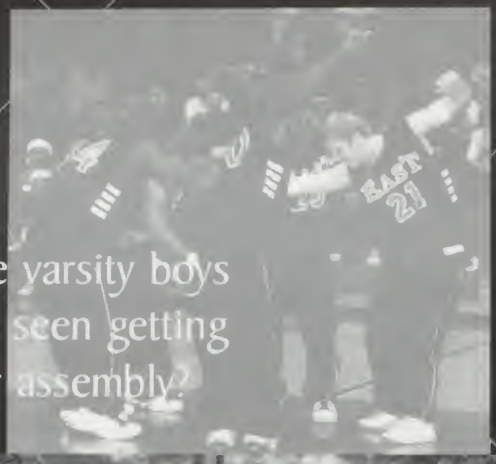
Front Row: L
Jennifer Callis
Lindsay Steele,
III. Back Row: R
Holly Buch, D
Jones, Mone Ka

WHY YOU'RE *Glad* YOU WENT **to Dear Ol' East High**





Where else do students know the correct way to ring in a new year and party with pizza guys?



Where else can the varsity boys basketball team be seen getting down in a winter assembly?



Wh
find
Sp



CONGRATULATIONS, Sc



ere else can you
this much *Scarlet*
irit on one wall?

Where else can you laugh like this in class without getting in trouble with your teacher?



Where else can you find lockers this hip?



Where else can you find cheerleaders who like to race around in Wal-Mart shopping carts at midnight?



Where else can you go on field trips and meet such interesting people?



ARLET CLASS OF 2002!

Class Officers



Treasurer Saiphone Houangsavanh
Secretary Rebecca Rodriguez
President Eric Brandt
Vice President Heston Clark



(Alphabetical) Tifani Armintrout, Kati Bainter, Christi Bethards, Valerie Boland, Michael Christian, Misty Christopher, Heston Clark, Jonathan Covalt, Rajko Dimitrijevic, Jonna Eastcott, Amber il Griffin, Jeni Grochala, Amanda Grossman, Chris Hickman, Saiphone anh, Heather Jones, Alyssa Long, David Marlenee, Kim McCallister, Garr, Chris Miller, Melissa Mills, Nina Moore, Manisone Phondeth, Victoria Punelli, Amanda Reed, Courtney Schieffer, Brandon Shitker, ongkham, Ginger Stevens, Rachel Taggart, Phonemany Theppanya, thin, Angela Tonsi, Troy Wacht, Savannah Wadsworth, Melinda yssa Wilson, Nate Witten



Top 3%



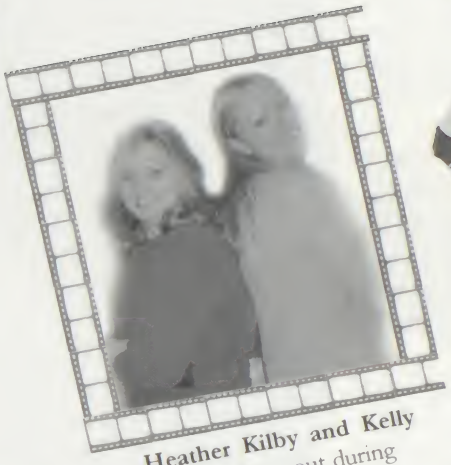


ah Guhl, Cheri Fenton, Elizabeth Rowan, on. Row 2: Katie Freel, Shannon Scarlett, Rhi Nagy, Michele Warnock, David Williams yan McDonald. Not pictured: Justin Anspach, arren Cruchelow, Kristina Farrell, Angela an.

Juniors



Molly Fredericksen smiles for the camera.



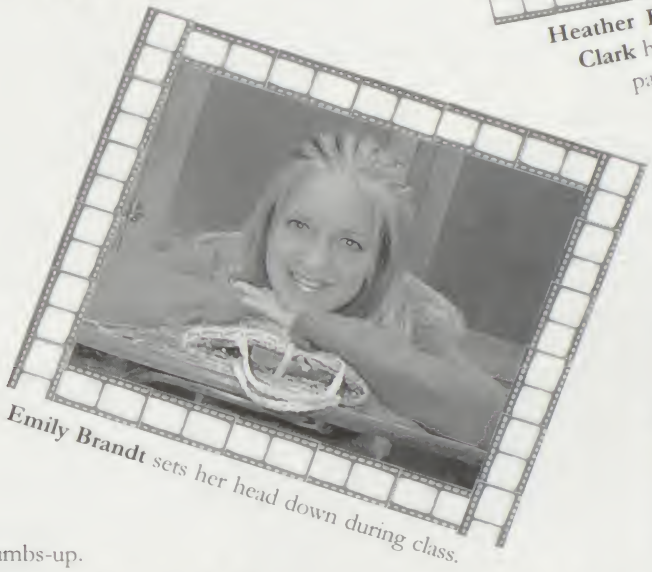
Heather Kilby and Kelly Clark hang out during passing time.



Rachel Edwards demands to be heard.



Gabe Hibbin gives a thumbs-up.



Emily Brandt sets her head down during class.



Eric Radley searches for ideas.



Delayna Adams
Megan Allison
Emily Anderson
Kory Anderson
Amanda Armintrout
Kyle Audlehelm
Korey Avery

Erica Baker
Justin Bales
Matthew Ballard
Darra Beng
Jeffrey Bettis
Valerie Blackford
Lynne Blake

Jacob Blanker
James Blount
Adam Bolander
Amanda Botts
Anthony Boyd
Derek Brady
Emily Brandt

Christopher Brewer
Christina Brooks
Ashley Brown
Mark Brown
Willard Brown
Brandy Budd
Aaron Bunce

Grant Bunce, Jr.
Robert Burgett III
Tiffany Butler
Tiffani Byrd
Amanda Byrkett
David Calo
Danielle Campos-Anderson

Zaida Canas
Heather Carlson
Melvin Carr
Stephanie Carter
Lia Casebolt
Justin Cason
Risa Cave

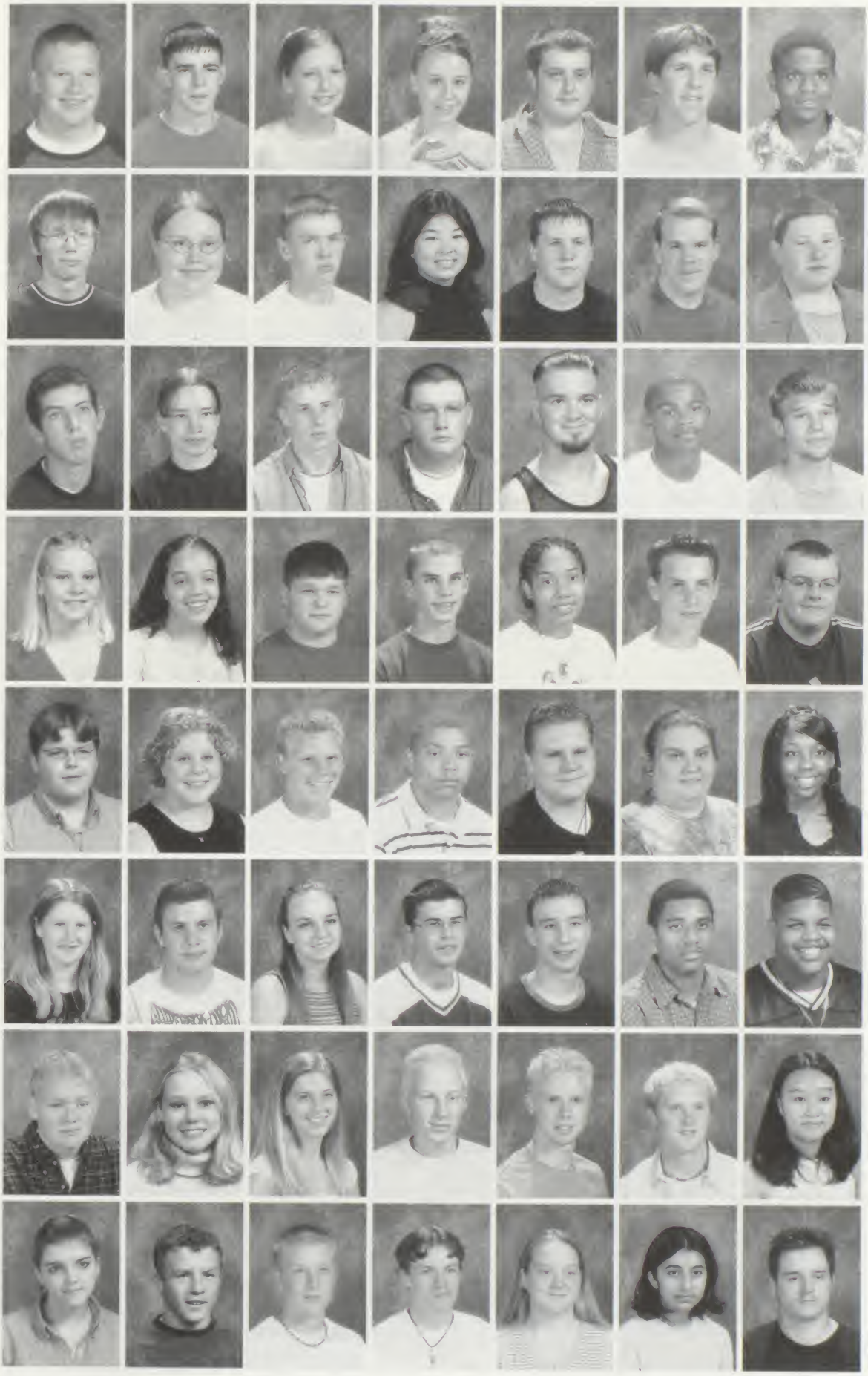
Michael Chumbley
Jacob Cirksena
Kelly Clark
Kristy Cochrane
Veronica Coe
Ashley Coleman
Jonathon Conn

Seth Conn
Justin Constable
Jay Cook
Eric Cooper
Ashley Cowles
Stephanie Cozad
Mathew Crane

Andrew Croy
Tiffany Dalrymple
Jeffrey Dare
Matthew Daugharty
Joshua Davis
Joseph Diaz
Rajko Dimitrijebic

Brian Dittrich
Jeffrey Doane
Ryan Dockum
Jose Dominguez
Michael Doornenbal
Patrick Dorrian
Kurtisha Dotson

Rene Duenas
Jessica Dyer
Gabriel Eaton
Rachel Edwards
Joshua Ellis
Michelle Emery
Ryan Evans



Adam Ezzio
Dustin Fargo
Krystal Field
April Fisher
Rusty Fitch
Scott Flaherty
Kenneth Fleming

James Fortune
Michelle Fortune
Mark Foster
Molly Fredericksen
Joshua Freel
Charles Freeman
Raymond Fudge II

Zachary Gallmeyer
Ryan Gardner
Matthew Garringer
Matthew Geisler
Nicholes Gladwin
Markey Glenn
Steven Glick

Lisa Goff
Rachel Goods
Jared Graeve
Shawn Graham
Sirina Greene
Richard Greenly
Matthew Griffith

Cory Grimes
Emily Grover
Garrett Hagins
Neil Hall
Tyler Hall
Jennifer Hanlin
Ashley Harding

Rebecca Harkins
Loren Harrelson
Brandy Hartman
Jeremy Harvey
Jason Hausman
Dante Haygood
Brandon Heard

Ryan Heath
Holly Hedberg
Amy Heggen
Joshua Herbert
Ross Hesseltine
Gabriel Hibben
Tina Hoang Van

Tiffany Holley
William Hood
Jacky Housley
Kenney Hunsley
Kelli Irvin
Sherly Jacob
Tyler Jenkins

Playin' the dating Game

Somewhere through the years we have changed. The path of growing up, moving on, experiencing new events and discovering new people is an everyday task. One example, Friday and Saturday nights, no longer consist of just hangin' with the guys, but now of the "opposite sex."

Dating is something we've all come to know very well. Horror stories and sweet endings go along with the endless butterflies and awkward moments. What makes the perfect date? What should you avoid? Many students think they have all the right answers to make their date super smooth.

"I like to wear comfortable clothing, not something I would never wear because you always want to be yourself on the first date. Then I go and pick the girl up, and usually meet her parents," explains junior **Ross Loving.** "Parents like it when you shake their hand and meet them. It shows them you have nothing to hide."

First impressions are extremely important. Many times you may know nothing about your date, and this is a time to get to know them. Showing up in ragged clothes or un-brushed teeth is not a prime choice.

"First thing I do to get ready is take my shower, then I dry my hair and curl it," said junior **Shannon Noble.** "Finally I pick out the perfect outfit and make sure my make-up is just right."

A definite downside is trying to be someone you're not and coming off as fake.

"I don't really get ready anymore, a guy should like you for you and not for the makeup that you put on, " explains junior **Chelsea Pickett.**

First dates are none other than that. Simply a first impression and time to get to know one another. Though the fear of awkward silence and embarrassing food experiences are there ways to lighten the load are simple.

"An ideal first date would be doing something competitive, like mini-golf. Playing it gives you time to talk, joke around, and it's open for flirty gestures like holding hands. There's not a feeling of 'Oh we have to talk' like there is over dinner. It's merely a time to hang out and hopefully good things happen," said junior **Gabe Hibben.**

Whether you're dining over pasta, showing your skills at pool, or quietly watching a movie at the theater, there is one thing to remember:

"Both parties are equally nervous. What a girl may notice, a boy completely passes by. His mind is off wondering if he should kiss her goodnight. Be yourself and you're sure to have a great time," according to Cosmopolitan magazine writer Kate White.

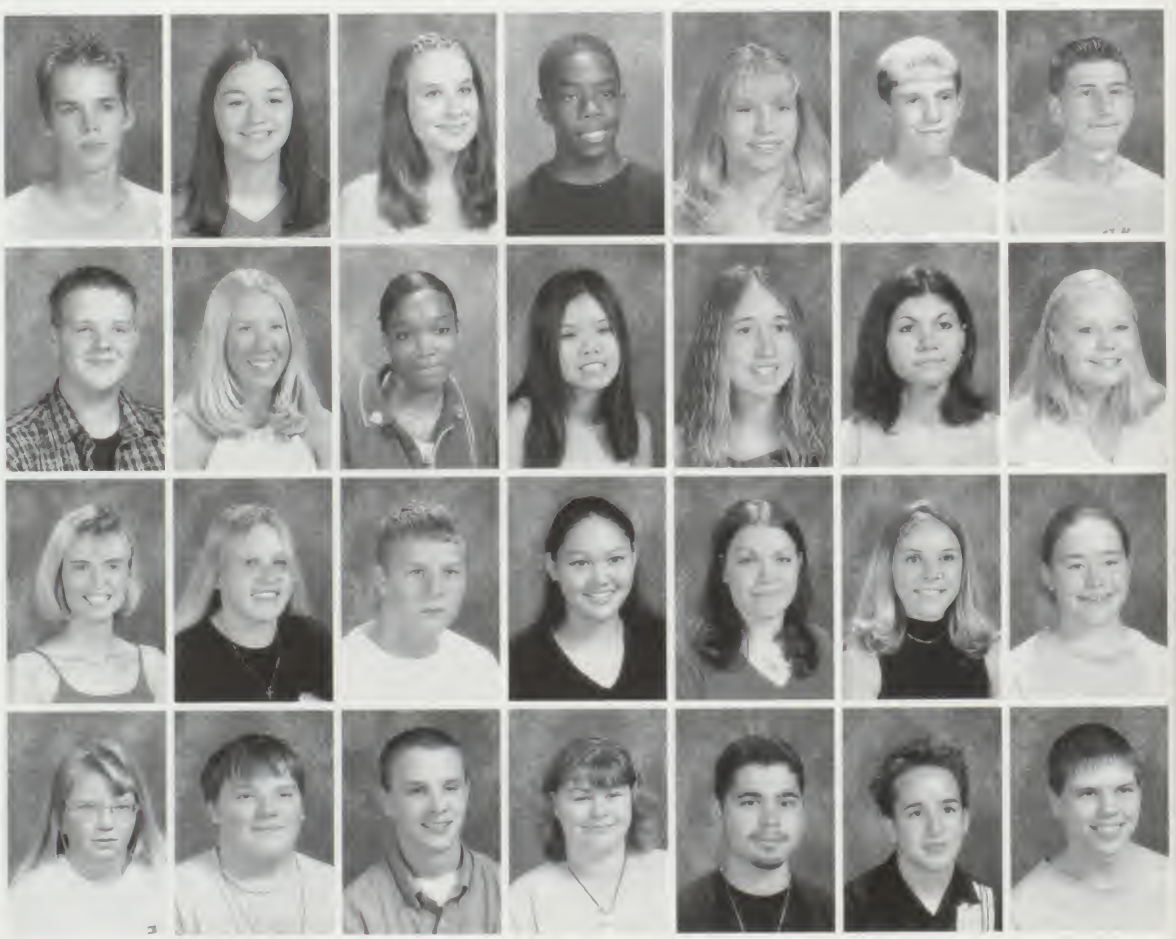
-- Stacy Knight

Andy Jensen
Stacy Johnson
Jessica Jones
Ashten Jordan
Jade Jordan
Christopher Judkins
James Karns

Barney Kayser
Jamie Kellen
Anastasia Kelly
Linda Keo
Amy Kern
Jenelle Key
Heather Kilby

Casandra Killinger
Amanda King
Brian Kirkpatrick
Janet Knapp
Ashley Knight
Stacy Knight
Amanda Knox

Amanda Lary
Matt Latimer
Michael Law(Markley)
Judy Leach
Eric Leanos
Nicholas Leo
Matthew Lewis

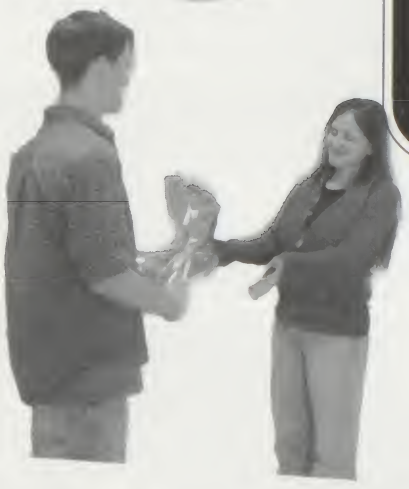




Top 10 *things* *not* to say on your date:

10. Is that thing on your face permanent?
9. Wow, you look...uh...different from your pictures!
8. Hey, want to go somewhere and make my ex jealous?
7. Can we stop somewhere and buy underwear? I ran out of clean pairs.
6. Did you watch "Star Trek" last night?
5. FUBU
4. In my last life I invented the comma!
3. I also enjoy sculpting with my feces!
2. You know, for the last 2 weeks, I haven't shaved my back!
1. Um, just to let you know, I'm a Mormon.

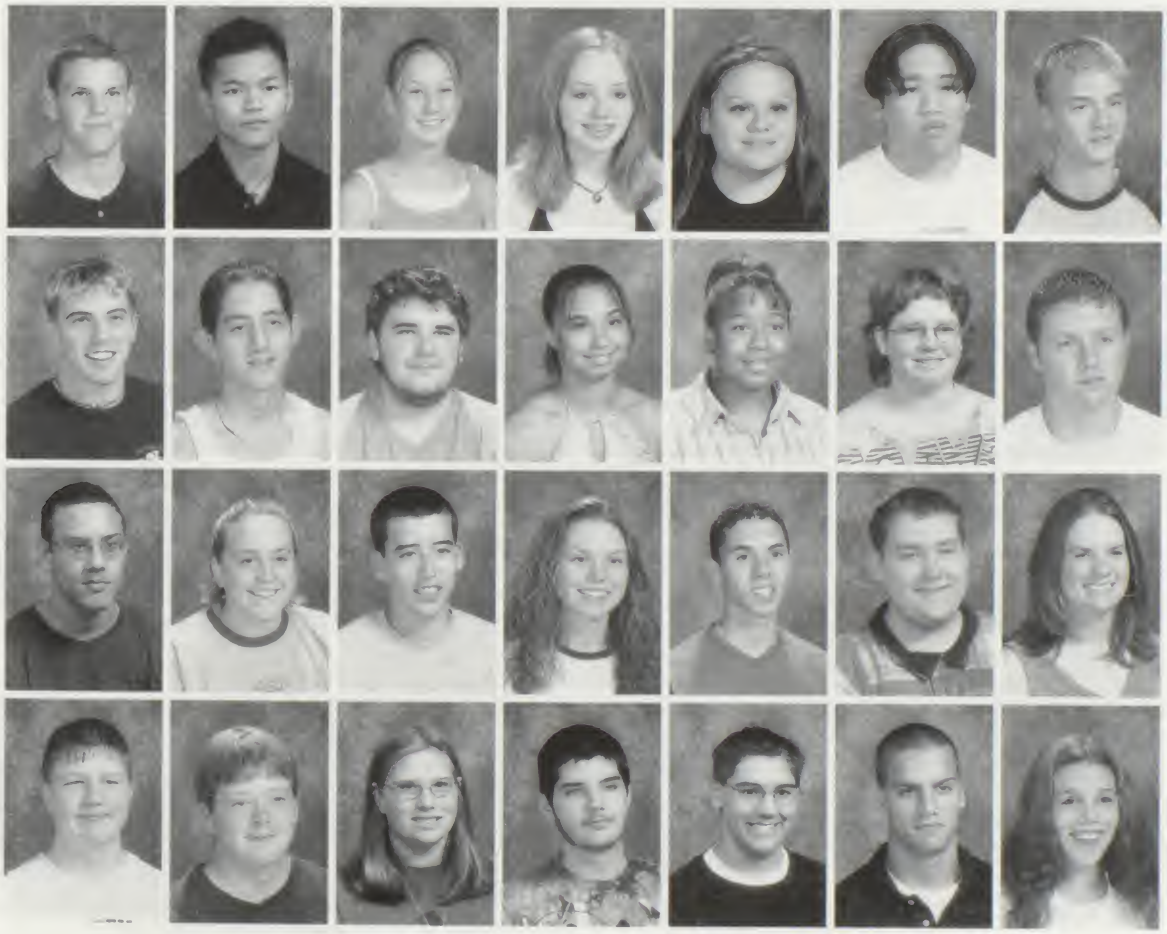
Contributed by Gabe Hibben of the Scroll







Photos by Stacy Knight



Daniel Lint
Mi Lo
Megan Logan
Amanda Long
Andrea Lopez
Kevin Lovan
Joseph Love

Ross Loving
Francisco Luna
Steven Maier
Jovielle Maire
Micaela Mallett
Tammy Manning
Ryan Markle

Troy Mason
Molly Matlage
Nicholas Mayhugh
Danielle McConnell
Matthew McCrea
Scott McCuen, Jr.
Kellie McFadden

David McFarland
Joshua McGhghy
Sarah McLaughlin
Larry McNeeley
Michael Mendenhall
Jason Metheny
Amanda Michael

Shane Mihalovich
Alysshia Miller
Ashley Miller
Delynn Miller
Damien Minter
Matthew Mitchell
James Moody

Derrick Moore
Hugo Mora
Kyle Morgan
Crispin Muniz
Aimee Munoz
Ashley Munoz
Marcus Nece

Sara Neer
Nathan Nissen
Shannon Noble
Steven Noble., Jr.
Neil Obrien
Fabricio Ochoa
Andrew Olson

Renee Owens
Peter Paps
Lukas Parks
Amish Patel
Michael Patrick
Andrew Pebbles
Ryan Perry

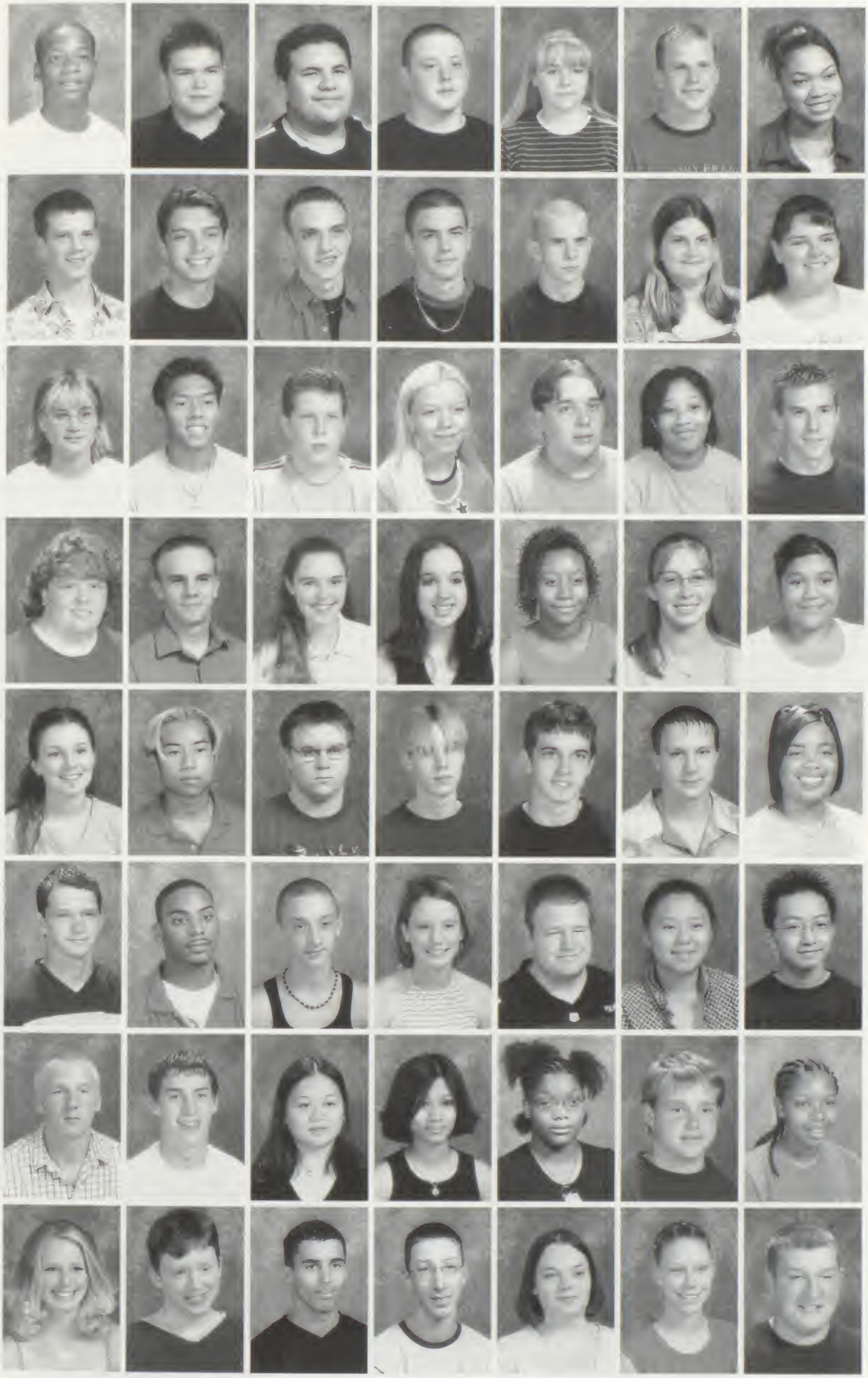
Payton Petrie
Scott Phaydavong
Ake Phetdavieng
Diana Phomvisay
Somkith Phonesavath
Chelsea Pickett
Jonathan Piper

Stephen Plummer
Kellie Poland
Laura Porter
Randall Powell
Eric Radley
Aaron Ramirez
Sarah Ramus

Montez Rankins
Joshua Ray
Sarah Raymond
Nick Reed
Anthony Renfro
Danielle Reynolds
Reggie Ries

Joel Robinson
Tela Robinson
Katherine Rogers
Matthew Ross
Kelsey Rotter
Donald Rowe
Aleksandr Roytman





Orlando Rushing
Joseph Russell
Hector Sanchez
Rickey Sawyer
Crystal Schaff
Brian Schulz
Kardeea Scott

Bradley Shanahan
Dustin Shandri
Aaron Sharp
Joel Sheridan
Justin Shootman
Amanda Smith
Crystal Smith

Danielle Smithhart
Chandy Souvatrat
Andrew Spargo
Kristina Stanton
Travis Stephenson
Kamaye Steward
Steven Strock

Jayme Strong
Josh Stroud
Allison Summy
Ashley Tappan
Ashli Taylor
Emily Taylor
Tiffany Taylor

Maria Terry
Somneuk Thammathay
Benjamin Tharp
Adam Thornton
Garry Tinsley
Ricky Todd
Sabrina Tolson

Jon Trigg
Jordan Turner
Nathan Tyler
Amanda Ulmer
Harold Van Tassel
Ao Vang
Fueche Vang

Chase Vanzandt
Jeremiah Vincent
Keovilay Vongsouvanh
Emily Vuth
Debra Wagner
Mark Wagner
Theresha Wagner

Breanne Wall
Daniel Watland
Joseph Watley
Aaron Webb
Amber Weber
Jayme Wetzel
Cass White

What's on a junior mind?

There are many things like classes and grades on a junior's mind, but the most dominant thought is that the next year will be senior year, the time to rule the school. Students begin to notice during their junior year that high school is going by in a flash. Don't believe it? Just ask any of the juniors. Of course, they still have college to think about, too.

"The thing that I think about the most is focusing on going to college and finding out which one I want to go to," said junior **Danielle McConnell**.

Other people say that it goes by so fast that it's an effort to enjoy every moment possible.

"High school times have been some of the best times of my life, but they are moving fast. I still have yet to figure out what school I want to go to after I graduate," said junior **Emily Grover**.

Parents say that high school is supposed to be the best four years of life, but how can anyone tell when it goes by so fast? Most students say they just try to enjoy it as they go along, whether they do it by going to parties, getting the best grades they can, or just trying to enjoy things, period.

"Right now I am probably focused on being a role model for the younger kids and at the same time looking up to the seniors to see what I should be like next year," said junior **Heather Kilby**.

Many juniors are worried about how they will do as seniors, whether or not they will be good enough at something, or need to get better. Many are still watching the time pass as they let their high school years slip by. Soon it will all be over with and many will wonder what happened.

Most people say that the line "time flies" isn't really true, but if you were to ask one of the juniors, they would probably tell you that it's as true as can be. Freshmen reading this right now are probably saying "yeah right," but the feeling won't hit them until they're juniors.

"As a junior I always hear freshmen say that school goes by so slow, but they really don't realize how fast it is racing past them. I know that when I was a freshman, it seemed like the years took forever to go by, but they went by just like minutes. Now the next thing I know, I'm almost a senior," said junior **Amanda Botts**.

Reading this story right now is probably putting one main thought in their head. They know that they're going to be a senior some day. . . soon.

- Stephanie Carter

Delora White
Teshe' White
Bryan Whiting
Elizabeth Widlund
Anthony Williams
Kenneth Williams III
Jason Williams

Michael Williams
Krystal Worthington
Anthony Woxell
Lonnie Wren
Robert Wright
Justin Wyatt
Somphong Xaysana

Jeremiah Yassin
Bryan York
Jeremy Young
Alicia Zacher
Jeffrey Zelenovich
Brian Zigler





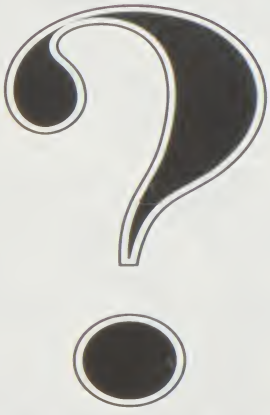
Next year I'll graduate!



Time is going by so fast!



I still have tons of work to do!



I still don't know what college I want to go to!

Juniors Not Pictured

Jerry Baskett	Dustin Fisher	Courtney Kain	Tisha Rivas
Justin Bolden	Mathew Garringer	Amanda Logan	Nathan Sharpnack
Jasmina Delicn	Jennifer Graves	Dustin Logan	Tiffany Taylor
Erick Dolan	Christopher Harrier	Todd Maples	Khamphay Thongdam
Alan Draper	Tarry Heckathorn	Cory McElvogue	Joshua West
Justin Erdman	Donald John	Terry Mitchell	Teddie Worthington



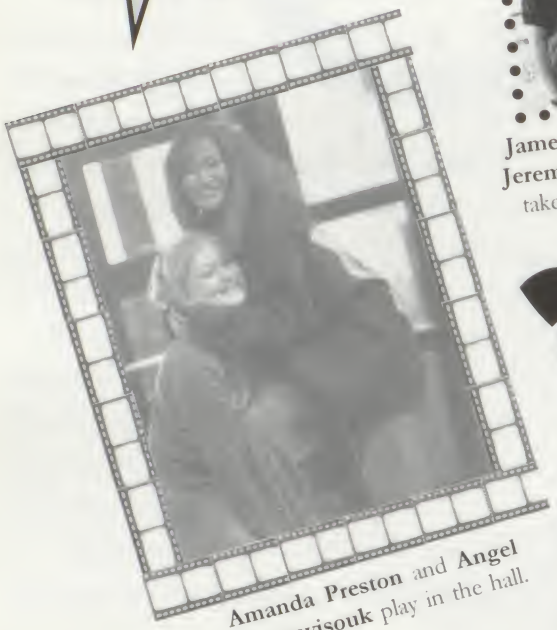
SoPHoMoRES



James Rendall, Tony Mosqueda, Jeremy Cook, and **Robert Bourdon** take a break from their math class.



Joe Smith stuffs his face at lunch.



Amanda Preston and **Angel Chantavisouk** play in the hall.



Chris Guhl ponders for a moment.



Annabelle Kelly, Nakita Person, Nakiyah Roshina, and **Laquana Mitchell** have fun outside the school.



Lauren Reed strikes a pose.

Jannett Abdallah
Brandon Adair
Brett Adams
Marisol Alatorre
James Anousis
Nicholas Anspach
Jesse Antelman



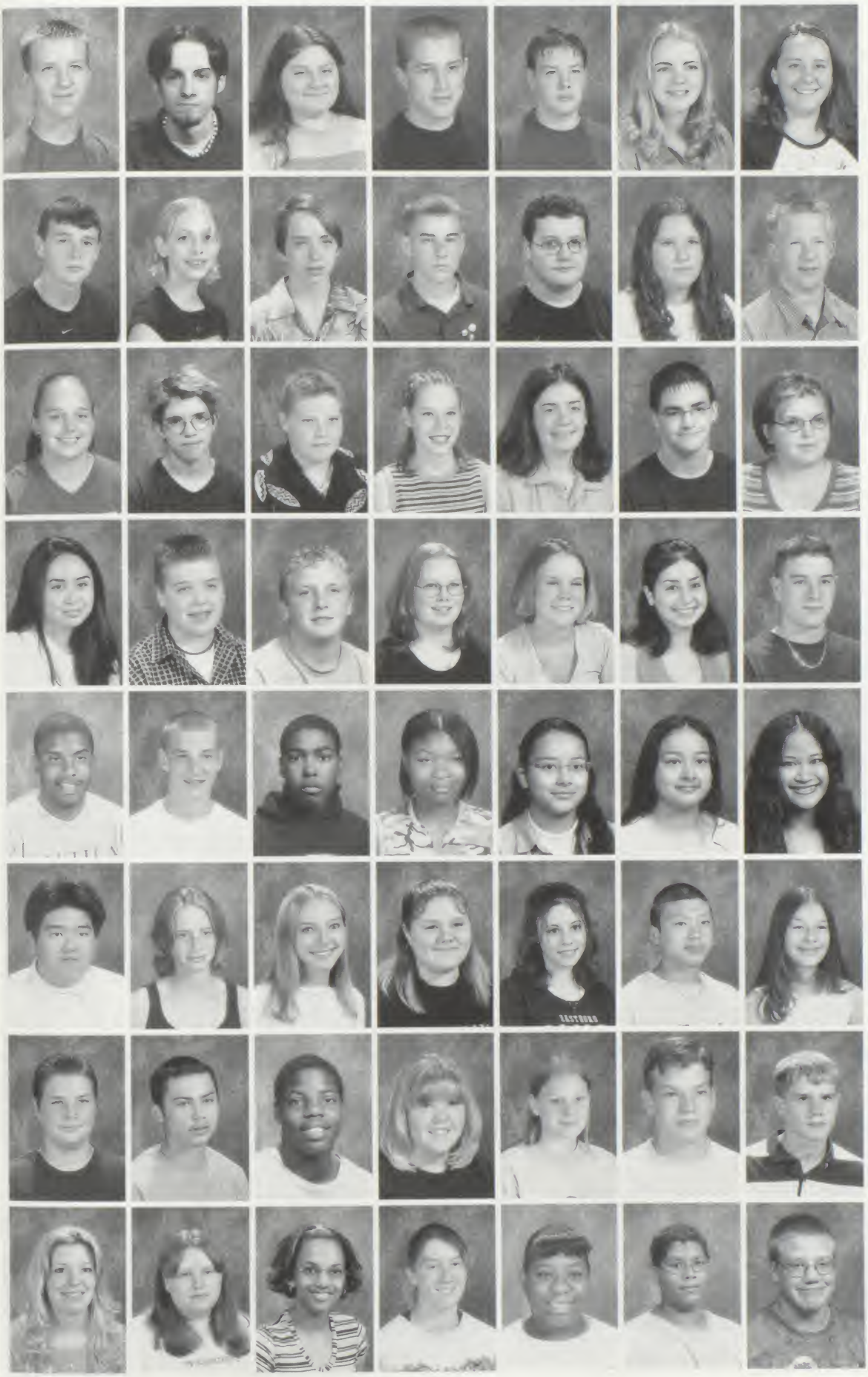
Heather Armstrong
Mikaela Atkins
Juvenal Avila
Katie Axser
Marshelle Baccam
Timothy Ballard
Jennifer Barker



Tye Beck
Garrett Beem
Jesse Beerbower
Owen Bell
Cristina Bernardino
Kristin Bernhardt
Trevor Bird



Photos by Photojournalism staff.



Tyler Boattenhamer
Clint Boettger
Jessica Boileau
Jason Boll
Brian Borne
Amber Bosley
Jeni Bosley

Robert Bourdon
Heather Brady
David Branson
Daniel Bright
Aaron Britt
Megan Brooks
Jason Brownell

Brooke Brumley
Andrew Buch
Russell Buck
Sierra Buck
Brooke Budd
Joseph Byrkett
Lacy Calkins

Brittney Callison
Andrew Carey
Dustin Carmer
Amanda Carper
Jennifer Carr
Yuridia Carrasco
Christopher Carrick

Eric Carrington
Jeffrey Carstens, Jr.
Jeff Cason
Niasha Cason
Lidia Chamale
Zoila Chamale
Angel Chantavisouk

Peter Chanthavong
Courtney Chaplin
Carrie Chapman
Desiree Chavez
Stephanie Chia
Randy Chounlamountry
Jessica Christie

Damion Clement
Correy Clouse
Joey Coates
Nicole Cockerham
Felicia Coe
Cody Conn
Jeremy Cook

Jamie Cort
Mandy Courter
Myneka Crawford
Tori Crum
Stephanie Crumble
Anthony Curfman
David Curtis

Joseph Dake-Cowles
Jessica Daugherty
Jennifer Davis
Randi Davis
Michael Deal
Troy Deaton
Zachary Deaver

Michael Deerr
Trevor Dickey
Matthew Donahue
Joann Dorrian
Amy Doyle
Felicia Duenas
Jeremy Dunkin

Marcy Duntz
Paul Durham
Ashley Edwards
James Edwards, Jr.
Joseph Farley
Lynnsey Farnsworth
Jessi Fenton

Richard Fierro
Annamarie Filippelli
Felicia Fisher
Evan Fousek
Kayla Froehle
Jeanna Frost
Sean Fuller

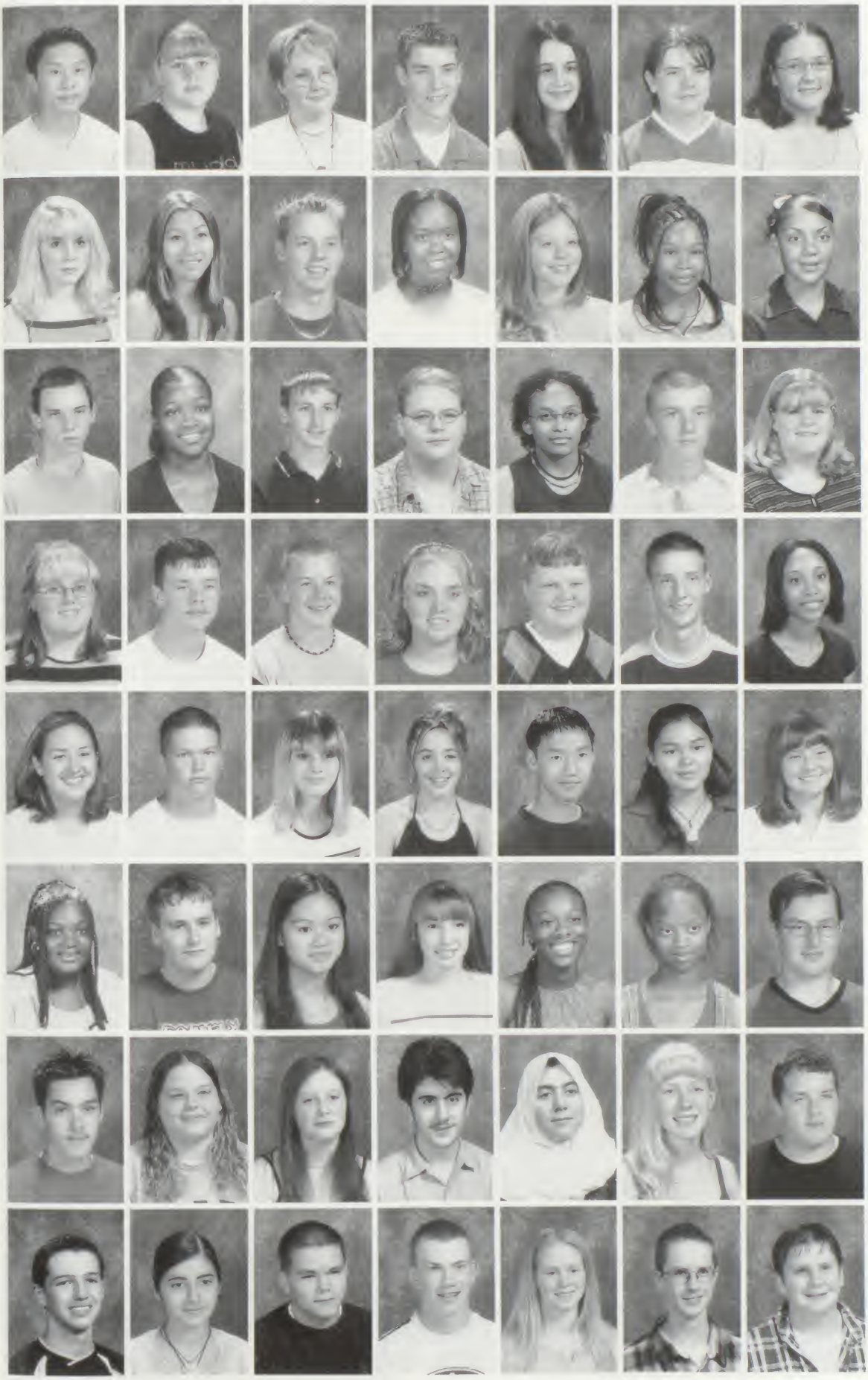
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Jeffrey Garretto
Diana Gearhart
Seara Gering
Jermaine Gines
Gabriel Gonzalez
Glenn Graspy

Harmony Gregg
Lewis Grim
Nichole Grimes
Kristopher Grimm
Andrea Grossman
Amanda Guerra
Christopher Guhl

Laura Guzman
Kirsten Hansen
Marie Hardy
Brenda Harnan
Marvin Harris., Jr.
April Hatfield
Tyler Hauf

London Hayes
Ashley Heaberlin
Amber Heath
Molly Heggen
Heather Held
Ryan Henkle
Sean Henry





Michael Her
Heather Hill
Jennifer Hines
Kevin Hollingsworth
Lindsey Houchin
Matthew Howe
Kimberly Howell

Gina Hughes
Thyta Inthavong
Nicholas Ira
Eraina Jackson
Joesey Jackson
Chaneze Jackson-Spencer
Jessica James

Andrew Jenkins
Whitney Jenkins
Brandon Jennings
Charles Jilek
Ashley Johnson
Joshua Johnson
Ashley Jones

Ashley Jones
Leroy Jones
Trevor Jones
Heidi Kaldenberg
Adam Kalwishky
Christopher Kayser
Annabelle Kelly

Brinden Kelly
Daniel Kern
Jacqueline Kern
Ashley King
Somwong Kitthikoune
Jennifer Knapp
Kandi Latcham

Brittney Lee
Bronson Leinen
Christy Lem
Ashley Letze
Yolanda Lewis
Delise Lockett
Jonathan Long

Jessie Lovan
Carol Loving
Stacey Madison
Ardalan Mahmood
Avin Mahmood
Amber Marlenee
Cory Martin

Michael Mathews
Hripsime Mazmanian
Arthur McAninch
Kyle McCarl
Amanda McConnell
Michael McCourt
Jeremy McDaniel

Kevin McDonald
Jonathan McGarr
Rachael McGhghy
Michelle McKee
Zachary McLaughlin
Katrina Mead
Lizeth Medina



Sara Michener
Michael Mielke
Kari Mikesell
Anthony Miller
Christine Miller
Michael Miller
Scott Mit



Laquan Mitchell
Michael Mitchell
Antonio Moore
Chris Moore
Sara Morlan
Barbara Morris
Antonio Mosqueda



Brenda Muniz
Daniel Murphy
Benjamen Murray
Rorrian Nagy
John Neal III
Ryan Neer
Ryan Neff



Christine Nickerson
Megan Niffenegger
Jamie Nixon
Kari Noble
Heather Noel
Gilberto Olmos
Keenyn Orr



Robert Ousley-Lee
Kimberly Owens
Staci Owens
David Palmer
Charlie Parcel
Carlos Patino
Sandy Patterson

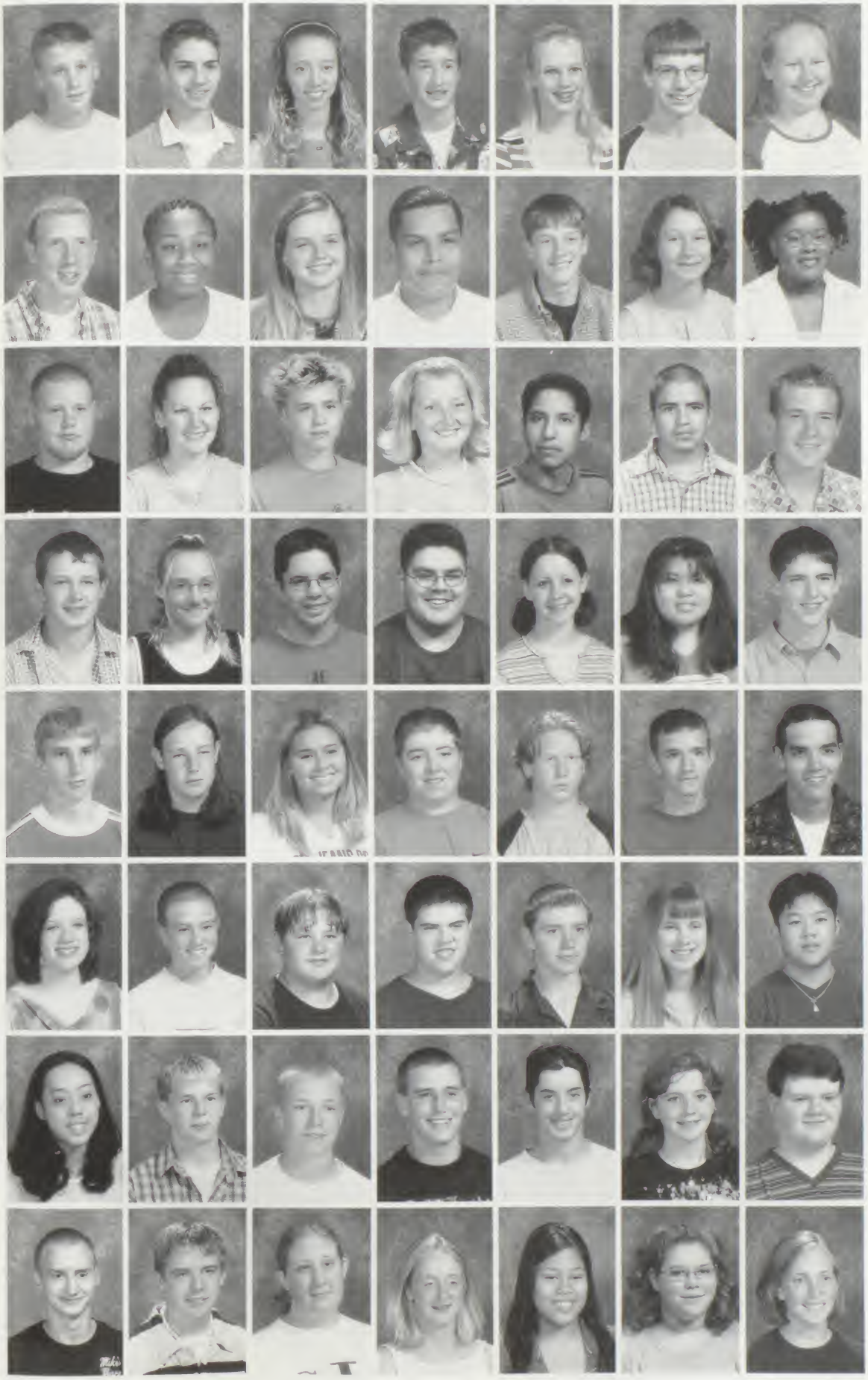


Nancy Paz
Cesar Perez
Nikita Person
Chelsea Petersen
Melissa Petersen
Austin Peterson
Nickoles Pettinger



Kenny Phaydavong
Christina Powell
William Powell
Amanda Preston
Jessie Pridemore
Samantha Puffenbarger
Angela Puffett





Michael Randolph
Christopher Ratliff
Allison Rauh
Dustin Reed
Lauren Reed
Charles Reese
Rochelle Remus

James Rendall
Lakiesha Renfro
Samantha Reuskens
Luis Reyes
Bryan Reynolds
Emily Rice
Teara Rice

Jack Richards
Katherine Ring
Nathan Roberts
Kristen Robinson
Martin Rodriguez
Leo Romero
Nathaniel Roth

John Rouse
Elizabeth Sample
Kevin Sanders
Alejandro Sandoval
Amber Santa Maria
Sandra Sauz
Adam Scarlett

Chase Schieffer
Daniel Schultz
Ashley Scott
Robert Shackelford
Jerry Sheffield
Jameson Shipley
Robert Sholley

Jolene Short
Dustin Slemp
Chad Smith
Duncan Smith
Joseph Smith
Megan Smith
Robert Songkham

Julie Southammavong
Matthew Sowden
Rex Staley
Jonathon Stapes
Joshua Stephenson
Amanda Stevens
Trevor Stewart

Nicholas Stilwell
Michael Stockbauer
Monica Stockbauer
Bobbie Stradley
Reeio Sumabat
Jessica Swinehart
Catherine Swoboda

Gregory Tarr
Heather Thomas
Lucas Thomas
Amanda Thompson
Toby Thompson
Christopher Tillman
Heather Timblin

Andrew Todd
Alan Torres
Ashley Townsend
Oudaphone Tran
Dianna Trehy
Capri Triplett
Jessica Tucker

Kyle Turner
Eddie Van Deo
Andrew Van Gundy
Benjamin Van Syoc
Bradley Vance
Ka Lia Vang
Krystal Vanweelden

Michael Vargas
Jennifer Vest
Nilaphay Vorasith
Amanda Vuth
Felicia Wagner
Billy Walker
Adam Walske

Nicole Warner
Anthony Wasson
Dorman Weaver
Andrew Webber
Dustin Weber
Tia Wells
Monica Wieskamp

Darin Williams
Stephen Williams
Glen Wilson
Samantha Winebrenner
Alia Winterbottom
Ryan Wisnousky
Carla Woods

Adrena Woodyard
Desirai Wright
Domonique Wright
Fue Xiong
Aaron Young
Joshua Young
Amber Zenor



sophomores NOT pictured

Alvarez, Alicia	Hall, Joshua	Lee, Sharvar
Anderson, Hanna	Harmon, Ronald	Little, Shawn
Bennett, Christine	Harvey, Amber	Most, Megan
Boettger, Clinton	Herrera, Justin	Nguyen, Vy
Cavan, Acee	Jaquez Jr, Sabino	Ochoa, Victor
Ceballos, Deisy	Johnson, Noah	Stephens, Jacob
Coates, Joseph	Krause, Season	Stevenson, Savannah
Escobedo, Ruby	Lee, Gregory	Zamora, Joel

Class of 2004: 21 Credits to Graduate?

The class of 2004 is the first required to have 21 credits to graduate. The change was made to prepare students for the business world, get jobs and for the students to take advantage of the extra classes offered at East.

"I think this is a great idea because it will help the students be more prepared, take more classes and also broaden their knowledge," said Principal **Tom Lee**.

This new requirement will challenge the students to work harder to graduate. If the class of 2003 doesn't graduate now, they will get moved to the new graduation requirements.



The students in night school will have a tougher time trying to reach those requirements. They will have to work harder to get back into day school or summer school to be able to graduate with their class.

"In many cases the students will have to take summer school, however just one semester of night school with a good record would not make it necessary to go to summer school," said counselor **Nancy Christy**.

Not all the students feel that the new requirement is a good thing. This could mean more time spent on homework, studying for tests and maybe even more students dropping out.

"I don't think it's a good idea because some students may think that it's too tough and they'll drop out. Those who are slower than others might get discouraged and drop out," said sophomore **Heather Held**.

Students wanting to graduate early will have to work harder to meet the requirements needed to do so. Students wanting to go to Central may not have time. There might even be a shortage for electives because they will be taking required courses to graduate early.

"I think it will be harder to graduate early because you will have to pass more classes in order to get all the credits you need for graduation," said sophomore **Nicole Warner**.

The students who aren't as fast as others and need more time to work will need to get help from teachers in their academic courses.

"I worry about these students. They'll need to work harder and seek help so they will be better prepared for the future," said Christy.

Many students believe that the kids who don't care about school will end up not wanting to do their work and or study to graduate this could mean an extra year of high school.

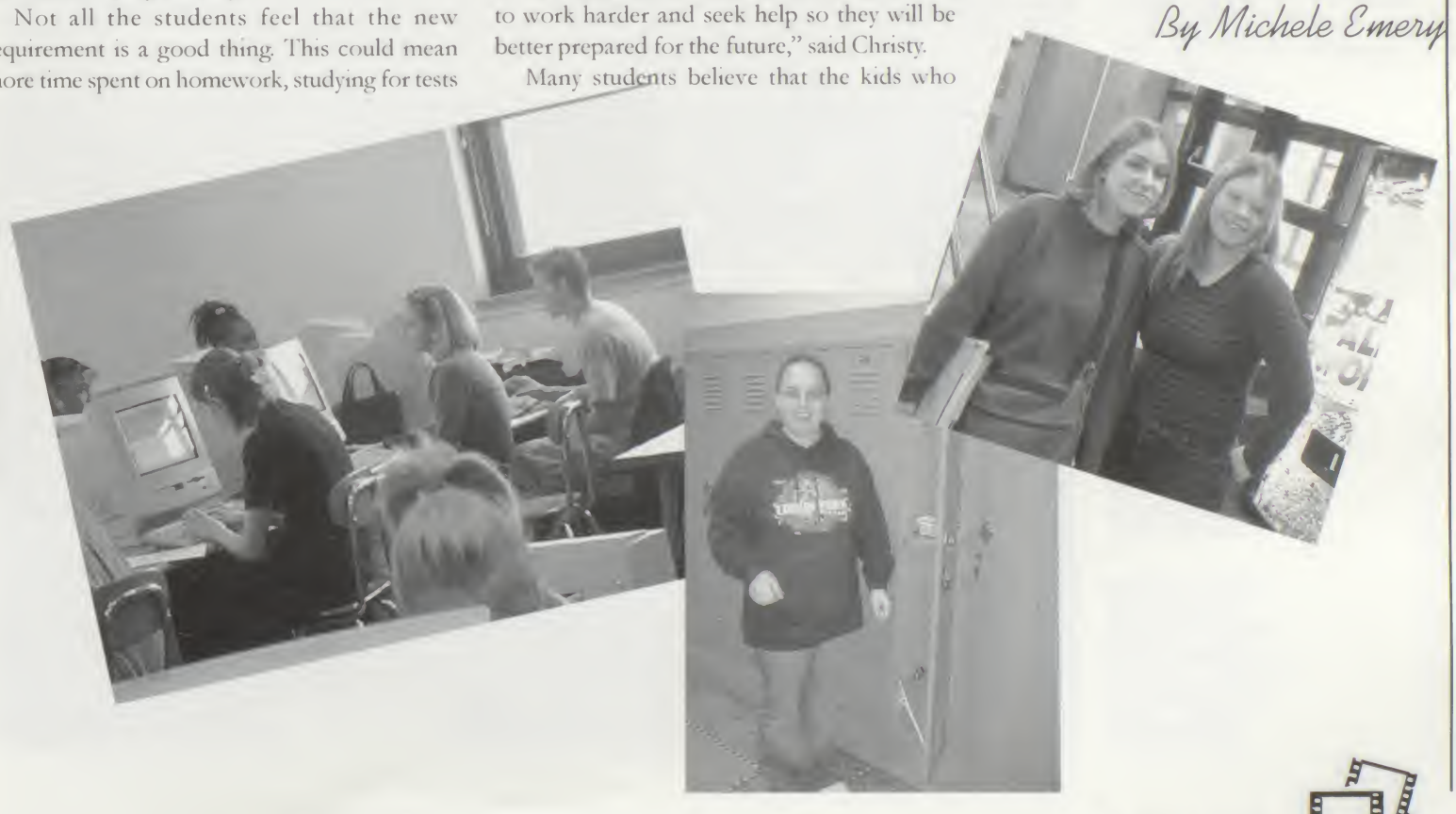


"I think that it's already tough enough as it is especially for those who need extra help and for those who don't really care that much to even come to school," said Held.

In the long run, this more effectively prepares students for college courses and for their futures. May also help them get the jobs they want.

"I believe they will be better prepared for college and work and their transcripts will look better because they will have taken more core area classes," said Christy.

By Michele Emery



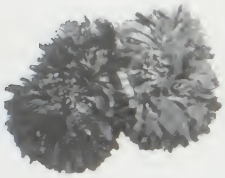
FreSHMEn









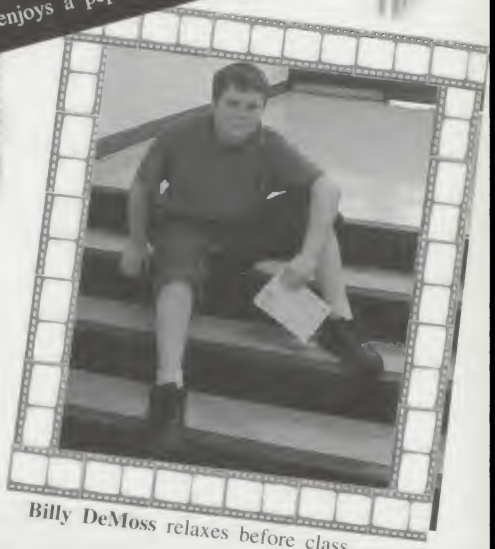


Jaime Fitzgerald warms up his arm before a game. Above, **Elyse Logan** enjoys a pep assembly.

These freshman girls take a break from socializing at a football game to pose for the camera. At left above, **Drew Beals** winds up for a strikeout.



Shelby Speck and **Marcie Dunz** do homework by their lockers.



Billy DeMoss relaxes before class.

Silvia Aguayo-Torres
Kevin Alarcon
Erik Allen
Alan Althaus
Tyler Althaus
Erica Alvarado
Juanita Alvarado



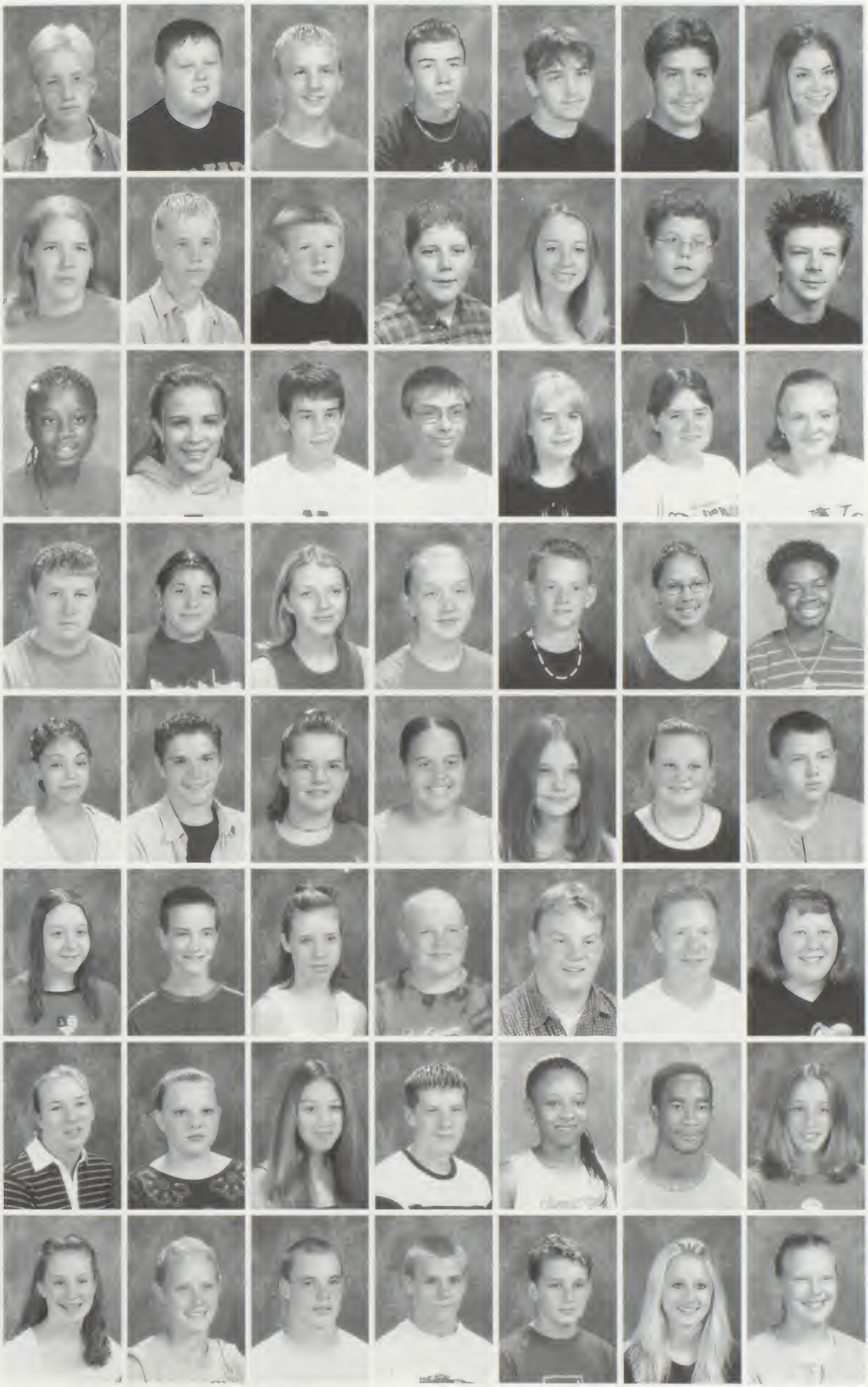
Nickolas Ambroson
Jeremy Amerison
Anishkumar Amrutlal
Christina Anderson
Donald Anderson
Abel Andrade
Allison Andrews



Crystal Antelman
Donald Arpy
Miranda Atchison
Jacob Atkinson
Alison Augspurger
Cassi Bainter
Brandin Bales



Photos by Photo Dept. Design by Chelsea Pickett.



Jeremy Bales
Mason Ballard
Nick Bannor
Joshua Barclay
John Barnes
Robert Barr
Christine Barrese

Lindsay Bartling
Matthew Barton
Nicholas Beal
Drew Beals
Jessica Beavers
Ryan Beckett
Jeff Beede

Shantel Bell
Cari Berg
Daniel Bernardino
Jason Berry
Jenifer Berst
Lisa Birt
Jessica Bitting

Kenneth Blair
Mireya Blanco
Angel Blount
Kelsey Boattenhamer
Lukas Bolander
Kristine Bolden
Richard Bolden

Angela Boley
Timothy Bolten
Rebecca Bolton
Ashley Botts
Holly Bousselot
Alicia Bowman
Steven Boylan

Jerrica Bracelin
Kevin Bradford
Sandra Branchcomb
Zachery Bridges
Paul Bright
Michael Brinson
Kelsey Brooks

Melinda Brooks
Tiffany Brooks
Amanda Brooks-Fernande
Anthony Brown
Jerica Brown
Julian Brown
Katilin Brown

Taryn Brumm
Meaghan Bruner
David Bryant
Nicholas Bunce
Nathan Burgett
Kelsey Burns
Courtney Bush

Kari Bush
Laura Bustamante
Julia Byers
Kristin Byrd
Kathryne Byrkett
Veronica Cain
Alaina Callison

Jacob Campbell
Helio Canas
Lesly Canas
Michael Carel
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Tiffany Carlson
Jarell Carson

Mikea Carson
Adam Carson-Sparks
Anthony Carter
Erica Carter
Christopher Casillas
Douangmala Cavan
Kimberly Cavan

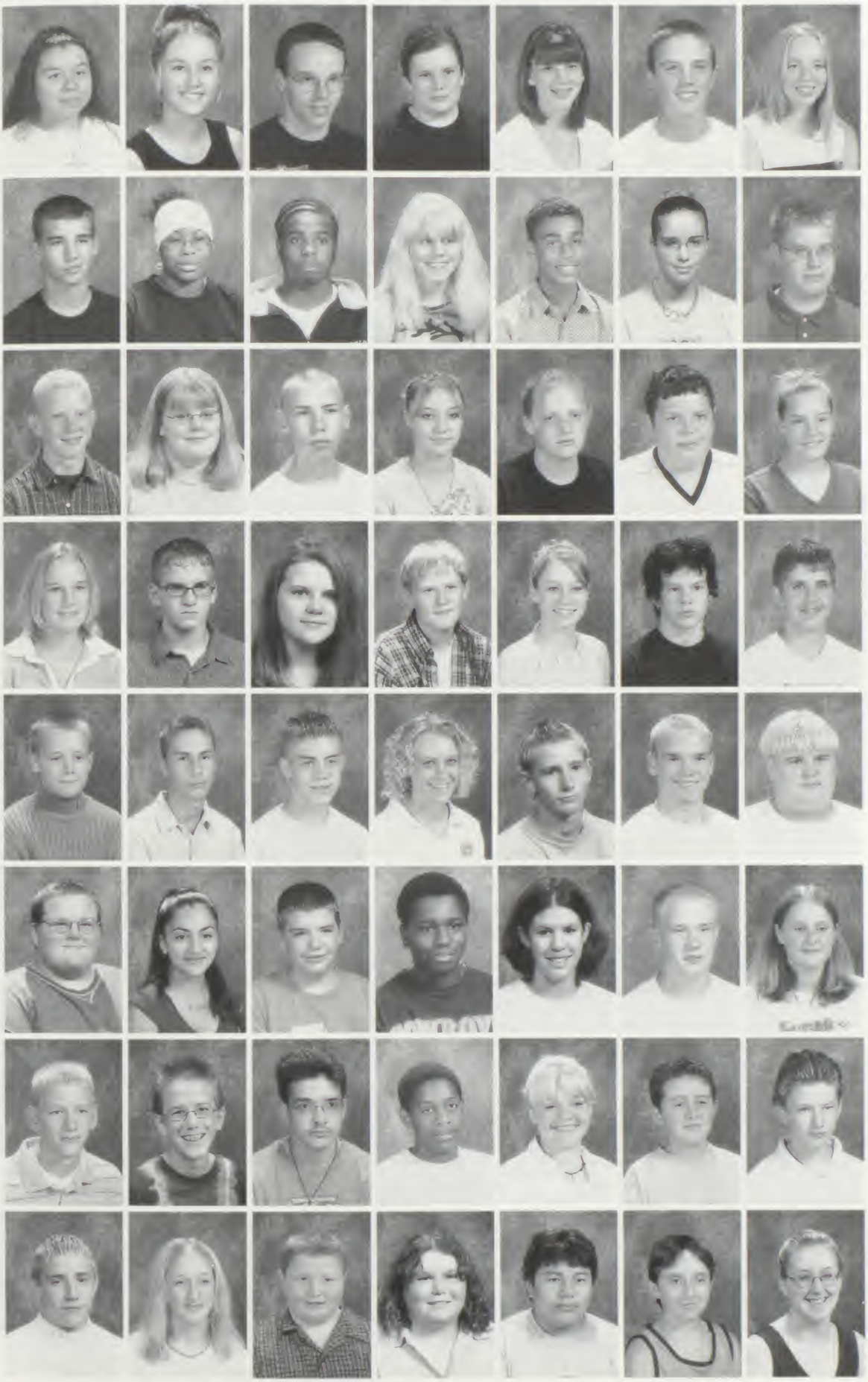
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Jociaria Clark
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Jessica Cochrane

Tasha Coe
Robert Coffman
Robert Conn
Amanda Conner
Bradly Consolver
Cesar Contreras
Duston Cooper

Peter Cooper
Ashley Cortez
Christopher Cozad
Mike Crabb
Jason Crook
Amy Cunningham
Nia Cunningham

Sheena Cunningham
Danielle Curry
Amber Czizek
Amanda Danielson
Lloyd Darrow
Kristina Daugharthy
Casey Dawson



Vivian De La Cruz
Aldijana Delic
Jaysen Delpierre
William Demoss
Andrea Denning
Matthew Dicks
Dorothy Dileonardo

Bryan Doornenbal
Yolanda Dotson
Leon Drayton
Brittany Dudley
Harold Dudley
Angela Duncan
Phillip Duncan

Joshua Dunham
Jenna Dunkin
Dustin Dunn
Reana Duric
Randi Durrett
Ryan Earles
Justine Eaton

Katelin Eaton
John Edwards
Lisa Edwards
Jeffrey Elliott
Sarah Enos
Douglas Epping
Perry Erickson

Luke Ericson
Sergio Estrada
David Ezzio
Christina Fane
Brent Farrell
Michael Fausett
Edwin Feldman

Michael Feldman
Roxana Ferreyro
Richard Field
Anthony Fields
Brooke Fisher
Daniel Fisher
Renee Fitch

James Fitzgerald
Thomas Fitzgerald
Matt Flagg
Kevin Fleming
Tamara Fogarty
Nicholas Fogle
Ralph Foley

Rick Fontana
Lacey Franklin
Randy Fudge
Stephanie Gambrel
Luis Garcia
Jeffrey Garland
Nicole Garrison

Ashley Gerstenberger
Jameson Gerstenberger
Alexandra Giddings
Andrea Gifford
Dustin Gifford
Demarcus Gines
Stacy Glick

David Glover
Dustin Goben
Adan Gomez
Gonzalo Gomez, Jr.
Adolfo Gonzalez
Ashley Goodpaster
Kyle Gowin

Hazel Grace
Morgan Graham
Steven Greene
Skyler Grenell
Allison Griffiths
Yesenia Guerra
Alfredo Gutierrez, Jr.

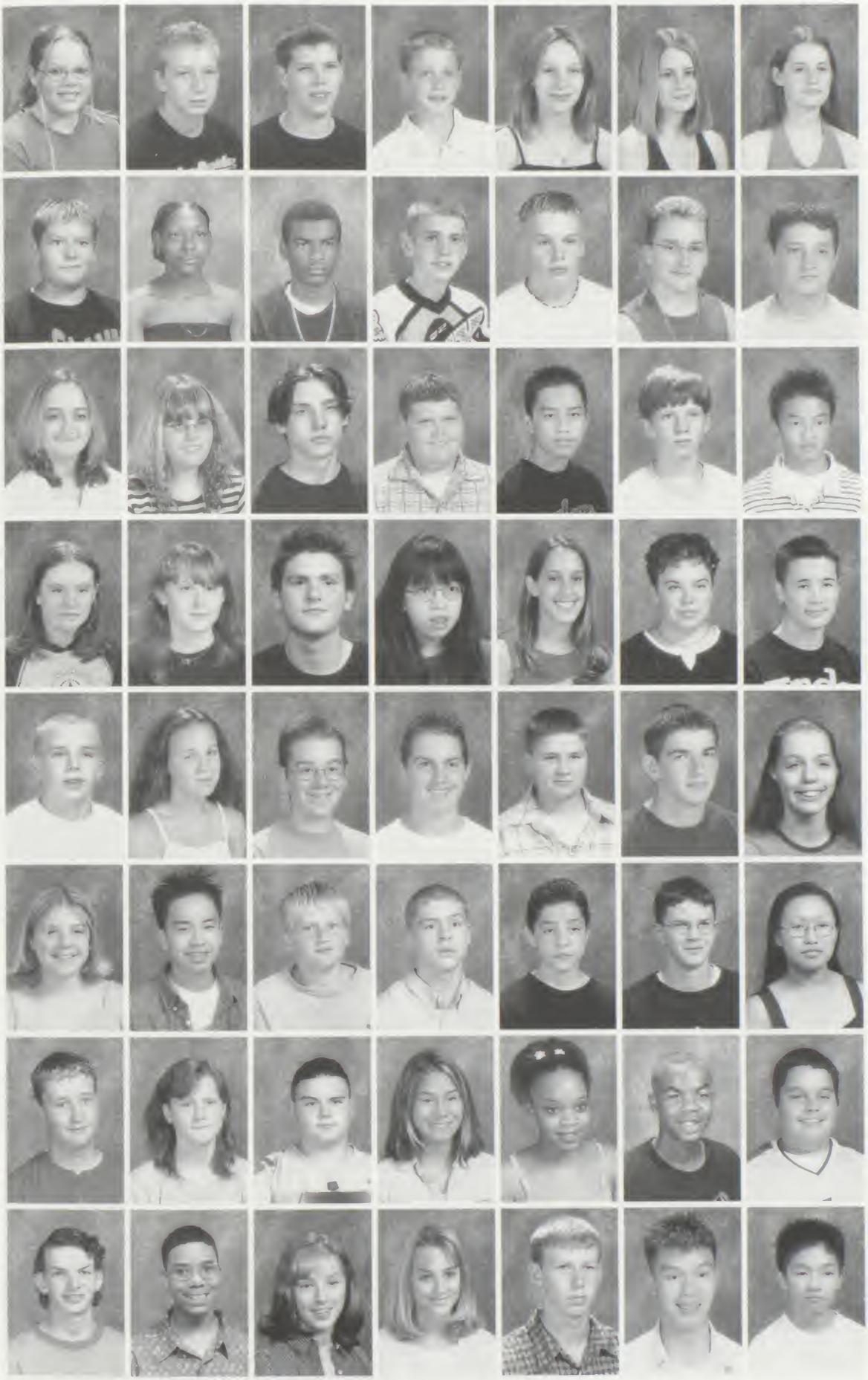
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Christopher Hanlin
Howard Harmsen
Allen Harrington

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Clista Hazelwood
Benjamin Heaberlin
Rhyan Hearshman

Heidi Hedberg
Chasta Heim-Parker
Dean Helm
Christina Hernandez
Jose Hernandez
Tasha Hiatt
Carissa Hibben

Harley Hill
Robert Hill
Wrex Hill
Dean Hoang Van
James Holmes
Samantha Holmes
Lindsee Hook

Jodi Housley
Tiffany Howser
Joseph Huffman
Thuy Huynh
Hector Ibarra
Cody Janssen
Jenny Jensen



Sarah Jensen
Toby Johns
Chadrick Johnson
Derrick Johnson
Heidi Johnson
Jacqueline Johnson
Jamie Johnson

Jon Johnson
Lakesha Johnson
Tyrone Johnson
Jesse Johnston
Jeffery Jones
Matthew Jones
Matthew Jones

Megan Jones
Melinda Jones
Chad Kain
Andrew Kalwishky
Khonesavan Kavan
Norman Keddie
John Keomany

Tanya Kephart
Sarah Kernes
Cody Kessler
Inpone Khanthavong
Amanda Khodai
Dawn Kile
Kyle King

Erin Korshun
Nicole Kouri
Michael Kuhns
Wesley Lammey
Brody Landers
Nicholas Lange
Crystal Larson

Erica Latcham
Nhan Le
Kevin Leach
Nicholas Leanos
Pedro Leanos
Benjamin Lee
Chamee Lee

Jordan Lee
Crystal Lester
Paul Lester
Jasmine Lewellin
Brandi Lewis
Cordara Lewis
Larry Little, Jr.

David Lloyd
Tyler Locke
Elyse Logan
Katie Long
Orville Long
Alee Lovan
Jammy Lovan

Katy Lovan
Aaron Love
Kathryn Lown
Aginda Lu
Maura Luna
Jeremy Lund
Maria MacEda

Brenda Madison
Jesse Madison
Mokrian Mahmood
Daniel Marquez
Javier Marquez
Mauricio Marquez
Yadira Marroquin

Alejandro Martinez
Nyuol Mathok
Patrick Matuszak
Shane Maxson
Sandra Mayes
Alejandro Mayorga
Tyler McAninch

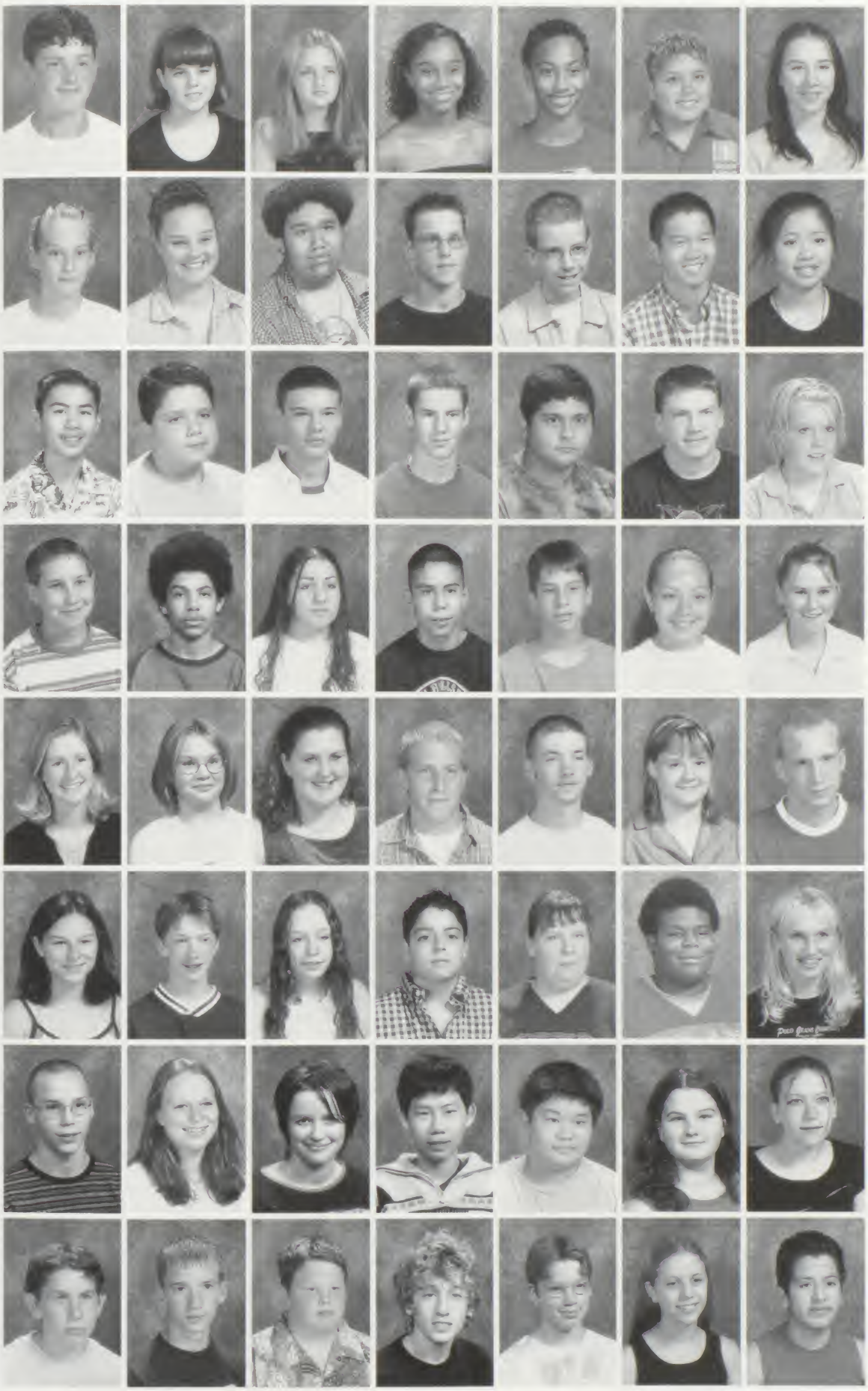
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Brent McCaffery
Megan McCallister
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Ronald McConnell
Victoria McDonald
David McElvogue

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Jared McNeal
Shelley McNeal
Brandon McNeeley
Kazmond Mead
Benjamin Melendez
Juan Melendez

Walter Mendez
Dae Ron Merrett
Mar Shaun Merrett
Bryan Merryfield
Jan-Michael Metheny
Jorge Meza
Lajaherae Mickens

Craig Mikesell
Samantha Millard
Amy Miller
Hilary Miller
Jeremy Miller
Robert Miller
Shawn Miller

David Minikis
Megan Mohler
Martin Mohler., Jr.
Joseph Monaco
John Mongar
Izaak Moody
Yadira Moreno



Bradley Morgan
Amanda Morlan
Kayla Morris
Michela Morris-Brooks
Danneal Mosher
Joshua Mosqueda
Elma Mujakovic

Erika Mullin
Heather Munyon
Casey Neal
Joshua Neal
Joshua Nelson
Daniel Nguyen
Giao Nguyen

Thanh Nguyen
John Nigro
Taras Nikishenkov
James Norton
Jeremy Ochoa
Corey Oconnor
Amanda Ogg

Eric Oliver
Tyler Oliver
Angelica Olmos
Ruben Ordaz
Antonio Ortega, Jr.
Mayra Ortega
Christa Osborn

Amy Page
Amanda Palmer
Jennifer Palmer
Michael Parisho
Joseph Parker
Natasha Parker
Nicholas Parker

Heather Parks
Alex Parsons
Shauna Pascoe
Juan Paz
Rebecca Pencook
Floyd Perry
Ashlee Petersen

Brandon Peterson
Renae Peterson
Rafaela Pfister
Vinh Pham
Rocky Phetdavieng
Julia Phillips
Mary Phillips

Dana Piatt
David Piper
Patrick Pollard
Bradley Pollock
Jacob Pray
Amber Preas
Luis Quintanar

Brandon Ramirez
Jorge Ramirez
Ashlee Rankin
Nicholas Rattray
Jelena Raus
Iliana Raygoza
Michael Reed

Jenne Reedholm
Yvonne Reid
Joshua Richardson
Shanna Riley
Jennifer Robbe
Javier Robles
Miguel Robles

Brian Roby
Raymond Rodgers
Kenia Rojas
Letzabeth Romero
Tobias Ross
Mark Rothweiler
Matthew Rounds

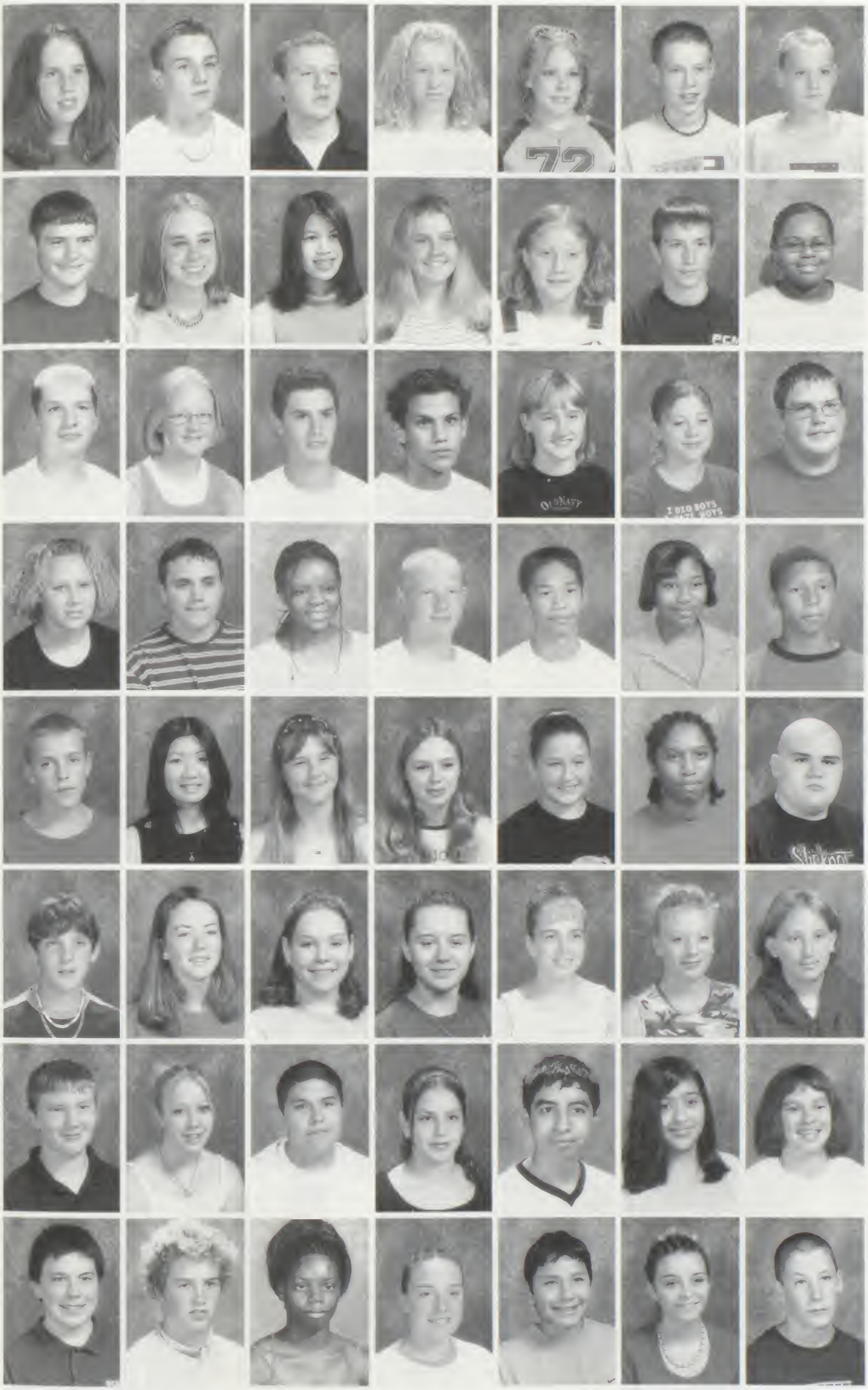
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Mark Routh
Douglas Rowe
Nikkia Rushing
Laura San Elias
Suzan Sanachit
Rosa Sanchez

Dawn Saunders
Tania Sauz
Kenneth Savage
Anna Scarbrough
Joseph Schamerhorn
Amanda Schirman
Ebony Schmidt

Shi Randi Scott
Travis Scott
Christina Senephansiri
Kevin Senephansiri
Sunny Sengaphone
Estrella Serrano
Monica Sharpnack

Ashley Sheehan
Heather Sheehan
Heather Sheldon
Jason Sherod
Mark Sherrard
Paul Shipman
Erica Sholley

Pha Sisounthone
Matthew Sloan
Treasure Small
Amanda Smith
Bethany Smith
Codie Smith
James Smith



Kelly Smith
Martin Smith
Matthew Smith
Samantha Smith
Tiffany Smith
Tyler Smith
April Smithhart

Robert Snyder
Jacqueline Sorensen
Donna Soulinthavong
Shelby Speck
Stacey Spencer
Adam Spooner
Jayseena Stafford

Jesse Stanley
Raelynn Steenblock
Kale Stephens
Matthew Stephens
Shannon Stewart
Maygen Stockman
Andrew Strahl

Kizzie Strother
Patrick Suggett
Patricia Sula
Scott Sullivan
Chrisna Sunny
Jheris Tate
Corey Taylor

Jeffery Tedder
Sisamone Thammaroth
Rachel Thomas
Ashley Thompson
Cheyenne Thompson
Robert Thompson
Dusty Tilton

James Timblin
Sharon Tonsi
Kayla Trumbo
Krystal Tucker
Amber Tyler
Kerry Tyler
Alicia Usovsky

Andrew Van Gundy
Carrie Vandervelden
Marcos Vasquez
Laura Velazquez
Rogelio Velazquez
Cristal Villanueva
Mirjana Vojvodic

Matthew Waddell
Marcus Wadsworth
Jamie Wagner
Nicole Waldron
Nolan Walker
Sadie Walker
Aaron Walske

Freshmen NOT pictured

Allen, Bobbie
Allison, Amanda
Amieth Kongroar, Anjelian
Armstrong, Jennifer
Baccam, Damouck
Baccam, Felix
Baker, Justin
Bolden, Devin
Boozell, Robert
Bouaphakeo, David
Burgett, Randy
Calvache, Jennifer
Cardenas, Ramiro
Davalos, Ana
Djukic, Ivana
Dressic, Zachary
Erdman, Jonathan
Finch, Shannon
Galvan, Vanessa
Garcia, Erika
Gines, Jonathan
Gist, Tyler
Goff, Amanda
Gross, Brittany
Harmon, Michael
Horch, Sarah
Hutchinson, Rusty
Hyden, Thomas
Janssen, Rahni
Jara, Julio
Johnson, Aaron
Johnson, Elisabeth
Jones, Nicholas
Kirkpatrick, Bridget
Knapp, Fredrick
Lee, Denaro
Lewis, Jerome
Lozano, Anthony
Martin, Christina
Millard, Travis
Mohler, Megan
Moore, Geoffrey
Newman, Scott
Parmenter, Joshua
Radke, Cody
Ramirez, Gricelda
Ramirez, Jorge
Reed, Gino
Reynolds, Brandie
Rhodes, Samantha
Rogers, Ashely
Rubio, Israel
Salcedo, Gabriel
Saunders, Cortez
Sayavong, Sivone
Shade, Antonio
Sheridan, Melisa
Siefken, Sheldon
Sierra, Cristobal
Smith, James
Smith, Mathew
Stevenson, Robert
Sullivan, Nicholas
Thomas, Paris
Thompson, Melissa
Todd, Andrew
Valdez, Elva
Valdez, Oscar
Vandyke, David
Vasey, Ashley
Vega-Rocha, Javier
Vongxay, Kong
Walker, Ronald
Welton, Kenneth
Wiley, Tommie
Wolfley, Jasmine
Wood, Chaz
Wright, Chris
Zermeno, Olivia

Stephen Waltz
Anthony Ward
Ted Ward
Joseph Wayman
Myra Weatherall
Branden Weatherly
Ashley Welding









Traci Welker
Derek Wennekamp
Dustin Westlake
Breann Whitaker
Craig Whitney
Elizabeth Whitney
Angela Wiand









Justin Wicker
Robert Wiese
Steven Wieskamp
Sarah Wignall
Holly Wilkin
Ann Williams
Jessica Williams









Travis Williams
Ashley Wilson
Todd Wilson
Tom Wilson
Shawna Wolfe
Kindall Wolff
Chaz Wood









Chelsey Wood
Joshua Woolson
Christina Wright
Jeff Wright
Jamila Yakubu
Levi Yamen
James Young









Terry Young
Joshua Ziegler
Toby Zimmerman
Nicholas Zubulake








FASHIONABLE FRESHMEN

What to wear is on a lot of teens' minds these days. What to wear for pictures, to dances, movies, concerts, the mall, on a date, for a party, really anything that comes to mind.

But is the question really "What am I going to wear?" Shouldn't it be, "What can I wear to make myself look good?"



For clothing, times have changed a lot. It used to be mini skirts and bell-bottoms, but now it's all that and more. It's a visit from the past. People are bringing back styles from years ago that teens now think are corny. With a different look, a new name, and name brand clothes the kids think things are actually "cool."

"I like the new styles. When my mom would tell me what they used to call jeans that flare at the bottom, I thought the name was corny but now I don't care," said freshman **Amanda Conner**.

From the hip look to the casual look, students are beginning to show that dressy side.

"I like dressing up once in a while. Whenever I'm in the mood," said freshman **Ashlee Petersen**.

There are students who wear all black. It's a sense of style and a choice of clothing that let students show off what they call "their own fashion statement!"

"I dress the way I do because it shows who I am and I don't try to dress like somebody I'm not. I'm my own person," said Conner.

Some students like to start trends. They buy clothes that they've never seen anyone wear before and then other students go out and purchase the same style.

"I love to get clothes that nobody else has to get compliments from others. It's fun being a trendsetter," said freshman **Erika Latcham**.

Some even wear clothes for pure comfort, clothes like pajama pants and hoodies, slickies and sweatshirts, or t-shirts. Anything they can find that just takes a few seconds to throw on and leave the house.

"Wearing clothing that is comfortable is the best," said Petersen, "I like dressing up, but I also like to dress comfortably."

Fashion isn't just about the clothes, it also includes hair, make-up, and of course, shoes to complete each outfit.

"I like doing my hair and getting shoes to go with most of my outfits," said freshman **Heidi Hedberg**.

This goes to show that everyone has their own taste in fashion. Whether it is simple, casual, sexy, of trendy, it's on everyone's mind at some point. It's all around and it's just a basic way of life.

By Michele Emery





DMPS School Board. Back Row: Jon Neiderbach Graham Gillete, Laura Sands, Mark Schuling, Mark Ward. Front Row: Nadine Hogate, Margaret Borgen, Superintendent Eric Witherspoon.

Principal Lee and two staff members discuss plans for the remodeling of East. Lee took over as principal just as East was granted the money from the sales tax to repair the school. He is making more and more people see the new side of East.



Donna Adams
Paul Allen
Rhonda Anderson
Robert Bagley
Linda Baker
Patrick Bannon
Svetlana Baranova

Steve Barnes
Mary Barton
Ronald Borstad
Janet Boyd
Rollie Bramhall
Patricia Bushong
Kacia Cain

Barbara Callaghan-Mitchell
Robert Carmichael
Dianna Carnahan
Ted Christensen
Nancy Christy
Lloydette Clark
Tom Cole

Karen Cross
Sally Dehnert
Carl Drautz
Samy El-Baroudi
Elaine Ericson
Lora Evans
Geoffrey Farrell



The EHS 'family' grows, Lee joins

Many people noticed positive changes this year, a winning football team, a cleaner, more spirited school, and most important, a new administration. Principal **Tom Lee** took over for the retiring **Jerry Stilwell**.
"I was excited and apprehensive about coming to East because of its size and the number of students as opposed to the size of other schools that I've been at," said Lee.

Lee was formaly the principal at Weeks Middle School for seven years and the vice-principal at Harding Middle School.

In addition to Lee, another administrator new to the building was Vice-Principal **Dawn Stahly**, who worked with Lee at Weeks. **Linnea Morris**, new head of the foreign language department, and Spanish I teacher, **Carl Drautz**, also knew Lee from their substituting jobs done at his other schools.

"Even though I was coming to East as a new vice principal, I wasn't as nervous because I knew that Mr. Lee was going to be the principal. Since I've worked with him before, I knew what he would expect of me and I never gave him any less," said Stahly.

Linda Baker, formally a counselor, became the head of that department.

"Mr. Lee and I are both experiencing new situations. When I found out that he was coming to East, I really anticipated it because he is a very organized, accessible and reasonable man. I really can't think of any other person better for the job," said Baker.

"Even after holding positions at many other schools, I knew that East was the place I had always wanted to be," says Lee.

These staff members were just a few of the almost 30 new additions to the EHS "family" in this big transition year for the school.

-by Stephanie Carter



Terrie Fenstermann
Darrin Fisher
Diane Fleming
Keri Frommelt
Kenneth Gaeth
Ruth Gaines
Laurel Gaippe

Ann Ginther
Shirley Gooch
Jerry Goodrich
Shawna Green
Maureen Griffin
David Griffiths
Julia Hagen

Jeffrey Hall
Michelle Hankins
Alex Hanna
Kathryn Hansen
Nancy Hansen
Vernon Hansen
Dena Harms

Linda Hart
Mark Hawkins
Lucinda Hayes
Deann Hebert
Don Heese
Joseph Heggen
Joleen Heim

STUDENTS SAY...

I think the new paper towel dispensers look nice. I also like how they are alwys full now. • • • • • • •

Senior Amy Preas

I think getting new and more trash cans is a great idea because the more convenient they are, the better chance that students will use them. • • • • • •

Sophomore Andy Buch

The new trash cans have helped keep our school looking nice. The lawn not only looks better, but the new cans are more attractive as well. • • • • • •

Senior Darcy Baker



At right, custodian **Rick Remus** and electrician **Kent Davis** keep East's halls bright by replacing a light. Below, custodian **Joe Leo** uses his dust mop for more than the floor and dusts off lockers.





Stacy Herrin
Patricia Hill
Ann Hiveley
Ann Hoehle
Brian Hoff
Lynn Hoff
Deborah Hoksbergen

Nancy Holmes
Andy Howard
Daria Huang
Frederick Hunter
Mark Hurley
Angela Jackson
Jeffrey Jansen

Vanna Johnson
Russel Junck
Mary Kaldenberg
Edward Kelly
Kathy Koenig
Kathryn Kunzman
Tom Lee

Lowell Long
Carol Lortscher
Derek Lounsberry
Robbie Malm
Deborah Markert
Christine Mc Murray
James Mc Near

New Pride *in a new image*



This year East won its homecoming game, increased fan turnout at events, polished the campus' appearance and witnessed a whole new trend in pride. According to building manager **Butch Pickett,** there has been a shift in the attitude of his custodial staff along with the rest of the school.

"Having pride in the school is important. When the students take pride in their building and the way it looks, they help keep it that way which helps us with our job and makes us proud of what we are doing," said Pickett.

The appearance of the building has also drastically changed over last year. Custodians feel that it's not just a change in appearance, but attitude as well. They notice that not only are the halls are cleaner, but less noisy as well.

"I think students are taking more responsibility," said custodian **Rick Remus.** "Once in a while I'll see a kid stop and pick up trash in the halls and those little things really make a difference to us."

These changes may be partly due to the new principal, Tom Lee. This year he has introduced many new rules and ideas. One rule that has made a difference is no food outside the cafeteria.

"When the trash is concentrated in one area, it is easier to deal with," said Pickett. "When we don't have to focus so much on things like that, we can spend more time on the general maintenance of the building."

Lee also arranged for new equipment to be brought to the exterior and interior of the building. New trash cans on the lawn have reduced litter at lunch-time as well as after-school garbage. Another purchase was a high-speed buffer for the halls.

"It really keeps the floors shiny," said Pickett. "With this each floor gets buffed every night."

In addition, East has new multi-roll dispensers, which also save the custodians' time and provide a better quality toilet paper.

The quantity and quality of all of these changes, including rules, trashcans and equipment, have helped to polish East's appearance.

By Melissa Mills



Becky Miller
Betty Mills
Martin Mohler
Linn Morris
Greg Morse
Kenneth Morton
Donald Murphy

Lori Nelson
Linda Nemmers
Deborah Neustadt
Kim Nitcher
Randy Nordaker
Frank Nwankpa
Michael Nyman

Sharon Page
Maureen Persinger
Deborah Peterson
Elaine Peterson
Burle Pickett
John Raymond
Richard Remus Sr

Claudia Richards
Gary Rourke
John Rudisill
Judy Rush
Scott Ryan
Annette Ryun
Linda Saddoris

Students below spice up their meals by stopping at the new condiment stand while others sit down to eat and converse.







Staff Not Pictured:

Polly Adam, ***HI Psych.***
Chasity Brees, ***Success***
Kathy Brown, ***MDSC***
Judy Brownsberger, ***Sp. Ed. Cons.***
Ken Burgess, ***Business***
Jane Christenson, ***Assoc.***
Marjorie Crawford, ***Business***
George Davis, ***Phys. Ed.***
Bill Eggers
Amanda Eimers, ***For. Lang.***
Laura Fefchak, ***Soc. Wkr.***
Tina Grove, ***Bookeeper***
Jodi Harrell, ***Success M.H***
Heather Isaacson, ***Gear-Up***
Allison Johnson
Jennifer Luft, ***Orchestra***
Stephanie McFarland, ***S.W***
Bill Oleson, ***Tech. Ed.***
Randi Oleson, ***Sp. Ed.***
Barb Shelley, ***Café. Mgr.***
Susan Stewart, ***Gear-Up***

D'An Sasseen
Alvin Schatz
Sharon Schatz
Cynthia Selden
Diane Sheil
Lawrence Smith
Vidal Spaine

Mary St. Clair
Dawn Stahly
Donald Starcevich
Diane Steggerda
Carolyn Strickler
Charles Sutherland
Michael Teale

Stanley Thompson
Allison Van Lier
James Van Tuyl
Deborah Van Velzen
Frederick Vanderley
Joyce Vickroy
Somkong Vong

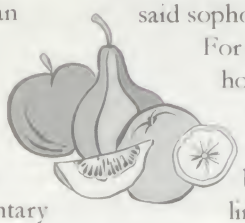
Bill Waller
Jay Wand
Bill Watson
Nicole Wee
Patricia Westin
Mary Westover
Stayce Westover



Healthy or unhealthy, *that's* the question

Imagine serving lunch to up to 1,650 students each day. That's exactly what the food service workers do all year long and it is really a massive job.

The day starts for the staff at 6 a.m., before students even think about eating. According to cafeteria manager **Barb Shelley,** there is more to serving lunch than just fixing the food.



"I have to estimate how much food will be needed for the day. The staff and I also prepare food for Wallace Elementary and the downtown school," Shelley said.

Cafeteria worker **Dixie Heimbaugh** said that the kids make her job worth it.

"The part about working in the cafeteria I like the best is interacting with the kids who come through my line," she said.

Students can choose from a variety of meals from chicken nuggets to turkey and gravy, even cheese quesadillas.

"My favorite meal is the meatball subs because they are great tasting," said sophomore **Mike Her**.

For students who don't like hot lunches, there is always the salad bar.

"I like the salad bar better than the hot lunch line because it has a larger selection of food. I can buy a sandwich, or if I'm not that hungry just have a snack," said junior **Brandy Budd**.

Although school lunches provide choices for students, some parents and nutrition experts are worried that students aren't eating balanced meals every day.



According to a recent article posted on *www.fda.com*, federal official Judith E. Foulke explains why eating healthy is especially important throughout the teenage years.

"Between the ages of 15 and 18 teens are completing their final major growth spurt and are in the process of putting on nature's finishing touches for adulthood. For girls, it means adding some weight in the hips. For guys, it means adding muscle and increasing the volume of blood," said Foulke.

Foulke also said that these changes often make girls diet unnecessarily to stay thin.

There is a way in which the district helps students through this transition time.

Food service worker **Geneva Hanson** said that the district sets a planned menu which all schools must follow.

"The weekly menu helps students who eat hot lunches by including a variety of healthy foods," said Hanson.

...by Seth Conn



Above, some students relax and enjoy their lunches. It's just another day in the Scarlet cafeteria.

Below is an example of what a boxed lunch would have in it. Students can get chips, a sandwich, milk and some fruit.

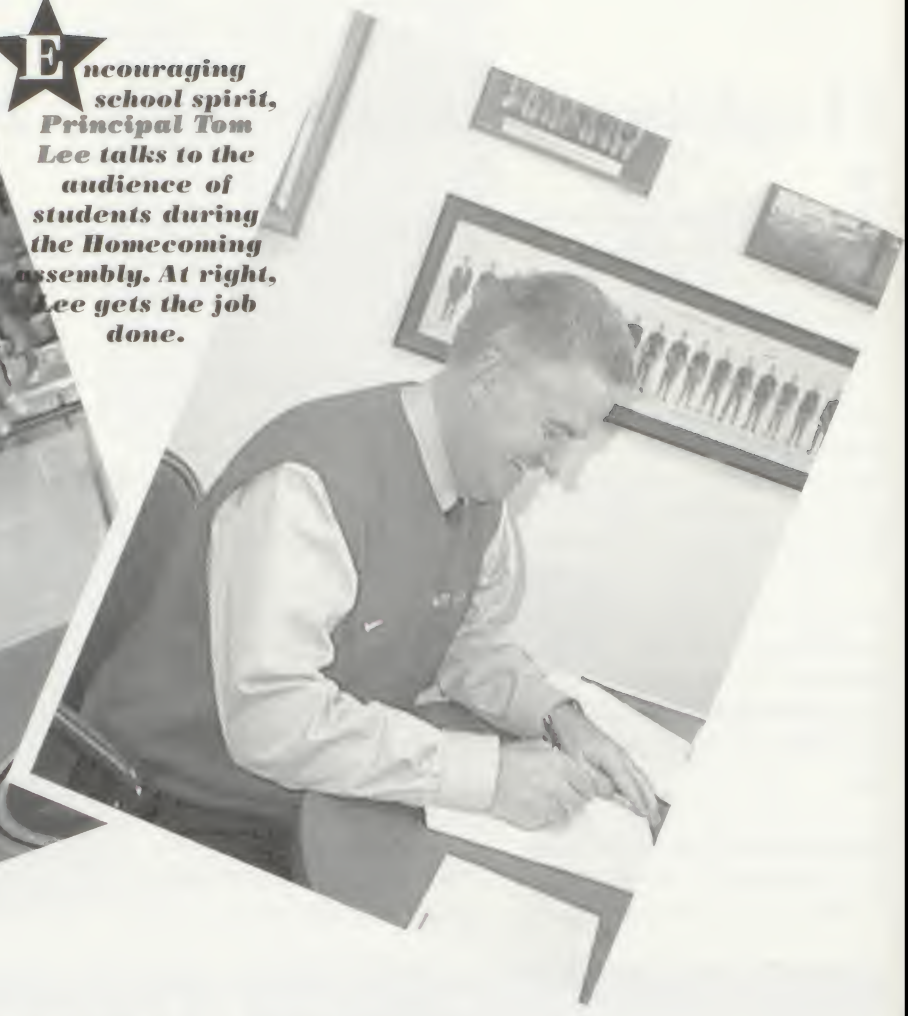




Jennifer Wickersham
Fannie Wilson-Cunningham
Krista Womble
Angela Zugg



Encouraging school spirit, Principal Tom Lee talks to the audience of students during the Homecoming assembly. At right, Lee gets the job done.



Hearing a meeting, counselor Kati Hainsey talks business with Lee. Right, Lee takes a lap on a lawn tractor at the pep rally following assembly.







Lee brings change to East

Story and layout by: Kelly Clark

There were plenty of new faces to be seen around school at the start of the year with all of the new students, teachers, and even a new principal, **Tom Lee**, who came to East in the fall of 2001.

"I have always admired the pride and loyalty to East," said Lee. "I felt it was a great opportunity and hopefully I will make a difference."

He came from Weeks Middle School, where he was the principal for seven years, to a huge high school. It was a big change for him, but he says the change has been for the better.

"East and its students need not take a back seat to any other school or student," said Lee. "We have some of the nicest students in the city. We need to believe and respect each other at all times. If we believe in each other, there is *nothing* East and its students cannot accomplish."

Although being the principal of the school is an important job, being the principal isn't all he does. He has other activities he enjoys outside of school.

"I like to go fishing and to golf," said Lee. "I also like to spend time with my family, especially our new grand-daughter."

With the arrival of Lee many changes came, too. His thoughts of having dress code and rules against bad language have been enforced when in the past they have been ignored.

"The one thing I would change about East is to help students be more motivated to do well in the classroom. And to help them understand the importance of getting a good education," said Lee.

Some students don't agree with the rules, but others feel like they will have a positive impact on the school.

"Mr. Lee has enforced a lot of rules since he got here, but I think that those such as the dress code and derogatory language rules will change our school for the better," said senior **Ashlie Green**. "Hopefully in the future those rules will make our school more respected as well as make the students more respectful of each other and the teachers."

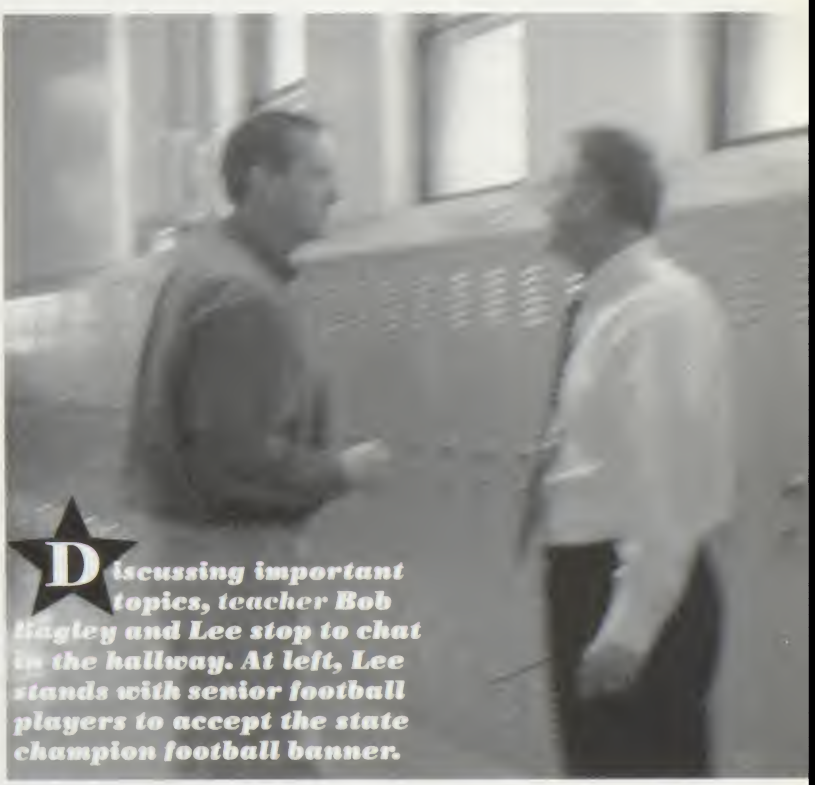
Jerry Stilwell had been EHS principal for 13 years and his departure was hard for some of the students and staff, but there has definitely been a positive impact.

"We all miss Mr. Stilwell, he was a cool principal," said junior **Sara Neer**. "I think that Mr. Lee is doing a great job in accomplishing what he wants to change for East."

Being accepted and respected by high school students and teachers is not exactly an easy job, but changing attitudes and respect are two big things that Lee wants to accomplish.

"I hope we are changing attitudes," said Lee. "That includes increasing school pride, respect for each other, and respect for school."





Discussing important topics, teacher Bob Bagley and Lee stop to chat in the hallway. At left, Lee stands with senior football players to accept the state champion football banner.

PEER PRESSURE

By Valerie Blackford

Sexual Behavior **FIGHTING** MARIJUANA **Alcohol** *Cigarettes*

is common among all students at one time or another, in areas like cigarette smoking, alcoholism, drugs, fighting and sexual activity. Almost every student has had pressure from their peers to do at least one of them.

"I have had a lot of friends pressuring me into doing things," said sophomore **Courtney Chaplin**. "I try to refuse it, but sometimes it's hard."

According to the National Youth Tobacco Survey, one in four high school students are current smokers. Furthermore, most teenagers have tried their first cigarette before the age of eighteen. Studies have shown that teenagers who do not start smoking before the age of eighteen, most likely will never start.

"I think that if you choose to smoke you are killing yourself, and those around you," said junior **Francisco Luna**.

About 70% of high school students have tried alcohol at one point or another reported a recent survey found on the Internet, and with drinking also comes consequences including abuse, rape and injuries.

"It's alright to try it, just as long as you do it responsibly and can accept the consequences if you get caught," said junior **Kellie McFadden**.

Teenagers are growing up more and more quickly these days and with that may come their sexual activity. Fifty percent of high school students have had sexual intercourse, reported an Internet survey, and 16% have had four or more partners. Indulging in sexual behavior means being responsible for your actions, but only 58% of teenagers use condoms and 16% use some sort of other birth control.

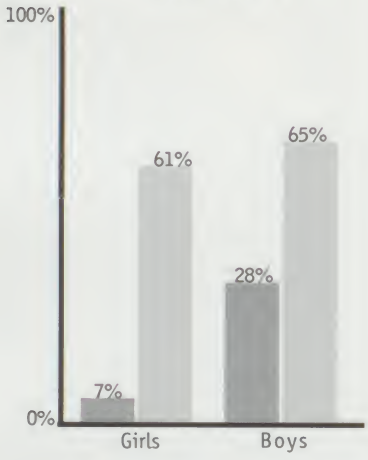
"If you can't handle the consequences don't do it [have sexual intercourse]," said junior **Matthew Daugharthy**. "You have to be mature enough to do it safely and be there when there are consequences."

Since 1993, marijuana, crack and cocaine use has had a slight but steady decline, as shown in a recent study by the Partnership for a Drug-Free America. Although there is a decline, teenagers are still doing the drugs. Many of the drugs that teens are doing are called 'Gateway Drugs,' which are drugs or habits that teens or adults do. Those drugs or habits can then lead them to do even more dangerous drugs.

Senior **Pon Thipyothin** agrees that if you do any kind of drug that there is a big chance for you to advance to more.

"It's stupid to do drugs in the first place, it just sets you up to do more and then you get addicted," said Thipyothin.

The Effects of Drinking On Sexual Activity



– Info from cfoc.org website









ighting is common among teenagers throughout the United States. They can feel pressure from their friends and parents to stick up for themselves (below).

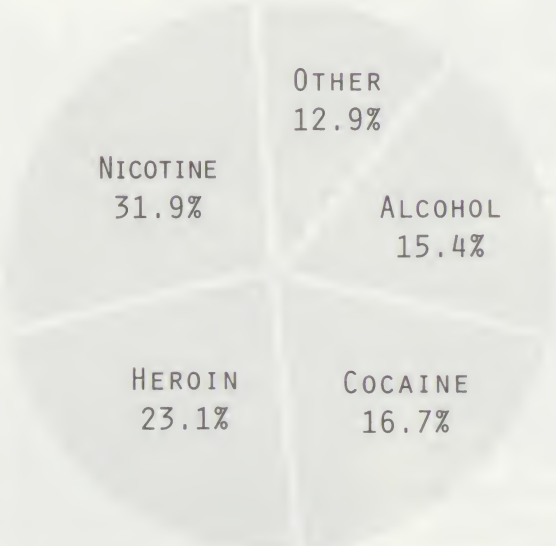
Photos from various internet sights







% of People Who Become Addicted after First Use



Info (above) and pic of mouth cancer (at left) from JELiowa.org

What do you think?



"I think peer pressure is just an excuse. They do it so they aren't left out."

- Danny Lint

- Molly Matlage

"A lot of my friends smoke right now and they wish they had never started."



an EXCHANGE for experience

Story & Design by Pon Thipyothin

For student at East, learning English might not be a main priority. But for three students who traveled from Yugoslavia, Slovakia and Armenia, it is one reason why they came to America.

Seniors **Rajko Dimitrijevic** and **Martin Pucek** and sophomore **Hripsime Mazmanian** are the foreign faces who are exchange students for this year and this is the first time in America for each.

"While I'm here I want to improve my English and see how people live," said Dimitrijevic. "Also, to make new friends and see other cultures."

Learning English was their main priority, but next to that, the students set themselves up with a goal to accomplish while here.

"I am interested in learning other languages," said Mazmanian. "My goal is to learn five new languages and so far I've learned three."

Aside from their goals, the students also want to meet other people and explore.

Pucek joined the swim team and was a member of the jazz band. Dimitrijevic was a member of the wrestling team and the Scroll staff and Mazmanian went out for indoor soccer.

"Wrestling was something more challenging than I thought it would be," said Dimitrijevic. "I enjoyed the experience and some of the medals that I received."

Along with getting involved in activities, each of the students was required to take some of the basic classes like regular students and concentrate on improving their English.

"I have taken some of the basic classes like PreCalc, English and P.E," said Mazmanian.

Although the students can only stay for a year, it is long enough for them to decide what they want to do with their lives.

"I plan on coming back to America to study computer programming in Florida," said Dimitrijevic.

All three students plan on coming back to attend a university, but when they are not in school, they each have a hobby of their own.

"I like to play my guitar and listen to music," said Pucek.

While Pucek plays his guitar, Dimitrijevic and Mazmanian like to go out with their friends and watch movies.





Back in her home country, Armenia, Hripsime celebrates her 15th birthday. While here, she stayed with senior *Justin Anspach* and his family.



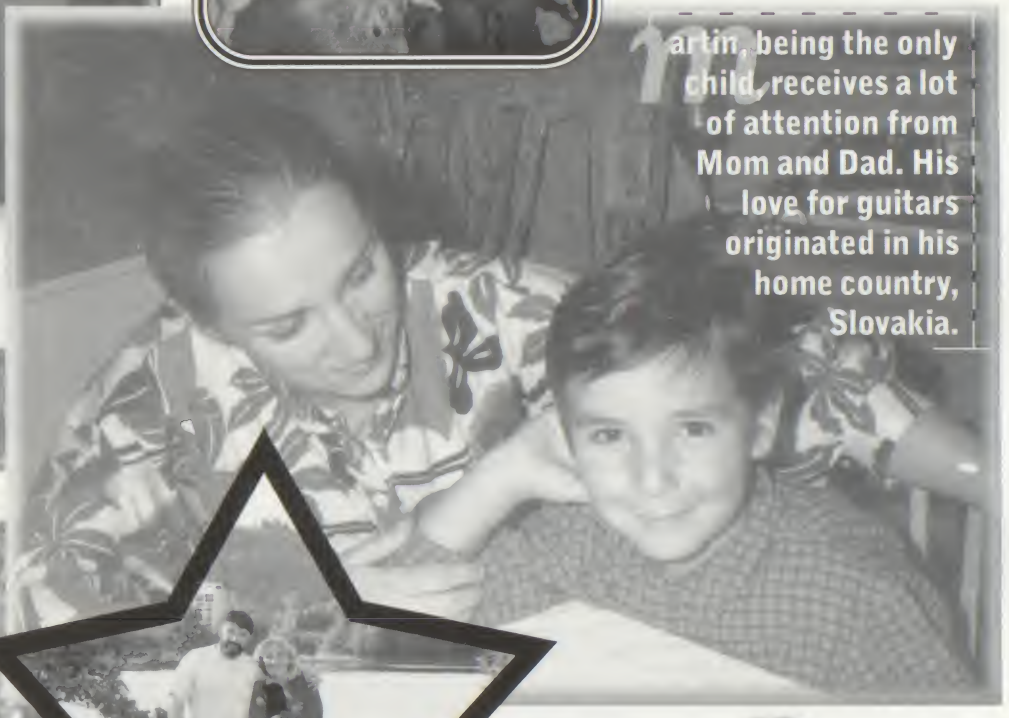


The family of Rajko gathers at the airport to wish him well in the U.S. Dimitrijevic is from Yugoslavia.





Martin, being the only child, receives a lot of attention from Mom and Dad. His love for guitars originated in his home country, Slovakia.











More than A Language

Principal **Tom Lee** stood before the sophomore class during the second week of school for the annual speech on the expectations for the year. The only people in front of the stage were vice-principals **Gary Rourke** and **Alex Hanna**, counselor **Nancy Christy** and **Kym Nitcher**.

They all got their turn to lecture and inform, except Nitcher. Although she didn't give a speech, her role was still very important. She doesn't stack gang signals, but she relayed the speeches given by everyone else to a small group of students in the front row.

The hard of hearing program had three teachers like Nitcher that assisted students at assemblies and in mainstream classes.

"The students mainly took mainstream classes for subjects like technology education, which weren't in our hard of hearing program," said teacher **Stacy Herrin**. "There were some students that did very well in the mainstream classes, so they took classes that were in the curriculum anyway. We really encourage this."

There were only fifteen students in the program, so the grades were combined. The curriculum was based on what the students needed, but they couldn't offer a class for just one student.

"One semester we offered government and every student, no matter what grade they were in, that hadn't taken it, did" said Herrin. "Almost all the courses were crunched into one semester."

The limited classes offered were why the students sometimes had to take mainstream courses to meet class requirements.

"I am bused to East from an hour away to be part of the hard of hearing program, but I still like to take the mainstream classes. Some classes I take are Algebra, Welding, and computer classes," said freshman **Paul Shipman.**

Being deaf was not a requirement to get involved in the sign language program because there was also a class offered to hearing students interested in learning the language.

"The first day, I wasn't sure if the teacher could hear because she didn't talk to us," said sophomore **Rob Shackelford**.

Herrin tried to avoid the old technique of showing the sign and saying the word.

"By just signing and using other resources to get my message across, I tried to get students into a better environment for learning the language. It is almost like sending kids to Spain to learn Spanish, and it trains them to use their eyes," said Herrin.

The class is not as big as in past years and is now only offered one semester.

"The class was brand new four years ago so everyone was excited about it, but now the newness has worn off," said Herrin.

Smaller classes are not necessarily a negative; Herrin prefers to work with smaller groups.

"I think working with a small group is a better learning experience. The main things I hope the students will leave with are: conversational sign skills, developed conversational strategies and an awareness and respect for deaf culture."

design and layout: Melissa Mills / photos by Chandy Souvannarat



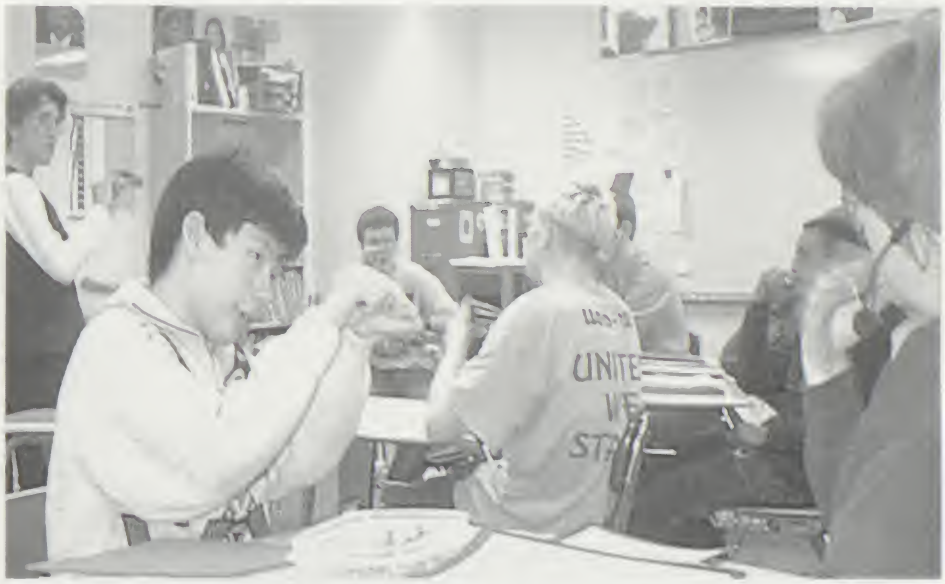
Easy as ABC:



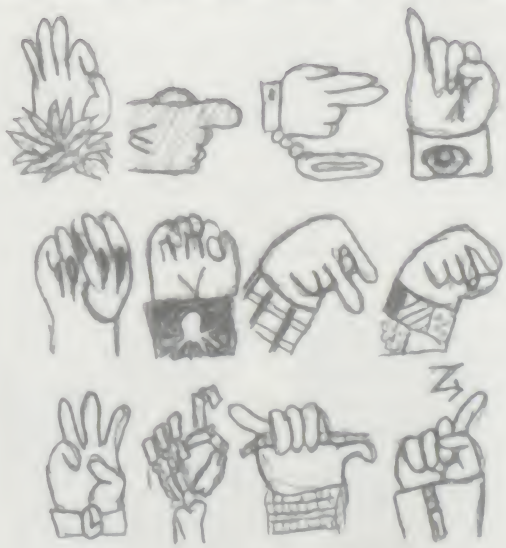


At far left, interpreter, Kym Nitcher relays speeches at an assembly. Next to that, Bob Wiese and Jarrell Carson discuss inventors in American history.





DO YOU KNOW YOUR ALPHABET?





Above Mrs. Persinger works with Vinh Phan, a new student from Vietnam on his English. At left, teacher Barb Callaghan-Mitchell gives a presentation of different jobs available in the Des Moines area.

SENIORS BID FAREWELL TO DEAR... EAST HIGH

Four years of laughing, crying, and remembering

Story and layout by Cheyenne Thompson. Photojournalist: Amber Swacker

Saying goodbye to East after four years of friends, fun and work is very difficult for seniors to do. It can be very hard to leave what a person has grown accustomed to over a long period of time, but funny and embarrassing memories will always remain in their minds for many more years to come.

"A moment I will always remember was when Melissa Mills stuck carrots up her nostrils and continued to eat that way while periodically making noises," said senior **Holly Buch**.

Another funny moment was when senior **Johna Leverich** fell down the stairs during first semester this year.

"I fell down because I wasn't paying attention to what I was doing," said Leverich. "It was funny, but it was also embarrassing. My friends and I still laugh about it."

"My funniest moment was when I played in the 'Powder Puff' football game and my pants ripped," said senior **Ginger Stevens**. "That is something I'll always remember."

Along with the funny and embarrassing moments come the more serious and sentimental ones.

"My most memorable moment was when I first fell in love with East during a tour of the grounds with my freshman World History teacher, Mr. Dow," said senior **Sarah Guhl**. "That's when I started to become interested in East's history."

Another student who will always remember the great moments of senior year is **Justin Anspach**. The pep assemblies were unforgettable to him.

"It's great to see a school come together and exhibit so much pride, talent and honor," Anspach said.

The Class of 2002 not only focuses on their memories, but on academics as well. They plan to further their education in many different ways.

Guhl plans to attend college and major in either journalism or chemistry.

"Those two subjects are my favorites and it's kind of hard to pick between the two of them," said Guhl.

Anspach is moving on to college as well, but he wants to put the focus on more things than just studying.

"I plan to work hard and party even harder," Anspach said. I want to earn a doctorate, but I'm not sure about what I want to study."

Stevens is planning on attending Iowa State University.

"I'm really looking forward to going to college and majoring in Fashion," Stevens said. "It has always been a dream of mine to create my own line of clothes."

Graduation is also something that the senior class is looking forward to anxiously.

"I am a little nervous about graduation because I will have to go out into the real world," Guhl said.

Anticipation also gets the best of the senior class right before commencement.

"I'm not so much nervous as I am excited," said Anspach. "This year is it; next year we are off to college. I'm filled with curiosity. I'm eager to go, intrigued about what lies ahead and a little nervous about leaving."

Buch thinks differently about the graduation process.

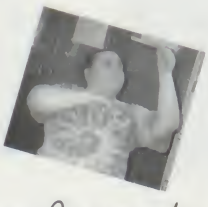
"I'm not nervous about the whole thing, but I am afraid that they will pronounce my name wrong," Buch said. (Her name is pronounced "Boo")

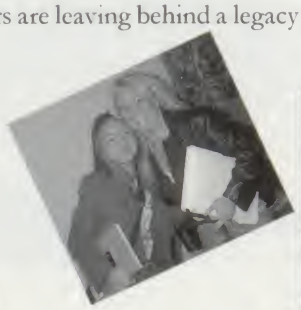
Stevens thinks that graduation will be the best time of her life.

"I think that graduation is going to be great because it makes me think about all my years of education, and how they helped me get to where I am today," said Stevens.

After four years of high school, the seniors are leaving behind a legacy that's worth a lifetime.













Working hard on an art project, senior **Courtney Schieffer** shows her talent. Schieffer is one of the students in the top 15%.



Senior **Danelle Drayton** poses for a picture while opening her locker. Drayton was one of the seniors who took the Senior English trip to ISU in January to see the play *Grease*.



Having fun during one of the many assemblies held in the big gym, seniors **Terry Rice** and **Heston Clark** get pushed on a cart by Vice Principal **Gary Rourke**. Many crazy things happened at the assemblies.

A Week With the Stars

Walking through the halls on September 24-28 anyone visiting East was probably a little confused as to why students and teachers were decked out in costumes or other strange outfits that aren't normally seen.

Spirit week is just a week full of fun, including dressing up, with a different theme to carry out each day. The week is made up of different activities to get everyone fired up for the big game that weekend.

"Homecoming week is so much fun," said junior **Molly Matlage**. "We get to use our old Halloween costumes. I always look forward to seeing what everyone else is wearing."

Monday was Teacher Look-A-Like day where the teachers dressed as students and the students dressed like teachers.

"I convinced Ms. Crozier to dress like me. She wore my baggie jeans, did her hair like mine, and even wore all of my costume jewelry that I wear every day," said junior **Rachel Edwards**. "It was cute."

Tuesday was a day to honor the U.S. after the terrorist attacks that occurred earlier in September. The freshmen were todress in gray, sophomores in blue, juniors in white, and seniors in red. This was a day for celebrating the country rather than the school.

"I liked when we wore colors of the flag. It was our way of showing that we care for our country," said Matlage. "It was cool because this was the one day where almost all of the student body participated."

Wednesday was Blast from the Past day where students and teachers dressed as people from their favorite generation.

"I'm glad they did something else other than the traditional 'Hippie Day'," said junior **Crystal Smith**. "It's cool that they did it as a blast from the past so they could have more of a mix of generations and costumes."

Thursday was Hollywood day to fit with the theme of the homecoming dance. This was the day where students and teachers dressed as their favorite famous actor/actress or character.

"I thought Hollywood day was the best," said sophomore **Tina Nickerson.** "The best costumes were the Michael Jackson and Elvis."

Ending the week was the traditional Spirit Day. This is the day where everyone wears black and red for EHS spirit, for the assembly and game.

"My friends and I went all out. We wrote on our faces and even made shirts to support our school for the homecoming game," said Nickerson.

At the game, the Scarlets dominated the Hoover Huskies 49-14.

Other events that pertained to homecoming week was a sidewalk painting, the Powder Puff football game and, of course, the pep assembly.

"I love going to the assembly," said junior **Tiffany Holley**. "That is the best part, besides the game. Everyone is having a good time ."



Showing school spirit, students stand and cheer at the pep assembly. At right, Vice Principal Alex Hanna wears a tutu for the skit the staff put on.

design and layout by Kelly Clark





At left, juniors Gabe Tibben and Jared Graeve give a standing ovation at the assembly. They showed an extreme amount of school spirit at the event. Below, freshman cheerleaders perform for the crowd. At bottom, Principal Tom Lee takes a victory lap around the gym to pump up the crowd.







A Look Behind the Dance

It was a night of glitz, a night of glamour, a night when East went Hollywood. The homecoming dance was held September 28 from 8 to 11 o'clock in the big gym. The theme was Hollywood Nights and Student Government was in charge of "the whole shebang."

The background colors for the pictures were red, black and silver with streamers flowing down the back and wrapped around the pillars.

"I really liked the colors for the pictures because they didn't clash with our dresses," said junior **Kelly Clark**.

The Student Government decorated the stage and put lights up to add to the theme. In the bleachers was a huge sign that said "Hollywood."

"The sign was really neat, too, because of the way they had it set up," said Clark.

There was a DJ for music, like every year, and there were also fireworks. Principal Tom Lee introduced the King and Queen of 2001-02.

The homecoming King and Queen winners of 2001-02 were **Joe Kephart** and **Crystal Carr.**

"I thought the court was really good because they had a variety of different people," said senior **Melissa Horton.**

The students first got to nominate students from their grade levels. The list was narrowed down to five girls and five guys. The students then chose one from each category and also picked the King and Queen from the seniors only.

"I thought they were a good choice for homecoming. They had a variety of people and I just thought it was a lot better than the years before," said Clark.

"It was really cool being on court because I got to be up there with my friends. Even though I didn't win, it was still an honor," said senior **Melisa Sam**.

"I was excited to be nominated for court, but to be chosen for Queen I never thought would happen. I would have to say it was an honor and it was a wonderful moment that I will never forget," said senior **Crystal Carr**.

The dance took a few weeks to plan and then a couple of days to set up. The Student Government was put in charge of it all, the dance, decorations, counting the ballots for the court, basically everything that had to do with Homecoming.

"I had fun going to the dance, the decorations were cool and I thought that they did a really good job with everything," said Sam.

design and layout: Michele Emery / photos by Amber Swacker



These seven seniors couple up for the camera. At right is an example of the background for pictures taken that night.

Freshman



[David Ezzio]



[Tori McDonald]

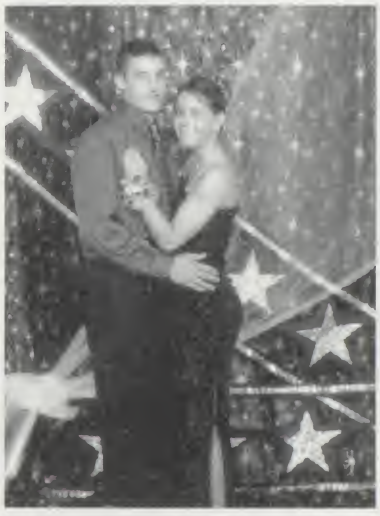


[Ryan Henkl





Seniors Ron Thiffeault, Kathy Lee, Melisa Sam and Kali Bush take time out from dancing to pose for the camera.





Juniors Molly Fredericksen and Amanda Armintrout smile for their candid. Both said they had a great time at the dance.

Sophomores



[Chelsea Peterson]

Juniors



[Matthew Ballard] [Amanda Lary]

King & Queen



[Joe Kephart] [Crystal Carr]

Walk Like an Egyptian



Sixty-five juniors and seniors "Walked Like an Egyptian" this January on their way to the Historical Building to attend the winter formal, 12B.

The dance was very small, almost half of the people who attended were hostesses. Junior **Chelsea Pickett** said that she liked the dance being small, but she also thinks that the dance seemed to be a lot more exciting when the freshmen and sophomores were around to liven up the party.

"I think that the dance was less 'populated' than the others, but this gave everyone the chance to sort of be themselves," said Pickett. "Having the parents there made it more fun and different."

12B used to be a dance to celebrate graduation for all of the seniors who were to graduate in January. Over the years, it has changed to include the whole senior class and the junior class as well.

"I think that the theme of why we hold the dance should come back," said senior **Kati Bainter**. "Seniors graduating early deserve the chance to have a farewell dance like prom."

The dance is planned every year by the students themselves and no teachers attend the dance. Some parents attend to chaperon in place of teachers. There were 32 hostesses altogether and the two main hostesses were **Natalie Plummer** and **Ginger Stevens**.

"It was fun, but it was a big responsibility," said Plummer. "The time it took to plan meetings, decorate, clean-up, hang posters, find a DJ and a place to hold the dance was tiring, but in the end, I had a great time."

During the dance, juniors **Amanda Armintrout** and **Amanda Ulmer** were announced as next year's main hostesses.

"I am glad to be a part of something this important to the students," said Ulmer. "I am already dreaming up things to help plan next year's dance. This will be a great highlight during my senior year."

design and layout: Heather Kirby / photos by Archie Webb





Senior Stephanie Staples points at a friend dancing funky on the dance floor, while seniors Stephanie [illegible] Michele Warnock hold back their laughs and smile for the camera.



Having a good time with friends was what students at 12B were all about. Many students attended the dance with a bunch of friends as opposed to going with a date.



Senior Mindi Quaintance strikes a pose while on her way to dance with a group of her friends on the dance floor.







On the right, at top, volunteers come early on a Saturday morning to help put up decorations for the dance. Below right, Principal Tom Lee crowns senior Heston Clark Spree King of 2002.



2002 Spree Court

Michelle Denning	Travis Tollari
Natalie Plummer	Eric Brandt
Amy Kelly	Vince Gregory

Junior Attendants:
Neil Hall and Laura Porter

Sophomore Attendants:
Jeanna Frost and Kevin Hollingsworth

Freshman Attendants:
Perry Erickson and Ashlee Peterson

Tension arises, at right, as the senior girl nominees await the crowning of their new queen. At far right, seniors Natalie Plummer, Clark and Stephanie Stages make their entrance on the





Through The Eyes Behind The Mask

Modeling their outrageous costumes, below, Ginger Stevens, Natalie Plummer, and Kati Bainter were a hit at the dance. At bottom, seniors Jeni Grochala and Michele Warnock carefully hang the wild decorations.

As the students of East High entered their usual cafeteria the night of Saturday, February 16, they found themselves lost in a mass of partiers in New Orleans. There were beads, loud Cajun music, crazy people, the whole shebang.

This was pretty much how the Spree dance of 2002 went for the partygoers.

The dance was held from 8 – 11 p.m. and tickets were sold for $10 each the week before the dance. The theme was "A Night in New Orleans," with the spice of Mardi Gras.

"Our biggest hope was for everyone to get involved with the dance," said sponsor **Stayce Westover**.

The dance ended up being a lot of fun for the students who attended.

"My friends and I had a really great time," said junior **Kellie McFadden**. "We just danced and goofed off."

Dates were able to "get married" with the help of teacher **Samy El-Baroudi**.

There was a variety of Mardi Gras wear at the dance. Some students wore what you might call 'clubbing' wear, some wore formal dresses, and a few were showing their Mardi Gras spirit with wacky masks and headgear.

"We just wanted to go all out and have an awesome time," said Stapes.

Westover is also the head of Pep E Club along with teacher **Krista Womble**, who also helped with the preparation for the dance.

All of the planning began right after Christmas break. Students in the committee held meetings about twice a month to share and decide on ideas.

"We all really worked well together," said senior **Stephanie Stapes**.

Some of the duties the students had were to design signs to hang up around the school, to promote the dance to all class grades, and to put all of the decorations together and paint them.

"We ordered all of our decorations," said Stapes. "So we had to assemble them all in one day."

Seniors **Natalie Plummer** and **Kati Bainter** were also a big part of the planning committee.

"We hoped that a lot of the underclassmen would attend the dance, as well," said Plummer. "We were really glad to see how many did attend."

The dance was paid for with the money made from last year's Spree dance.

"Spree is always one of our biggest moneymakers," said Westover.

The Spree court was handpicked from the students at East. Ballots were handed out two weeks before the dance. The students were asked to nominate five girls and five boys, seven of each for senior nominations, and send in their names.

This year's Spree king and queen were senior **Heston Clark** and Stapes.

"My biggest concern was for everyone to come, have a good time, and just be safe," said Womble.





Design and layout: Shannon Noble / Photographs: Shannon Noble and Jennifer Hanlin



I, DAN WEBB, WILL AARON WEBB TO WHOEVER WANTS HIM.

I, Alyssa Wilson, will my piccolo playing ability to Allison Rauh so she can take my spot and be the loudest.

I, Justin Powers, will my Honda Civic to AJ Kayser since he can't buy one with food stamps and McDonald's coupons.

I, Alex Thornton, will the right to have a mohawk to Marcus Wadsworth because he needs a hair adjustment.

I, KATIE FREEL, WILL THE CROSS-COUNTRY FLAG TO APRIL FISHER BECAUSE IT'S THE CAPTAIN'S DUTY TO TAKE CARE OF THE FLAG.

SENIOR SURVEYS

~Cheri Fenton

I, Cheyenne Thompson, will Allison Summy my parking spot because she's the coolest girl on Colorguard.

I, Stephanie Murray, will my attitude and honesty to Cheyenne Thompson to give her power to argue with teachers when necessary.

I, Courtney Schieffer, will all my different and crazy salutes as this year's drum major to all future drum majors so they can keep my tradition alive and have a new salute at each game.

Will Go Gray in College
Heston Clark & Cheri Fenton

Future Country Music Singer
Aaron Hook

Class Snoozers
Brian Davis & Melissa Beede

Lost in the Clouds



Joe Merryfield & Kerry Bloomquist

I, Tyler Dearth, will my curve ball to Kyle Audlehelm since he needs one.

I, Cheri Fenton, will Chelsea Pickett and Mike Chumbley all the abilities of Photoshop to have a great Quill and some cool edited pictures next year.



Michelle Denning & Joe Kephart



Heather Schietzelt & JD Smith

I, Alicia Alvarez, will the sophomore Alicia Alvarez my name so we don't get confused by the attendance office or other things that've happened in the past.

Best Dressed
JD Smith & Natalie Plummer

Most School Spirit
Kati Bainter & Justin Anspach

FUTURE HALL MONITORS



STEPHANIE STAPES & BRANDON HAGINS

Will be Seen on a Wheaties box
DeMareo Darrah & Lindsay Steele

Best Smiles
Aaron Hook & Natalie Plummer

I, Kjersten Harvey, will my strength to Sam Winebrenner because she's in desperate need.

I, Leah Johnson, will my kickball skills to Aaron Sharp because he always makes fun of me in gym.

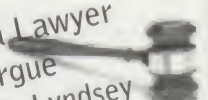
I, JD SMITH, WILL MANDY ULMER THE POSSESSION OF HER BOYFRIEND TROY PARSONS BACK BECAUSE SHE FREAKS OUT EVERY TIME HE'S WITH US.

I, Amie Stevens, will my night detentions to Alex Ung because he earned them.



Amanda Kindred & Rick Weigel

First Female President
Cheri Fenton



Will Become a Lawyer Just to Argue
Tyler Dearth & Lyndsey Richardson

Most Likely to Find a Large Sum of Money, Blow it all on a Car, then Crash it
Jason Rice & Michelle Gazzo

Future Comedians
Troy Parsons & Rebecca Rodriguez

I, Johna Leverich, will my evil Chemistry book to Megan Smith so she can be as spacey as me and because she's the coolest.

I, Amber Swacker, will a Barbie doll lunch box to Amanda Knox because there's a surprise inside [*wink*].

I, Michele Warnock, will my car to Teara Rice so I don't have to give her rides.

I, KATI BAINTER, WILL CASANDRA KILLINGER MY DANCE SHOES BECAUSE SHE'S ACCOMPLISHED SO MUCH THIS YEAR AND I'M PROUD OF HER FOR SHOWING THAT SHE CAN DO ANYTHING.



Next Einsteins
Ryan McDonald
&
Cheri Fenton

Teachers' Pets
Ryan McDonald
&
Alyssa Long

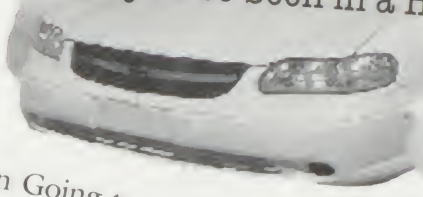
I, Kerry Bloomquist, will my ability to always forget/lose my Stepper stuff to Amanda Khodai because she's always perfect.

I, April LeClere, will my Bob Vila skills to Amber Preas so she can clean up after everyone when I'm gone.

Melissa Beede & Troy Parsons (in Mandy Ulmer's car)



Most Likely to be Seen in a High-Speed Chase on COPS



Host His Own Televangelist Show
Adam Ragan

Will be Seen Going to 16-year-old Dance Clubs Years after High School
Chris Hickman/Steve Clair & Nicole King

Will Still be Living with Their Parents at the 10-Year Reunion
JD Smith & Melissa Beede

I, Amanda Reed, will my dating skills to Joe Russell because he needs to find a girlfriend.

I, Sarah Guhl, will the giant golden squeegie to Harmony Gregg, Katie Rogers, Amanda Knox, and Emily Grover so they can carry on the Academic Decathlon tradition.

Most Likely to Hurt Himself
Justin Anspach

Most likely to Run Into Long John Silver's With Her Car
Jodie Cosner

Future Big Names in Hollywood
Eric Brandt
Savannah Wadsworth



I, Crystal Carr, will my Homecoming crown to Veronica Reed because she's a sassy prima donna ... just like me.

I, KACIE WESTLAKE, WILL MY NAME TO JAMES RENDALL SINCE TEACHERS NEVER GET MY NAME WRONG AND THEY ALWAYS REMEMBER IT.

Best Vehicle
Ginger Stevens & Tyler Williamson





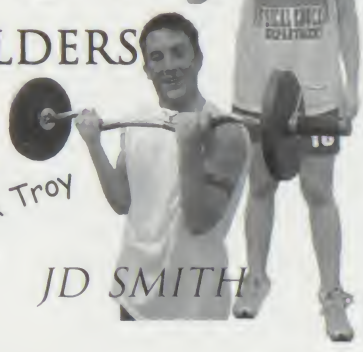


JENI GROCHALA

FUTURE BODY-BUILDERS

I, Travis Tollari, will my hair style to Justin Constable because straight hair just ain't tight.

I, Lindsey Latcham, will my poms to my baby sister Erica. May she cheer as proudly as I have these last 4 years!



JD SMITH

Best Back Side
JD Smith

Best Hair
Brandon Snitker & Michelle Gazzo

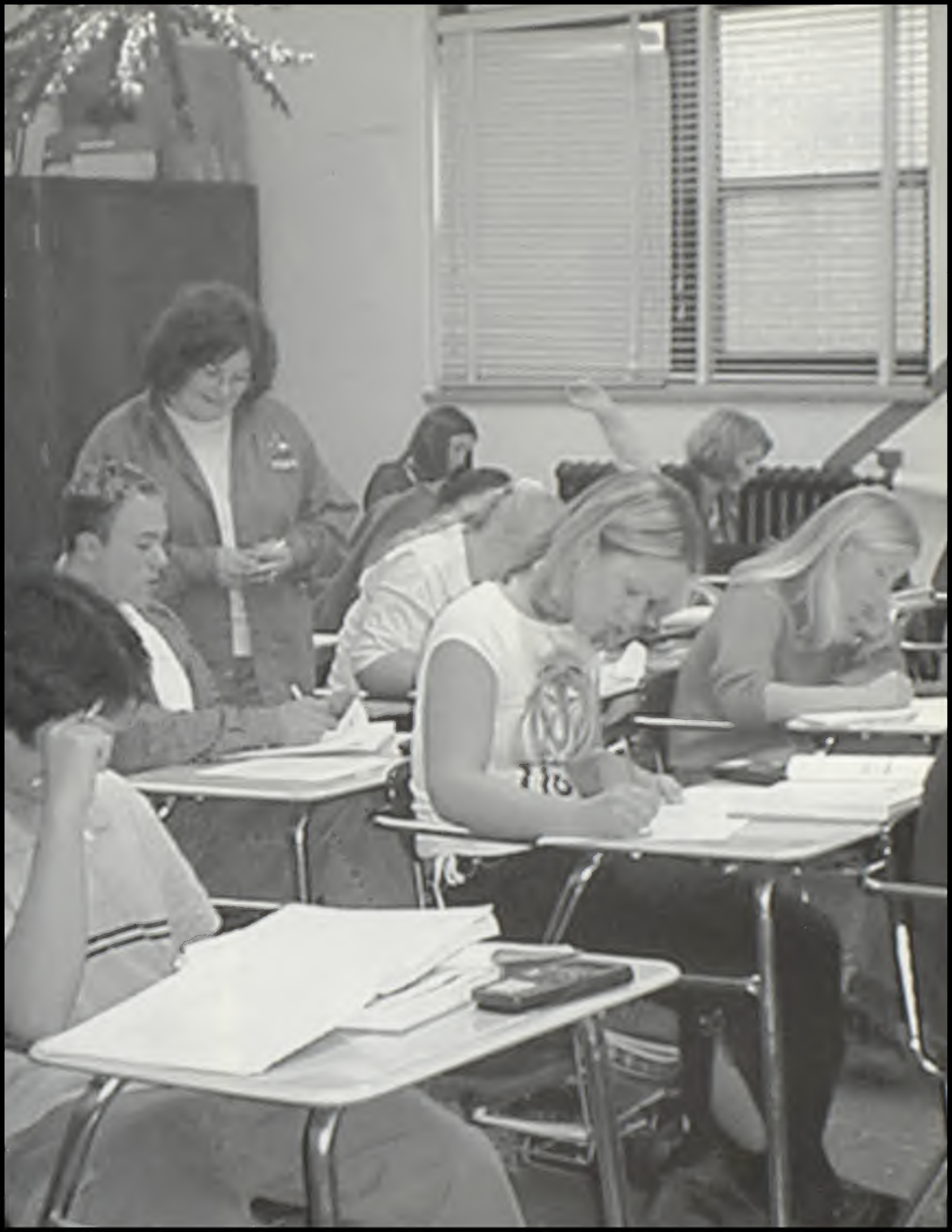
Class Flirts
Ginger Stevens & Troy Parsons

Nicest
Jason Rice & Heather Jones

learning the script
learning the script
learning the script
learning the script
learning the script
learning the script
learning the script
learning the script
learning the script

academics BEHIND the SCENES





What do you think about digital pics?



"I feel that I have to take on a lot of responsibility because pictures are very important in the yearbook and if we have crappy pictures, I have to find a solution to getting better ones,."

-Junior Valerie Blackford



"I was responsible for my own pictures and I didn't have to rely on others to get the job done every time."

-Junior Michelle Emery



"We had to overcome so many obstacles with digital pictures but we did it and I think that all of our hard work paid off. I am excited to see what digital technology has to offer next year."

-Junior Kelly Clark



Advertising requests for pictures of summer adventures was one duty junior **Stacy Knight** was faced with in September. This was a way to let students get their pictures in the yearbook. At top, staff writer junior **Michelle Emery** receives help from adviser **Ed Kelly** while creating her design "spread" for the first deadline.







Photojournalist: Maria Terry

Quill goes Hollywood

Staff gives book two thumbs up

Junior Quill design editor **Chelsea Pickett** walks into her third hour class daily with one thing on her mind, it's Pickett is one of 16 students taking yearbook (Quill) and she plays a very important role on the staff. Pickett designs templates, folios, and many other important parts of the Quill. She also has some help from this year's editors-in-chief, **Pon Thipyothin** and **Cheri Fenton**.

"People underestimate the effort it takes to produce a yearbook," said Pickett. "This is like a job and there is no waiting until the last minute to get things done. You have to work hard, but that's what I find interesting and fun about this program."

The responsibility and commitment that the students are required to have is what makes this class very unique. The class, to many, seems like a job, but that is what they enjoy about it. They can work at their own pace, but with a few deadlines in the way.

"We get a lot of freedom and I like that," said junior **Holly Hedberg**. "It makes us much more responsible."

Every year the staff produces the book from scratch. They use the theme they choose and they work from there. They design, write, edit and produce the book together and with a lot of teamwork and dedication.

"High school students coming together and producing a yearbook to me is impressive," said junior Organizations Editor **Seth Conn**. "It shows responsibility and initiative."

Senior Copy Editor **Cheyenne Thompson** has been on the staff for two years and she loves the freedom this class brings. The students can talk and discuss things without worrying about teachers getting on their case.

"I like this class because it is fun and people can rely on me to help them," said Thompson. "I like to help people and all of my friends are here to talk."

Quill adviser **Ed Kelly** has taught journalism for about ten years and he teaches his students everything from the history of journalism heroes to taking digital pictures and placing them onto their computers. He has to dedicate many hours and hard work into producing the yearbook, too. He agrees that this involves team effort and skills.

"It's great to see students take charge of their own education," said Kelly. "Their responsibility is to produce quality work while exhibiting leadership skills and team effort. That's what life is all about. It is a very powerful thing to be a part of."

-- Heather Kilby





hile checking up on her page numbers for her spread, junior **Holly Hedberg** holds steady for a quick photo (far left). A typical day on the staff includes searching through old books and pictures for new ideas. Adviser **EdKelly** discusses work with junior **Stacy Knight** while juniors **Heather Kilby, Kelly Clark,** and **Valerie Blackford** are working hard on getting ideas for their projects.

heScroll staff (at right) poses for a quick photo. The class meets daily and works in part with Advanced Graphic classes to produce the newspaper.



eniors **Michele Warnock** and **Jeni Grochala** take a break from writing and designing. They spent many hours learning digital photo skills.



10 Top Ten

Reasons to join Scroll

10. To see Nate and Jeni eat just the Lucky Charms marshmallows.

9. Watching Mr. Kelly's hair become grayer and thinner every day.

8. To enjoy the life of a journalist... NOT.

7. Quote of the day: "Sheboygen."

6. We "look, act and feel like champions every day."

5. Watching Kati and Nate get into a fist fight over whose column should be bigger (Kati won).

4. They let us say almost anything except s#*t.

3. We get to look at pictures of Alf.

2. This is how you spell "Tom Lee."

1. Snood.

--Junior Eric Radley



uniors **Scott Flaherty** and **Raiko Dimitrivich** get design tips from sponsor **Ed Kelly**. At right, Juniors **Mike Mendenhall** and **Jeremiah Vincent** individually work in class.





Scroll Staff

Co-Editors
Kati Bainter **&** Nate Wittenstein
Design Editor: Phitsamai Songkham
Sports Editor: Jeni Grochala **News Editor:** Alyssa Wilson
Photo Editor: Michele Warnock **Copy Editor:** Alicia Zacher
Features Editor: Mike Mendenhall **Opinion Editor:** Sarah Guhl

Staff:
Rajko Dimitrijevic, Scott Flaherty, Gabe Hibben, Stacy Johnson, Eric Radley, Jeremiah Vincent, David Williams

Photos by Amber Swacker and Chelsea Pickett



co-editor **Kati Bainter** carefully designs at her computer. Bainter led the staff with fellow editor **Nate Wittenstein.** Both the yearbook and the newspaper staffs are "student-run," but subject to Iowa's Student Press Law.



SCROLL
not just a paper

Staff on a running start

Sitting in the journalism room, junior **Mike Mendenhall** is hypnotized before a computer screen. Tiny beads of sweat begin to collect on his brow as he nervously wrings his hands, hoping to come up with a good angle for his next story due for the Scroll. He wasn't often alone this year.

The life of a journalist may seem stressful and overwhelming, but the right amount of reporting and hard work mixed with talent and a sense of humor creates the perfect recipe for a successful teen-produced newspaper.

The editors of the Scroll, seniors **Kati Bainter** and **Nate Wittenstein**, represent each of these diverse qualities that make up the newspaper.

"I'm more of a refined writer," said Bainter. "I can be really opinionated, but I'm careful about what I put into print. Nate, on the other hand, writes what he wants and always tries to cause a stir."

Bainter and Wittenstein teamed up with design editor **Phitsamai Songkham** to create this year's new look to the newspaper.

Typically the Scroll staff is buzzing around during second hour while they get interviews and take photos. Wittenstein can be seen at his computer with headphones on, creatively writing to the tunes of Eminem. Seniors **Michele Warnock** (photo editor) and **Jeni Grochala** (sports editor) are busy putting daily quotes on the official Scroll markerboard. Mimicking sponsor **Ed Kelly's** "quote of the day" started this tradition.

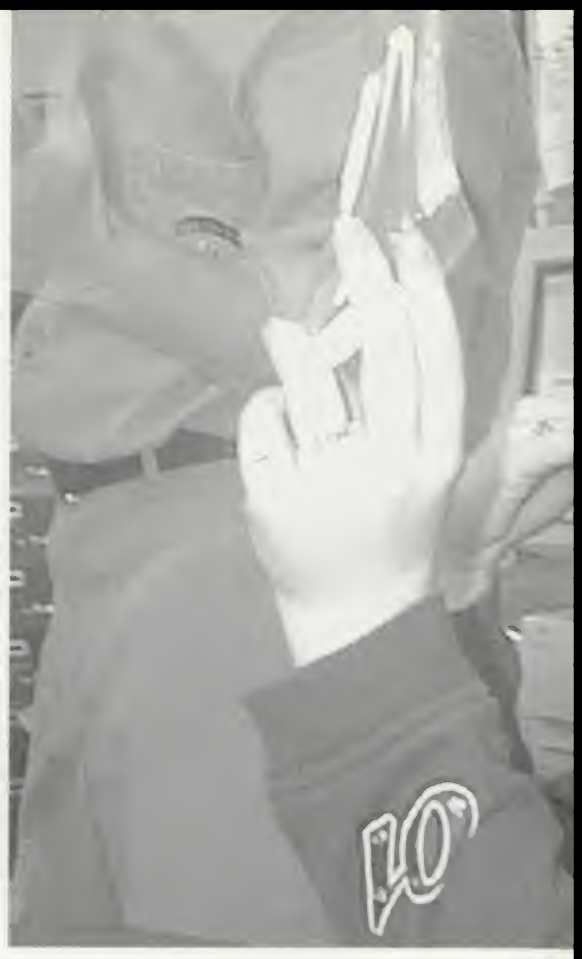
"Jeni and I listen to what we all say during the class period, and if someone uses a funny word or phrase, we put it on the board and see how many times we can use it during the day," said Warnock.

Another element that brings excitement and humor to the room, according to Bainter, is junior **Eric Radley**.

"One of the reasons I joined the Scroll was to do food reviews," said Radley. "It gives me a good excuse to eat food." ***-- Chelsea Pickett***







t bottom center, program adviser **Mike Nyman** sorts pictures to be printed. Next above, junior **Kellie McFadden** loads a camera with film. Students are allowed to go throughout the school and shoot pictures for projects during class time. At right, cleaning her film, senior **Valentina Gomez** ensures that there will be no scratches on her prints.

Photojournalism
Artistic
Top Picks

















Photojournalist: Photo Department.

checking to make sure his pictures came out clear. junior **Chandy Souvatrat** washes his prints. At left, junior **Amanda Byrkett** selects which pictures she wants to print.

PIC PROGRAM
develops a new system





Photo starts all over

When students walked in to the photography room on the first day of school they had no idea that the spunky Ms. Holmes would not be there, ready to great them.

"I really missed Mz. Holmes," said junior Amanda Byrkett. "It's was very different without her"

The new teacher ready to fill the shoes of Holmes was Mike Nyman. Nyman was the former History teacher. He got his photography skills from teaching Journalism at North High School.

"It's a big change from being a history teach to being a photography teacher but it was fun making the change," said Nyman.

Coming into the photo department, Nyman had to produce a new system of getting pictures for the Quill and Scroll. The students in Photojournalism were in charge of going to events and making sure that there are adequate pictures for each event covered.

"Only a couple of us didn't have transportation some of the events that we had to shoot for," said senior Amber Swacker. "We had to switch topics with other students and have Mr. Nyman do a lot of them."

Photojournalism was short on staff during second semester due to scheduling conflicts of the former students. First semester there were eight students and second semester it cut that number was cut in half. Two of the students were full time and two were every other day and independent study.

"It was harder second semester just because we were all starting out, but second semester was also hard just because we didn't have as many students," said junior Ashley Miller.

In Photo I students are learning the basics of photography by shooting different types of pictures using angles, framing and variety. During the semester they also are compiling pictures to use in their portfolio.

"I got to walk around taking pictures of my friends, with my friends during the whole period," said junior April Fisher.

Photo II students took a different approach. They had already learned the basics in Photo I and they wanted to break off and show what they could do with a camera with out being told what kind of pictures to shoot. That picture is then due at the end of the week, with an explanation of who, what, where, why, and when they shot it.

"Photo II was fun because we got to go where ever we wanted to shoot pictures," said senior Kjersten Harvey

-- Valerie Blackford

Focusing on the task at hand are junior **Gabe Hibben** and senior **Kristina Farrell**. At the far right, a typical Scarlet ends her stressful day. Next she will have to cram in homework, work, friends and family into her schedule.







Having some fun during class, seniors **April Le Clere** and **Travis Tollari** horse around. Finding time to relax is just one of the many struggles for students. Many find time to relax while eating lunch or at a break in a teacher's lecture.



A *look* at the pressures to academic excellence

...by Seth Conn
Organizations Editor

As many students left school and headed home for winter break some forgot to bring homework with them or just left it at school altogether. For others, the pressure to succeed was on their minds and the homework just became a burden when they wanted to have fun.

"I worked like eighty hours over the break so I had no time to catch up on homework. Then when I came back to school, the pressure was still there," said senior **Jonna Eastcott**.

According to Bob Wilson, a counselor at George Washington University, everybody puts off doing work at some point in high school or at his or her job.

"Everybody procrastinates at one time or another, over one thing or another. The trick is knowing what you procrastinate over, how and why," said Wilson.

With the holiday season just before finals, the work piled on with each teacher giving students final projects or review material, sometimes due within a week.

"It gets really stressful during finals because it seems every teacher gives more homework plus the review for the final," said junior **Dusty Shandri**.

In a recent issue of *Career World* the magazine compared high school to the hit television show *Survivor*. The theme of the show is to "Outwit, Outplay, and Outlast." In school, the point is not much different. Students use wit to succeed in class and to manage to enjoy life while juggling all their roles such as student, friend, family member and employee.

Many students in today's society are becoming more and more independent which sometimes means paying for their own cars, clothes, food, gas and other spending money. Working for that money is just another problem of trying to balance a schedule.

"I work at The Buckle, and the requirement to work there is you wear their clothes. This means that I have to spend most of my paychecks buying clothes to work there, so most of my money is gone quickly," said junior **Diana Phomvisay**.

A recent article of *USA Today* reported a study done by Ohio State University that found that students spent an average of seventeen hours a week in the classroom and twenty hours outside of class.

Carl Zulauf, the study co-author and professor at the university, said that good study habits can't just come overnight.

"The ability to use time is positively related to academic performance. But it takes a lot of commitment for a student to significantly increase the number of hours he or she studies," said Zulauf.





Napping during class, students take time to rest after they're done with an assignment. Many teachers allow students to put their heads down to catch up on much needed rest. At left, junior **Scott Phaydavong** refers to his periodic table during Chemistry to get help.

How are your grades? Some studying tips...

* Use a daily planner to record test dates, when papers are due, and set a specific study time.
* Keep homework area organized, too. Make it so study time isn't wasted on cleaning a study area.
* File old tests and homework because they might be useful in the future.

DESIGNERS work 'hands-on'

Course is re-designed from top down

Students were not the only ones experiencing Graphic Arts for the first time this year. **Tom Cole**, one of East High's new teachers said it was definitely a brand new experience for him to teach Graphic Arts. The move was a career shift for him.

"I was an engineer at an Air force base in Texas," said Cole. "When the base closed and my family and I thought that it was time for a change. We also have other relatives in Des Moines."

This was Cole's first year teaching ever. The previous teacher was **Jeff Bock**. He moved to Central Campus to run their new Graphic Arts program. Cole feels that the school's environment is positive and full of life.

"East has dedicated staff and the students have a lot of energy," said Cole. "That is good for me. I need to be around energy because it keeps my job interesting and fun."

There are two levels of Graphic Arts. The first year covers the introduction and basics. The second year is advanced, where students have more hands-on experience. First year junior **Amy Heggen** agrees that the class is very informative and hands-on.

"We learn how to use a process camera and a press to make graphics," said Heggen. "You can learn a lot about a career in this area if you take this class. It is very helpful if you want to continue on with it after high school."

Many students use the class to prepare them for college and their future including senior **Vy Nguyen**. This year she took Graphics for the first time and will continue after graduation.

"I took Graphic Tech to learn the basics since my future career and goal is to be a graphic designer," said Nguyen. "I have thought a lot about this and I think it is what I want to do."

Graphics is a way for students to see what life is really about in the industry. The class gives them a chance to handle their own responsibilities and teach each other new things they learn on their own as the year progresses. The students said that they enjoy the environment and the fun projects.

"I like the freedom we have in here," said junior **Aaron Webb**. "Some of the ideas that people come up with when designing are amazing.It is also a chance to show people how creative you can really be."

-- Heather Kilby

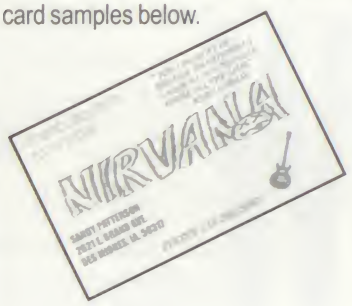




orking in the darkroom, sophomore **Zack McLaughlin** develops photos. At left, Cole shows students how to put together the class book.



While senior **Vy Nuygen** watches closely, junior **Matt Mitchell** works hard at putting together one of his first projects of the year. At bottom right, teacher **Tom Cole** shows **Dustin Jividen** how to run some of the big equipment used to print and make projects like the business card samples below.











Design/Layout: Heather Kilby. Photojournalist: Adam Ezzio.

DRAWING inspires creativity

Art has a creative twist

Want a class where there's a lot of scope for the imagination? Try art. Art is an important part of East's curriculum.

"I really enjoy going to art every day," said junior **Matt Lewis**. "It helps me to express myself better than I could if I didn't have art."

Art teacher **Jerry Goodrich** loves teaching his class as much as the students love to express themselves. Each of Goodrich's classes has approximately 25-30 students.

"The students come into art class feeling insecure about their art skills," said Goodrich. "Then after a few weeks of instruction, they discover they have skills and their confidence soars. It's a beautiful thing."

Students who really like art can join the Art Club. The club met on Thursday after school from 3:00-3:30.

"The Art Club does a variety of things that students in the regular art program may not get to do," said Goodrich. "We even go on occasional field trips."

Along with field trips, art club gives students time to do more work on projects.

"I really like art and am glad there is a club," said senior **Amber Swacker**. "It gives me more time to do more work."

The art classes participate in "Fine Arts Week" each May. Fine Arts Week is where art students display their artwork in the halls throughout the week.

"I love fine arts week," said senior **Amanda Reimers**. "It lets other people see what you do in art class and who you are."

In late November, art teachers pick ten pieces of their students' best work for the "Art Directions" program, which is hosted by the school district and held at Grand View College.

"Art Directions lets everyone in the district see our school's artwork," said Swacker.

Another art program, for all grade levels is held at the Historical Building. East hosts it each spring.

"Hosting this event says something good about East," said art teacher **Shirley Gooch**. "It helps show we support the arts."

Students like the chance to show people their work.

"I like that we can show our artwork to people outside of the school," said senior **Jennifer Hanlin**. "I'm glad we host such a good event."

-- Johna Leverich



Art I students learn the basics of the elements and principles of design, while working on thier linoleum block projects.

"In the Box" by Mary Cassatt sold at Christie's in New York City for the sum of $3.67 Million dollars. 7 of the 10 highest prices paid for works ever sold by a female artist were created by Cassatt!

~Internet Source

Photojournalist: Shirley Gooch.



Vincent Van Gogh's pen and ink drawing, "Garden with Flowers" sold in a Christie's auction for $8.36 million, making it the highest price ever paid for a drawing!

~Internet Source

enior **Eric Brandt**, junior **Pat Dorrian** and sophomore **Nick Pettinger** pose for a picture before starting a project on cubism oil pastels (left). Juniors **Matt Lewis**, **Fueche Vang** and sophomore **Dan Murphy** have fun choosing color combinations in thier drawing and painting class (below).





ophomore **Joe Farley** applies pastels to his cubism composition during is Art I class.

Seven Sales Steps & Techniques for Ad Sales

Step 1- The Pre-approach

Step 2- The Approach

Step 3- Determine Customer Needs and Wants

Step 4- Make a Feature-Benefit Presentation

Step 5- Handle Customer Objections

Step 6- Close the Sale

Step 7- Customer Reassurance





ELL, SELL, SELL! Above, senior **Lindsie Beck** works on making a sale. At right, senior **Amanda Reed** and car dealer Bill Jensen close a sale.



Photojournalist: Sarah Evans.

tudents gather around teacher **Nancy Hansen** to take a look at past yearbook ads. Many faithful east siders are patrons of East and buy yearly ads in the Quill. Past ads provide inspiration for new creations. The class this year was rather small with only 14 students, but sales were on par.

MARKETING makes it happen

Ad space fills fast



Flipping through the yearbook, many people see stories about classes, pictures of their friends and advertisements. What they may not appreciate is the unique class behind financing the book: Marketing Sales.

"East's Marketing Sales class is one-of-a-kind in Des Moines and probably the whole state of Iowa as well," said Marketing Sales teacher **Nancy Hansen**. "We are rare because we have a separate class that actually goes out and sells ads for the book. At other schools the yearbook class would be in charge of the selling."

Another aspect that makes the Marketing Sales class different from other programs is selling time. While other schools are selling spaces in September, Hansen's class is learning the Seven Sales Steps.

"I think it helps that we have been through steps and we have been trained so we know what we're doing," said senior **Tiffany Hood**. "That way when we go out in the community to sell, we look more professional."

Along with the privilege of leaving the building comes the responsibility of a binding contract.

"Students are out there working with a real contract and real money in a real business environment," said Hansen. "It's a tremendous responsibility and they go into the community as East High School representatives."

Hansen says Principal Tom Lee addressed the class at the beginning of the school year and challenged them to be good representatives and sell as much as they could.

"There is a huge expectancy for the class," said Hansen.

Most students, however, don't seem to mind the responsibility and high expectations.

"The class is really hands-on," said senior **Amanda Heckman**. "You get all the experience of actual marketing and selling, so the responsibility is just something that goes along with that. It doesn't affect how you sell."

Hansen sees the class as a "prerequisite to marketing" and thinks that most students leave the class having learned more than expected.

Hansen said, "The kids are excited to learn and they get a lot out of their experiences."

"The class really puts you out into the business world so you do gain a lot of experience," said senior **Lindsie Beck**. "It really prepares you for a job in marketing."

Some of the best buyers of ads are East High alums.

"The community and the alumni really support the book," said Heckman.

"We're highly dependent on the community for financial help on producing a quality yearbook," said Hansen.

Although the advertisements are put at the back of the book, their effects are seen throughout the book. It is those ads that help make the yearbook happen.

"Selling ads helps finance the book and keep the cost of it down," said Hansen, "so it's more affordable for more students."

-- Holly Buch

SUCCESSFUL approach to careers

Business classes teach responsibility

Do you know what it takes to be successful? Do you know what skills are needed to run a business the proper way? Do you know what needed to keep that great job?

Business classes can teach all these things and more. The classes consist of Keyboarding, Advanced Keyboarding, Computer Applications, Word Processing, Information Processing, Multimedia/Internet, Data Processing, Office Education, Accounting 1-4, General Business, Business Math, Business Law, Sales and Applied Economics. All of these classes can lead to great opportunities in the technology and business field.

According to department chair, **Elaine Peterson**, students gain great benefits from these classes.

"The classes are many-faceted and we teach the most current software used in offices around the country," Peterson said.

The two main programs that are taught are Microsoft PowerPoint and Microsoft FrontPage.

"It's fun to do the PowerPoint presentations and work on FrontPage," said senior **Johna Leverich**. "We also get to check our e-mail during classes."

Also, according to junior **Matt Crane**, the class isn't fast-paced.

"We can work at our own pace and we work with web page design," Crane said. "The more experienced students can work ahead since they know what they're doing."

Leverich thinks the class benefits her, as well.

"I think this benefits me because I can use PowerPoint for presentations and FrontPage for web pages," Leverich said.

The classes prepare students who may have never been introduced to the newest technology and helps them to better understand software used in companies.

"The Multimedia class teaches a lot about computers, especially for people who don't have much experience," said junior **Justin Wyatt**. "It gets them involved with media they may have never been introduced to."

According to Peterson, there is an 86% probability of working in a technology-related job after high school.

"That percent of students may go on into a technology field right after high school instead of going to a regular college," Peterson said.

-- Cheyenne Thompson

"I like using FrontPage for making web pages. Maybe this will help me in my career choice."

-Senior Johna Leverich





"I like this class because the more experienced students get to work at their own pace. They don't have to worry about rushing."

-Junior Matt Crane

"The Multimedia class gets students involved in media that they've never been introduced to. We get to use the latest software."

-Junior Justin Wyatt







eloping her students with a business math equation, **Mary Jane Kaldenberg** explains how good skills can spell success in running a business.

oncentrating on a lecture that his teacher is giving, this student is on his way to becoming a future business leader. The classes teach professional responsibility.





tudents learn the basics of running a business effectively in daily classes like this one. Durin[g] semester, many computer program[s] are introduced to eager business-bound Scarlets.

Got Office Ed?

Office education is one of the great opportunities for students to learn about running and maintaining a business as well as handling money. The class teaches students some of the basic skills that are used in offices around the world today.

"Many of the skills used are based on what the current companys are using," said teacher **Mary Jane Kaldenberg.** "The main programs used are Microsoft FrontPage and Microsoft Powerpoint."

These two programs can make office work easier for people to use. They can design web pages and even make presentations to show to their company.

According to senior **Dan Williams**, the class is going to help him in with his future.

"I want to be a business major, and this class helps me learn the fundamentals of maintaining my job," Williams said.

According to Kaldenberg, the fundamentals are: learning how to calculate profits and fall-backs of a business, operating business machinery, advertising, learning the latest software, and job-shadowing.

"My favorite part of the class was when I got to job-shadow," Williams said. "I went to Wells Fargo and learned a lot from there."

The class gives students an opportunity and better understanding of the business world and the hard work that goes into making it run smoothly.

Design/Copy: Cheyenne Thompson. Photojournalist: Sarah Evans.

A Different language

What being bilingual can do for you

"Many students take Spanish for college entrance," said Spanish teacher **Nicole Wee**. "But lately, I see more students taking it with a genuine interest in the language and culture."

Taking a foreign language for college entrance is one of the reasons why students take French and Spanish, but students take it for other benefits, too.

"I am taking Spanish V because I want to be bilingual," said senior **Nicholle Axser**. "It also helps me learn more about a different culture."

Knowing a foreign language also gives students an advantage in the job market, according to Spanish teacher **Carl Drautz**.

Being in these classes also gives students a chance to be involved in Spanish Club or French Club.

French teacher **Amanda Eimers** says the French Club plans on organizing a trip to France in 2003. Anyone who has completed one year of French is eligible to go on this trip to Paris.

"We meet every two weeks to plan group activities and trips throughout the school year," said junior **David Calo**. "I got to design our t-shirts for the year, so that was pretty cool."

Spanish teachers says that they plan on a trip to Mexico for the summer of 2002 or 2003.

"I am looking forward to this trip," said freshman **Tasha Coe**. "I think it will be fun because it will give us a chance to see how people are living in their everyday lives."

Aside from field trips and fun outside of school, students who take a foreign language also have to work hard and do well in class.

According to Eimers, foreign language classes require more practice and activities.

"Our French class usually plays a game called Pictionary before we take a quiz or a test," said senior **Malisa Sam**. "I like playing it because it helps me memorize the words better."

Not doing homework or practicing previously learned materials can affect the students in many ways.

Senior **Demareo Darrah** said, "At the start of the school year, I didn't really pay much attention to what I had to do in Spanish class and I would come to class not knowing what the teacher was talking about."

Darrah later on realized that she had to get caught up with the rest of her classmates and paid more attention in class.

More and more students continue to take a foreign language in order to gain some knowledge of a different culture.

"It is good to learn a second language," said sophomore **Jessie Fenton**. "I think it's a fun and exciting experience."

-- Pon Thipyothin





t right, French teacher **Amanda Eimers** teaches the hours of the clock to her students. At far right, students in French class play "around the world." Doing different activities in class helps language students remember better.

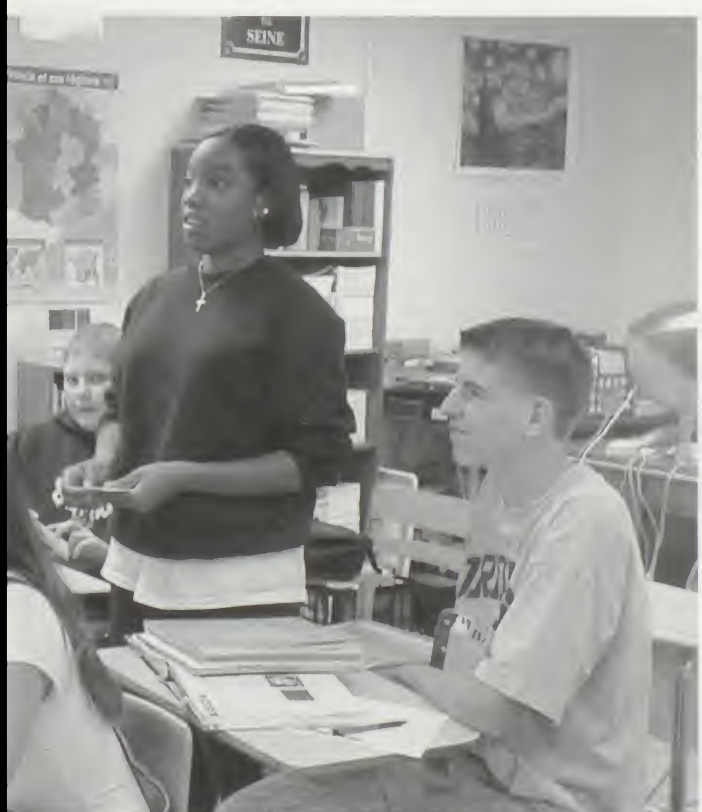


Photojournalist: Amanda Byrkett

lassmates watch as sophomore **Troy Deaton** gets up to write a sentence in Spanish. All students start off with learning vocabulary words and grammar structure, then putting them into sentences, according to **Linnea Morris**.

tudents in **Kathy Koenig's** Spanish lass do their homework. Koenig has ught Spa cher for eight ears and this year at Eas





"The hardest part about learning a foreign language was when we learned how to sound out the accents."

-Junior Sirina Greene





"Learning to pronounce and write in French was hard for me."

-Freshman Josh Ziegler

EXPERIMENTING with the mind

Exploring the high-schooler's brain

Learning about the human brain and how to figure out your own may not be something you'd find in a regular class, but in **Fred Vanderley**'s classes, the abnormalities of the brain are all the students care to learn about.

"The psychology and sociology classes are very helpful for everyday situations, plus they're interesting. They teach you how to deal with mean and annoying people that you normally wouldn't put up with," said senior **Kati Bainter**. "The classes also are great if you plan on pursuing something like this in the future, like a job in human relations."

Vanderley says that past students who have pursued this as a career call him and tell him how helpful the class was, not just for their job, but for their life.

"It's great to know that something that I had taught so long ago still stays with these people after they leave school, especially since most of it was them listening to me talk," he said.

Besides sitting in a desk and hearing Vanderley lecture, the juniors and seniors who take the class do various activities, one of which they experimented with in late February. The students had to partner-up, cover their eyes and plug their noses, trusting their partner to stick a morsel of food in their mouth to see if they could identify what exactly it was.

"It was weird," said senior **Nicholle Axser**. "We had to think instead of doing the obvious, like just looking at something to tell wheather or not we'd like it."

The sociology class, which is offered first semester, studies how people act in groups, rather than individually. This class has also helped students see things more obviously in the school atmosphere.

"Things like cliques are more clear to me, and now I understand why people flock to those groups," said Axser.

The second semester psychology class is more in-depth. The students who choose to further their learning study things like their own brain and how it works. They also keep a journal, where they keep all their class work, things they do in groups, and their personal assessments, which they do about every three or four weeks. The personal assessments determine weather a person thinks with the left or right side of their brain, and identifying some of their personal traits. They also took a short I.Q. test.

"I've gotten a lot out of this class," said senior **Sara Evans**. "Not only do we learn a lot about ourselves and others, but we have fun while doing it."

-- Amber Zenor







Looking at a recent psychology test score, senior **Sarah Evans** , at near right, sighs in relief.

At top far right, in an experiment that was done earlier in the year, senior **Nicholle Axser** holds a dollar as fellow senior **Heston Clark** tries his best to catch it. "It's harder than it looks," said Clark. At second right, junior **Tela Robinson** focuses her attention to the front of the classroom while taking notes.



Photojournalist Amber Zenor.

o the left, junior **Ken Flemming** does a taste test in Fred Vanderley's class. They experimented with their senses at the end of February .

t bottom left, senior **Alyssa Wilson** looks through her journal. The students' journals are one of the most important parts of the Psychology and Sociology classes.



What I learned in my Sociology and Psychology classes

Periods 4 and 6

Did you know that...

* the average human brain is the size of both fists put together?

* size really means *nothing*?

* the smaller female brain tends to be more complicated, while the larger male brain has more disabilities?



elow,sophomore **Carol Loving** models an empathy belly used to simulate pregnancy. It is complete with water bags appropriately placed in the bladder area to provoke the pressure experienced from pregnancy. At right, students attentively listen and take notes on a lecture.





t right, elementary students participate in presentations made and presented by students. Interacting with elementary students is exciting for both child developement students and elementary kids.





Photojournalist: Maria Terry

REAL LIFE skills put to use

Experience everybody can use

On average, a person spends 40 hours at work or school, 48 hours sleeping and 80 hours dealing with personal and family issues in a week, according to a video that teacher **Donna Adams** shows her classes.

"Many college bound students avoid taking elective classes such as child development and adult living because they don't think it will help them for their future education," said Adams.

Although these classes may not help in preparation for college, it helps prepare for college life. Adams classes teach students skills needed for the adult world they often meet after high school. The practical living skills from these classes are what make them different from similar classes offered at Central Campus. They are geared more toward related careers.

Some seniors with empty space in their schedule take these classes and find them to provide information useful for both life and career plans.

"I have noticed that older kids who have not taken my classes before seem to come in thinking that they are just easy credits. However, they leave wondering why they hadn't taken them before. I think I provide every practical down-to-earth information," Adams.

"I found the information from when we did projects on the effects of drugs very interesting and useful," said freshman **Sheena Cunningham**. "It's nice to know what to look for if someone you know is using drugs. When you can identify what someone's symptoms, you can help them."

Another trend is that students who take the classes early in their high school career seem to stick with them.

"I have taken family consumer science classes since I was a freshman. Now, I have taken almost every class they offer," said sophomore **Megan Brooks**. "I stayed in the program because I liked how they were taught. The teachers really take time to explain everything and do a lot of work with individuals."

It isn't just the type of knowledge you gain from these classes that is different, but the atmosphere, as well. Activities are very hands-on; students do things such as researching "shaken baby syndrome" on the Internet and creating and presenting activities to preschoolers.

"I like this class because we do a lot of projects and book work," said freshman **Alicia Bowman**. "It's nice to get away from the traditional classroom setting."

-- Melissa Mills



To the rescue, teacher **Donna Adams** brings a box of supplies to class for students to use in their presentations. These included items such as bubbles and teddy bears.





Savoring the last bite, junior **Rene Deunas** (above) probably thinks learning to cook was a good idea. Some students made a meal that the whole class got to enjoy. To the right, freshmen **Robbie Hill** and **Joe Hart** play with balloons during a lab.

COOKING flavors teen life

Students at East High are offered many classes that are life-oriented. Every class is supposed to be used later in life, but Family Consumer Science is actually applied.

"How many people will actually use the SAS theorem that you learn in Geometry? This class is something you will use later on in life," said sophomore **Lidia Chamale**.

Skills such as cooking, sewing and child development are taught in a way to deal with problems that may occur during your life.

"The class helped me deal with my little sisters and how to deal with my frustrations," said freshman **Ashlie Edwards**.

Along with class activities, the department also takes field trips to local daycare center.

"Taking trips to daycares helps me to learn how to play with kids and how to respect them," said junior **Krystal Worthington**.

Some of the courses available are Foods, Parenting and Adult Living. These classes are available to any student interested in learning something that can be applied throughout life.

"Foods taught me how to cook very simple meals that I will never forget the recipe to," said Edwards.

Classes are taught by doing mostly hands-on activities. By making a meal or stitching a thread, more is learned by actually doing it.

"I think that by doing activities you will be more apt to learn and listen," said sponsor **Donna Adams**. "Having fun is a big factor in whether you do it and forget it or remember."

-- Mike Chumbley





-Sophomore Lidia Chamale



"This class gives you things you will use later on in life."



"Taking trips to day care centers helps me to learn how to play with kids and how to respect them."

-Junior Krystal Worthington



"The class helped me deal with my little sisters and to deal with my frustrations."

-Sophomore Ashlie Edwards

inishing a meal, sophomore **John Gines** enjoys the conversation of his dinner dates (below). The class cooked meals once a month. At left, student teacher **Heidi Green** straps an empathy belly on a student. The point of the exercise is to teach students about the real nature of having children, fantasies aside.







AM Crew: Eric Leanos, Mark Wagner, Juvenal Avila, Josh Davis, Dustin Fisher.
PM Crew: Mark Foster, Joel Sheridan, Michael Birt, Jon Gines, Jason Metheny, Dustin Weber.





Using a sander, junior **Josh Davis** (above) sands the wall to do his share of completing the house.





BUILDING for the future

Pounding away at opportunities

So why aren't there more girls involved in home remodeling? Some say "it's a guy thing" or "it's too tough for girls."

"I think it is just because girls don't even try to participate in hard activities like this," said junior **Mark Wagner.**

There was one girl in it last year, **Crystal Walden**, there just aren't any girls in it this year. There are a total of 11 boys, 5 in the morning class and 6 in the afternoon class. The two groups go for three class periods every day. When the morning class is done, a bus brings them back and picks up the afternoon class.

"It is a lot of team teaching and working together," said teacher **Bill Oleson**. "The guys pretty much teach themselves and teach each other."

This year's house project is located on 2646 Grandview. It was purchased for $16,000 and will be sold for $120,000 after the guys are finished with it.

The house is expected to be finished in the middle of next year. Then, they will purchase another old house and work on it. Construction includes carpentry, plumbing, heating, electric, and dry walling.

"Even though we do everything, my favorite part of building the house is dry walling," said junior **Brian Schulz.**

The class prepares them for any college class or career they would like to pursue in this field.

"It gives us a chance to do some hands on creating and opportunities for future careers," said Schulz.

This class has been around since 1969. The students have completed 12 houses in the last 9 years that Oleson has been teaching.

"I am really close to all of my students and their parents," said Oleson. "They all come and visit me and my wife whenever they want to just hang out."

"I highly recommend this class for anyone," said Wagner. "It's definitely a great experience to prepare you for the future."

-- Carrie Chapman



group of hard-working guys in the afternoon class (at left) stop to pose for a picture. From 11:30 a.m. until 1:50 p.m. the guys work hard in hopes of finishing the job by the middle of next year.



fter doing a very messy job on the site, junior **Joel Sheridan** takes a second to wash his hands. In the background, some of the other guys continue their hard work.





hese three guys take a quick break from their three hour job (at left) on the site at 2646 Grand View. All of the guys have to work together as a team and cooperate with each other. Putting in a light fixture (above), junior **Dustin Fisher** works fast to get the bathroom done. This is one of the many rooms that Fisher had to put lights in.

Lots Of Cupboards

These are examples of the craftwork produced by students in wood class.

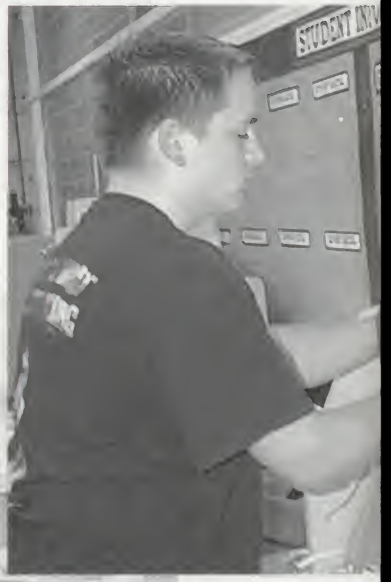






student works hard on a project in his wood class (above). Safety measures like wearing goggles were important when working with power tools.

tudying hard for a test, this student takes time from his busy Tech Today schedule to review notes (below). Doing a project (at right), this eager student seems ready to learn more.





Design/Copy by: Johna Leverich. Photojournalist: Amy Preas.





ooking at his lesson plans, teacher **Marty Mohler** decides what to do for the class that day (at left). Making a nifty design, one industrial arts student works on a table leg (below).



eaching a new trick to a wood working student, teacher **Al Schatz** applies his many years of experience (at left).



LEARNING
the basics of a craft

Computers make drafting fun

Do you like working with your hands and computers? Then the Tech Today and drafting classes are just right for you.

Started at East last year, Tech Today is a class that works with computers and drafting. The classes help students learn more about computer drafting. Tech Today includes understanding and applying both science and math skills.

"The students learn drafting skills and how computers are used in industry," said teacher **Marty Mohler**. "It allows the students to look at various careers of their interest."

The students learn basic drafting fundamentals, architectural drafting, computer graphics and computers in technology.

"Students create a variety of projects using the computers throughout the year," said Mohler.

The classes also create a variety of projects with wood. In past years, students have created anything from a guitar to cupboards.

"I'm making a bureau for my mother for Christmas," said sophomore **Andrew Buch**. "I like this class and I'm glad the school offers it."

Buch and his fellow classmates can earn credit by coming in before and after school to work on projects.

"Coming in after school gives me more time to work on my projects and helps me raise my grades," said Buch.

Mohler gives extra credit to help people pass.

"Some students wouldn't get their projects done if they didn't come in on their own time," said Mohler.

-- Johna Leverich





GETTIN' Down & Dirty

In shop class

The same, boring, monotone voice drills information day in and day out into student's minds in most classes. Junior **Nathan Tyler** dreads going to school for fear of boring lectures and stacks of homework.

But one of his classes he described as "very different." The students never get homework, the teachers are "cool," and most of all, the class is fun. Sound like a dream come true? Well, it's a reality for most kids that take Industrial Tech.

"It's more entertaining than most classes. It keeps you working, having fun and it's a lot better than book work," said sophomore **Kyle McCarl**.

The class is filled with hands-on experience and training.

"The class is project-based, that's why kids like it. It's all about hands-on training for future industry, " said auto department teacher **Russ Junck.**

Of course school isn't school without tests, but the students know that they are few and far between.

"At the beginning of the semester we learn about all the equipment, how to use it, what each thing does, and how to be safe. Then we take a few tests over the information," said McCarl.

Safety is very important when using shop equipment, especially when it's new and different. This year the industrial tech department received a wonderful surprise, a large grant given to the class to buy new equipment.

"The grant was given to us by Perkins. We used the money to buy new paint guns, welders and plasma cutters," said metals department teacher **Jeff Jansen**.

The class hasn't received equipment in more than 10 years and hopes to get a larger upgrade when East is remodeled.

"Not having quality equipment is tough. We've needed this kind of stuff for a lot of years. The upgrade was certainly an asset in technology and to the class," said Junck.

With new advancements in technology, East gets closer to the real world and what students must deal with. It's now easier for them to go out and get a quality job.

"The independent study program has given me a chance to help other students and prepared me for a career in this," said Tyler.

The class is full of opportunities, benefits, freedom and enjoyment.

"This is definitely a class to look into if you want to have fun and you're not into the whole paperwork deal," said Tyler.

-- Stacy Knight





aking sure the engine is up to par, junior **Jacob Blanker** inspects all the fliuds and hoses. Lending a helping hand, teacher **Russ Junck**, shows his students how to make things look perfect.





hop class is not just for the boys. Senior **Maria Terry** shows her skills as she sands down a fender. At left, junior **Ricky Todd** works diligently on his project.

Photojournalists: Pat Dorrian and Chandy Souvatrat.





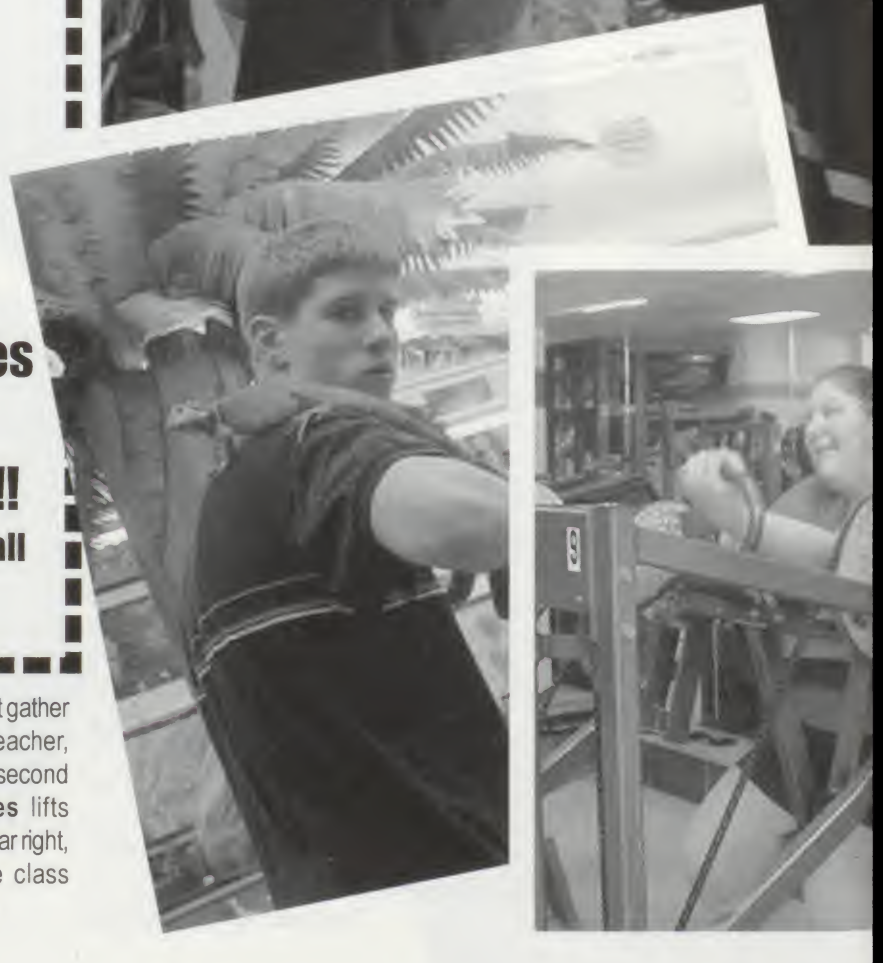
he buddy system is an important routine in shop class. At right, **Troy Grasby** helps by steadying the metal for his partner to make tightening easier. At left, students achieve great precision with their new high-tech welders.

OFFERED CLASSES

*Aquaculture
*Auto Collision Repair
*Automotive Tech.
*Aviation Tech.
*Computer Tech.
*Drafting Tech.
*Early Childhood Careers
*Electronics Tech.
*Food Tech.
*Graphic Design
*Health Careers 1 & 2
*Home Building Tech.
*Horticulture
*Nurse Aide
*Painting and Drywall
*Veterinary Tech.
*Fashion Arts
*Web Page Design
*Advanced Placement Classes
*World Languages
*Science..... AND MANY MORE!!!

*For more info... contact your counselor or call 242-7846.





tudents in the picture at top right gather around their Marine Biology teacher, Dr. Karen Stiles for help. At second right, junior **Ashley Cowles** lifts weights in the gym room. At near right, a central student holds the class iguana, Luigi, on his shoulder.



Photojournalist: Stacy Knight.

CENTRAL CAMPUS
higher education

A school of opportunities

Central Campus is a school that offers a variety of classes to students from all across Iowa. Students earn high school and college credits for the classes they take and get experience in areas they want to explore.

"I love it there. I take a Radio and TV production class and it gives me hands-on experience," said junior **Tiffani Byrd**. "I've been thinking of doing this as a career, and so this gives me the information and education that I need for a radio job."

The campus is an extension of the programs offered at the high schools, according to a brochure found in the counseling office. The brochure gives information about certain classes that can be taken there, such as technical classes, advanced placement classes, English, World Languages, and science classes.

"I've taken three years of Italian. I love my teacher and I have learned so much," said junior **Sarah Ramus**. "It's a really fun class and I am grateful I can go there and learn something I wouldn't learn at my home school."

Central offers transportation by bus for students, too, which is blocked into their schedule. They are allowed a travel period and some students choose to drive themselves.

"I take my own car so I can stop and get food on the way," said senior **Joe Pierson**. "I take my friends with me, or sometimes we take their car. It makes it more fun to have friends with you."

"I take my own car, but sometimes it's easier just to hop on the bus so you don't have to look for a parking spot," said senior **Luke Billings**.

It's a place for students to meet other students from different schools.

"I love that so many schools are represented in one class," said junior **Brian York**. "I made a lot of new friends this year. I hang out with them on the weekends sometimes."

But there are some disadvantages, as well. Since the students are gone during regular classes at their home high schools, they sometimes miss out on school bulletins and information on what is going on such as plays, school functions, or fundraisers.

"I miss out on a lot of things that go on at East. I miss out on announcements and stuff, so I don't always know what's going on," said senior **Jeremy Royse**. "You really have to ask questions and try to stay on top of things. East has done a really good job of keeping Central students informed, though."

-- Holly Hedberg





t left, Central students play crab soccer during gym. Students take gym at Central instead of at their home high schools. The students have gym class once a week.

"It's a lot more fun to have gym at central, I think," said junior **Sarah Ramus**. "We play a lot of games and we only have to go once a week instead of every other day."

elow **Dustin Harmsen** stands outside of his third hour computer applications class. At the right **Mr.McNear's** Prep Choir class rehearses music that was sang at their large group contest. They practiced these pieces for several months.



Photojournalist: Stephanie Carter



What was your most memorable moment as a freshman?



"My most memorable moment was the first day of school. It was pretty funny watching everybody run around to get to their classes."

-Sophomore Dustin Slemp

"My most memorable moment was the Homecoming Dance because we never had a dance like that at Goodrell."

-Freshman Ashley Botts





"My most memorable moment was the first day of school. Running around trying to find all my classes on time."

-Freshman Dustin Harmsen





FRESHMEN
last but not least

Getting the big picture

Wandering through East's long hallways, freshman **Lisa Birt** pushes through a crowd of students in search of her first hour class with hopes that she won't be late.

"Coming to high school was a big change. The school was bigger and there were a lot more kids," said Birt, a former eighth grader from Goodrell.

Hallway chaos is just one of the many transitions that has to be made when going from middle school to high school.

Dealing with a bigger school and more kids was only part of the changing that had to take place. Other changes included classes being held for a full year, having to earn more credits and having a wider variety of classes to take to get those credits.

"High school is pretty easy right now. I don't like having to take English 10 for a full year, but I'll get used to it. I'm in ROTC so it shouldn't be too hard to get the extra credits," said sophomore **Joe Smith**.

There were also many other students who didn't think that high school was hard. According to freshman **Kerry Tyler,** "High school is the same as junior high, just a bigger building."

The one question that was on the minds of all sophomores and freshmen is why the credits were changed for the classes after 2003.

"The credit change was a district decision made for all the schools. It was intended to help the incoming freshmen and sophomores get ahead and get more of the required courses that they need for college," said East registrar **Lonnie Clark**.

However, one transition that most people don't even recognize is the emotional changes that take place with young students during this time. Changes that have to do with them having to grow up even more so that "the older kids" won't think that they're immature.

"Freshmen and sophomores go through a time of mixed emotions and feelings. They have to make many decisions and they have many fears that include making new friends, getting lost, and having too much work," said **Nancy Christy**, counselor.

All in all, the freshmen and sophomores go through a lot when going from middle school to high school. Transitions are tough when dealing with a whole new school, harder work, and tons of emotional changes. Everybody has to go through them, so why not have fun while doing it?

-- Stephanie Carter



t the far left, freshmen gather around **Carl Drautz** in their second hour Spanish I class to see what their test scores were. Many came to find that they were very good. At the near right, students hang in **Darrin Fisher's** third hour Algebra I class.

Several students in mimes take a break to pose with some of their elementary school fans after a performance. Below, juniors **Adam Ezzio** and **Ashley Tappan** act out a skit on stage for the enjoyment of the rest of the class.



erforming improve, juniors **Michael Patrick** and **Racheal Edwards** freeze and wait for the next group to take their place on the stage. At right, sophomores **Chris Guhl**, **Jason Boll** and **Alex Kittikoune** show the class a skit they designed as a class project.



CHARACTERS play their roles

Actors express themselves

Some students want a place to express themselves with peers. They sometimes look for an audience to show their talents to. So where do approximately 175 students go to get their creative juices flowing? Drama class.

"We get to express ourselves by portraying different emotions," said junior **Tiffany Holley**. "It helps us deal with or show our emotions better even outside the classroom."

Students love to go on trips to different schools to perform for a younger audience as well as the older generation. It makes them more confident and makes them feel like they are practicing for a future career , since the majority of the drama students say they would like to go into acting.

"I haven't done any acting outside of what we do in class, but as far as I am concerned, my acting career has already started," said junior **Adam Ezzio**.

Just about everyone in the class is involved in several other departments within the general drama class.

Mimes, Voices of Change, school plays, children's plays, Reach Out, large group and madrigal are all dramatic outlets for the budding actors.

"I like being in mimes the best because you get to express yourself through actions rather than words," said junior **Laura Porter.**

Students believe having a supportive and caring teacher is the key to getting important things done.

"Drama is the most entertaining class at East," said Ezzio. "Miss Gaines cares and listens to us. She wants us to succeed."

Drama teacher, **Ruth Ann Gaines**, has been at East for 31of her 32 years of teaching. She has hosted five TV shows and has acted in several plays.

The only thing she would change about the drama department right now is the lack of freedom the students have.

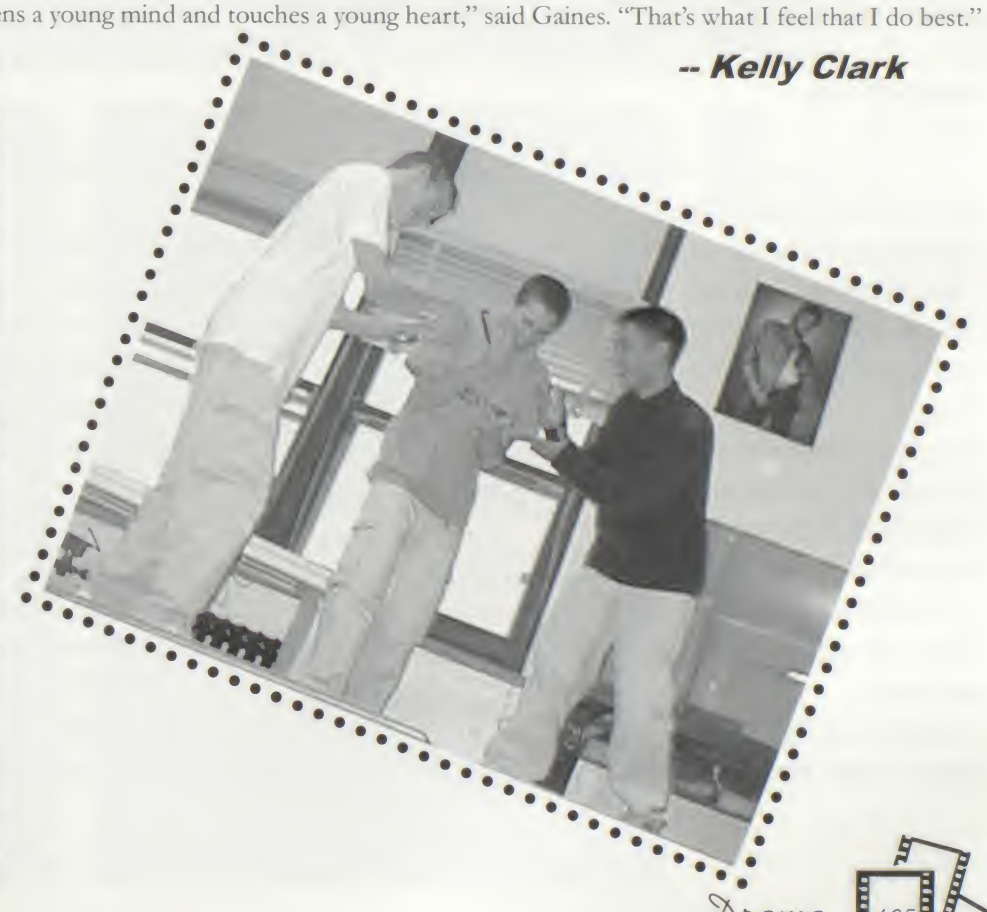
"Actors like and need lots of freedom to create and receive audience satisfaction," said Gaines. "Feedback is very important."

Gaines is an artist and she loves teaching. If she weren't teaching drama, she would be directing, acting, or working as a therapist, her dream job.

"A teacher is a person who holds a young hand, opens a young mind and touches a young heart," said Gaines. "That's what I feel that I do best."

-- Kelly Clark





Photojournalist: Adam Ezzio.





Sitting at her computer, forensics teacher **Jennifer Wickersham** researches topics for her debate team. It has been non-since she has taken the job last August.

"It was bumpy ride, but I've had a lot of fun teaching the class and taking the students to the tournaments," said Wickersham.

NEW FACES going places

story and layout by stacy knight

Debate hasn't been very large in past years, but this year was quite different. The season began in October with around 13 members; they finished the season in March with 33.

"Mrs. Wickersham has brought a lot to the team. It's a lot different from last year, I think that explains the growth in members," said senior **Stacy Hester.**

This year the team experienced many changes. Not only did the students have a new instructor, but they also had new material they used that was fun and different. In the past East has only debated in one category of debate, this year Wickersham has risen to new levels.

"I think it's a lot more fun for the students to have a variety when debating, by branching out into other categories it gives the students more experience," said Wickersham.

The group went to many different tournaments throughout the year; one of which they hosted here at East.

"It was very exciting to have kids from all different states here," said sophomore **Jeremy Dunkin.** "It was interesting to meet them and see how their teams were run."

Wickersham along with many of the members has high hopes for next year.

"Debate is a individual sport, not like basketball or football. The improvements depend upon the person," said sophomore **Kevin Sanders.** "Next year we hope to improve both as individuals and as a team."

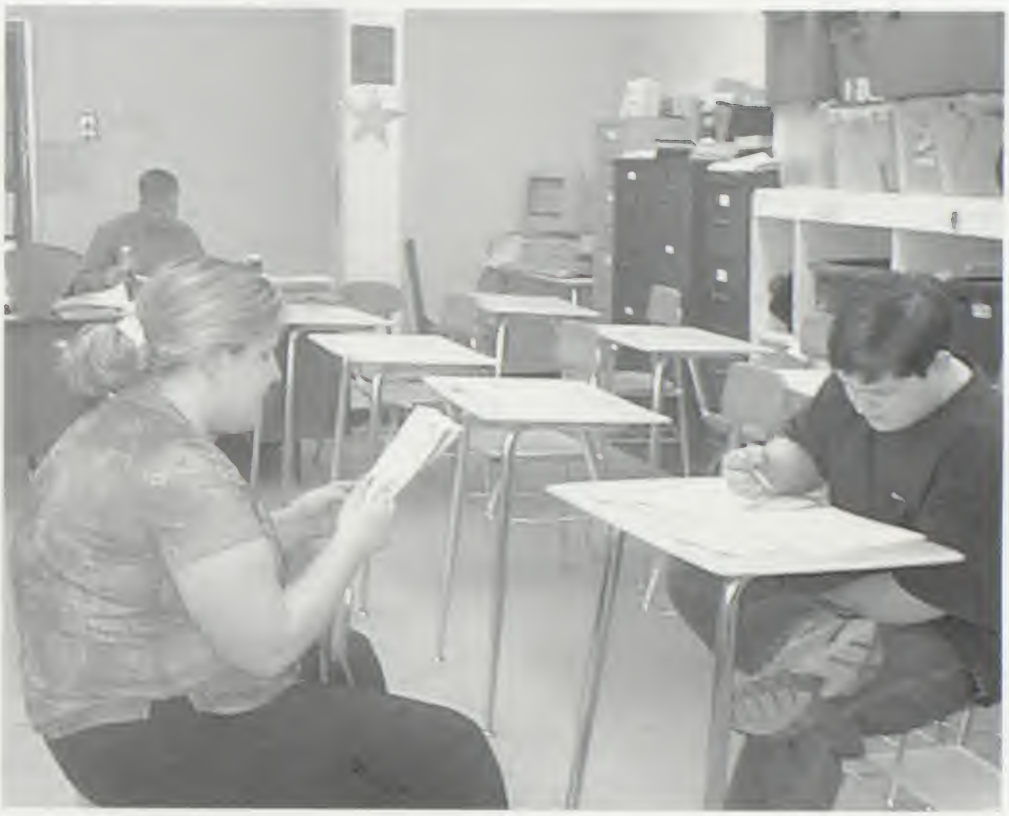
> "The team has a lot of potential. I was disappointed that more students didn't compete, but I am looking forward to what next year will bring."
>
> – *Jennifer Wickersham*



Photojournalist: Ashely Jones

LISTENING IN ON TEAMMATE JEREMY DUNKIN'S SPIEL, AT FAR LEFT, SOPHOMORE KEVIN SANDERS GIVES HIS APPROVAL. CENTER: SOPHOMORE ALLISON ANDREWS DEBATES AGAINST HER CLASSMATE DURING CLASS. BELOW, STUDYING HARD, SOPHOMORE JENNIFER PALMER REHEARSES HER OPENING LINES FOR AN ARGUMENT.









TAKING TIME OUT FROM COMPETITION, THESE DEBATERS, AT FAR LEFT, POSE FOR A GROUP SHOT. AT LEFT, SANDERS RECEIVES TIPS ON HIS DEBATING TACTICS FROM A PEER DEBATER.

Photojournalists: Kjersten Harvey, Danielle Reynolds and Holly Buch .



Students perform a tableau after reading *Oedipus the King* for AP English. The actors in a tableau wear masks and must convey an emotion without movement.



SPEAKING without talking

Learning to communicate



There are various skills that one can acquire through Speech and English classes. People learn to research, to perform different types of speeches and to make those cute little correction marks. But one not-so-realized skill that students attain is something they use every day: the ability to communicate.

"English is a basic skills class really, with a lot to do with work achievements and learning how to communicate in life," said English teacher **Judy Rush**. "I think with both classes there are verbal and nonverbal forms of communication that happen."

Speech is usually thought of as a verbal class; however, some see it differently.

"I'm interested in the body language that happens during a speech," said Rush, who taught a Speech class second semester for the first time. "It's interesting to see how a person makes gestures while they talk."

Students, however, see different types of body language coming into play.

"If you get nervous you might start to play with your shirt, sweat or stare at the floor," said sophomore **Brian Reynolds**, "and that could be embarrassing."

These "embarrassing" moments are part of the reason students are required to take the class in the first place.

"We hope students lose their phobia or stage fright," said teacher **Claudia Richards**. "Students should learn to control the sweats and nervousness they might have. We also focus on helping their verbal skills by eliminating the 'uhs' and 'ums' from speeches."

Although it may mean facing fears, many students usually leave Speech class with new skills to help them in everyday life.

"I was better at arguing with my teachers after taking Speech," said senior **Christi Bethards**.

Communication is also a big part of English, especially the nonverbal form found in writing.

"I think in writing, a student is more effective in making change happen," said teacher **Julia Hagen**. "Writing is different from just saying something."

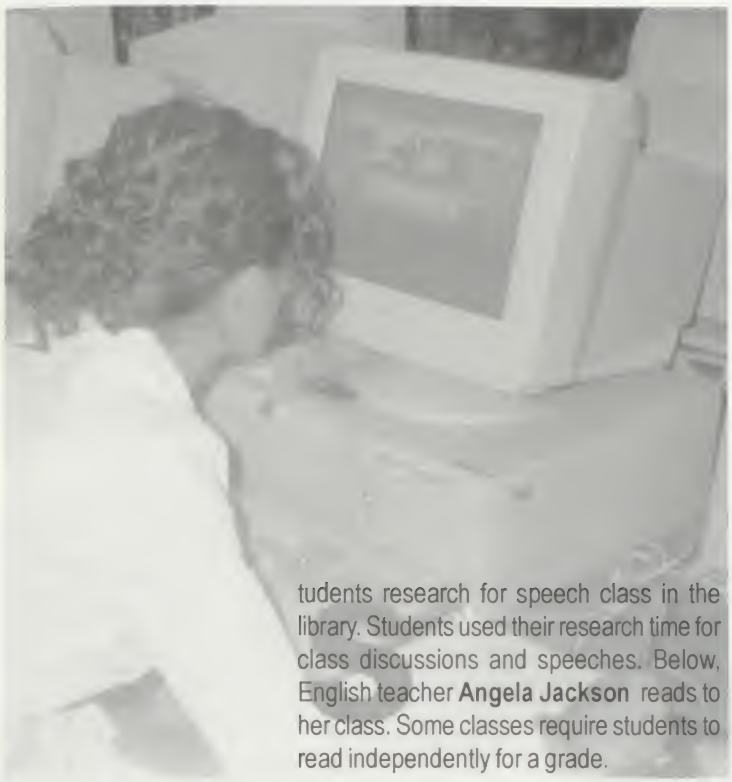
Students agree.

"Sometimes it's easier to write out what you want to say instead of just saying it," said senior **Heston Clarke**. "Often, you can make your point better that way."

Communication is something students are sure to take with them and teachers hope that the classes will help them in the future.

"I hope students develop a love of language and learning," said Hagen. "I also hope students leave with an appreciation of the importance of communication."

-- Holly Buch



tudents research for speech class in the library. Students used their research time for class discussions and speeches. Below, English teacher **Angela Jackson** reads to her class. Some classes require students to read independently for a grade.

New Books

his year the sophomores of East received new English textbooks that have teachers and sophomores scrabbling with excitement.

"I love them and so do the students," said sophomore English teacher **Nancy Holmes**.

It's title is *Writers INC*. These are the books that all the sophomores have been talking about in their English classrooms.

"I have spent about 3 weeks helping students learn all of the important features this book has to offer," said Holmes.

The book proposes a complete world map, sign language chart, a list of all U.S. Presidents and Vice Presidents, The Bill Of Rights, The Constitution, prime numbers chart, multiplication table and a step-by-step internet guide.

Sophomore **Lynnsey Farnsworth** said her *Writers INC* book covers many skills that are helpful in all of her studies.

"The book combines all textbooks into one," said Farnsworth.

Sophomore English teacher **Julia Hagen** said the faculty purchased *Writers INC* books because they are more helpful than the previous out of date English textbooks.

"They are the best English textbooks we have ever had," said Hagen.

The English Department purchased 500 copies that arrived just before school started this fall.

"Each student gets one to use for the year," said Hagen, "and there is also a classroom set for students to use if they forget theirs."

It is still too early to tell if grades are affected by the new book, but sophomore English teacher **Erick Hunter** said he's sure they will be increasing shortly.

"Students seem to be using them, so I think grades will benefit," said Hunter.

The sophomores of this year and the freshmen of next will have an advantage over the preceding classes in enhancing their writing skills.

-- Courtney Chaplin





nglish teacher **Linda Saddoris** proudly displays the new Writers Inc. book that was adopted for sophomores. Saddoris believes the books will be something students can use for any class and continue to use in college.

Interaction And Experimentation

Third time's a charm

Interactive Science is a science class that started last year with four sections.

"I think the class is really fun," said freshman **Amy Miller**.

Interactive Science, also called Integrated Science, is a mix of four science classes. The four are Earth Science, Biology, Chemistry and Physics. This class is worth one unit of credit for the whole year.

"It is a gateway for all other high school science classes. The class is used to reinforce the science learned in middle school, so that the students can make an easier transition from middle school to high school science," said science teacher **Janet Boyd**.

"I think it is really easy because it is fun," said freshman **Alison Augspurger**.

The first official year of Interactive Science was in 2000, but the year before was a pilot year to test the class before it was adopted as an actual class.

"I think that testing a class first is a good idea because it uncovers mistakes," said sophomore **Andrew Carey**.

The initial students who have already taken Interactive Science have now moved on to the next level of science. The next classes to take include Earth Science, Biology, and the more advanced Physics and Chemistry.

"I think it really prepared me for Biology this year," said Carey.

Some of the Interactive Science teachers teach other classes. One example of this is teacher **Lowell Long**, who is also a Biology teacher.

"I enjoy teaching both Interactive Science and Biology," said Long.

In the class the students do labs, watch videos and cover wide ranges of sciences. This science class is intended to give the student a strong background in all the sciences with an emphasis on lab work.

"I enjoy doing the labs because they are fun and they are not bookwork," said Miller.

One thing the teachers try and do to interest the students is to watch videos/movies. One example of this is the movie, *Gattaca*, because it is about genes and DNA. They also show videos about science to help make things interesting.

Bill Nye the Science Guy is a video series used that covers a wide range of science topics and some students find it fun to watch.

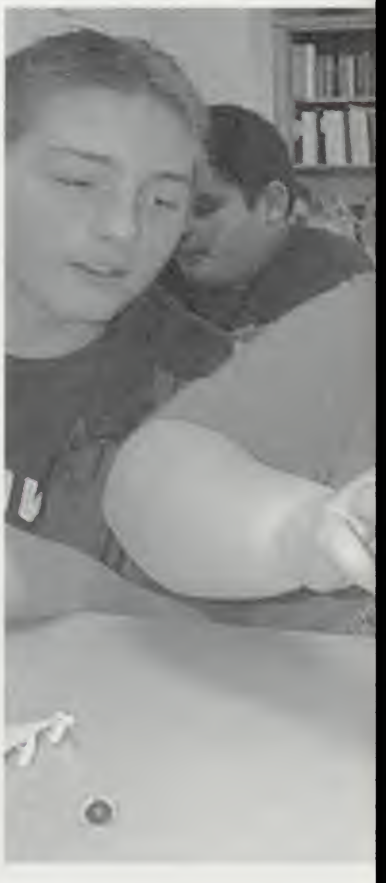
"I really enjoy watching movies because they are fun," said Augspurger.

Classes did some of their labs outside, which is considered a field trip. At the beginning of the year, Boyd took her students outside to study the leaves that fell off the trees and matched them to the trees on the front lawn. Another time they studied architecture and drew the pillars and engravings that are around the school.

"I think that going outside should be a requirement," said sophomore **Tyler Hauf**. "The whole point of the class is to interact with what you're learning about. I took the course last year and never got the privilege of being able to go outside and actually interact with nature and my surroundings."

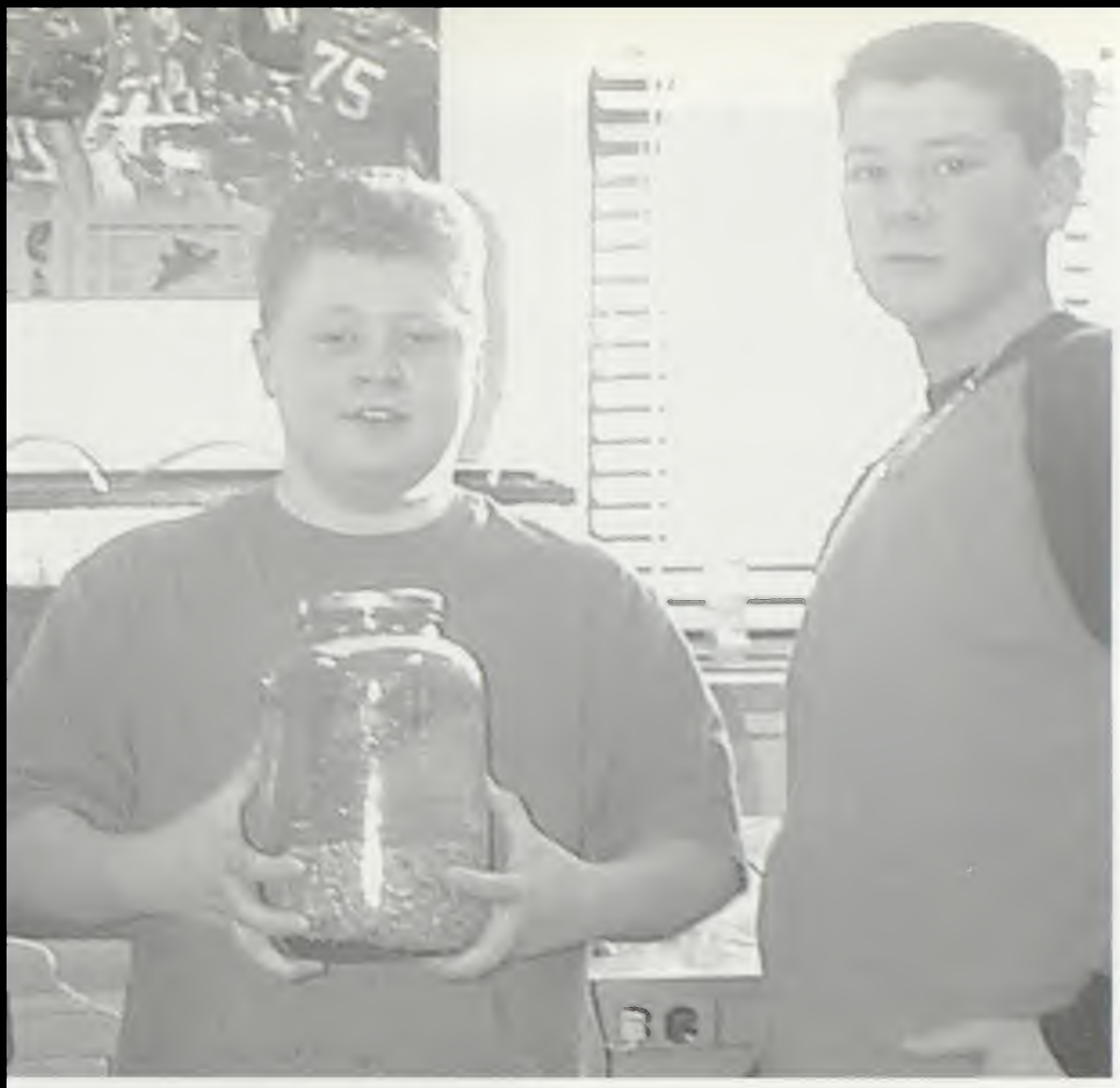
-- Jesse Antelman







looking into a microscope to find some cells and bacteria, freshman **Leon Drayton** is searching hard while teacher **Lowell Long** helps. While other classes did bookwork, this class explored the wonderful microscopic organisms all around them.



Photojournalist: Emily Vuth

olding a jar, freshmen **Stacy Glick, Joey Cannon** and **Chris Cozad** show off an experiment that they have just completed.

howing a model of the planets, teacher **Lowell Long** tells freshmen **Krystal Tucker** and **Mike Crabb** how the planets line up for eclipses and other solar events.





utting food coloring in a beaker, freshmen **Randy Fudge** (right) and **Larry Little** show how diffusion works. Diffusion is the movement of particles from an area of higher concentration to lower concentration. Another project the class worked on was making atoms out of cookies and chocolate chips.





imee Munoz, junior, watches for a reaction in her lab. The class always makes a hypothesis before testing and then records results at the end, writing down their conclusions.

WHAT DO YOU KNOW ABOUT BIO?

1.) Where is your Ulmer?
2.) What are Phalanges?
3.) How many bones do you have in your body?
4.) How many chromosones do you have?

**Consult nearest Biology teacher for answers.

POP QUIZ





t far top, sophomores **Tony Mesqueta** and **Kim Howe** record what they see in their microscopes. At right, above, sophomore **Jenny Barker** enthusiastically enjoys reading her biology book.

Photojournalist: Maria Terry and Micaela Mallett





DISSECTION
scalpel please...

What they're learning...

"Biology is kind of hard because there is a lot of homework. It switches to different subjects, but I'm getting a pretty good grade in it," said sophomore **David Bryant**. "Oh yeah, and we dissect piggies. That's the best part."

Students usually take Biology I in their sophomore year. In this class, students get to dissect fetal pigs. For students who don't like that thought, there is an alternative.

"I refuse to dissect things. I'd rather fail. I just think it's gross and disgusting," said sophomore **Rory Nagy**.

"Students really need to come in to class with an open mind. I understand that a lot of students don't want to dissect things, but they should give it a try," said science teacher **Annette Ryun**.

Many students actually don't have a problem with dissecting the pigs. They think it is a help to learning and understanding the organs and will not be such a big deal, according to sophomore **Alicia Alvarez**.

"I participated. I didn't think it was so gross and disgusting. As long as kids are mature about it, there shouldn't be any problems," said Alvarez.

Biology focuses on other subjects as well. In Biology I students learn about bone structures, chromosomes and the heart.

"It's an important class to take because we get to learn about things we've never studied before. We learn about different genetic diseases and how they are discovered. It's really interesting," said sophomore **Alex Kitthikoune**.

"I think learning about the bone structure was hard. It took me a while to get the hang of it because some of the bones look alike and we had to piece them together," said Bryant.

Students that enjoy Biology I have the choice to go on and take Biology II. In Biology II, students study diseases and viruses more closely. They produce Power Point projects and present them to the class.

"It's a good class if you're willing to do the work. It is really worth it if you have an interest in Biology," said senior **Jonna Eastcott**.

"We had a lot of discussions about diseases and were required to do a big project displaying almost everything about the disease we chose," said senior **Tiffany Armintrout**.

Students in Biology II dissect pigs, as they do in Biology I, but the tests are more thorough.

"The teacher puts a pin in a certain organ, like the heart, and we have to write down what each organ is. Dissecting doesn't really bother me, except the smell. I guess you get used to it, though," said Eastcott.

Biology I and II are both academic classes that are not required. Ryun suggests that to be successful in those classes, students should have good study skills, come to class and pay attention, do homework assignments, work and cooperate with lab members, and most of all, come in with an open mind.

-- Holly Hedberg



sophomores **Amber Bosley** and **Robert Ousley-Lee** take a break from their lab. They both are wearing the safety goggles that are required for every lab in Biology.





xamining plant cells, junior **Summer Martin** works with a telescope, giving her a close-up look at plants. At left, wrestling a vicious animal, senior **Vee Moua** grimaces. This is just one experience he took home from the zoo.







ooking down at all the animals, junior **Justin Wyatt** exams the rainforest-like area at the Omaha Zoo. He and the entire zoology class visited the zoo in December.





atering her houseplant, above, junior **Rachel Edwards** shows that feeding your plant is very important. At right, students get wrapped up in the vines in the Leid Jungle at Omaha's Henry Doorly Zoo.





Just plain enjoying biology, students and teacher make time for a little fun in between work.

Photojournalist: Chandy Souvatrat

RESEARCH
past the usual science

A step beyond average

From plants to animals, nature to environmental issues, the Botany, Zoology and Ecology classes gave students an in-depth look at the world around them. Each class was full of observation, experiments, trips and the little extras that make classes enjoyable for students.

"Students benefit from the classes by a more hands-on approach that can be offered in a large biology setting," said science teacher **Keri Frommelt**.

Students in Frommelt's zoology class took a field trip to the Omaha Zoo on December 14, for animal research, which students found to be a highlight of the year.

"It was a lot of fun. We got to go around and observe all of the subjects we studied throughout the semester," said junior **Adam Ezzio**.

In class, students raised hornworms from caterpillar to adult, kept an insect collection, and did various dissections.

"Dissecting a shark was the best part of the class because we got to see all their internal organs," said Ezzio.

Zoology took an in-depth look at the animal kingdom and botany covers the plant kingdom, said Frommelt. In Botany, students raised houseplants, radishes, designed a landscape, planted the courtyard, did a plant collection and a tree project and took a field trip to the Botanical Center.

"I signed up for the class so I could learn how to garden and how plants work," said junior **Chelsea Pickett**. "I was the first person ever to kill their houseplant in the first week."

Ezzio said the fact that these classes are different and a step beyond normal science make them worth taking.

"The word 'ecology' sounded interesting," said sophomore **Desirai Wright**.

In the Ecology class, students studied topics such as limiting factors in biomes, nutrient cycles, evolution, adaptation, natural selection and population biology.

"I varied the assignments and expected students to think," said science teacher **Debbie Neustadt**.

The course goes beyond ecology, into environmental issues and citizen action. Some of these topics were biodiversity, air and water pollution, toxic substances and population.

"We took short trips based on what the students like to do," said Neustadt. "We also went to the Capital to find out what issues were being discussed."

Neustadt also said students who like studying nature, plants and animals will enjoy ecology.

"We had a lot of fun," said Wright. "I would suggest the class to anyone."

-- Gina Hughes



DID YOU KNOW ?

Some female cockroaches mate once and remain pregnant their whole life.

The white gunk that squirts out of a cockroach when you step on it is its body fat.

Crushed cockroaches can be applied to wounds to relieve pain.

Cockroaches can live a week without their head, because their brain is spread throughout their entire body. They will eventually die of thirst, however.

A young cockroach can squeeze through a space as thin as a dime.

INTERACTION
fun with labs

Students work with others

Chemistry is the study of matter. Through fun activities and interaction with others, students discover how chemistry is used in everyday life.

Chemistry teacher **Maureen Griffin** said that students sometimes think of the class as hard instead of challenging.

"I act like this is the only chemistry class a student will ever take. I want students to be prepared for future classes they might take in college, and if they do, be where they need to be," said Griffin.

The class is just like any other class because homework is given four of five days a week, but students appreciate the extra help which Griffin is willing to give.

"Mrs. Griffin likes to help students understand what they are learning in class. She wants her students to succeed," said sophomore **Katie Ring**.

Students participate in some fun activities throughout the year, also. One is to make an atomic timeline of the theory of the atom. Students research many different scientists to discover where their theory or contribution fits in history.

"I liked making the timeline because it gave me a chance to learn about what each scientist gave to the atomic theory," said senior **Natalie Plummer**.

Another is to calculate the weights of certain isotopes or (variations of elements). Griffin created the element 'Eminemium' using M&M's. She then gave each color a certain weight in which students used to calculate the overall weight of the element. In the precautions section of the activity students were warned that too much consumption of Eminemium would lead to zits or stomach aches!

"Of course, I liked the M&M lab because after we were done calculating the data, the M&M's were in my belly!" said junior **Tarry Heckathorn**.

Later in the course students are able to work with students from other schools throughout the state with the help of the Iowa Cable Network or (ICN). The ICN consists of fiber-optic lines underneath the ground that transfer phone and video information. Students worked with other students from different schools on labs and discussions using the network.

Griffin said that by studying with other schools, students found out that they have the same struggles as other students do with the course.

"It didn't matter what school we worked with, big or small, all the students had the same difficulties. Students here realized that just because they go to a bigger school doesn't make them different," Griffin said.

-- Seth Conn







Going over homework during period 3, junior **Mike Williams** checks his questions, at right. The students were discussing how to calculate frequency and velocity. At far right, teacher **Maureen Griffin** explains a day's homework using the overhead projector.



orking on a lab, these students used graduated cylinders and test tubes to complete an experiment. The students were combining different chemicals to observe their reactions.

Photojournalists: Jessica Daugherty and Samantha Winebrenner.

They Studied Matter...

Theories in Early Chemistry

- Law of conservation of mass which states that matter cannot be created nor destroyed.
  -Antoine Lavoisier
- Law of definite proportions which states that the mass of the elements in a compound are always the same.
  -Joseph Proust
- Law of multiple proportions which states that the mass of one element when combined with another form simple whole-number ratios.
  -John Dalton

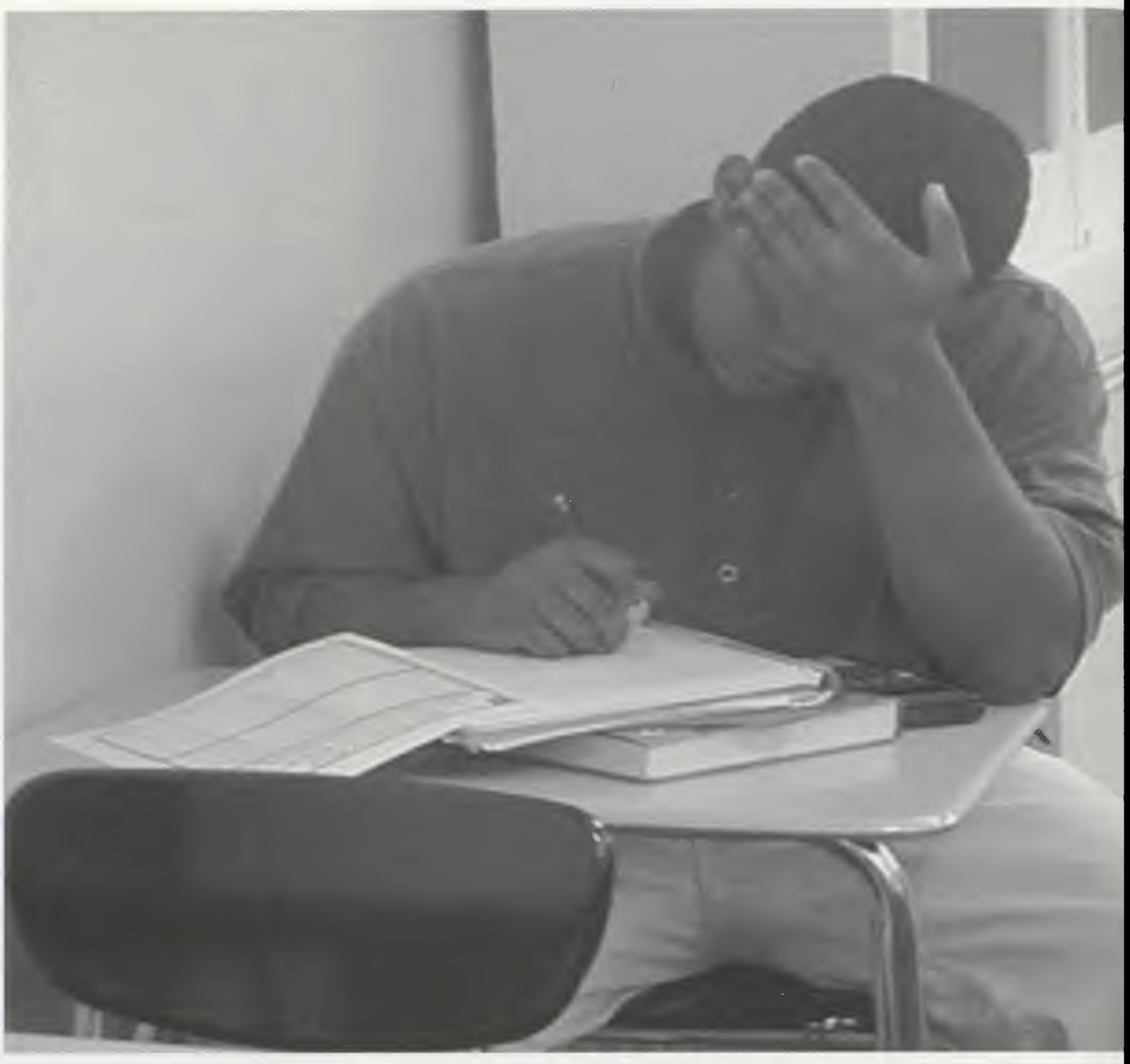




t center, junior **Bryan Whiting** ignites his materials. Also starting a flame, senior **Jeremy Curl** lights the material underneath the can while other students observe.

Working hard, junior **Kenny Williams** finishes his homework. Below, sophomore **Lauren Reed** helps her classmates have a better understanding. At the end of the period, sophomore **Bobbi Stradley** (below right) rushes to finish up.





How do you like it?



"I don't enjoy math because I don't understand it," said senior **Kally Busby.**

"I like coming to math each day because it all comes naturally to me," said sophomore **Ben Van Syoc.**







MATH
Great opportunities

Teachers puzzle students

As junior **Emily Brandt** sits down in her Integrated III class each day, she is ready to have another "fun and exciting day in math class."

"I've never seen a math teacher who doesn't love their job," said Brandt. "I think that's why I understand."

The ten teachers in the math department are all dedicated teachers who love what they do. Each school day they taught students to practice solve puzzling easily and effectively so they can succeed in everyday life.

"Math is always fun," said math teacher **Daria Huang**. "We are always solving puzzles."

Each of the teachers engaged in different fun things with their students. They listen to classical music, such as Mozart, because it is said to help students learn more effectively. Also some of the teachers participate in the celebration of Pi Day (March 14th) in recognition of Pi (3.14).

"I like listening to Mozart because it helps me concentrate on my homework or what I am doing at the time," said junior **Jeremiah Vincent**.

Students are required to take at least two years of mathematics to graduate or until Pre-Calculus for college. About 60 percent of the students take a math class. The biggest reason to take math is to become smarter, but some could care less.

"I think two years of math barely teaches you long division," said sophomore **Megan Niffenegger**. "Three or four years should make you more intelligent."

You have to be able to concentrate, listen well and be prepared to write out everything. It's a class that is supposed to be preparing you for college and for life.

"I don't want to be someone who can barely read, write or solve things," said Niffenegger. "I want to know more than the basics so I can get ahead." ***-- Valerie Blackford***





t left, math teacher **Linda Nemmers** helps students with their work. Trying to get out of class, junior **Anthony Renfro** bargains with teacher **Robbie Malm.**

t right, government students look up vocabulary words. Examples are bicameral, party whips and census. Below, senior **Carolina Canas** volunteers her lunch time selling sweat shirts for her student company.







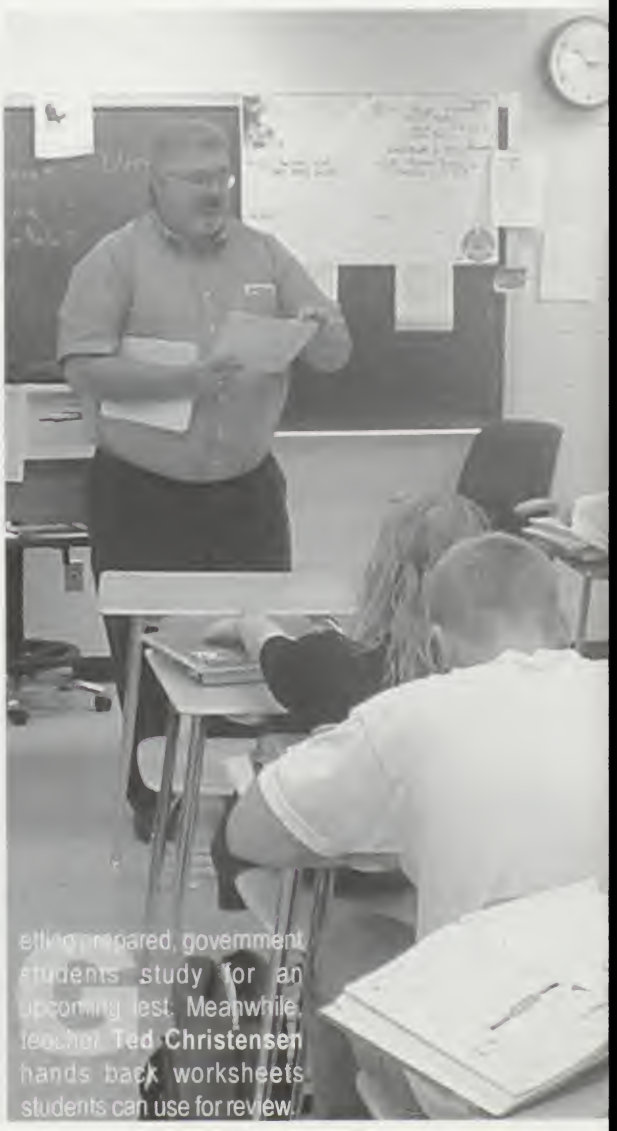
"I now have a better understanding of how the stock market works and how to invest money."
-Senior Alyssa Wilson



"I have gained a perception of how much entrepreneurship influences our economy."
-Senior Michael Weeks



"Government has helped me understand how our nation operates and broadened my knowledge of how it may handle things to come."
-Senior Adam Ragan



eling prepared, government students study for an upcoming test. Meanwhile, teacher **Ted Christensen** hands back worksheets students can use for review.





-Guest Speaker Roger Hoyt

As an insurance consultant for one of Sammy ElBaroudi's classes, Hoyt holds discussions on topics that directly affect students. Today's speech is about how the down turn in the economy has cut Iowans spending 5% across the board.

Photojournalist: Sarah Evans and Maria Terry.

QUESTIONS on current events

More interest in the classroom

Do students really look forward to going to school every day, sitting in class, taking notes and tests? Are students really interested in teachers' lectures and are there always lots of questions? American government teacher **Stan Thompson** has seen all this and interest in his class has improved over past years

"The students are more conscientious of what's going on around them and also have a lot of questions concerning our government," said Thompson.

Although most Americans agree that the terrorist attack which occurred on September 11th and the events following have had few good results, American Government and economic teachers, along with students, agree that it has helped in these classes.

Economics teacher **James VanTuyl** said, "Since the terrorism has slowed down the economy it allows the class to look at and read real world examples of how the economy works. It makes it easier to explain what's going on in our economy and the students care because it affects their habits and plans."

Real world issues, such as the effect on airlines having to close resulting in losing stock and possible bankruptcy as a result of the terrorism, have helped students in understanding the stock market and business in general.

"It helped me understand the stock market, the value of money and how those relate to what consumers want," said senior **Ryan McDonald**. "The airline situation has been an example of how a company can be successful or easily broken. I think that the information from this class has helped in preparing us for the business world."

Thompson's class took about 5-10 minutes each period to bring the class up-to-date daily on what was happening and talk about it. He says it is easier to talk about the different branches of government when they are in the news every day.

"I enjoy getting to debate and learn about current political issues," said senior **Amber Swacker**, "and the class discussions help in understanding what I hear in the news."

Group discussions improved student interest not only because they were a chance to learn about current events, but because they also gave a chance to relate to things.

"Recent events and class have shown me the important role of everyone and how crucial it is to be involved and have a say in important issues," said senior **Rebecca Rodrigues**.

"Class discussions are interesting because everyone has a different opinion on what is going on and it gives me a broader range of what people my age think," said senior **Michelle Warnock**.

-- Melissa Mills

LOOKING back at the past





History takes a different turn

As junior **Matt Griffith** taps his pen on his desk, he anxiously awaits for the bell to ring. In a few minutes, he will have a very interesting lecture about the past, about the Civil War and many other things that correspond with his American History class.

"I have to say that this class is far easier than most classes I have," Griffith said. "Pretty much all we do is sit and take notes over the lectures that the teacher gives us."

According to Griffith, there isn't a lot of homework in history class.

"The homework is minimal unlike most classes where there are assignments every night," Griffith said.

Instead, EHS juniors like Griffith participate in group projects and hands-on learning. They get the opportunity to work with everyone in the class. Each of the American History classes worked on a Civil War project where they had to present a poster with 5 facts and 6 pictures.

"The poster project helped me to expand my knowledge of the Civil War," Griffith said.

According to American History teacher, **Deb Markert**, her students have the opportunity to work with every classmate.

"I don't always let the students work with their friends in a group project," said Markert. "It's a nice transition to get them away from their friends so that they can learn more about what their classmates think."

Sophomore **Felicia Coe** thinks that the World History class is a good learning experience for anyone who isn't normally into history.

"I enjoy history class because of all of the cool things that we get to learn about, and all of the things we get to do," said Coe.

Activities that the students participate in are relevant to each historical period.

"They get to do some pretty neat things according to what they're learning at the time," Markert said. "For instance, if we are studying the Civil War, then we may go to a movie theatre and watch a movie about it."

Junior **Matt Daugherty** thinks that the activities the class gets to do and the field trips they get to take are fun. One of the activities that took place was a field trip to the Historical Building.

"We went to the Historical Building in November to see some exhibits on the Civil War," said Daugherty. "I am also looking forward to seeing the 'Battle of Bunker Hill' exhibit."

Many activities can be made into skits or reports that the students have to do research on.

"We did a skit about the resignation of President Nixon and I got to be Nixon," Griffith said. "It was fun."

According to Daugherty, the skits were very informative to the students who watched.

"When I watched the skits being played out, I got a lot of information that really helped me on my tests," he said.

Students normally take history classes in their freshman, junior and senior years. Sometimes they can be taken sophomore year as a replacement class, or if history was skipped the year before.

"The reason why students don't have to take history as a sophomore is because it's only required for three years to get into a local college," said Markert.

-By Cheyenne Thompson

Sophomore Felicia Coe





Junior Matt Daugherty

Junior Matt Griffith

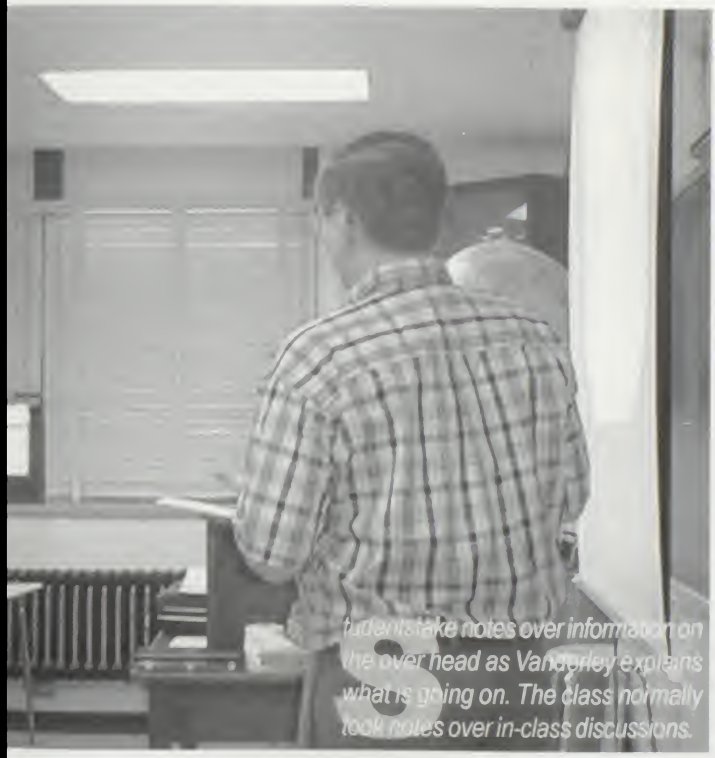




tudents listen to a lecture by teacher **Fred Vanderley** *(at left). The class takes notes over all the lectures that they are given and the videos they watch. Below, students in* **Deb Markert's** *American History class prepare to take notes over a video.*



Photojournalist: Amanda Byrkett & Cheyenne Thompson



tudents take notes over information on the over head as Vanderley explains what is going on. The class normally took notes over in-class discussions.



The World of History

A look @ the famous moments...

1) English Rights
2) New State Constitution
3) Articles of Confederation
4) Weaknesses of Articles
5) Issues confronting a National Gov.
6) Land Acts 1785, 1787
7) Shay's Rebellion Reading
8) Annapolis to Philadelphia Convention
9) Profile of the US in the 1780's
10) The Washington Years – Presidents Roles
11) Hamilton: Our Financial House
12) Hamilton Jefferson
13) The Rise of Political Parties
14) Foreign Affairs' Problems
15) Washington's Farewell Address
16) The Alien and Sedition Acts
17) The Virginia Dynasty
18) Jefferson Background
19) Washington, D.C.
20) Monticello: Home of Thomas Jefferson
21) John Marshall's Important Cases
22) Louisiana Purchase
23) Exploration of the Purchase
24) Jefferson's Accomplishments in His First Term
25) Jefferson's Second Term
26) James Madison 1809-17
27) America's Economic Warfare
28) Nation's Imports Exports
29) Opposing Influences
30) The Treaty of Ghent & Costs of War
31) The Results of the War of 181
32) W.S. Building National Unity
33) Important Inventions
34) The Lowell Girls
35) Life/Work in New England Mills
36) Immigration
37) Post War America
38) Missouri Compromise 1820
39) Election of 1824 and the Corrupt Bargain
40) Jackson Background

A PROGRAM that cares

Peopel PE provides special coaching



Have you ever wondered what Peopel P.E. is and why the gym was closed off during the lunch hours twice a week? If so, read on.

"Peopel P.E. is an acronym that stands for Physical Education Opportunity Program for Exceptional Learners," said special education associate **Rhonda Anderson**. "The program has to be adaptive because the students that participate in it aren't as physically able to do things other students can do."

"It's important to know that Peopel P.E. is not just for special education students; other students are in it, too," said Peopel P.E. teacher **Joyce Vickroy.**

Students in the program go to the small gym and pool areas to participate every Tuesday and Thursday during lunchtime.

Terrie Fenstermann and Vickroy are the teachers that govern the gym classes.

"This is my second year working with the program. I've never worked with the special education students before so I didn't know what to expect," said Fenstermann. "They are very easy to work with because they have a lot of energy and love to play games."

Along with Fenstermann, Vickroy and Anderson, there were many students that acted as peer helpers in the program. Sophomore **David Curtis** was already familiar with the program.

"I started as a peer helper at the beginning of this year. My older brother was a peer helper, so I thought I would become one, too," said Curtis. "It's a great program and I plan to be a helper until I graduate."

Even though the program has had many helpers this year, they sometimes had problems trying to recruit students.

"Sometimes it's hard to get any students because not many people know about the program or some just don't want to help," said Fenstermann.

"The biggest problem I'd say would be schedule conflicts. The program is during fifth hour lunches, so some students don't want to part with their friends," said Vickroy.

Outside of some recruiting problems, the program has gone smoothly, according to Fenstermann.

"This year was better than last year because I knew what to expect. I'm much more relaxed with the students now," said Fenstermann. "The kids are very busy. They are unlike other students who I have to repeatedly tell to get up, run, swim, and wet their hair. There's not a lot of just standing around."

-- Reeio Sumabat



ll smiles and no fuss is displayed by a student while participating in Peopel PE class. A little-known fact about the program is that it started more than fifteen years ago in the Des Moines Public Schools.



hree of this semester's peer helpers take time out of gym to pose for a quick picture, at right. Pamela Moreno, Victoria Punelli, and senior **David Williams** help Joyce Vickroy with the class.



elpers pair up to get ready for a scooter race. Senior **Pamela Moreno** holds tight as a partner pushes her off. Teacher **Joyce Vickroy** has participated in helping the students since the start of the program over fifteen years ago.

Photojournalist: Jay Sherman.

Would you ever become a Peopel PE Helper?



"I don't think I would. I'm too lazy and I don't have time in my schedule." *– Jr. Mi Lo*

"Yes, because I feel bad for the kids and I want to help them." *– Fr. Jodi Housley*



"I don't think I would be able to because my schedule is too crowded." *– Fr. Dawn Saunders*

"I would love to work with the program, in fact I'm doing it next year." *– Soph. Chelsea Peterson*







esides fun and games, physical fitness is also a part of the Peopel PE program. At top, senior **Victoria Punelli** displays great speed as she slides out in front of the group at the sound of the whistle.

eeling the burn, senior **Pamela Moreno** and three other students start to run for their gym warm-ups. A little-known fact about the program is that all Des Moines Public School have it.

Bush Lashes Out on Terrorism

Today, our fellow citizens, our way of life, our very freedom came under attack in a series of deliberate and deadly terrorist acts... These acts of mass murder were intended to frighten our nation into chaos and retreat. But they have failed. Our country is strong... America was targeted for attack because we're the brightest beacon for freedom and opportunity in the world. And no one will keep that light from shining. Today, our nation saw evil, the very worst of human nature, and we responded with the best of America, with the daring of our rescue workers, with the caring for strangers and neighbors who came to give blood and help in any way they could... Our first priority is to get help to those who have been injured and to take every precaution to protect our citizens at home and around the world from further attacks. The functions of our government continue without interruption... The search is underway for those who are behind these evil acts... We will make no distinction between the terrorists who committed these acts and those who harbor them... And on behalf of the American people, I thank the many world leaders who have called to offer their condolences and assistance. America and our friends and allies join with all those who want peace and security in the world and we stand together to win the war against terrorism... America has stood down enemies before, and we will do so this time. None of us will ever forget this day, yet we go forward to defend freedom and all that is good and just in our world.

– President George W. Bush, 9/11/01

"None of us will ever forget this day, yet we go forward to defend freedom and all that is good and just in our world."
-President George W. Bush

"The appalling attacks... demonstrate more clearly than ever the threat such fanatics pose not just to your democracy but to all democracies and civilized values in the whole world...only politics, not terror, can solve issues like this...Terrorism is terrorism wherever it occurs and whoever are its victims."
-British Prime Minister Tony Blair

"We're learning once again that freedom and liberty and the American way of life are not a birthright. It is time for us to pick up the mantle to destroy terrorism and remove this cancer."
-Navy Secretary Gordon England at Norfolk, Virginia



East alum Andrew Graeve, studying at Columbia University, tells his story of our generation's day that will live in infamy: September 11, 2001.

I woke up to sirens and a commotion in my suite that Tuesday. Rolling over in my bed, I tried to go back to sleep; however, I was thrown out of my bed when one of my suitemates screamed, "Oh, my God! No!"

My mouth dropped and a chill went up my spine as I looked out of my window. The World Trade Center's Twin Towers, two buildings I had just stared at two nights before on the top of one of the dorm roofs, was engulfed in smoke and disappearing before my eyes.

"Oh, my God," I kept repeating to myself as I came back inside and stared at the TV with about nine other people, all stunned and all speechless as the world and city we had become used to were disappearing before our eyes. We shuddered as they replayed the second plane crashing into the second tower; we cried as we began to understand that the buildings were not just damaged, but destroyed; we were in total disbelief as we learned that we were experiencing one of the most horrendous days in America's history. On the most beautiful day since classes had started, something dramatic had happened, and our lives were changing; our lives would never be the same.

As I walked around campus rumors flew and people cried. I saw people screaming at cell phones, dialing frantically and trying to make some connection with a loved one to see if they were ok.

While walking downtown, with many others, toward the hospitals to give blood, I saw the mass of people trying to go uptown, trying to escape Manhattan and escape the mayhem. There were so many people, all completely silent, just walking as if just walking would cause the tragedy to finally sink in.

No one could fathom that this was not a dream and that many people were dying. The truth was that many innocent people were dying as victims in a city that is supposed to be strong and untouchable.

That day still seems to be so far away and it still seems that it did not happen. But it did. And everyone here is still trying to come to grips with the events of this week. Everyone in the city is still in dismay and disbelief. There was a midnight vigil on the steps of the university library on Tuesday night and there have been prayer services, sock collections, volunteer sign-ups and everything imaginable to help in some way on this campus.

While the towers are now gone, the consensus in the city is that we will survive, we will come out on top. It is like the spirit of a downtrodden man, who, though beaten, fights with all of his might to rebuild and win.

I wake up every morning wanting to look out my window and see the towers again, wanting to see those symbols of America rising to the sky. But every morning I am instead reminded of the world that we live in, a world that is not daisies and roses, but a world where there is great evil and terror.

The two towers that I saw last on September 11 will never be erased from my mind and I will always remember the smoke from the towers, the pictures on television and the silence of the people. It is okay that I will never be able to forget; I just wish that I would wake up soon.



The Terrorism Timeline
(in Eastern Standard Time)

- 7:58 a.m. United Airlines Flight 175 departs from Boston's Logan Airport for Los Angeles with 56 passengers and 9 crew members.
- 7:59 a.m. American Airlines Flight 11 departs from Boston and starts toward Los Angeles with 81 passengers and 11 crew members.
- 8:01 a.m. United Airlines Flight 93 leaves Newark, New Jersey, for San Francisco with 38 passengers and 7 crew members.
- 8:10 a.m. American Airlines Flight 77 departs Washington's Dulles International Airport for Los Angeles with 58 passengers and 6 crew members.
- 8:45 a.m. American Airlines Flight 11 crashes into the north tower of the World Trade Center.
- 9:06 a.m. United Airlines Flight 175 crashes into the south tower of the World Trade Center.
- U.S. Federal Aviation Administration shuts down all New York airport areas.
- 9:21 a.m. Bridges and tunnels leading to New York City are closed.
- 9:25 a.m. All domestic flights are grounded by U.S. Federal Aviation Administration.
- 9:45 a.m. American Airlines Flight 77 crashes into the Pentagon's east wall.
- 10:00 a.m. The south tower of the World Trade Center collapses.
- 10:05 a.m. The White House is evacuated.
- 10:10 a.m. A large section of one side of The Pentagon collapses.
- 10:29 a.m. The north tower of the World Trade Center collapses.
- 10:37 a.m. United Airlines Flight 93 crashes in Shanksville, Pennsylvania, 80 miles southeast of Pittsburgh.
- 5:25 p.m. A third building of the World Trade Center collapses.

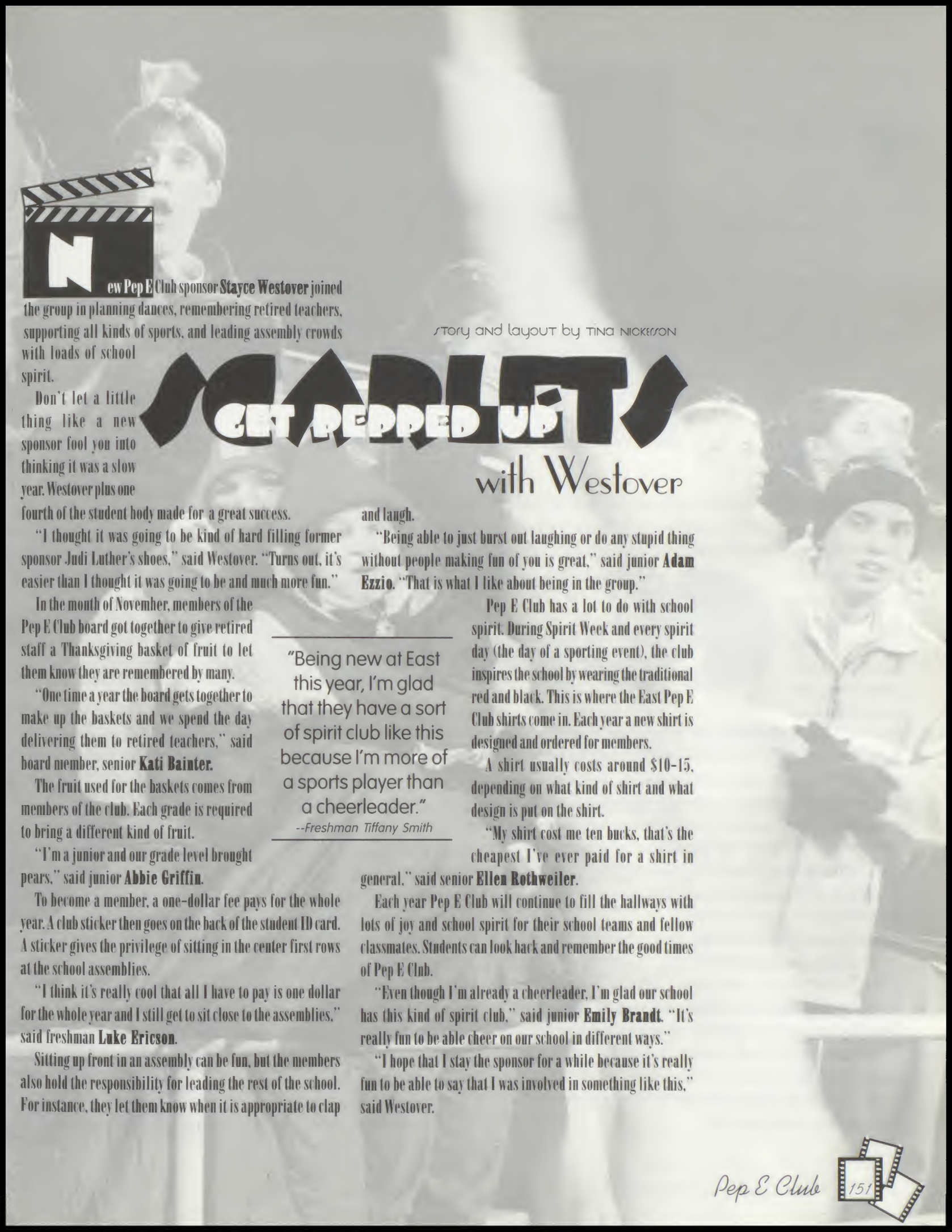
Design: Cheri Fenton


our leading roles
our leading roles
our leading roles
our leading roles
our leading roles
our leading roles
organizations
BEHIND the SCENES





Officers, seniors Natalie Plummer, Lindsey Richardson, Stephanie Stapes, and Katie Bainter are pep & spirited but, nevertheless, glad to be on their senior final path.



SCARLETS GET PEPPED UP with Westover

story and layout by TINA NICKERSON

New Pep E Club sponsor **Stayce Westover** joined the group in planning dances, remembering retired teachers, supporting all kinds of sports, and leading assembly crowds with loads of school spirit.

Don't let a little thing like a new sponsor fool you into thinking it was a slow year. Westover plus one fourth of the student body made for a great success.

"I thought it was going to be kind of hard filling former sponsor Judi Luther's shoes," said Westover. "Turns out, it's easier than I thought it was going to be and much more fun."

In the month of November, members of the Pep E Club board got together to give retired staff a Thanksgiving basket of fruit to let them know they are remembered by many.

"One time a year the board gets together to make up the baskets and we spend the day delivering them to retired teachers," said board member, senior **Kati Bainter.**

The fruit used for the baskets comes from members of the club. Each grade is required to bring a different kind of fruit.

"I'm a junior and our grade level brought pears," said junior **Abbie Griffin.**

To become a member, a one-dollar fee pays for the whole year. A club sticker then goes on the back of the student ID card. A sticker gives the privilege of sitting in the center first rows at the school assemblies.

"I think it's really cool that all I have to pay is one dollar for the whole year and I still get to sit close to the assemblies," said freshman **Luke Ericson.**

Sitting up front in an assembly can be fun, but the members also hold the responsibility for leading the rest of the school. For instance, they let them know when it is appropriate to clap and laugh.

"Being able to just burst out laughing or do any stupid thing without people making fun of you is great," said junior **Adam Ezzio.** "That is what I like about being in the group."

> "Being new at East this year, I'm glad that they have a sort of spirit club like this because I'm more of a sports player than a cheerleader."
> --Freshman Tiffany Smith

Pep E Club has a lot to do with school spirit. During Spirit Week and every spirit day (the day of a sporting event), the club inspires the school by wearing the traditional red and black. This is where the East Pep E Club shirts come in. Each year a new shirt is designed and ordered for members.

A shirt usually costs around $10-15, depending on what kind of shirt and what design is put on the shirt.

"My shirt cost me ten bucks, that's the cheapest I've ever paid for a shirt in general," said senior **Ellen Rothweiler.**

Each year Pep E Club will continue to fill the hallways with lots of joy and school spirit for their school teams and fellow classmates. Students can look back and remember the good times of Pep E Club.

"Even though I'm already a cheerleader, I'm glad our school has this kind of spirit club," said junior **Emily Brandt.** "It's really fun to be able cheer on our school in different ways."

"I hope that I stay the sponsor for a while because it's really fun to be able to say that I was involved in something like this," said Westover.

To the right, members of the Sr. board stand in the senior hallway to pose for this picture. A few of them are also in student government. At the far right, student government sponsor Samy El-Baroudi helps the group plan an event. These meetings took place in the early mornings at 7:10, usually in room 202.





SCARLETS IN CONTROL

Story and layout by Stephanie Carter

Many students helped raise money for the school and the activities that are held here, but the group that helped out the most with this is Student Government. This year they helped raise over $5,000 for the victims of the September 11 terrorist attack.

"The turnout for the amount of money we all helped raise was incredible. At the homecoming assembly, our check was given to a woman from the Red Cross who then put it in with all of the other donations. It was just a really good feeling to know that we could be that much help to people who needed it," said senior **Shannon Scarlett**.

The members also helped with the annual food drive, collecting many food items with the school's help, this year over 3,000 items. The canned food drive is normally a contest, but not this year.

"We didn't push to make the drive a contest this year because of everything that was happening in September. We just figured that we would try to help the people as much as possible," said sponsor **Samy El-Baroudi**.

The students in this club also did all the planning for the Homecoming Dance. They prepared for the dance by planning the decorations and finding a D.J. The dance is one of the biggest reasons why students decide to join Student Government.

> "We didn't push to make the drive a contest this year because of everything that was happening in September."
> – *Sponsor Samy El-baroudi*

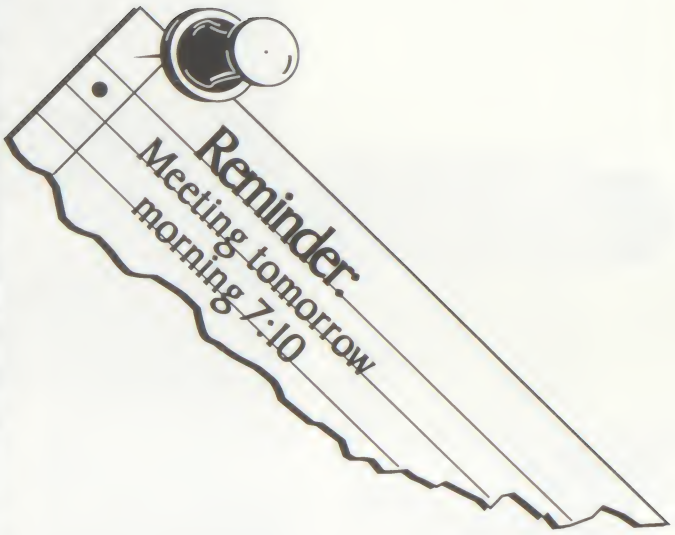
"I wanted to be in Student Government because I wanted to help out with the planning of the Homecoming Dance. The kids always do a really good job planning it and I decided that I wanted to help," said senior **Krista Wicker**.

Of course, being in Student Government is the closest that most kids really get to being in charge. But, students can't just show up for a meeting and be in the club. They have to get a series of signatures including a parent, four administrators, eight teachers, and sixteen peers. That alone can be quite a task, but being in Student Government has its rewards for doing the work to get in.





Photojournalist:Amber Swacker



senior board: working behind the scenes

Students on the Senior Board get in on a lot of action throughout the year. They help organize Prom, the Senior Breakfast, the distribution of the senior t-shirts and tons of other things. The students are under the direction of Vice Principal **Gary Rourke**.

"The kids are divided into groups that help out with certain events and are on a committee. They sign up at the beginning of the year and then do the stuff that they sign up for. If the main person in charge of the event needs help, we help them," said Rourke.

The events that the board helps out with are mainly senior activities. The students that sign up to be on the committee are required to turn in a slip to Rourke and then they are divided into the committees.

"Most of the students that are on the board like to be on the Prom committee because it is the biggest event as a senior. Lots of them also wanted to work on senior commencement because they are the ones that are graduating," said senior **Tiffani Armintrout**.

However, many students find that being in an organization like this one also helps make college applications look good. Colleges like it when they see students who have experience with helping certain organizations. In many ways, they say that it gives the students a sense of leadership.

"I chose to be on the board because I wanted to help out. I also got on because it looks good on college applications and college is something that I look forward to very soon," said senior **Holly Buch**.



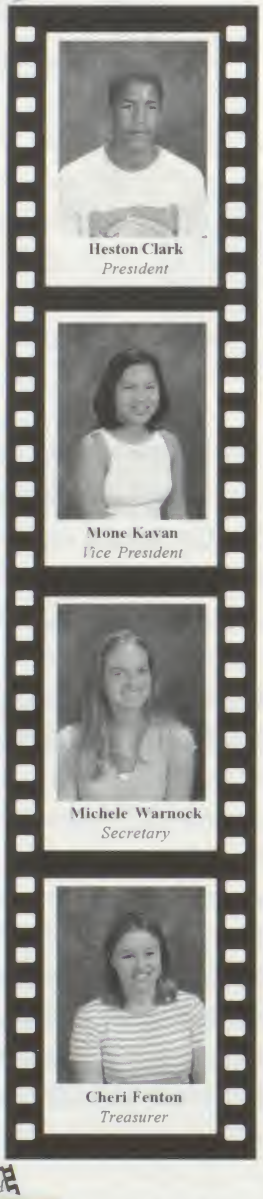
Seniors pose for a picture in the middle of class. These seniors are in both student government and on the sr. board. Many of the students on in of these organinations are more than likely to be in the other too.

Going over some of the latest work of National Honor Society, sponcer Linda Saddoris and senior Heston Clark lead the committee during a bi-weekly meeting.





NHS Officers:



Heston Clark
President

Mone Kavan
Vice President

Michele Warnock
Secretary

Cheri Fenton
Treasurer

Ultimate Spiraling to the

story and layout by Shannon Noble

With activities like a Teddy Bear Drive, a fundraiser benefiting elementary school libraries and Race for the Cure, National Honor Society was able to help not only themselves, but also their community. Last summer they played a major role in the Memory Spiral project as improvements were made.

"We have made a lot of progress on the Spiral," said NHS sponsor **Linda Saddoris**. "Trees have been planted and pavers are being engraved."

During summer vacation, President **Heston Clark** volunteered to regularly water the trees around the site.

"It took two hours to water, but I was able to lessen it to half an hour," said Clark.

Along with all of the construction work and tree planting, a manual was made with the help of NHS. The manual explains the purpose of the outdoor classroom, how to take care of the building and how to tend to the trees and plants around it.

"This manual will give the future NHS members a look at the work that was done and the need for their cooperation," said junior **Chelsea Pickett**.

Saddoris and NHS members want to give recognition and a big thanks to Brett Douglas for his hand with the Memory Spiral. Also to drama teacher Ruth Ann Gaines for the great idea, teacher Jerry Goodrich for designing the time capsule, parent Connie Boesen for helping with fundraising and, last but not least, former principal Jerry Stilwell for his role as committee advisor.

> "We have made a lot of progress on the Spiral. Trees have been planted and pavers are being engraved."
> – *Sponsor Linda Saddoris*

NHS was also divided into subcommittees, one being literacy. That committee, along with the help of other NHS members, put together a major fundraiser to help buy books for specially selected elementary schools in the school district. The schools are made eligible based on a higher-than-average percentage of students receiving government-subsidized free or reduced lunches.

"Children need access to decent libraries to encourage them to read and prosper in knowledge toward the beginning of their careers as students," said senior **Cheri Fenton**.

Fenton was the literacy chairperson this year. She organized the fundraiser and wrote to businesses around Des Moines for donations to the fund.

"Not all children and their families have money for books and many schools are short on funding as well," said Fenton.

In November, the group helped with the Teddy Bear Drive. Donations were sent to children otherwise without gifts.

"It's really good that we do it, it makes the children happy to get a special gift," said senior **Michele Warnock**.

NHS received 100 stuffed bears, one raccoon and one dog donated through the fundraiser.



Working together as a team, NHS members dig holes to plant trees around the new memory spiral being built in the north lot. Below is the new key club sponser, deborah peterson.

SUCCESS
UNLOCKING THE DOOR



On the right, sophomore josh young does his duty as president, searching for what the students hope for in the coming months. Below, juniors stacy knight, shannon noble, and chelsea pickett work hard helping with the tree planting, along with parent karen pickett.





Key Club Officers:



Josh Young
President



Jennifer Palmer
Vice President



Shane Maxson
Secretary



Lewis Grim
Treasurer

2001-2002 has been a major rebuilding year for Key Club. With the loss of former sponsor Christina Martin, the team members had to pull together to make a strong, productive team.

The club dedicated their time to helping the community. Anything they gained or earned was handed right back to selected communities in hopes of making a better world. History teacher **Deborah Peterson** took the team into her own hands.

"There's absolutely no regrets in taking this club," said Peterson. "They're a great bunch of kids."

Sophomore **Josh Young** took the honor of leading the students as president this year.

"It's been a great job so far," said Young. "I have no doubt the following years will be just as great."

The Key Club held a fundraiser selling candy bars. The money raised went towards their trip to the districts meeting, in March.

"Selling candy bars was a great success," said sophomore **Molly Hegan**, also recognized as the "Outstanding Member" this year.

These students volunteered their time and money to help the community around them. Through their hard work, most agree that coming together and making things work was one of their biggest accomplishments this year.

"We never gave up and learned a lot from each other," said Palmer. "A lot of us became friends."

The team did their best to stand by their motto, "We don't make keys, we unlock doors."

GETTING THE WORD OUT

story and layout by pon thipyothin

Teen pregnancy, racism, domestic violence, drug abuse and peer pressure are some of the many issues that surround teenagers during their high school years.

A group called Voices of Change tries to teach younger kids about these issues through performing skits.

"We travel to other high schools and middle schools to perform skits that teach them how to deal with issues such as racism and peer pressure," said senior **Ellen Rothweiler**.

While Voices of Change members perform skits, Leadership Council members also try to influence other high schools to teach students to stand up for diversity.

"East is a very diverse school and getting along can be a problem because of someone's race," said sophomore **John Gines**. "During our meetings, we discuss how we can make East a better school."

Both groups are sponsored by drama teacher **Ruth Ann Gaines** along with the help of teachers **Fannie Cunningham** and **Vidal Spaine**.

"Our goal is to make a difference and network with other schools to help them get started," said Gaines.

Since Voices of Change students automatically become members of Leadership Council, the groups share similar goals. Each fall the students attend a retreat where they plan what they would like to do throughout the year.

"This year the retreat was held at the Urban Campus DMACC. We divided into four groups and discussed our ideas and what had to be done to carry out each plan," said senior **Danelle Drayton**.

Some of the ideas and plans made during the retreat will not be carried through like previous years because with a new school financial policy, the group will not be traveling as much as they did in the past.

"It's hard for us now because we used to be able to travel out of town with Voices of Change to perform their skits, but we can't do that anymore," said Gaines.

> "Our goal is to make a difference and network with other schools to help them get started."
> – Sponsor Ruth Ann Gaines

But a few of the traditional activities, such as "student exchange, forums and celebration of diversity" were made possible this year.

"We celebrated Black History month in February and did an exchange with Hoover High," said junior **Neil Hall**. "It was fun, but I wish we could travel more because that's how we get the word out to other schools."

Even though the groups are limited in traveling, Leadership Council and Voices of Change students managed to get together during meetings and discuss issues on how to make their school a better place for the students at East.

"I think it's best to start discussing issues that concern us here at East first before we go to other schools," said Gines. "I've noticed that we've had fewer fights than previous years since we discuss the issue of being role models for younger kids."

The groups yearly continue to make a positive influence on teens and younger kids through their planning and ideas. This year Leadership Council sponsored the Fourth Annual Youth Diversity Conference at Hotel Fort Des Moines.



At right, Voices of Change members practice a skit for an upcoming performance. The skits were usually five minutes long.



At a meeting, sophomores Charles Reese and Somwang Kitthikoune discuss their ideas the group met once a month throughout the year.



Leadership council members senior danelle drayton, juniors veronica reed, kamaye steward and sophomore laquana mitchell take time off from planning for the year to pose for the camera. this group originally started in 1994 to teach kids to stand up for diversity.

Photojournalist: Adam Ezzio.











Letter of Achievement

Awarded to

Destination Imagination

for

Great use of imagination

On ____ of ____ 20__

ACADEMIC their best

STORY AND LAYOUT BY OUDAPHONE TRAN



Academic Competition: an organization for brainiacs. Just kidding. Not all the members of Academic Decathlon and Destination Imagination knew everything, but they did use their brainpower. By using their superior thinking skills, these students solved everyday problems that you would see in your everyday life, but only with a limited amount of time and in front of a huge crowd filling up an entire auditorium.

The members of these organizations were just some of your everyday, normal students whom you might see in the halls. They could even be one of your friends that you hang out with.

"Many students think that we are geeks who have a lot of time on our hands and just study," said junior **Ashley Botts**.

The knowledge that these students gathered from their meetings and performances helped them get through life and solve problems. Many folks thought that just because these groups of kids were in an organization that had them answering hard questions, they knew everything.

"We don't know everything, but the stuff we've learned can sometimes be useful for our schoolwork and in our classes," said senior **Sarah Guhl**.

The problems that they encounter are ones that anyone would come across on an everyday basis. The information that they get from solving such difficult problems is used in their schoolwork to help them figure out what to do and how to do it.

"Giving a speech isn't fun, but it's something we have to do in order to proceed to the next stage," said junior **Emily Grover**.

Three to five minute speeches are one of the requirements to being part of the group. Subjects range from serious issues to things less serious. If the team does well on them, they go on to the regional and then state finals.

> "To join Academic Decathlon, all they have to do is ask the members or the teachers in charge of the organization."
>
> – Junior Katherine Rogers

The team studies and does their speeches on Tuesdays and Thursdays after school, but sometimes they did over-time on their meetings. They met five days a week after school for one week to get some things over and done with.

"There were some things we needed to get ready for the time when we were going to go and compete the other teams from other schools," said science teacher **Maureen Griffin**. "but when we aren't that busy, we spend our time studying."

Destination Imagination is nothing more than seven students getting together and solving problems in front of a crowd in a limited amount of time. An eight-minute skit with recycled props is performed in front of judges. If the team does well on their skit, then they get to go the regionals and from there to state. If they succeed, the team will go to Tennessee for the world conference. Only one team will get to go.

"I like being part of the group, it gives us a chance to 'think outside of the box' in order to solve our problems," said sophomore **Ryan Neff**.

Their regionals are held in Ames at Iowa State and Grinnel for the state conference.

"I think that it's a lot of fun being part of a group that competes against other teams from all around the world," said sophomore **Matt Sowden**. "We get to see different people from all over."

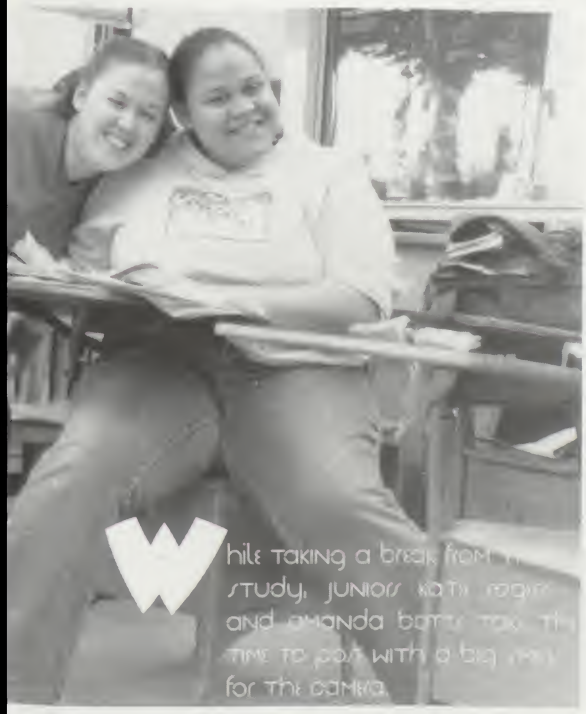




Two teachers and students look towards junior Amanda Botts for answers, at near left. The group met after school Tuesdays and Thursdays.

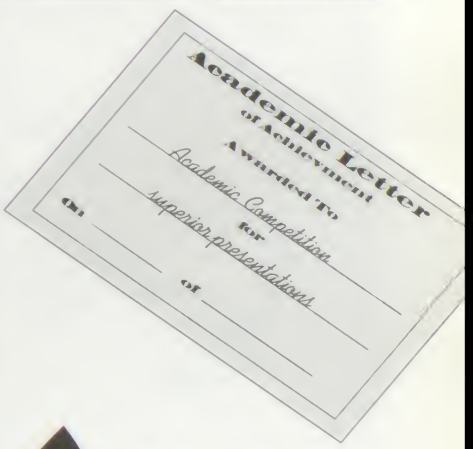
A surprise look appears on the face of junior Emily Grover, below, as she is caught off guard by one her classmates.





While taking a break from [illegible] study, juniors Kati Rogers and Amanda Botts took the time to pose with a big smile for the camera.





As the meeting progresses, at near left, a student takes notes to make her presentation even better under the watchful eye of the teacher sponsors.

Participation makes it Possible

story and layout by Melissa Mills and Scott Flaherty

Every year students attend athletic events, jamborees and the post prom party, but many don't realize all the work that goes into making them possible. Booster Club and PTSA are two parent organizations that fuel these activities.

"The main purpose of Booster Club is to support athletics," said **William Watson**, athletic director. "They are responsible for raising money for the teams' uniforms and equipment."

This money is raised from the profits made at concession stands run by Booster representatives during the year and raffles at home events. The club also supports East's teams by hosting the annual Fall Jamboree.

"The jamboree is held to introduce the new sports teams and performing groups. It's basically a sneak peek of what's to come in the new school year," said senior athlete **Alyssa Wilson**.

Another cause, besides all 19 athletic teams that the club supports is the purchase of a golf cart for general use at Williams Stadium.

"In future years it is hoped that the Booster Club will supplement the athletic budget and provide a means to purchase more and better equipment," said Watson.

In the past PTSA has been supported by donations but with the tragic events last fall many organizations are donating to other causes. With no donations PTSA were left to raise their own money.

"In order to support Post Prom, PTSA bought a car to raffle off," said President **Phyllis Boland**. "However, we have not had enough help to be very successful."

Raffle tickets were given to parents at senior meetings to be sold at sports events. The organization also looked to senior board for help in volunteering to sell raffle tickets at Hy-Vee.

"PTSA has asked senior board for help a couple of times, but we haven't really been able to assist them much," said senior Class Secretary **Rebecca Rodrigues**. "Part of the problem is I don't see all the members every day to see if they can help. Also, they don't give us much warning, so by the time we are aware of fundraising opportunities, many members are not available because of work and other obligations."

Some other ways of raising money PTSA has tried are gift-wrapping at K-mart and adult dances held at the Elk Club. All of this hasn't quite been enough, and the organization is hoping to gain more support from parents and students, specifically senior board. If enough money is not raised, there can be no Post Prom.

"It would be pathetic not to have a Post Prom this year," said senior

Amber Swacker. "It is important because it is a free, safe, substance free way for students to celebrate after prom and their last dance of their high school career."

Facing these problems has shown PTSA that it is time for a change. Some members believe that under these circumstances and with support from the new Principal, Tom Lee, PTSA may be reconstructed.

"Mr. Lee has an idea to expand the organization that hopefully will bring more members and support, and improve our ability to channel ideas," said member **Susan Griffiths**. "There has been a good chemistry between PTSA and the community over the years and I don't see why great things aren't possible."

The EHS choral music program received its biggest support in years with the creation of a new parent booster group, CLEF.

CLEF, Choral League of East Foundation, was created by the parents of East High's choral students to help the choral program and its students get on their feet financially and help them compete with music programs like Roosevelt's and Dowling's.

On September 7, 2000, in the East High Auditorium, CLEF held its first official meeting that lasted form 7:00 to 8:40 p.m.

During the first meeting the parents adopted the by-laws and the articles of incorporation for CLEF and also elected officers and committee chairmen. Choral teacher **James McNear** also spoke about what the choral groups did over the summer.

"I think it's a wonderful organization and they are truly here to help the students," said McNear. "Generally parents aren't very involved in the vocal program and this is a great way for them to be able to help their sons and daughters."

Parents are not the only participants in CLEF. There is also participation from graduated seniors from last year involved in CLEF.

CLEF was put together by many of the parents, but **Debra Watson** initiated the process.

"I kind of got the ball rolling," said Watson. "I saw Mr. McNear needed help so I suggested a booster club for the Vocal Music Department."

"I like having a parent that is active in the extracurricular activities I am in because she reminds me and keeps me up to date with events going on."

- Senior Valerie Boland

Watson knew that not everyone was an all-star athlete, and East needed more groups supporting more than athletics.

"Mr. McNear is a great asset to our program, but there's no way anyone should be juggling as many jobs as he was," said Watson.

"We try to help Mr. McNear run a smoother music program by taking care of coordinating things big or small," said president **Don Conn**.

CLEF has sponsored events such as preparing a Madrigal Dinner to help raise funds for East vocal music.

Individuals had to try out to perform at the dinner. Each student selected a reading from the script and prepared a two-minute song presentation.

CLEF hopes to help with sound equipment and new choir robes. Also in the future CLEF hopes to create scholarships to help music students go to college.

"A dream is eventually to have scholarships for students for after high school if they want to continue on with music," said Conn. "This idea is still in the infancy stage though."

Before the initial meeting with the parents a great deal of planning had to go into CLEF to get the organization on its feet.

"There where four initial meetings before the first official meeting" said junior **Seth Conn**. "I was interested in the new organization and so attended a few of the meetings to find out what was going on."

The parents of the board are not the only ones who make the decisions for CLEF. Two students are chosen from each class to be representatives and inform the board what the students think is important for the Vocal Music Department.

"The group is guided by the needs of students, and we can't find out their needs if they don't participate," said McNear.

"East has had a great tradition of fine choral groups and directors as well as wonderful students and they need an organization to support those efforts," said former president **Dan Flaherty**.



^1928: These Scarlet guys pose in their hand-made sweatshirts and show school spirit.

v 1969: Cheerleaders lead the Pep E Club in the school song.





^1988: Players' peers get "into" the game and cheer for a basket!



SCARLETS Struggle

story and layout by Stacy Knight

Driving into the East parking lot on a Friday night for a game one might have a tough time finding a parking spot. Cars are parked every which-way: on the grass, curb and even medians. It looks like a great party.

But in the stands, uninterested and dull faces are seen everywhere across the crowd.

"There's more to a game than just going. You have to support the team not just sit there and talk to your friends," said senior **Kati Bainter**.

Bainter is one of the few students that show their school spirit and get involved during the games.

"I think it's fun to go and support the teams and get crazy. I wish that more people would get into it," said senior **Ginger Stevens**.

School spirit seems to be a dying tradition at East. In years past, stands were filled with energetic, hyped-up crowds, the band played fun, peppy songs and the mascot was allowed to show its face. But times have definitely changed. The roles of students don't seem to involve much spirit.

"I really don't see the point in going to the games," said junior **Eric Cooper**. "I usually don't have the time and it's not all that fun to watch if you seldom win."

Many students tend to feel this way, but some see it as the reason we don't win.

"It gives the players courage when they see the crowd getting into the game and cheering, not just sitting there looking bored. When they see their peers slouched and bored, they lose their will to fight and win a game," explains senior **Rajko Dimitrijevic**.

Some of the lost spirit can be blamed upon the mascot dilemma: is it or isn't it disrespectful to Native American Indians?

Throughout the years more and more restrictions have been put on the use of our mascot. Last year it was decided to "ban" the whole idea all together. Absolutely no use of an Indian head would be allowed. Some feel not being able to represent the school's mascot holds back creativity.

"I think we should be able to use our mascot as long as we are not being disrespectful," said junior **Eric Radley**. "One person that takes pride in representing the mascot theme positively is Justin Anspach. I don't see why we can't dress a person in full head dress; we're proud to represent our school with the Scarlet name."

It takes an outgoing person to step up and take the challenge. Some think that is exactly what we need. . . . a brave soul ready for the challenge.

"There were few leaders this year," said Bainter. "Someone needed to step up and take over where the Andrew Graeve's and Paul Drey's left off. We needed someone crazy like that!"

It is true that each class has their own aura and attitude about what they would like to get out of high school.

"I guess we can just hope the next class is more spirited than ours," said Bainter.

"I go to games because people come to mine. I think it's a sort of respect to support the players - whether they are your friends or not."

– Junior Garrett Hagins





< 1976: Not afraid to show his spirit, this junior struts his stuff as a "cheerleader" in a homecoming assembly.



^ 1990: Ready to beat an EHS rival, seniors show enthusiasm by painting their faces for a game against North!

Photos found by Stacy Knight.

< 1991: Senior Traci Adams dresses in full headdress for a Scarlets' basketball game.



< 1953: "Holla Holla!" Yelling for the home team, this sports fan gives his approval to a ref's call.



< 1954: This young lady gives it her all as she cheers on the girls basketball players.



> 2002: Excitement is in the crowd? Sophomores Jenny Carr and Jamie Nixon sit alongside seniors Jason Fitzgerald and J.D Smith looking for excitement.

Tony n' Tina Finally Got Married...

....after four month delay

After four months of waiting for scripts, doing improvisational skits, and preparing for show time, the fall play finally came, *and* was a success.

"It was terrible, we didn't have much to work with, but we did all we could till the scripts came," said junior **Mike Patrick**.

The Theater Arts class didn't get off to a great start with this year's fall play "Tony and Tina's Wedding." The major dilemma came from the scripts coming four months late.

"We didn't have a lot to do with all the time we had except look over our character parts, so we knew what to expect," said sophomore **Samantha Winebrenner**.

The scripts were coming from New York. Since mail wasn't able to travel through New York for a while (because of the 9/11 tragedy), neither were the scripts. The Samuel French Book Company may also have lost their order in mess.

"I think that we were rushed since we didn't get the scripts when they said they would come," said sophomore **Chris Guhl**.

When the scripts came about three weeks before their scheduled performance, they had to be looked over and cut by, Theater Arts teacher **Ruth Ann Gaines** and Principal **Tom Lee**. They took out a couple scenes and specific words that they felt were not suitable for a high school play.

"Because the play was mostly improv, it was hard to stay in character during rehearsal," said sophomore **Megan Niffeneger**. "A lot of the practices were pretty chaotic, so I think it shows how talented the kids were to pull the play off from close to nothing."

When the play finally arrived, the drama department had "The Madrigal Dinner" already in progress.

"I only could do one play at a time, and at that time I was doing the dinner," said Gaines.

After delays and preparing and auditioning for four months, the cast finally got to show what they could do with their talent. The cast had about three weeks to practice for the performance on January 12. They practiced every day for two weeks until the night came. Sometimes the practices reached eleven o'clock on school nights.

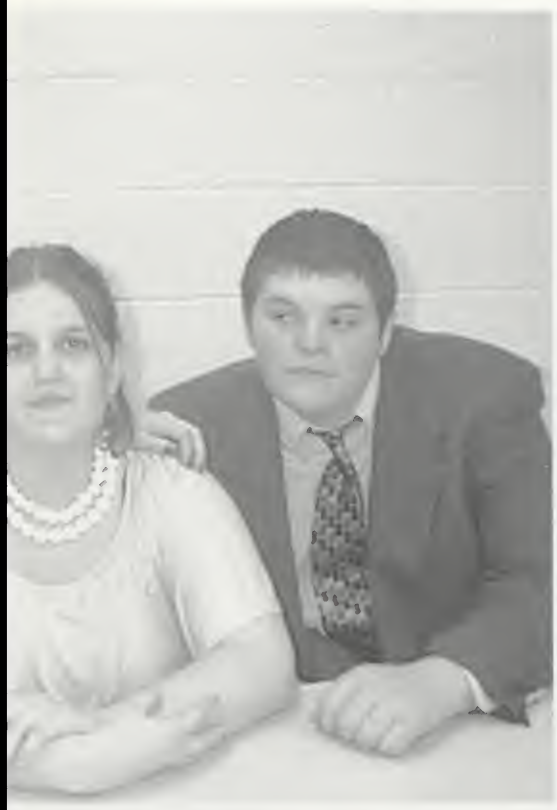
"Even though we had to give up sleep, time with families, and free time, everyone was willing to commit themselves to the play," said sophomore **Charlie Reese**.







ust "married," sophomore **Chris Kayser** and senior **Liz Rowan** eat their first dinner together. Next at right, seniors **Ellen Rothweiler** and **Austin Kayser** perform an improv skit during class. At far right, Austin gives junior **Abbie Griffin** a BIG BEAR HUG!











allflowers **Desiree Johnson, Johna Leverich**, and **Ryan Sutherland** wait for the cake to be cut (far left). Below, senior **Andrew Anderson** gives sophomore **Chris Kayser** a pep-talk before making the decision of his life. Trying to reach his brain, junior **Mike Patrick** sticks his finger in his nose.



Junior Ochoa

"THEATER ARTS WAS MY KIND OF CLASS BECAUSE I GOT TO EXPRESS MYSELF."

"IT WAS FUN BEING IN THE PLAY BECAUSE THERE WAS A LOT OF IMPROV."

Abbie Griffin



Layout and Story By: Valerie Blackford



Smile! board members take a moment to get a quick picture taken, at right. below right, junior amy kern sorts and arranges her fundraiser items for delivery.

TODAY'S STUDENTS ...tomorrow's professionals

story and layout by kelly clark

How does going to work not only to get paid, but also to get school credit sound? How about every six weeks having your employer evaluate you at work? That is exactly what the students that are involved in the Business Professionals of America program do.

"I work at Lutheran Hospital and it is a great job," said junior **Jessica Dyer**. "I like the surroundings and my co-workers, the work isn't hard either. [The job] is definitely going to help me with a career later in life because I have learned a lot. There are also other students that are involved in the program at their schools that work with me there too."

When a student signs up for an office education class that student is automatically a member of the BPA program. Although they are automatically in the club, they still have to qualify to be in it. To be a BPA member, a student has to be a junior or a senior and has to have taken at least one computer class.

"I had no idea that I was going to be in BPA, I have been taking computer classes to fill my schedule. I'm glad that I am now a part of an office education class and in the BPA program," said junior **Amy Kern**. "I know that these two things will help me when it really counts, in the real world when I have a career that calls for my skills I learned in high school."



The members of BPA do all kinds of different activities, like entering regional and state competitions, as well as electing officers and conducting meetings.

"I like going to the competitions. It is so much fun showing off all of our skills," said Dyer.

Office Education is a class to train students to make tables, type business letters and memos and any other basic computer skills that they may need to know when they get a job in the future.

"I think everyone should take at least one computer classes in high school, computers are used everywhere for everything," said senior **Leah Johnson**. "Without knowledge of how to do basic things that you need to know working with computers in an office, it would be nearly impossible to keep a good job."

A year in review for the Business Professionals of America











Descending from top right, juniors Danielle McConnell, Jessica Dyer, and senior Amanda Reed wrap presents for the Adopt a Family project.

Seniors Kerry Bloomquist, Ashley Bennett, and Leah Johnson pose at the Christmas party in the Slater, Iowa home of sponsor Mary Jane Kaldenberg.

Seniors Tracy Cooper and Phitsamai Songkham lounge on a couch and munch on goodies at the Christmas party.

Kern, McConnell, and junior Joey Russell listen in at a conference for BPA members.



Laying back on a comfortable raft, senior Vee Moua takes some time to relax by himself at the Upward Bound summer program students got to do a little more than just academic activities



While most students were spending last summer having fun with their minds off school, Upward Bound (UB) students were having fun at school. UB students were at Central College, Simpson College, and DMACC attending a six-week college session for the organization.

CLASSES TAKING AIM AT scholarships

story by reeio sumabat

"It's a great way to stay productive during the summer," said sophomore **Christy Lem**. "It gave me a chance to see what my upcoming classes were like and get a feel of what was expected of me."

Even though they took classes at the college, there were fun activities to do, too. UB students also got to participate in academic and cultural seminars, physical education activities (intramurals), and interactions with college students. They also received a $15 weekly allowance.

"I liked the activities that we did at the sessions. We went to dances held for us, it was really fun," said sophomore **Christopher Kayser**.

"One of the highlights of the summer program was when a friend of mine from Lincoln High and I got hypnotized," said senior **Austin Kayser**. "We were in wigs and glasses and everyone cracked up."

After the summer program and the start of school, the UB students started their mandatory weekly tutoring sessions. At the sessions the students meet up with a tutor from their corresponding college. They do school work together or anything the student may need help with. During school, they received $30 a month for the sessions.

"I enjoy getting the money. It really comes in handy when you need some extra change," said sophomore **SomWong Kitthikoune**.

But Upward Bound wasn't all about school work. The students got to attend field trips and the Central College UB students went to see the productions "Blast" and "Phantom of the Opera."

"I really enjoyed 'Blast'. Being in Upward Bound really gives me a chance to see and do things that I wouldn't normally," said Lem.

The UB students benefited in many ways from the program. Students gained a sense of confidence, improved grades, cultural enrichment, and chance to mingle with new and different people.

"The students primarily get help getting into the colleges. They also improve in studies," said Central College sponsor **Nancy Christy**. "They also get all expenses paid for trips to visit colleges and for ACT tests. More importantly, they get to bond with other students."

UB students were all nominated by teachers, counselors, or themselves to get into the program. Then they filled out applications. After applications are looked at, the colleges interview eligible and hopefully accepted in to the organization.

"If I could suggest any thing it would be not to mess around in school and talk to the counselors. It would be wise to take full advantage of the program," said Austin Kayser. "It would be the best thing for any body. It promotes intelligence and the ability to make friends from all over."

"I'm new in the whole sponsor business, but from what I've already seen, the Upward Bound program is very beneficial"

– Sponsor Becky Miller





Science bound members wait on board a bus, as sophomore Reeio Sumabat looks up the gate. This is one of the activities the group did on their camping trip over the summer



Duo participating in the summer talent contest, sophomores Alix Kitthikoune and Robert Songkham teamed up for a heartbreaking duet.





Crooning an old country song, senior Austin Kayser and a friend participate in a talent contest at the Upward Bound summer program.

HS time invested wisely toward scholarships

What is Science Bound? It is a fast track into a science and engineering field. Those who are in Science Bound get scholarships to ISU.

Going on camping trips, having fun, and learning; that is what some students who are involved in Science Bound are doing. Three science teachers are in charge of the group, Lowell Long, Janet Boyd, and Annette Ryun, and the students have a goal of qualifying for a scholarship at ISU.

Going to meetings is one part of being in the program. Meetings are very important. To be involved in the fun, each student has to attend a number of meetings. If a student misses too many meetings or does not attend them, the result is being dropped from the group.

"Most of the students in Science Bound attend every one of our meetings after school on Tuesdays at three o'clock," said science teacher Lowell Long.

Many of the 20 to 25 students involved were identified by their middle school teacher as worthy. If a student is not picked to be in the group, then they have to ask the teachers in charge of the organization to be accepted.

"Most of the students in Science Bound are minorities," said sophomore **Reeio Sumabat**. "The reason is that there are not many minorities going into science fields. ISU is trying to encourage us to join the field.

The Science Bound kids have gone on many field trips. This year, they have decided to go on a camping trip during the summer. Also, three to four trips are made to ISU to see what goes on there on Saturdays every year. Other trips include going to Chicago every two years, and visits to a parade for athletes at ISU.

"We decide on what we want to do and where to go at our meetings," said senior **Rosemary Dueñas**.

During their visit to Chicago, the group made stops to many different places including the Brookfield Zoo, the Field Museum, the Shedd Aquarium, Navy Pier, the Stock Exchange building and the big malls.

Many of the students involved have decided to on go the trips, enjoying and discovering things within their local environment. Students in the group are invited to bring non-expensive or disposable cameras and the memories of their trips will last in their photos.

"We get to take a picture of anything we find fascinating and fun," said freshman Ashley Botts.

Most of the field trips are done during the summer so that the students don't miss any work for classes.

"The students who didn't get to go on our field trips missed out on the fun that the other students enjoyed," said Boyd.

The word "quitting" is not in these students' dictionary. They enjoy what they are learning and doing at the same time. According to Ryun, one of the sponsors, students can quit any time, but they don't. These students choose to stay within the group and learn facts about things that they never knew before.

"These kids usually don't want to quit and miss out on all the fun that we are having now," said Sumabat.

Like the old saying goes: "Quitters never win and winners never quit." According to the teachers in charge, these students are definitely not quitters, but winners, having a great time and winning each other's trust and friendship. These are the things that make being in Science Bound fun and exciting.

story by oudaphone tran

Design: Cheri Fenton

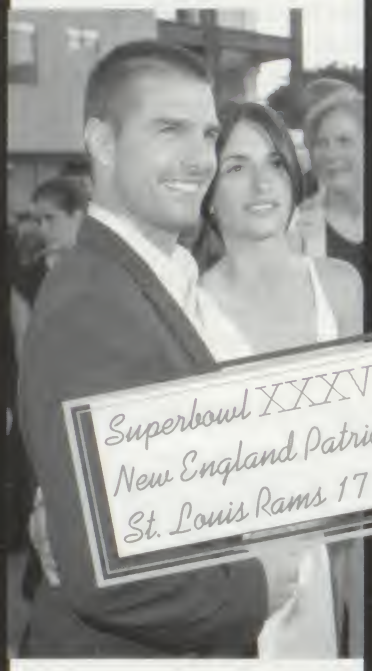


top 10 2001 songs

1. "hanging by a moment" ~ lifehouse
2. "fallin'" ~ alicia keys
3. "all for you" ~ janet jackson
4. "drops of jupiter (tell me)" ~ train
5. "i'm real" ~ j-lo feat. ja rule
6. "if you're gone" ~ matchbox 20
7. "let me blow ya mind" ~ eve feat. gwen stefani
8. "thank you" ~ dido
9. "again" ~ lenny kravitz
10. "independent women part I" ~ destiny's child



Boxing legend Muhammed Ali holds up an Olympic torch in Atlanta, beginning a 46-state tour to the 2002 Winter Olympics in Salt Lake City (above). Below, Venus and Serena Williams pose after Venus beat Serena in the U.S. Open womens singles finals in New York



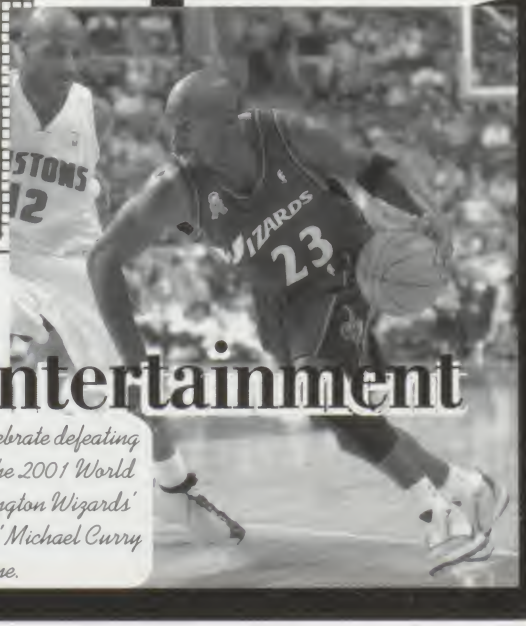
Superbowl XXXVI
New England Patriots 20
St. Louis Rams 17

A Look Behind the Scenes of sports & entertainment

Above, Lance Armstrong flashes the victory sign after winning the Tour de France cycling race in Paris. Left, Tom Cruise and Penelope Cruz arrive at the premiere of one of Cruz's new films in Beverly Hills.







Left, Arizona Diamondbacks celebrate defeating the Yankees 3-2 in Game 7 of the 2001 World Series in Phoenix. Right, Washington Wizards' Michael Jordan drives on Pistons' Michael Curry in an exhibition game.

Remember those TV shows you watched growing up?

1. What do the letters stand for in ALF's name?
2. Which one of the Chipmunks wears glasses?
3. Who is the leader of the Smurfs?
4. Who are the hard-working little guys on *Fraggle Rock*?
5. Who was Miss Piggy after in *Muppet Babies*?
6. What's the title of the leader of the Water Buffalo Lodge in Bedrock?
7. Who plays B.A. Baracus in the *A-Team*?
8. What's the second door that Mr. Rogers opens every time he enters his home?
9. Which high school was Bayside's rival in *Saved by the Bell*?
10. What was the name of the camp in *Salute Your Shorts*?
11. What would you have to say in order to get slimed on *You Can't Do That on Television*?
12. What friend of Big Bird has the longest name on *Sesame Street*?
13. What is Chief Wiggum's first name on *The Simpsons*?
14. Which one of the *Saved by the Bell* guys enters the Miss Bayside Beauty Pageant and wins?
15. Who on *Hey, Dude* is a lifeguard?

1. Alien Life Form 2. Simon 3. Papa Smurf 4. the Doozers 5. Kermit the Frog 6. the Grand Pooh-Bah 7. Mr. T 8. closet door 9. Valley High 10. Camp Anawanna 11. "I don't know." 12. Mr. Snuffleupagus 13. Clancy 14. Samuel "Screech" Powers 15. Melody





Above left, San Fransisco Giants' Barry Bonds is congratulated after his 70th homerun, putting him in a tie with Mark McGwire for the homerun record in MLB. Above right, Daniel Radcliffe, star of the Harry Potter movie, arrives in London for the world premiere of his film.

Top 10 CDs of 2001

1. The Beatles~*1*
2. Shaggy~*Hotshot*
3. Backstreet Boys~*Black & Blue*
4. Various Artists~*Now 5*
5. Limp Bizkit~*Chocolate Starfish and the Hot Dog Flavored Water*
6. Linkin Park~*Hybrid Theory*
7. Staind~*Break the Cycle*
8. Enya~*A Day Without Rain*
9. 'N Sync~*Celebrity*
10. Nelly~*Country Grammar*



Above, members of 'N Sync accept their Choice Single Award for their song "Pop" at the 2001 Teen Choice Awards. Below, Julia Roberts arrives at the premiere of "America's Sweethearts" in Los Angeles.

The world says 'Good-bye' to the 'Shy' Beatle



George Harrison
1943-2001





Michael Jackson performs with 'N Sync at the 2001 MTV Video Music Awards in New York.

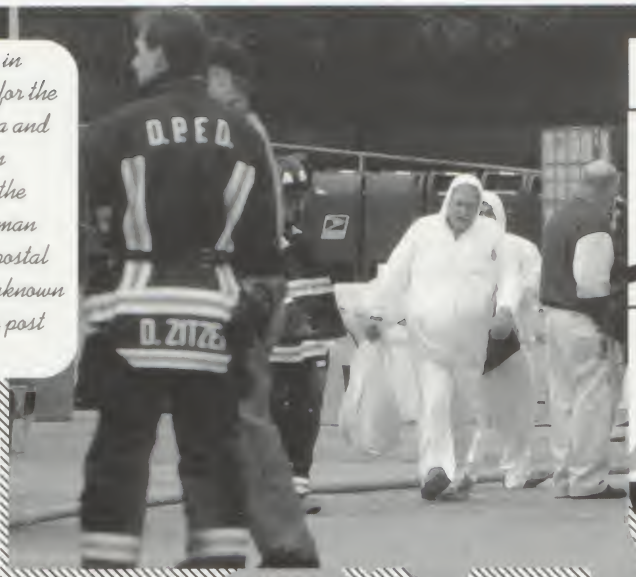
Top 10 Movies of 2001

1. *Harry Potter & the Sorcerer's Stone*
2. *Shrek*
3. *Monsters, Inc.*
4. *Rush Hour 2*
5. *Lord of the Rings: The Fellowship of the Ring*
6. *The Mummy Returns*
7. *Pearl Harbor*
8. *Jurassic Park III*
9. *Planet of the Apes*
10. *Hannibal*

Design: Cheri Fenton



Left, Saudi dissident Osama bin Laden, in Afghanistan, wanted by the US government for the 1998 bombing of two US embassies in Kenya and Tanzania. Bin Laden was hiding out in Afghanistan as a guest of its once-rulers, the Taliban. Right, a Des Plaines, Illinois, fireman brings out clothing in yellow plastic bags of postal employees that had come in contact with an unknown white powder on some mail found at the city post office, Oct. 15, 2001.



A Look Behind the Scenes of Science, US forces, the world

STEM CELL RESEARCH

Stem cell research, although another issue of science versus religion, has been a major scientific advance in the United States throughout the year. So far, this research has been linked into helping with spinal cord injuries, Alzheimer's, Parkinson's disease, cardiac problems and diabetes.

Researchers have found it possible to put genes into blood stem cells to fight cancer and boost the immune system for transplants and surgeries.

Experiments have concluded that stem cells can stop Parkinson's symptoms in rats and help keep the body from rejecting organs in transplants.

www.stemcellresearchnews.com

2001 was the year the world saw the first human cells cloned.

"Cloning is morally wrong, but if it can help save lives, maybe we should give it a try before rejecting it on moral purposes alone," said senior **Kati Bainter**.

"I disagree with the idea of cloning," said senior **Valerie Boland**. "I think it's immoral and wrong."





Left, sailors aboard the aircraft carrier USS Theodore Roosevelt lower the US flag, Sept. 19, 2001, off the coast of Norfolk, Virginia. The carrier began air operations within hours of leaving the port and heading into the Atlantic Ocean. Navy officials declined to say whether the attacks of Sept. 11 had changed the battle group's destination. Above, Israeli police and investigators search the wreckage of a bus after it was bombed in the northern Israeli port city of Haifa on Dec. 2, 2001. A Palestinian suicide bomber detonated nail-studded explosives on a bus full of Israelis, killing 15 people, just hours after Islamic militants set off deadly explosions in downtown Jerusalem.



ANTHRAX

Left, two US Marine CH-46 helicopters bank as they prepare to land onboard the USS Peleliu, sailing the northern Arabian Sea. Marines took command of a secret airstrip in southern Afghanistan, Nov. 25, 2001. Right, US Marines of the 15th Marine Expeditionary Unit leave the Marine forward base in southern Afghanistan in late November of 2001 to take up positions in the desert. The base is withing striking distance of the Taliban stronghold of Kandahar. Below, four Leonid meteors are seen streaking through the sky over Joshua Tree National Park in Calif., seen from the northwest in the Southern California desert in this approximately 15-minute time exposure. The Leonid shower occurs each November, when the Earth's orbit takes it through a trail of dust particles left by the Comet Tempel-Tuttle, which swings around the sun once every 33 years.





What is ANTHRAX?
There are three types of anthrax: skin, intestinal and inhalation. In all cases, anthrax is a bacterial infection, sometimes existing in the form of a spore which allows the bacterium to survive in the environment.

What are the SYMPTOMS?
In skin anthrax, a lesion appears on the skin. It's not usually painful and sometimes can itch, but can cause blood poisoning if left untreated. 95% of skin anthrax cases aren't fatal, since it's easily treated with antibiotics. Intestinal anthrax is equivalent to food poisoning. It can cause fever and blood poisoning. Inhalation and intestinal anthrax are often fatal. They can be treated with antibiotics if caught in early stages, but is often hard to identify because symptoms are similar to other illnesses.

How is it SPREAD?
Generally, anthrax is seen among people working with animals and animal products. Skin anthrax can be spread by direct contact with infected skin/tissues. Inhalation anthrax can be spread by breathing in the anthrax spores. Intestinal anthrax can be contracted by swallowing spores in contaminated meats. Although it is possible to spread anthrax from person to person, it is rare and doesn't happen in the airborne form.

What kinds of PREVENTION and TREATMENTS are out there?
There's an anthrax vaccination, but this is recommended for those at a higher risk and not for the general public. Depending on which stage the anthrax is discovered, antibiotics can be a sufficient treatment.

Why would TERRORISTS use anthrax as a THREAT?
Anthrax is cheap to produce in large quantities. It's also quite stable, and there's limited detection for it.

www.phls.co.uk



Left, inventor Dean Kamen demonstrates his Segway Human Transporter, a one-person, battery-powered scooter in New York. The device, which travels at a top speed of approximately 12 mph, uses gyroscopes to keep it upright and discern where the rider wants to go. Right, husband and wife, Amanda and Matthew, say goodbye as the aircraft carrier USS Theodore Roosevelt prepares to leave its home port at Norfolk, Virginia, Sept. 19, 2001.



Below, several trumpet players practice for concert band. Sophomore Katie Ring and senior Christina Farrell, below left, play their flutes.

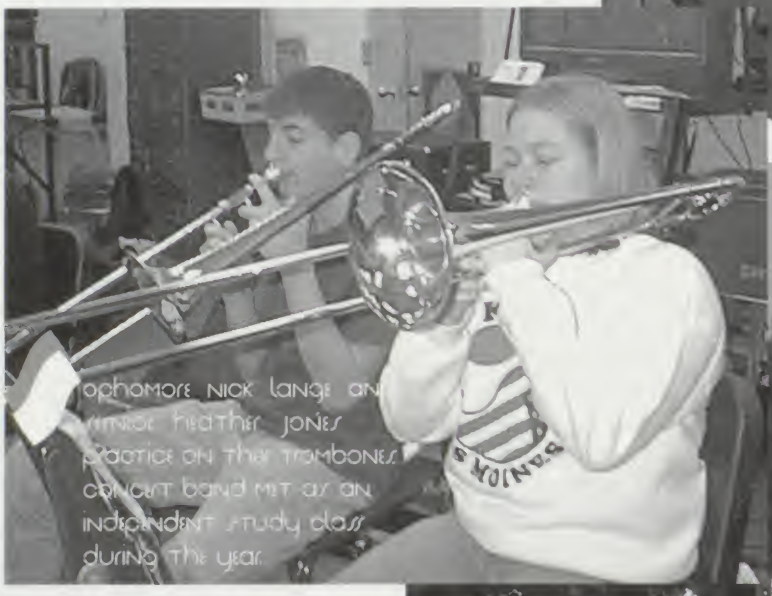
Senior Courtney Schieffer leads the marching band and colorguard before a performance. Junior Mike Mendenhall and freshman Brad Morgan, framed below, take a break with a bass guitar.









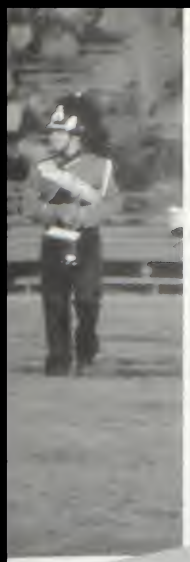


Sophomore Nick Lange and junior Heather Jones practice on their trombones. Concert band met as an independent study class during the year.

At right, the marching band processional moves onto the field during halftime.











NOTEABLE PERFORMANCE

story and layout by chelsea pickett

Arriving at school on time is sometimes too much of a demand on teenagers. Getting to class forty minutes earlier can seem impossible, but not for the devoted students who participate in band.

The first nine weeks of school consisted of outdoor marching early in the morning and individual practice time. During the course of these nine weeks, the band performed their Sesame Street Medley at four competitions. Although they did not place at these competitions, they improved vastly from the previous year.

"You can't measure success by wins and losses," said instructor **Mark Hawkins**. "The early practices can be tough on incoming freshmen and sophomores who don't have a lot of discipline, but every year is a better year."

Besides performing at marching competitions and football games in the fall, Pep Band performed the Sesame Street Medley and other songs at various school assemblies.

In the middle of the season, band instructors began to get many requests for patriotic songs after the events of September 11. On September 16, the band performed at the Knapp Center for Iowa Senators Tom Harkins and Chuck Grassley.

The Des Moines school board actually contemplated eliminating Marching Band this year. When important items such as uniforms, instruments and flags were considered, it was found to be one of the most expensive "teams" at East.

> "You can't measure success by wins and losses."

But to Hawkins, this "team" is no different than a basketball or football team.

"These kids have a way of surprising us with their outstanding performances. However, just like an athlete during game time (competitions), nerves have a way of getting players down," said Hawkins.

In the winter, t-shirts replaced the usual red and black uniforms as Pep Band permanently took the place of Marching Band. They performed God Bless America and other patriotic songs at varsity home basketball games and selected assemblies.

"Usually we play things like movie themes or 'Jock Jams,' but I think in this case it was a pretty decent sacrifice to play some traditional music," said senior **Heather Jones**.

Concert Band began in April and the students participated in three additional competitions. As opposed to Marching Band, the use of percussion and brass instruments is greater in the concert group.

"I think we have a better performance during the spring because we can play freely and not have to worry about where our feet are and where we should be marching," said junior **Mike Mendenhall**. "It's all about the music and a great activity to be in."



During the homecoming assembly, pep band performed the school songs and others including the sesame street theme song.

Photojournalists: Archie Webb Photography and Amber Swacker

PLEASED TO BE

story and layout by staci owens

The orchestra is not often heard about, but they practice hard for many concerts and competitions. They have large group, small group and solo competition as well as a winter concert and spring concert.

"I enjoyed the Christmas concert we had in December," said junior cello player **Emily Grover**. "We got to play fun Christmas songs such as the 'Nutcracker'."

One concert this year was different. They performed as a full orchestra with both string and wind instruments.

Junior **Mike Mendenhall** said, "I was very pleased with our performance. We did extremely well and we sounded good together."

> "I really enjoy being in orchestra. We get to go on cool field trips and play fun songs."
> -- *Freshman violin player Rafaela Pfister*

The orchestra also played on December 19 at a nursing home and then toured to Merle Hay Mall.

"I liked going to the nursing home because they don't get to see or hear things like that very often," said sophomore violin player **Amanda McConnell**.

In the spring orchestra members had a concert in the auditorium for both parents and the EHS community to come hear and enjoy.

"It was alright," said sophomore violin player **Mikaela Atkins**. "We performed well together as a group."

A competition was held in April with many different high schools competing with each other.

"It was really cool," said freshman violin player **Rafaela Pfister**. "I liked it because of all the different high schools that were there."

Orchestra kids work extremely hard and play every day. Sometimes they even work on only one part of the song for the whole day.

Sophomore violin player **Dustin Slemp** said, "I even come in before and after school to practice my parts."









Practicing for an event, junior Mike Mendenhall, left, and sophomore Kirsten Bernhardt, above, play their instruments.

Photojournalist: Chandy Souvatrat.

Directing 5th hour orchestra teacher Jennifer Luft, below, watches her students carefully. At right, Luft shows her students the right technique for playing a violin passage.





WHAT do you LIKE most about ORCHESTRA?

"You get to goof around and be serious at the same time."

–sophomore Trevor Dickey



–junior Rachel Edwards



"We get to play cool songs."





At far left, juniors Francisco Luna and Rachel Edwards tune up at the beginning of a class period. Practicing hard during class, sophomore Dan Murphy and junior Amanda Botts, at left, concentrate on their sheet music.

JAZZIN'

story and layout by seth conn

After a memorable year of competition in 2000, the Jazz Band came back with a few new members to continue their tradition of being a successful group in 2001.

One of the many problems was getting the students together for practice because many of them were involved in other commitments throughout the school.

"Students who participate in Jazz Band usually have heavier class loads or attend Central Campus, which makes scheduling practices interesting," said band director **Mark Hawkins**.

The loss of some seniors meant that new members had to step and fill those positions.

Assistant band director **Vern Hanson** said that the key to success was to show their strong side by hiding their weak side.

"We lost our fine drum player Mark Grimm and bass player Zach Mortice so we had to redirect the focus on the parts in which we were best at," Hanson said.

The spirit within the "team," as Hawkins describes it, continued throughout the term. According to Hawkins, no matter how much the group practiced, when it came time to perform, nervousness sometimes determined the outcome of the meets.

"Competition is always a big thrill. It's nice to compete and do well because the pressure to place is at stake," said senior **Charles Lozano**.

Hanson said that the judges look for specific qualities in the band and the music they play at competition.

"At state we played a very fast 3-4 time song to catch the attention of the judges to show that we could handle difficult material. 4A, the division in which East competes, expects harder music to be presented which sometimes means rearranging the music to fit the band," Hanson said.

The group also had a chance to go perform at locations outside of school and there were seven students who did 12-15 hired performances.

"Competition is always a big thrill. It's nice to compete and do well because the pressure to place is at stake."

"Playing in jazz combos is fun because it's more about improvisation instead of playing every song exactly the way it's written. You have the freedom to be more creative," said senior **Heather Jones.**

Throughout the year Hawkins and Hanson introduced older styles of jazz, also. This included revisiting music from the 20's and 30's.

Junior **Mike Mendenhall** claims there is a correlation between the players then and the jazz band now.

"The group had to arrange some of its own music just like players did back then. It was fun to create and perform the music because it made me feel a part of the older eras," Mendenhall said.





Playing the piano at far right, junior Nick Leo practices for an upcoming gig. other band members also rehearse a song for an upcoming jazz festival.



Photojournalist: Amy Preas.

Making music, the brass section plays a funky tune. The band had several opportunities to perform outside of school during the music season.

EXTRA NOTES

Quick Facts About Jazz

- This artistic style of music became popular during the 1920's.
- Jazz was developed by African Americans @ the beginning of the century.
- The music was originally played by small marching bands or solo pianists, and it wasn't until later that bigger bands performed on stage.

-Internet Data



Jazz Combo

Front Row : Heather Jones, Charles Lozano, Jared Mendenhall, Mike Fagen.
Back Row: Asst. Dir. Vern Hanson, James Moody, Mike Mendenhall, Nick Lee, Martin Pucek.





LADIES make their mark

Twelve lucky girls got to participate in the Lady Scarlet Choir this year. They sang, danced, and performed at three concerts this year.

"I let the girls choreograph and pick out whatever they want to sing to as long as it is appropriate," said their teacher **James McNear**.

The Lady Scarlets hold three concerts a year in the fall, winter, and spring. They also perform at a number of places, such as the Kaleidoscope mall in downtown Des Moines.

"I had a lot of fun singing 'Merry Christmas Darling' at the Kaleidoscope," said sophomore **Ashley Jones**.

They also performed at the Des Moines International Airport, the "Fire in the Sky" winter fireworks show, Anderson Erickson Dairy, and at the Madrigal Dinner held in December.

McNear said that it can be really strange sometimes being locked up in a room for a 45 minute class with 12 teenage girls.

Every year they have one concert where a few gentlemen perform with them. The music for this year was an 80s mix, done by the ladies themselves, called, "I Got the World on a String."

"It was so much fun dancing with the girls," said sophomore **Andrew Webber**. "My favorite part was catching the girls."

> "This year the girls are all friends, I'd like to think we are all more of a family rather than a singing group at school."
>
> – *James McNear*

"I think the Lady Scarlets are really cool but they need to perform a lot more then what they already do," said sophomore **Kalia Vang**.

"Usually the girls have never got along, but this year they are all friends and we're a lot closer. This 4th hour class is probably the highlight of my day," said McNear.

At the end of each year they go to the State Solo Ensemble, on April 13, where they compete in the Small Group Competition. The girls split up into two groups of nine and come up with a routine for their own group.

"I'd like to think we are all more of a family rather than a singing group at school," said McNear.

story and layout by carrie chapman



Kurtisha dotson and vy nguyen fiddle around on the piano before class starts, above at left, director james mcnear teaches the sopranos of the mixed chorus their part.

Two students from the prep chorus, below, perform a duet in front of the class for finals week.







Thuy Huynh steps up to the mic to perform her solo for finals. Every student in the chorus program is required to sing a song of their choice at the end of the semester. Below right, junior Kurtisha Dotson leads the Lady Scarlets in sectionals. This special practice is a time when each chorus is split into smaller groups before practicing together at rehearsals.





Prepped to Perform

Ever wonder about the difference between a quarter note and a half note? How about the difference between a crescendo and a decrescendo? The students in Mixed and Prep Chorus learn these differences every day.

"My students are a high-energy group. It can be a little distracting at times, but when it comes down to crunch time, they really buckle down," said vocal music director **James McNear**.

The choir consists of male and female students who don't have to audition, but want to be involved in the music program.

"The class was fun. I think that it's funny when people have to get up and sing in front of the whole class for finals," said sophomore **Aaron Young**.

Mixed Chorus includes three concerts and general studies in the musical field such as: "counting time" and "the history of music."

Three concerts are performed throughout the year in the fall, winter, and spring. Also, a contest was held where selected students involved in all of the different choir programs came together and put on a performance.

"We had 57 students involved in Mixed Chorus, ranging from freshmen to seniors. There was an equal number from each grade level, but anyone was welcome to join!" said McNear.

Some of the students in Mixed Chorus get a little nervous when they are up on stage or singing in front of people.

"I really didn't like singing in front of the class for finals. I guess I'm not into chorus like I was in middle school. It's fun if you're into music, but it's just not for me anymore," said Young.

Prep Chorus is a group of selected freshman boys and girls from middle schools on the east side.

To get in, students have to tryout and be comfortable performing on stage and getting into the music.

Sophomore **Gina Hughes** thinks that the tryouts were easy.

"Mr. McNear makes the tryouts a lot easier than most things I have tried out for," Hughes said.

According to McNear, he uses rhythm to get the students into the music.

"I try to push my students to get the feel of the music and move as if the music is in them," McNear said.

McNear picks the choir based on peer perspectives.

"I pick the students for Prep Chorus with the help of my 'older' members of the other choirs, such as Chamber Chorus and Lady Scarlets," McNear said. "The members give me suggestions on who they think should make it, and I make the final pick."

The students are very close and never have to be told to clap for each other or cheer.

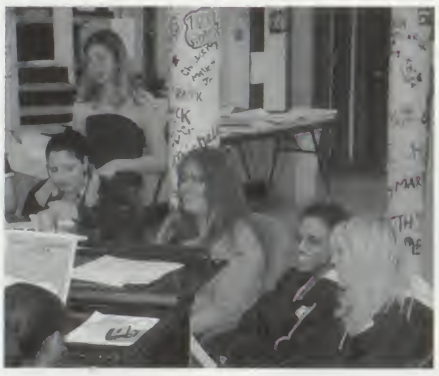
"I never have to tell these kids to support each other," McNear said. "They just do it."

Story by Cheyenne Thompson



The boys in the chorus, below, are on their own singing a new piece. breacking up into vocal sections is common in the chorus and done often to learn music peices faster. joking around the girls in the chorus, second below, have a laughing moment during a small section practice. even with all the seriousness, the girls still find time to relax while getting work done.







Joyfully, sophomore charlie reese and juniors payton petrie, scott flaherty, and senior alyssa long sing a festive holiday song. they were one of the quartets in the fundraising holiday harmonies program during december.







Playing a scale, instructor James McNear warms up his class on the piano. Warm-ups took place every day and helped loosen singing voices.

Dressed to impress, juniors Ross Hesseltine and Mike Markley stand like kings at the Madrigal dinner. Costumes used for the event took a lot of donated parent time for fittings during rehearsals.



Enjoying their time at the dinner, sophomores Katie Taylor and Myneka Crawford and junior Beth Conn and dusty Shandon discuss their meal. drank. The wassail, wassail is a traditional hot cider used at historical madrigal dinners.

Constantly working to be a talented group and better individuals, the Chamber Chorus found itself growing in 2001. Through the year the group had many opportunities to perform at various events and concerts in Des Moines.

bigger than we ever thought it would, this being our first year."

With these opportunities the choir was able to improve their image and bring in more publicity for the program.

The reason for the year's success, students agree, was the diversity of the choir and the ability to work together with a variety of different people.

"People from different schools, different music backgrounds, even down to different attitudes make the choir great," said chorus vice president, senior **Brian Jackson**. "Even with all the differences in the chamber choir, I think this choir is almost like a family. Everyone is willing to do anything to help another member out in any way, shape or form. I am really going to miss the closeness in this room."

Vocal music instructor **James McNear** has emphasized teamwork, a skill useful in life.

"One day they might be working with someone they don't exactly click with, but they still have to practice respect," said McNear. "They get along very well. We're actually making music now. Earlier it was harder because the students had problems understanding what the composer intended."

The year went by fast and much was accomplished, according to Chamber president, senior **Austin Kayser.**

"It was a great year for us. We learned a lot about what we are capable of doing once we try," Kayser said. "There is a lot the chamber classes in the future have to live up to."

MAKIN' NOISE

story and layout by gina hughes

One successful event that took place was the Madrigal Dinner. The group found it to be a wonderful experience, but it was also one of the most hectic times, according to sophomore **Myneka Crawford**. Students made many sacrifices and gave up many evenings to practice.

"When all my friends were going out and having fun, I was practicing for the Madrigal," said Crawford. "At the time I may not have wanted to be practicing, but in the end our performance was good. That made me realize that all our practices were worth it."

"We learned a lot about what we were capable of doing once we tried."
Senior Austin Kayser

Other events that took place were concerts at the Kaleidoscope, Holiday Inn and the airport during December.

"It was a lot of fun because we got to go out in the community and represent ourselves in a positive way," said junior **Jovielle Maire**.

During this time the chorus was also focusing on a fundraiser called Holiday Harmonies, envisioned by secretary **Sharon Page**. The purpose of the fundraiser was to raise money for robes for concerts and competitions.

"Quartets from the choirs went around town providing a 'mini-concert' and cookies for Christmas," junior **Payton Petrie** said. "It was like a singing telegram. It took off a lot

Photojournalists: Samantha Winebrenner & Ashley Jones.



At the winter assembly, the team performs an outstanding routine that got the crowd roaring.



TWIRL thang

story and layout by brooke brumley

Four a.m.: Alarm goes off. 5:15: Catch the bus to school. 5:45: Arrive at school. 6 a.m.: Be in gym for practice.

This doesn't sound like a normal morning for most people, but for some, this is a weekly routine followed for months. Practice makes perfect and that's what it took for 10 hard-working students all year long.

"If you want to join Colorguard, you have to be a morning person," said sophomore **Megan Smith**.

The team had 10 dedicated girls putting heart and soul into every routine. They practiced about two days a week, every week to perfect every twirl and toss made.

Once again, the team has a new coach, **Michelle Eggleston**, who is a former grad of East from '85. She was on the squad for two years, then went to University of Iowa and was on their squad for two years.

"I didn't teach anywhere else before I came here," said Eggleston. "I watched lots of tapes, though, and made a lot of phone calls."

Eggleston plans to be here next year, this was the first time in two years that the Colorguard will have the same coach for over a year.

Camp was not required for the whole team, but four members did attend one held in Pella over the summer for four days. The girls worked by level (depending on their experience) at Central College with guard members from all over Iowa.

"Camp was fun, but I got so sunburned I couldn't even lie down," said sophomore **Felicia Coe**.

Over the year, the guard performed in several competitions and parades including the Iowa State Fair Parade.

Marching was a cold, frustrating fall season. It only lasted nine weeks, but seemed like the whole year as they performed with the band at football games, Valleyfest, Ankeny and many other events at the beginning of the year.

"It took a lot of time, but was well worth it," said junior **Allison Summy**.

> "The season took a lot of effort, but it was worth it."
>
> — *Junior Allison Summy*

At Ankeny, the group improved their scores from last year and every other year the team has performed there.

At State, the squad received a Division II rating on their performance, with a Division I being the best. Everyone agreed that the team could have done better.

"We really weren't focused on what we were doing that day," said junior **Veronica Coe**. "I tossed my flag about five seconds before I was supposed to."

This year's team had 10 girls, only 4 of which were on the team last year, which was almost twice the size of this year's team.

"This year, we had a lot of new girls," said senior **Johna Leverich**, who was one of the new guard members. "Last year we were a lot better because we had a lot more experienced girls, who had been on the team for three or four years."

Even though they weren't impressed by all of their own performances, the girls had fun and enjoyed each others' company.

"We've gotten along really well, we seemed more like a team," said Coe.





Showing off their marching uniforms, the girls in the guard finish up one of their many performances at Williams field during half-time.

Q: What advice do you have for Guard wannabes?

"You have to be dedicated to being in Colorguard. Just have fun and don't let mistakes get to you."
– Freshman Shannon Stuart

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"Put effort into everything that you do. Don't just join the squad to say you were in it."
– Sophomore Felicia Coe

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"You need lots of practice and patience. You need to spend a lot of time on Colorguard."
– Junior Veronica Coe

• • • • • •

"Don't think about your mistakes. Be prepared for anything. Colorguard is not as easy as it looks."
– Senior Johna Leverich

• • • • • •

"You need a lot of self-confidence when working in a group like this. Ask for help any time you need it."
– Senior Cheyenne Thompson





After a performance, the girls take a minute to rest. Practicing twice a week, every week can get very tiring!

Performing at a basketball game, each of the girls performed a solo routine. This was the first time ever the colorguard has done this.



Getting ready to move with the music, sophomores Desirai Wright and Ricardo Fierro stand at the winter assembly.



Balloons were a necessary ingredient for the dance-a-thon celebration in December. Sophomores Joesey Jackson and Brittany Callison , at far right, add two to the batch.

SQUAD STEPPIN' DANCE up

When **Emily Brandt** saw the Scarlet Dance Squad perform at this year's fall Jamboree, she didn't know what to expect.

"I was really impressed with the progress they made that early in the year," said Brandt. "They improved a lot.

SDS was determined to overcome stereotypes that were occurring within the student body.

"I am impressed with the students that have stuck with it," said Vice Principal **Dawn Stahly**. "They worked hard and had made a big improvement."

SDS has a variety of people, including African Americans, Caucasians, Asians, Hispanics, male and female students.

"It's fun being with so many different people who have came from different cultures," said sophomore **Joesey Jackson**.

> "It's fun being with so many different people who have came from so many different cultures."
> – Sophomore Joesey Jackson

SDS had a hard time finding music with a beat that fits the way they want to move. The songs have to be appropriate and cannot be edited.

"It's wrong that we can't use whatever kind of music we want to," said sophomore **Nikki Callison**. "We are suppose to be a hip-hop group."

A male on SDS makes the squad be a bit more creative than usual and that was a new addition this year. In some routines, the squad makes sophomore **Ricardo Fierro** the center of attention. It is also the only group that has a male student out of all the performing groups.

"Some of the moves we come up with work well for the ladies but just aren't appropriate for the guys," said new SDS sponsor **Angela Jackson**. "We had to come up some masculine moves for Ricardo."

The squad performed twice at the Drake University Olmsted Center for an AfroFest to help promote a Minority Business Convention. It was a great opportunity for SDS to promote East, but it also allowed students to get in touch with the community, visit with local businesses, and tour Drake.

"Going there was a great experience for me and the squad," said junior **Sirina Greene**.

The squad also performed at football games, basketball games, assemblies and other events.

"I like performing at basketball games more than the football games," said Fierro. "At the football games it sometimes gets too cold."





In their jumpsuit uniforms, sds dancers are ready to move with the music at a football game at Williams stadium.

Below, sds is NSYNC with the music they chose for the winter assembly.



Photojournalist: Amber Swacker.





Left, sds poses for the camera while the squad gets ready to practice.

Above, sds members are shown practicing for an upcoming performance. practices were held tuesdays and thursdays for two hours.





STEPPIN TO THE BEAT at EHS

story and layout by Heather Kilby

Sixty-five juniors and seniors "Walked Like an Egyptian" this January on their way to the Historical Building to attend the winter formal, 12B.

The dance was very small, almost half of the people who attended were hostesses. Junior **Chelsea Pickett** said that she liked the dance being small, but she also thinks that the dance seemed to be a lot more exciting when the freshmen and sophomores were around to liven up the party.

"I think that the dance was less 'populated' than the others, but this gave everyone the chance to sort of be themselves," said Pickett. "Having the parents there made it more fun and different."

12B used to be a dance to celebrate graduation for all of the seniors who were to graduate in January. Over the years, it has changed to include the whole senior class and the junior class as well.

"I think that the theme of why we hold the dance should come back," said senior **Kati Bainter**. "Seniors graduating early deserve the chance to have a farewell dance like prom."

The dance is planned every year by the students themselves and no teachers attend the dance. Some parents attend to chaperon in place of teachers. There were 32 hostesses altogether and the two main hostesses were **Natalie Plummer** and **Ginger Stevens**.

"It was fun, but it was a big responsibility," said Plummer. "The time it took to plan meetings, decorate, clean-up, hang posters, find a DJ and a place to hold the dance was tiring, but in the end, I had a great time."

Ticket sales didn't begin until just a few days before the dance was held, unlike other dances, which advertise and sell tickets up to two weeks beforehand.

"I think that the dance would have had more people if we would have put more time into advertising," said Plummer. "At least the hostesses-to-be know how it should be done next year."

During the dance, juniors **Amanda Armintrout** and **Amanda Ulmer** were announced as next year's main hostesses.

"I am glad to be a part of something this important to the students," said Ulmer. "I am already dreaming up things to help plan next year's dance. "This will be a great highlight during my senior year."





The squad performs at the winter assembly, far left. seniors valerie boland and kati bainter pose on a harley before their performance at a home football game, at left. below, the group stands on the car used to show spirit at a pep rally for homecoming.



What's your most EMBARRASSING moment?



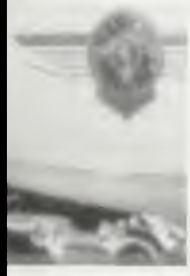
"When we performed at Simpson College we wore these not-so-supportive halter tops and when we were dancin', let's just say that I almost lost my top. It was a good thing that I didn't know anyone there because they would still be making fun of me about it."

—Senior Valerie Boland

"At camp we had to perform a dance that none of us knew in front of people (other squads) who were more 'advanced' than us. They performed real well. The reason we had no idea how the dance went was because while others worked their butts off practicing, we stayed up late chowing and having fun."

—Senior Kerry Bloomquist











A quick pose for a shot while warming up before a performance, at far left. at a home football game, the girls huddle together after performing, at left. above, the squad dances on a stage at the iowa state fairgrounds last summer.



With talent and skill, freshman cheerleaders at right, line up to pump up the crowd.

Listen up while sophomore cheerleaders cheer on the crowd. Katie Ring and Samantha Winebrenner, at far right, are on the mark and ready to start a game.





"Give me an E!" Scarlet freshman cheerleaders yelled as they cheered for East in hopes of victory throughout the 2001-2002 school year.

Stories and layout by
Thyta Inthavong and Barbie Morris

GOT SPIRIT? We do!

This year, the freshmen ordered new uniforms for the squad.

"I like them," said freshman **Kayla Morris**. "It was easy for all of us to agree on them. I think they are neat and fun."

Although most of the freshman cheerleaders like the new uniforms, they were not the squad's first choice.

"I wish we could've had (the uniforms) we designed," said freshman **Andrea Denning**, "but the principal said they showed 'too much skin'."

Some parts of the year came as surprises for some freshman cheerleaders.

"I didn't expect to have as many practices as we do," said freshman **Amber Tyler**.

Although the freshman cheerleaders worked very hard to get to where they are now, they feel that "it was worth it," and are glad that they get to be a part of it.

"I love being a cheerleader," said Denning. "It rocks!"

Before you see these girls cheering for varsity, you must know that everything starts somewhere. The Scarlet freshman squad began their journey during the fall and winter sport seasons. They endured hard practices and battled through a tough season to support their school.

"Practices are tough," said freshman **Jodi Housley**, "but I'm glad I'm a part of the squad."

Sunday evening practices for the freshman are very valuable times. They give the girls a chance to work on their cheers and stunts.

"Practices are fun," said freshman **Tasha Coe**. "At one practice we dropped Elyse Logan when we tried to do a stunt."

Try-outs for the freshmen were something very unexpected. In order to make the squad, they had to perform three cheers, the school's fight song, and the jumps they learned at a clinic the week before try-outs took place.

"I was so nervous at tryouts," Coe said. "I was very excited when I saw that I had made it."

"Practices are tough," said **Jodi Housley**, "but I'm glad I'm part of the squad."



Pain, sweat are recipe for Scarlet Spirit

It's not just camp, or practices, or games, or uniforms, it's the pride that the sophomore cheerleaders have.

"Pride is loving what you do and realizing what you're doing is making a difference," said sophomore **Reeio Sumabat**.

The sophomores soon realized in the summer how much hard work it takes to become a cheerleader and never gave up. "Some people might never even try out if they knew all the work you have to put into it," said **Myneka Crawford**. "As a cheerleader you are very busy and I still love it."

One of the requirements was going to the Iowa City, City High summer camp, where they had to learn stunts, cheers, chants, two dance routines, and most of all, to work together as a squad.

"From last year to this year, I expected them to return more mature," said head coach **Denise Rourke**.

"Camp was so much fun," said sophomore **Samantha Winebrenner**. "It taught us how to work together which brought us closer."

The cheers and stunts were among the girls' favorite.

"Stunts were hard work; I personally got the 'Safety Award' for saving someone from falling," said Winebrenner.

At practice, the sophomores were disappointed that they did not get to practice stunts.

"I thought it would've been fun to learn and practice stunts, it would've made us look better and show off our skills," said sophomore **Chelsea Petersen**.

They went through pain and sweat, but the girls didn't give up.

"When you go to camp you are expected to learn something," said sophomore **Gina Hughes**. "We didn't fail and we kept going even through the hard times."

The hard work at camp paid off but the cheerleaders still had to prove it at their practices.

Practices for the girls began in the summer on Sunday evenings.

"Some days it would be so hot and we had to do our jumps and practice cheers, but we had to do it no-matter what," said sophomore **Teara Rice**.

After a weekend camp and hours of practices, it was then time for the girls to come through at the games. The sophomore cheerleaders cheer at football, basketball and wrestling games.

"Cheerleaders will always be a big part of the school or any school," said Rourke. "People look to them to get the crowd involved and pumped up and when the crowd gets pumped up, the team gets pumped up and they can do a little better."

They are also hostesses of certain activities around the school and participate in school assemblies.

"I think it's fun to host things, my favorite is the May senior breakfast," said Rice.

"Participating in this taught me to lighten up and work hard," said Winebrenner. "And participating in cheerleading, to me, shows how much pride I have."





Cheering makes friends Teara Rice, Myneka Crawford, Reeio Sumabat, and Amanda McConnell, at left, take time from a game to pose as buddies. Below, sophomore cheerleaders and their coach show off their spirit on the first day at the Iowa City summer camp.





During their halftime break, these freshman cheerleaders smile for the camera.

BRINGIN' THE SPIRIT

story and layout by chelsea pickett

Each year, varsity cheerleading members are faced with an ultimate task: to take two separate teams of juniors and seniors and turn them into one squad of experienced upperclassmen. But when a group of friendly and active girls combine, the outcome is a united squad and a year of fun to look forward to.

Sponsor **Denise Rourke** believes this was one of the first years she has seen a group work so well together.

"It's what I've always hoped for, but never got," said Rourke. "It's great for everybody that this has happened as well as it did."

However, before the squad becomes one, members must be found. A week of tryouts last April consisted of huge smiles, jumping, yelling and, for some, a chance to be a varsity cheerleader.



Junior **Molly Frederickson** said she was so scared she "almost peed her pants."

The cheerleaders attended a UCA (Universal Cheerleaders Association) camp at the University of Illinois in June of 2001. The average camp day consisted of early morning workouts, cheer class, stunt class, dance class and lots of reviewing. Though other teams might have had more enthusiasm, the cheerleaders gave their best effort and came out on top.

"A lot of teams were skipping dinner and stressing out because of the dance routine we all had to perform at the end of the week. We just had a lot of fun with it and incorporated some 'Bring it On' moves and ended up getting second place," said senior **Cheri Fenton**.

Senior **Lindsey Latcham** had the honor of being selected as a UCA All-Star cheerleader after competing with over 50 girls for the position.

After camp and before the Iowa State Fair began, there was one inevitable event each newcomer feared: initiation. During initiation, incoming cheerleaders were made up, dressed up and humiliated by the upperclassmen. Newcomer **Shannon Noble**, junior, was the only varsity member to be initiated.

"Initiation wasn't really something I dreaded, I was actually looking forward to it," said Noble. "I did my best to have fun and not be a whiner."

Another event that Noble, along with the other cheerleaders, looked forward to was the annual Jamboree scrimmage and the Homecoming assembly. While they performed their second-place camp dance at Jamboree, they came up with a completely new routine for the assembly that included freshman gymnast **Elyse Logan** and volunteer football players.

Junior **Mike Chumbley** was one of many football players that volunteered. After stunting with all the girls, they decided to switch things around and have a guy up on top.

"It was really cool being put up in a stunt, even though I almost got dropped on my dome piece. I always wondered how little girls can lift other people," said Chumbley.

Throughout the year, cheerleaders spent approximately 3-4 days of the week practicing or attending games and worked hard to keep the tradition of school spirit alive, making memories on and off the court, field or mat.







During camp, the girls took a break from working out and cheering to grab some lunch with one of their instructors. The camp was held at the University of Illinois in the summer of 2001.

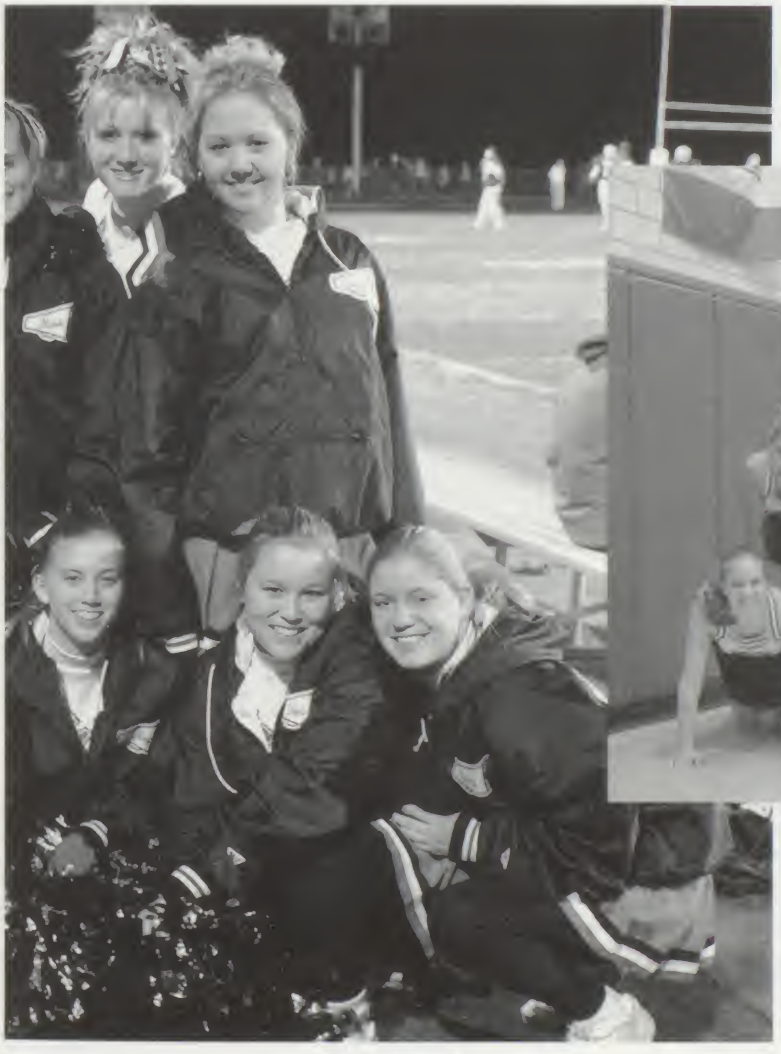


Coaches denise rourke and lindsay ivonovich watch the girls in action while senior lindsey latcham stunts with her teamates. at bottom, seniors michelle denning, stephanie staples, michele warnock and darcy baker strike a pose during a camp practice.





Juniors emily brandt and amy heggen perform during the winter assembly with help from santa claus.









These seven basketball cheerleaders prove that cheerleading is all about fun. at left, several football cheerleaders smile after a long game.

Ea-s-t! lead the way to victory! above, the basketball cheerleaders spell out spirit before a game.





EXPERIENCE CULTURE

beyond the classroom

story and layout by amber senor

In past years the French Club has been through many changes, ranging from not existing a couple of years back to having a brand new teacher this year.

Amanda Eimers is the new teacher who's sponsoring the club. She says she enjoys the club and the atmosphere, especially for her first teaching job.

"It's something that I'm not used to so it makes everything more fun and interesting. There are students who have been in this longer than me so it's also kind of humbling," she said.

The first thing that most people think about when they hear about French Club is probably, "French Club? What do they to do?" But they do more than expected.

French Club meets every other Tuesday after school for about a half an hour. The 28 members discuss projects that are coming up in class, choose a t-shirt design, and decide what to do about up coming parties.

A big party that's fun to talk about is Mardi Gras. The club throws a party for themselves every year around February 12th. They participate in French customs like making crepes, which are like fried pancakes. This year they made puppets and masks and sold Mardi Gras beads.

Another thing that they discussed is a trip that they'll take next year during the summer to France. For two weeks they'll be putting the skills they learned in class to good use. During the first week the students will be staying with a French family.

"I can't wait for the trip. It's going to be both fun and interesting. The first week might be a little weird, but the second week we'll be touring all over France, so that will be really cool," said sophomore **Katie Axser**.

Some of the places that they'll be touring during the second week are the Eiffel Tower, The Arc d'Triumph, which is the memorial for the war that Napoleon fought in, the Notre Dame Cathedral, The Leuvre, a museum that has the Mona Lisa in it, and many other places that haven't yet been discussed.

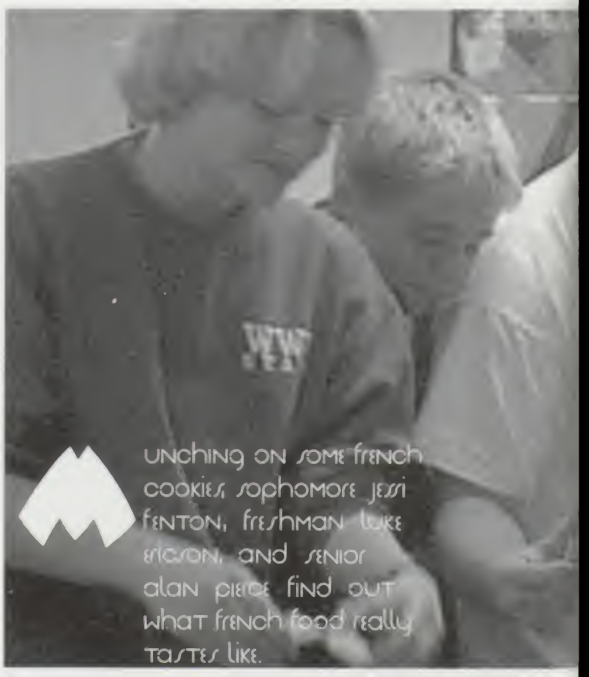
Anybody who is in French class can participate in the club and the exciting things that they do, as long as they're as enthusiastic as the members who participate now.

"There is a lot more participation and enthusiasm this year compared to last. More people are going to meetings instead of just showing up at one every now and then. There's a lot more input, too, which is cool because we seem more productive than last year. We're getting stuff done," said senior and club president, **Cheri Fenton**.

> "There is a distinct change this year compared to last. It's definitely a good change, though. Everything is just more enjoyable."
> – *Sophmore Rochelle Remus*

PARLEZ-VOUS FRANCAIS?

Do you speak French?	
I am American.	*Je suis American.*
My name is...	*Je m'appelle...*
How are you?	*Comment ca va?*
Thank you.	*Merci.*
I am very well.	*Ca va tres bien.*
How old are you?	*Tu as quel age?*
Your welcome.	*De rien.*



Munching on some french cookies, sophomore Jessi Fenton, freshman Luke Ericson, and senior Alan Pierce find out what french food really tastes like.



Holding the French National flag, a group of kids in the club get together for a quick picture.

Students participate in a game where the object is to try to pop the balloon of an opponent; at far left, below, new teacher Amanda Eimers helps French club pres Cheri Fenton on a worksheet. far below, club members get tangled up in each others balloons.







Partying with Piñatas & Pizza

story by holly buch

alsa dancing at the Hotel Fort Des Moines and sponsoring both a family and a road trip to Chicago. While these three things may seem unrelated, they do have one thing in common, they're all activities of the Spanish Club.

Besides doing the traditional Cinco de Mayo party and eating at local Mexican restaurants, the club also tried some new things. During the holiday season they raised enough money to sponsor a needy family.

"We sold EHS mugs and some pro team mugs," said senior **Tony Williams**. "I think we raised approximately $900. It was nice to be able to help a family at Christmas."

The club raised enough money to give the family a nice holiday.

"We were able to give presents and food to the family," said sponsor **Kathy Koenig**.

The club also had a party in December to celebrate their fundraising success and La Navidad (Christmas). The fiesta was complete with pizza and a piñata.

"The breaking of the piñata was a cool way to celebrate Christmas. The party was a lot of fun," said sophomore **Marcy Duntz**. "That's why I joined the club in the first place, to have fun."

A lot of things have changed in the club since last year. It now has four new sponsors (**Carl Drautz**, **Linnea Morris**, **Nicole Wee** and Koenig, all Spanish teachers) and is open to any student that wishes to join.

"I don't take Spanish, but I speak it," said sophomore **Yuridia Carrasco**. "I just joined to have fun and hang out with my friends."

Other students join the club simply for the culture of it.

"You really get a feel for the cultural background of things," said Williams. "It's like more in depth, beyond any class."

The club met once a month on Thursdays, which made it easier for students to attend.

"It seems like I've only been to a couple meetings," said Duntz. "But I guess that's because we only have a meeting once a month. It's kind of nice being in a club that doesn't meet all the time because that can interfere with other things."

Even though there are some changes in the club this year, one thing remains the same.

"You'll never go hungry in Spanish Club," said Williams. "We go out to the restaurants and have parties at the school. There's always food and it's always good."

EHS ORGANIZATIONS 2001 – 2002



VARSITY CHEERLEADERS. Front Row: Emily Brandt, Amy Heggen, Lindsey Latcham, Molly Fredericksen, Saiphone Houangsavanh, Jessica Dyer. Row 2: Stephanie Stapes, Cheri Fenton, Jeni Grochala, Ashley Tappan, Amanda Armintrout, Darcy Baker, Michele Warnock. Back Row: Michelle Denning, Ashley Munoz, Aimee Munoz, Michelle Gazzo, Chelsea Pickett, Shannon Noble, Stacy Knight, Stacy Smith.



SOPHOMORE CHEERLEADERS. Front Row: Thyta Inthavong, Amanda McConnell. Row 2: Alicia Alvarez, Teara Rice, Staci Owens. Row 3: Chelsea Petersen, Laquana Mitchell, Rorrie Nagy, Reeio Sumabat, Samantha Winebrenner, Myneka Crawford. Back Row: Gina Hughes, Jessica Christie, Katie Ring, Lauren Reed, Rochelle Remus, Amanda Preston, Jenny Carr.



FRESHMAN CHEERLEADING. Front Row: Kayla Morris, Elyse Logan, Andrea Denning. Row 2: Dawn Saunders, Erica Latcham, Jodi Housley, Sarah Enos. Back Row: Tasha Coe, Amy Page, Amber Tyler.

Layout: Kilgore Trout.



STEPPERS. Front Row: Kari Bloomquist, Melissa Beede, Amy Preas, Valerie Boland. Row 2: Angie Puffett, Ashley Petereson, Amanda Khodai, Carrie Chapman, Casandra Killinger. Back Row: Sara Evans, Heather Schietzelt, Ginger Stevens, Kati Bainter, Ashley Bennett.



SCARLET DANCE SQUAD. Front Row: Brittany Callison, Jovielle Maire. Row 2: Desiray Wright, Joesey Jackson, Sirina Greene. Back Row: Ricardo Fierro.



CHAMBER CHORUS. Front Row: Amanda Guerra, Lidia Chamale, Brinden Kelly, Laura Porter. Row 2: Lauren Reed, Kim McCallister, Danielle McConnell, Myneka Crawford, Gina Hughes, Alyssa Long, Zoila Chamale. Row 3: Alex Kitthikoune, Michael Her, Nichole Grimes, Payton Petrie, Charlie Reese, Tarry Heckathorn, Brian Jackson. Back Row: Seth Conn, Austin Kayser, Chris Kayser, Scott Flaherty, Ross Hesseltine, Dustin Shandri, Mike Markley, Sir Adams. Not Pictured: Jovielle Maire, Katie Axser, Vy Nguyen.



LADY SCARLET CHOIR. Front Row: Felicia Coe, Ashley Jones, Kimberly Owens, Sarah Guhl. Row 2: Amanda Goff, Janet Knapp, Amber Weber, Kurtisha Dotson. Back Row: Vy Nguyen, Rebecca Watson, Kirsten Hansen, Lindsay Waltz, Danielle Reynolds.



MIXED CHOIR. Front Row: Nick Bannor, Natasha Parker, Yadira Moreno, Maria Maceda, Jannifer Calvache, Bethany Smith, Kari Bush, Brittany Dudley, Amanda Lary, Jennifer Hines, Season Strauss, Allison Augspurger, Jessica Bitting. Row 2: Alicia Bowman, Tasha Hiatt, Jeffery Elliot, Dawn Kile, Raelynn Steeblock, Heather Brady, Shawna Wolfe, Heather Sheehan, Amanda Stevens, Dawn Chapman, Leslie Canas, Erica Carter, Hillary Miller, Jennifer Reedholm. Back Row: Jeremy Ochoa, Tanya Kephart, Kelsey Brooks, Nicholas Anspach, Andrew Todd, Kamisha Redmond, Ashley Cortez, Chelsea Wood, Heather Munyon, Kizzie Strother, Renae Peterson, Yvonne Reid, Clista Hazelwood, Sharon Tonsi, Amanda Newcomb, Amanda Danielson, Anna Williams, Diana Gearheart. Not Pictured: Carrie Vandervelden, Elizabeth Whitney, Christina Wright.



PREP CHOIR. Front Row: Cassie Bainter, Elise Logan, Donna Soulinthavong, Josh Woolson. Row 2: Julia Byers, Tamara Fogarty, Holly Bousselot, Thuy Huynh, Sadie Walker, Mikea Carson, Erika Garcia. Row 3: Kevin Bradford, Kayla Trumbo, Nicole Waldron, Jessica Williams, Anna Scarbrough, Amy Page, Olivia Zermeno, Amber Tyler. Back Row: Shelby Speck, Jelena Raus, Danneal Mosher, Harold Dudley, Skyler Grenell, Tyler Locke, Patricia Sula, Amanda Smith. Not Pictured: Christina Anderson, Crystal Antelman.



GOSPEL CHOIR. Front Row: Tamara Fogerty, Lidia Chamale, Heather Brady, Felicia Coe, Theresha Wagner, Zoila Chamale. Row 2: Corey Taylor, Renae Peterson, Patricia Sula, Charlie Reese, Kim Wagner, Andrew Webber. Back Row: Kirsten Hansen, Harold Dudley, Austin Kayser, Mike Markley, Sir Adams, Brian Jackson.



BASS CHOIR. Front Row: Brett Adams, Jacob Pray, Tom Wilson, Andrew Webber, Jason Boll. Back Row: John Long, John Neal, Sir Adams, David Curtis, Michael Deal. Not Pictured: Nickolas Frye.



E JAZZ I. Front Row: Jovielle Maire, Payton Petrie. Row 2: Charlie Reese, Brian Jackson. Not Pictured: Tarry Heckathorn, Laura Porter.



SENIOR BOARD. Front Row: Rebecca Rodriguez (Sec.), Saiphone Houangsavanh (Treas.), Eric Brandt (Pres.), Heston Clark (VP). Row 2: Pam Moreno, Mone Kavan, Chad Miller, Tifani Armintrout, Carolina Canas, Jonna Eastcott, Heather Schietzelt, Misty Waltz, Elizabeth Rowan, Crystal Moses, Linda Keothammakhoun. Row 3: Courtney Schieffer, Valerie Boland, Michael Weeks, Amber Swacker, Melissa Mills, Tori Punelli, Lyndsey Richardson, Darcy Baker, Cheri Fenton, Debbie Phondeth. Back Row: Amie Stevens, Sir Adams, Shannon Scarlett, Rhi Nagy, Ryan McDonald, Michelle Gazzo, Natalie Plummer, Joe Kephart, Holly Buch. Not Pictured: Michelle Denning, Amber Giles, Jeni Grochala, Katrenia Isaac, Courtney Jones, Rebekah Keddie, Adam Ragan, Lindsay Steele, Michele Warnock.

National Council on Youth Leadership

Justin Anspach, Valerie Boland, Holly Buch, Heston Clark, Darren Cruchelow, Jonna Eastcott, Cheri Fenton, Jeni Grochala, Sarah Guhl, Saiphone Houangsavanh, Heather Jones, Mone Kavan, Alyssa Long, Nina Moore, Rhiannon Nagy, Amy Preas, Shannon Scarlett, Lindsay Steele, Ginger Stevens, Michele Warnock, David Williams.

EHS Kiwanians of the Month



Saiphone Houangsavanh



Heston Clark



Cheri Fenton



David Williams, III



Lindsay Steele



Sir Adams



Michele Warnock



Katie Freel



LIBRARY AIDS. Front Row: Amy Miller, Jacob Pray, Oudaphone Tran. Row 2: DeLora White, Thyta Inthavong, Jessica Swinehart. Row 3: Shane Maxson, Bobbie Stradley, Kimberly McCallister. Back Row: Michael .Patrick, Austin Kayser, Monica Stockbauer. Not Pictured: Jerrica Bracelin, Charles Jilek, Brandi Lewis, Jasmin Llewellin, Amanda Reimers, Nhia Vang.



FELLOWSHIP OF CHRISTIAN ATHLETES. Front Row: Alan Pierce, Sponsor Marty Mohler, Dan Williams, Brian Jackson. Back Row: Jesse Antelman, Andrew VanGundy, Shannon Stewart, Alyssa Wilson, Alex Thornton, Kim McCallister. Not Pictured: Gabe Hibben, Megan McCallister, Mike McCourt, Jeff Zelenovich.

Layout: Kilgore Trout.



ACADEMIC DECATHLON. Front Row: Gregory Milbach. Back Row: Emily Grover, Sara Guhl, Harmony Gregg, Katherine Rogers, Amanda Botts. Not Pictured: Amanda Knox.



DESTINATION IMAGINATION. Front Row: Ryan Neff, Trevor Jones, Catherine Swoboda, James Rendall. Row 2: Matthew Sowden, Patrick Suggett. Back Row: Andrew Van Gundy.



ROCK IN PREVENTION. Front Row: Tiffanney Moore, Heather Munyon, Felicia Coe, Sarah Evans, Michael Weeks, Tiffani Armintrout. Row 2: Lacey Lombard, Josh McBurney, Randi Durrett, Jennifer Hanlin, Jenifer Berst, Melissa McKean. Row 3: unknown, unknown, Kim Wagner, Jeff Zelenovich, Scott Phaydavong. Row 4: Tasha Hiatt, Debra Wagner, Lauren Reed, Jonna Leverich, Kelly Smith, Erica Sholley. Back Row: Jason Boll, Demareo Darrah. Not Pictured: Matt Daugharthy, Adam Ezzio, Don Holtry, Saiphone Houangsavanh, Stacy Johnson, Megan Logan, Lindsey Richardson, Andrew Olsen, Eric Radley, Cheyenne Thompson.



LEADERSHIP COUNCIL. Front Row: Danelle Drayton, Kamaye Steward, Stacy Hester. Row 2: Tela Robinson, Mike Patrick, Somwong Kitthikoune, Tina Nickerson, Ellen Rothweiler, Katie Rogers, Angel Chanthavisouk, Laquana Mitchell, Anthony Renfro, Saiphone Houangsavanh. Row 3: Crystal Worthington, Andrew Anderson, Matt Lewis, Sir Adams, Kari Bush, Veronica Reed, Sara Neer, Adam Ezzio, Rebecca Rodriguez. Back Row: Christina Anderson, Neal Hall, Junior Ochoa, Hazel Grace, Gabby Galbreath, Tasha Coe, Mikea Carson, Suzan Sanachit.



VOICES OF CHANGE. Front Row: Tina Nickerson. Row 2: Somwong Kitthikoune, Adam Ezzio, Stacy Hester. Row 3: Andrew Anderson, Ellen Rothweiler, Christina Anderson, Rebecca Rodriguez, Tela Robinson. Back Row: Michael Patrick, Angel Chanthavisouk, Matt Lewis.



STUDENT GOVERNMENT. Front Row: Rochelle Remus, Holly Buch, Katie Freel (Pres.), Amie Stevens, Mone Kavan, Danelle Drayton. Row 2: Ao Vang, Michael Weeks, Courtney Schieffer, Pam Moreno, Kristina Farrell. Row 3: Shannon Scarlett, Jennifer Hanlin, Melissa Mills, Gabby Galbreath, Amber Swacker. Back Row: Sponsor Samy El-Baroudi.



KEY CLUB. Front Row: Danelle Drayton. Row 2: Theresha Wagner, Heston Clark, Kim Wagner, Hazel Grace, Melva Hanke, Joshua Young, Michael Feldman. Back Row: Jennifer Palmer, Jessie Pridemore, Molly Heggen, Amanda Stevens, Shane Maxson, Lewis Grim.



NATIONAL HONOR SOCIETY. Front Row: Stacy Knight, Pon Thipyothin, Phitsamai Songkham, Mone Kavan (VP), Katie Freel, Cheri Fenton (Treas.), Shannon Noble. Row 2: Chelsea Pickett, Alyssa Long, Nina Moore, Saiphone Houangsavanh, Beth Widlund, Stephanie Cozad, Heather Jones, Shannon Scarlett. Row 3: Payton Petrie, Seth Conn, Darren Cruchelow, Jeni Grochala, Lindsay Steele, Michele Warnock (Sec.), Rhi Nagy. Back Row: David Williams, Mike Mendenhall, Heston Clark (Pres.), Jeff Zelenovich, Christi Bethards, Eric Radley, Justin Anspach.



UPWARD BOUND. Front Row: Antoinette Humphry, Saiphone Houangsavanh. Row 2: Felicia Duenas, Rosemary Duenas, Jonna Eascott, Julie Southammavong, Christy Lem, Linda Keothammakhoun. Row 3: Juvenal Avila, Rene Duenas, Holly Buch, Misty Waltz, Robert Songkham, Alix Kitthikoune, Ao Vang, Mone Kavan, Vee Moua. Back Row: Aaron Ramirez, Patrick McGravey, Andrew Buch, Christopher Kayser, Austin Kayser, Tingkham Kamvanh, Alee Lovan. Not Pictured: Dianna Phomvisay.



PEP E BOARD. Front Row: Suzanne Dolan, Elizabeth Freeman, Michelle Kellogg, Veronia Reed, Brooke Budd, Candace Bennett, Stephanie Stapes, Kamaye Steward. Back Row: Orlando Rushing, Tifani Armintrout, Samantha Smith, Michael Weeks, Lyndsey Richardson, Natalie Plummer, Katie Bainter.



SCIENCE BOUND. Front Row: Josh Mesqueda, Rosemary Duenas, Yuridia Carrasco, Gustavo Ceballos, Roxanna Ferreyro. Row 2: Illiana Raygoza, Myra Weatherall, Kristine Bolten, Annette Ryun, Delise Lockett. Row 3: Dae Ron Merrett, Izzak Moody, Joe Huffman, Vivian De La Cruz. Row 4: Steve Green, Saul Ceballos, Noemy Carrasco, Brinden Kelly, Daniel Campos-Anderson. Row 5: Mauricio Marquez, Myneka Crawford, Neil Hall, Ashley Botts, Silvia Aguayo, Reeio Sumabat, Carlos Patino, Tyler Locke. Back Row: Lowell Long, Harold Dudley, Sean Henry. Not Pictured: Ashley Johnson, Alex Kelly, Yadira Maeno, Juan Paz, Luis Quintanar, Anessa Woods.



PEOPEL P.E. Front Row: David Williams II, Victoria Punelli, Pamela Moreno, David Curtis.



FOREIGN EXCHANGE STUDENTS.
Martin Pucek
Hripsime Mazmanian
Rajko Dimitrijevic



BUSINESS PROFESSIONALS OF AMERICA. Front Row: Amy Kern, Ashley Bennett, Leah Johnson, Lindsie Beck, Amanda Reed, Aimee Munoz, Phitsamai Songkham. Back Row: Joe Russell, Danielle McConnell, Jessica Dyer, Kerry Bloomquist, Ashley Munoz, Tracy Cooper, Sponsor Mary Jane Kaldenberg.



MARKETING SALES. Front Row: Amanda Heckman, Ashlie Green, Tiffany Hood, Candace Bennett. Row 2: Sponsor Nancy Hansen, Michelle Smith, Lindsie Beck, Amanda Reed, Lacey Lombard. Back Row: Danelle Drayton, Shane Clements, Jordan Turner, Steve Strable. Not Pictured: Rodney Stockbauer.



NEW HORIZONS. Front Row: Sabrina Tolson, Nikita Person, Kardeea Scott, Val Gomez, Kamaye Steward. Row 2: Emily Taylor, Lakesha Johnson, Shelly McNeal, Sara Michener, Aimee Lozano. Row 3: Jessica Daugherty, William Powell, Theresha Wagner, Kim Wagner, Jayseena Stafford, Shauna Ryan, Rebecca Lee. Row 4: Brittney Lee, Nikkia Rushing, Maria Terry, Duston Cooper, Amanda Newcomb, Michael Law-Markley, Joseph Gomez, Stephanie Murray. Row 5: Christopher Brewer, Lacey Lombard, Justin Sleeth, Sandy Patterson, Phanna Kem. Row 6: Shane Maxson, Andrew Vance, Justin Powers, Angie Gomez, Noemy Carrasco. Not Pictured: Jeff Bettis, Clinton Boettger, Ashley Brown, Julian Brown, Brooke Brumley, Candice Carr, Jeff Cason, Michael Christian, Ashley Coleman, Anthony Curfman, Felicia Duenas, Johnathan Erdman, Gabby Galbreath, Geoff Gearhart, Jonathan Gines, Hazel Grace, Jennifer Graves, Ashlie Green, Ashley Harding, Allen Harrington, Aaron Hook, Kelli Irvin, Chaneze Jackson-Spencer, Regina Jackson, Jessica James, Kendra Johnson, Lakesha Johnson, Jonathon Jones, Megan Jones, Anatasia Kelly, Sarah Kernes, Amanda Lee, Carol Loving, Tamarah Massey, Scott Mit, Amanda Mitchell, Laquana Mitchell, Megan Mohler, Tiffanney Moore, Aimee Munoz, Ashley Munoz, David Piper, Patrick Pollard, Jason Roberts, Crystal Schaff, Jayme Strong, Cheyvone Thomas, Nathan Tyler, Jeremy Vertz, Emily Vuth, Debra Wagner, Lindsay Waltz, Anthony Williams, Jennifer Williams, Somphong Xaysana.

Layout: Kilgore Trout.



THEATER ARTS. Front Row: Chaya Franklin, Junior Ochoa. Row 2: Liz Rowen, Elizabeth Briley, Ellen Rothweiler, Samantha Winebrenner, Megan Niffeneger, Lynnsey Farnsworth, Mike Patrick, Matt Lewis. Back Row: Samantha Reuskens, David Fuller, Andrew Anderson, Charles Reese, Johna Leverich, Tela Robinson, Andrea Lopez. Not Pictured: Jeff Carstens, Risa Cave, Amanda Davis, Michelle Fortune, Hazel Grace, Abbie Griffin, Tyler Hall, Ashley Harding, Desiree Johnson, Chris Kayser, Christine Miller, Veronica Reed, Rebecca Rodriguez, Susan Rowen, Ryan Sutherland, Savannah Wadsworth.



MIMES. Standing on Stairs: Junior Ochoa, Ashley Scott, Chaya Franklin, Sara Neer, Amanda Burkette, Adam Ezzio, Elizabeth Briley, Laura Porter, Tiffany Holly, Ellen Rothweiler, Katie Rogers, Ashley Tappan, Danny Fisher, Jessica Daugherty, Rachel Edwards. Sitting on ledge: Michael Patrick, Emily Brandt, Tina Nickerson, Andrew Anderson. Standing on ledge: Matt Lewis, Jason Boll, Chris Guhl, Kari Noble, Renee Owens, Somwang Kitthikoune, Rene Duenas, Chris Wright. Not Pictured: Petra Galvan, Brandon Heard, James Moody, Krystal Worthington.



HAPPY CAMPERS. Front Row: Lyndsey Richardson, Natalie Plummer, Rebecca Rodriguez, Kati Bainter, Stephanie Stapes, Saiphone Houangsavanh, Kristina Farrell. Row 2: Amie Stevens, Mone Kavan, Pam Moreno, Alyssa Long, Shannon Scarlett, Katie Freel. Back Row: Sir Adams, Neil Hall, Heston Clark, Nancy Christy. Not Pictured: Eric Brandt, Courtney Schieffer, Michele Warnock.



DEBATE. Front Row: Skyler Grenell, Harold Dudley, Jessica Williams, Jennifer Palmer. Back Row: Kevin Sanders, Tiffanney Moore, Alex Ung, Matt Ross, Jeremy Dunkin, Allison Andrews. Not Pictured: Stacy Hester, Emily Rice, Ali Usovsky, Josh Young, Jonne Reedholm, Ryan Earles, Chris Moore, Ben Van Syoc, William Powell.



SCROLL. Front Row: Michele Warnock, Jeni Grochala, Phitsamai Songkham, Kati Bainter, Sarah Guhl, Jennifer Callison, Stacy Johnson. Back Row: Eric Radley, Rajko Dimitrijevic, Nate Wittenstein, Gabe Hibben, Jeremiah Vincent, Scott Flaherty, David Williams, Alyssa Wilson, Mike Mendenhall. Not Pictured: Alicia Zacher.



QUILL. Front Row: Mike Chumbley, Holly Hedberg, Pon Thipyothin, Cheri Fenton, Stephanie Carter, Kelly Clark, Johna Leverich, Cheyenne Thompson. Row 2: Seth Conn, Michelle Emery. Back Row: Heather Kilby, Stacy Knight, Chelsea Pickett, Valerie Blackford, Melissa Mills, Holly Buch.



GRAPHIC TECH. Front Row: Kenny Phaydavong, Eric Baccam, Amanda Armintrout, Matt Mitchell, Joe DeVore, Tom Cole. Row 2: Michael Matthews, Amanda Heckman, Kellie McFadden, Stephanie Lowe, Amanda Ulmer. Back Row: Martin Pucek, Noemy Carrasco, Jason Fitzgerald, J.D. Smith. Not Pictured: Jodie Cosner, Michelle Denning, Erick Dolan, Matthew Geisler, Amy Heggen, Don Holtry, James Karns, Amy Kelley, Megan Logan, Ross Loving, Nick McNeley, Ebony Newsome, Chris Norwood, Josh Ray, Keovilay Vongsouvanh, Jennifer Williams, Dustin Jividen.

Layout: Kilgore Trout.



PHOTOJOURNALISM. Front Row: Adviser Mike Nyman, Adam Ezzio, Amy Preas. Back Row: Sarah Evans, Amanda Byrkett, Maria Terry, Ashley Miller, Chandy Souvatrat. Not Pictured: Amber Swacker.



FRENCH CLUB. Front Row: Maria Maceda, Luke Ericson, Alicia Usovsky, Cheri Fenton, Dean Hoangvan, Tina Hoangvan, Phonemany Theppanya. Row 2: Tasha Coe, Dana Piatt, Pon Thipyothin, Malisa Sam, Megan Bruner, Elma Mujakovic, Thuy Huynh. Back Row: Silvia Aguayo, Morgan Grahm, Rochelle Remus, Katie Freel, Alan Pierce, David Calo, Matt Conelly. Not Pictured: Katie Axser, Drew Beels, Valerie Boland, Jessi Fenton, Jessica Hayes, Amy Heggen, Rebekah Keddie, Linda Keo, Walter Mendez, Sunny Sengaphone.



SPANISH CLUB. Front Row: Christy Lem, Yuridia Carrasco, Hilary Miller, Alison Augspurger, Tasha Coe, Yadira Marroquin, Roxana Ferreyo, Laura Bustamante, Laura San Elias, Felicia Duenas. Row 2: Nicholle Axser, Joesey Jackson, Reeio Sumabat, Laquana Mitchell, Thytha Inthavong, Rorrie Nagy, Chelsea Peterson, Myneka Crawford, Gonzalo Gomez, DeLora White, Kim McCallister, Lynnsey Farnsworth, Megan Niffenegger, Marcy Duntz. Back Row: Josh Woolson, Jackie Johnson, Sierra Buck, Courtney Chaplin, Tyler Hauf, Alex Ung, Domonique Wright, Tony Williams, William Powell, Nicole Warner, Allison Rauh, Alia Winterbottom, Brinden Kelly. Not Pictured: Justin Anspach, Carolina Canas, Peter Cooper, Jamie Johnson, Yadira Moreno, Josh Mosqueda, Becky Pencook, Julie Southammavong, Heather Thomas, Laura Velazquez.



JAZZ BAND. Front Row: Nick Leo, Jacob Cirksena, Martin Pucek, James Smith, Erik Lopez, Trevor Jones, Chuck Lozano, Mark Hawkins, Stephanie Murray, Brian Roby. Row 2: James Moody, Brenda Harnan, Heather Jones, Jeremy Miller, Alex Kelly. Back Row: Michael Mendenhall, Brad Shanahan, Mike Fagen, Jared Mendenhall, Jeremy McDaniel, Chris Hickman, Andrew Van Gundy. Not Pictured: Doug Rowe, Kyle Gowin.



JAZZ COMBO. Front Row: Heather Jones, Charles Lozano, Jared Mendenhall, Michael Fagen. Back Row: Director Vern Hansen, James Moody, Mike Mendenhall, Nick Leo, Martin Pucek.



ORCHESTRA. Front Row: Brandon Peterson, Stephanie Carter, Aginda Lu, Dustin Slemp, Mandy Morlan, Dorothy DiLeonardo, Brinden Kelly, Jamie Johnson, Trevor Dickey. Row 2: Adam Hazelwood, Joe Smith, Emily Grover, Rachel Edwards, Katie Rogers, Samantha Holmes, Veronica Coe, Rebecca Harkins, Mindy Jones, Jackie Johnson, Dustin Harmsen, Director Jennifer Luft. Back Row: Mike Mendenhall, Dan Murphy, Amy Doyle, Morgan Graham, Ashley Botts, Josh Freel, Mikaela Atkins, Kristin Bernhardt, Amanda Botts, Sara Morlan. Not Pictured: Francisco Luna, Becky Pencook, Rafaela Pfister, Angela Tonsi, Jayme Wetzel, Amanda McConnell, Michael McCourt, Fueche Vang.



MARCHING BAND & COLORGUARD. Front Row: Megan Smith, Mary Beth Phillips, Felicia Coe, Shannon Stewart, Brinden Kelly, Andrea Grossman, Megan McCallister, Jenelle Key, Allison Rauh, Alyssa Wilson, Courtney Schieffer, Kristina Farrell, Elisabeth Johnson, Katherine Ring, Amber Coates, Veronica Coe, April Hatfield, Micaela Apkins, Allison Sumy, Cheyanne Thompson, Jonna Leverich. Row 2: Juan Melendez, Josh Nelson, Micheal Crabb, James Moody, Jacob Cirksena, Steven Strock, Natasha Parker, Aaron Hazelwood, Risa Cave, Jaqueline Sorenson, Amanda Grossman, Brooke Brumley, Nicole Brady, Amber Santa Maria, Andrea Lopez, Heidi Kaldenberg, Rachel Taggart, Katheryn Freel, Shannon Scarlet, Rochelle Remus, David Fuller. Back Row: James Smith, Kyle Gowin, Alex Parsons, Trevor Jones, Stephanie Murray, Charles Lozano, Chris Hickman, Micheal Fagen, Jared Mendenhall, Andrew Van Gundy, Nicole Grimes, Adam Sparks, Doug Rowe, Travis Roseberry, Brad Shanahan, Jeremy McDaniel, Nick Lange, Heather Jones, Brenda Harnan, Delora White, Brian Roby, Alex Kelly.

making the cut
making the cut
making the cut
making the cut
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making the cut

sports
BEHIND the SCENES




55
7

A LOOK at the Long Run



There were approximately 35 students that went out for track. Most of the participants joined the team because they like to run, get in shape, or just because it's something to do after school. Others like the competition that track provides them.

"No matter what sport you choose to participate in, there is always going to be competition," said junior **Neil Hall**. "To me, no other sport can give you more competition than track."

In track, unlike football and basketball, the rivalry is big for the runner and for the team. This also gives individuals a more challenging path.

"When I'm on the track, I try to do my best, because it makes me look good and makes my team look good, too," said senior **Richard Weigel**. "It also lets me know where I stand as far as speed, when I run against other schools."

The competition doesn't stop there. It starts all over again at practice every day.

"I think the competition among the team members makes us stronger," said alum **Jamie Furby**. "Everybody wants to be their best and wants to compete at the varsity level."

The season began in mid February and lasted until May, which was filled with hard work and a lot of enthusiasm. The team finished off with a good season and placed fourth in the conference. According to Head Coach **Mel Green Jr.**, the team got a chance to host the conference this year.

The team's main goal was "improvement" and along with that they also worked on individual performances. A big part of this being that every individual understands that good citizenship and character are the key to success.

"A lot of good things happened this year and that's because we have great kids on the team," said Green. "We had a lot of guys who qualified for state. One being **A.J Shipman**, who was the city and conference champion."

During practices, which started after school every day from 3-5 p.m., the team worked on "strength, conditioning, and enthusiasm." Besides that, runners had to maintain good academic performance in school.

At meets, the team usually received an abundance of crowd support from the school.

"I think the parents and students are very supportive. And we also got support from within the team itself," said Green. "I am really pleased with the crowd we get."

Along with ending the season with a good sentiment, the team also enjoyed new uniforms.

Hall said he liked the new uniforms because the year before, they wore "tight, faded shorts," which he doesn't like to wear.

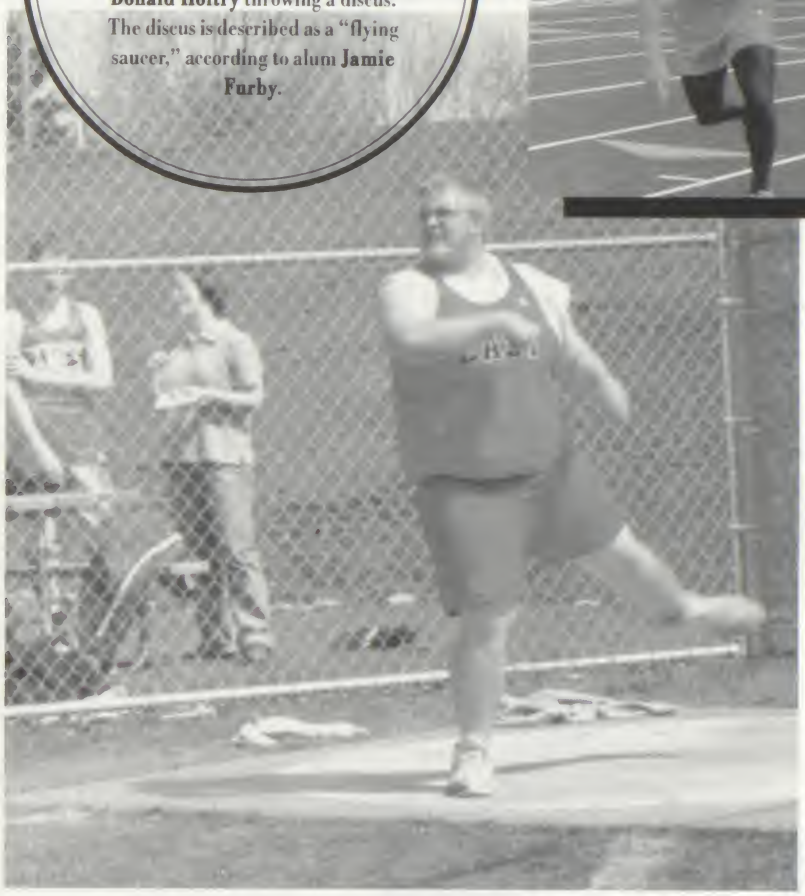
To celebrate after a season of hard work and dedication, the team gathered at Spaghetti Works for a banquet. There, plaques and awards were given to each participant.





Running the 4x4 is junior **Neil Hall**. To the right, senior **Terry Rice** is running the 4x1 relay. Rice is one of the guys that qualified to run at the Drake Relays. Below, is senior **Donald Holtry** throwing a discus. The discus is described as a "flying saucer," according to alum **Jamie Furby**.







At far left, junior **Scott Phadavong** is coming out of the starting block, while alum **Ryan Bernhardt** sets the block for him. At left, East's runner, sophomore **Matt Donahue**, strides along to get to the finish line. The team finished sixth in the conference for the 4x1 relay.

Design/story: Don Thipyothin
Photojournalist: Adam Ezzio

Breaking ANOTHER Record



"I set four records, I broke the record for the 400 meter hurdles, I was a city champ and..." said sophomore **Ashley Letze**. And she's just one member of the award-winning girls track team.

"We accomplished a lot this season," said Head Coach **George Davis**. "We were the city champs, our 4x200 meter team beat Dowling, we were the Lincoln relay runner-up, the Polar Bear champs— a lot of things."

Individuals also accomplished a lot. Junior **Micaela Mallet** was the city champ for the shot-put and discus.

"At first I couldn't believe it," said Mallet. "I was just shocked. It was great."

Mallet even offers some advice that helped her get the gold.

"I just bent my knees, and it worked, that's all you have to do."

The team also placed second at conference. Davis, as do the girls, credits their success to attitude and encouragement.

"We all worked hard and did our best," said senior **Alyssa Wilson**. "We had great team leadership and the coaches were really encouraging."

Mallet agrees.

"It took awhile to get where I needed to be, but it was worth it," said Mallet. "We worked for, we wanted it and we got it."

"We all believed in each other and received support from all our peers. We were backed up and cheered on. It was all a team effort," said Letze.

Looking back on a great season, the girls have many things to be proud of.

"Our freshman 4x800 team set a new record and it was kind of cool because the old record was set back in the year we were all born," said Letze.

"I'm very proud of the team," said Wilson. "I'm proud of everything we won, but I'm also proud of our team strength."

Team strength is something Davis plans on for next season.

"We have a lot of good up-and-coming athletes," said Davis. "I'm looking forward to it."





TRACK TRIUMPHS

OCity Champs ORoosevelt Relay Champs OLincoln Relay Runner-up
OConference Runner-up
OState Qualifiers~ alum **Allemeshia Tiesman** (100 & 200 meter), sophomore **Ashley Letze** (400 hurdles & 400 meter dash), junior **Ashley Harding** (400 meter dash)
OConference Champs~ junior **Crystal Carr** (long jump & sprint medely relay team),junior **Ashley Harding** (400 meter dash & sprint medely relay team), alum **Allemeshia Tiesman** (100 meter), sophomore **Ashley Letze** (400 hurdle), senior **Whitney Jenkins** (sprint medely relay team), senior **Katrena Isacc** (sprint medely relay team)
OCity Champs~ junior **Micaela Mallett** (shot and discus)
OFreshmen 4x800 meters record breakers~ **Nina Lovan, Sierra Buck, Courtney Chaplin, Ashley Letze**

Coaches pose together for a picture at far left. They included, from left, **Deb VanVelzen, Scott Ryan, George Davis, Summer Johnson** and **Greg Morse.** In the center photo, sophomores **Sierra Buck** and **Courtney Chaplin** stand together. Davis said the team worked well together.





Design/story: Holly Buch Artwork: Becky Watson
Photojournalist: Chandy Souvatral

FUN FIELD FACTS

Players run as many as 6 or 7 miles in one game.

A soccer ball weighs between 14 and 16 ounces.

A soccer ball measures between 27-28 inches in circumference.

The World Cup is soccer's most coveted prize.

-Internet Data







While playing in a match, senior **Simon Lange** passes the ball to his teammate **Andrew Anderson**. At right, senior **Dan Webb** kicks the ball from out of the scoring region.

Design/story: Seth Conn
Photojournalist: Chandy Souvatzi



Discovering A NEW Goal

The boys varsity soccer season was spent learning how to play their sport with intensity and mental toughness.

"Getting experience is the key part. Even playing soccer for a long period of time can help. You have to make sure you are in the game for ninety minutes, and not just settling for eighty-five," said head coach **Derek Lounsberry**.

Lounsberry said the team took some lumps and losses. It was a learning year for some JV players because they had to learn how to play with more intensity.

East competed in the Bondurant Tournament and won the first game after alum **Clint Nereim** came back from injury to score the winning goal.

"The most memorable experience from last season was when Clint took a shot from half field and scored. That game ended up as the only one we won," said senior **Andrew Anderson**.

For the first time in four years a player from East captured first team all conference. Senior **Luke Billings** received the honor for outstanding defense during the season.

"At first I didn't know how big of an honor it was until Coach Lounsberry told me. If they were to make a select team I would've been on it," said Billings.

According to Lounsberry, soccer is different than any other sport because there are no set plays, and all the coach can do is make substitutions. Most of the game is instinct and learning how to use acquired knowledge in each situation.

"The part of the game that drives me the most crazy has to be how much control over the game I don't have," said Lounsberry.

The team continued the season with a positive attitude focusing on playing respectably every time they took the field.

"It wasn't so much an attitude of winning every game, but to play hard the whole game," said junior **Scott Flaherty**.

There are many different player positions in the game. Forwards play in the front and are the ones who usually score the most. Mid-fielders are known as the creative players and make offensive opportunities. A stopper is the center defender. There are two fullbacks on the outsides, and a sweeper, who is one of the faster players dedicated to fixing all the problems.

"Each position is important to the game. Even if the team loses the game, each player can win their position," said Lounsberry.

The team ended the season on a positive note by winning the last regularly scheduled game. They played Roosevelt in districts and fought hard all through the first half, but lost the game in the second.

"I think that we played hard and showed Roosevelt that we can beat them next season," said junior **Dusty Shandri**.

The team has made some goals for seasons ahead. One is to win two games or more, and score ten goals each season. Another is to not get beaten by any opponent by five or more, and to play their hardest every time.

"I feel we have improved immensely since previous seasons and can only get better," said Anderson.



Up at left, senior **Lee Webber** kicks the ball away to retain possession. To the left, an East player is trampled while fighting for the ball. East teammates, junior **Marcus Nece** and sophomore **Tim Ballard** look on.

Taking ANOTHER Kick

"Our team was awesome! Our performances were completely excellent," said senior **Natalie Plummer.**

Last spring the girls were out hitting the balls with their heads, making goals, rolling around in the mud and having mud fights. What team would that be? The girls soccer team.

"We went all out with the mud fight! We rolled around in it and got all muddy and laughed so hard. That was one of the funniest practices ever," said junior **Tiffany Holley.**

The girls loved to have fun, but for the most part they worked hard and practiced often.

"I practiced every day," said Plummer. "It really helped my performance. I practiced outside of practice and during any free time I had. I've been playing since I was in eighth grade. I think there is always room for improvement."

The team started out with 28 girls. The junior varsity (JV) team came up short for girls, so varsity players had to fill in many times.

"We always had to send girls down from varsity to play on JV. It was okay though, since everyone loves to play," said Holley.

Three girls received honors for 2nd Team All-Conference and four girls received an Honorable Mention.

"I was glad I got an Honorable Mention," said alum **Heather Hutchinson.** "It means that my soccer skills have improved. It was a real honor. I felt so proud of myself and it was a real good kick of adrenaline for me."

The team felt they had an over-all good season of soccer.

"I was very proud of the girls when they won," said Coach **Chaney Yeast.** "Whenever they lost, I was proud of the way they handled themselves."

"I think our defense was really good, maybe the best it's been since I started playing," said Plummer.

Not all of the players agreed that the team did well when it came to winning.

"We only had a few wins," said junior **Danielle Campos-Anderson.** "I wish we had won more games because we practiced really hard and we played as well as we could. We did our best."

One of the games they won was the JV game against Lincoln. The score was 4-0 and it was their first win against Lincoln in seven years.

"The win against Lincoln felt great! I think that was a great accomplishment," said junior **Jade Jordan.**

"The most important thing of all is the fact that we are all so close," said Plummer. "I love those girls!"



The girls got together for this picture at the spring banquet. They celebrated a great season together and enjoyed some last laughs. "I love those girls, they're my babes!" said senior Natalie Plummer.



Goal keeper senior Heather Jones (at near right) lunges for the ball at a game against Roosevelt. At far right, the team comes together after a long and exciting mud fight. It was a tough practice for them!!



Soccer Snips

"Definitely at one wild practice. It was so muddy and we were working so hard and then someone just snapped and started flinging mud around!"
-Junior Tiffany Holley

"The mud fight was probably my most memorable moment. I don't think I've ever had so much fun. We even rolled around in the mud and got ourselves filthy."
-Senior Natalie Plummer

"I was the only team member to get red carded. It's like a penalty. I was so mad, but we all kind of thought it was funny! My coach wasn't very mad, luckily."
-Junior Jade Jordan

"I had too many memorable moments to remember one specifically because I loved my team and we had so many great times. I couldn't wait until this season."
-Senior Jonna Eastcott

"One muddy day we just went nuts. It was just so funny because we'd never done anything like that before. I will never forget that practice."
-Senior Amy Kelly





Design/story: Holly Hedberg.

Sliding INTO Home



How would spending all summer, morning to afternoon, just about every single day, with best friends be? That is exactly what dozens of boys did all summer long and they were doing what they like to do best, play baseball.

"Baseball is not only a national pastime, it's my pastime," said junior **Gabe Hibbin.**

The humor on the team may be the effect of how tight the team members are.

"I have been playing baseball since I was six," said junior **Jeff Zelenovich.** "I just love the game and most of my good friends play so I get to hang out with them all summer just playing ball."

Having a love for baseball wasn't all that led these boys to the field every day. Having all of their best friends there on the same team to cheer them on was also one of the major reasons that they woke up each morning to practice.

"You get to hang out with close, good friends you normally wouldn't get to see over the summer, and we have a lot of fun," said Zelenovich.

The teams did very well this year, mostly due to the fact that everyone got along, but they also played well together.

"I had a diving catch behind home plate," said sophomore **Tyler Boattenhamer.** "It was a pitch hit, and the bases were loaded. I hit a double. It was awesome."

Teams can't function well without a few good coaches to help them along, though. The team members said that the coaches were great and they made the game a lot of fun.

"The coaches helped me improve but so did my teammates," said junior **Jon Piper.**

The freshman and sophomore teams say they aren't bad at pitching but they can always use improvement and practice always helps.

"Everyone on the team showed good sportsmanship and support for everyone else on the team," said Boattenhamer. "That's the main reason the season went so well."

The sophomore team agrees that their tight bond with each person on the team is what helped the season go so well and that is why they had so much fun.



After an exciting game against Valley, the teams line up for an exhange of 'Good Game.' At near right, sophomore Drew Beals stands at home plate ready to hit a homerun for the freshman team. At far right, sophomore Troy Deaton tags a Valley player for the final out.





Field Quotes

Season Memories



"When we played Dowling, because it came down to the last play in the game. It was really close."

~ Junior Bo Harvey

"The way the team united and how we became a better team, that was the best part of the season."

~ Sophomore Carlos Patino





"We had a lot of good games. Even if we didn't win them we still had a good time."

~ Junior Josh Ray



Design/story: Kelly Clark
Photojournalist: Ryan Witt

VARSITY Slides INTO Winning

While most East High students either worked, attended camps or just sat around last summer, the baseball players were attending practice to try and obtain a state championship.

"I think our team did very well this year, we should do well next year, too," said senior **Joe Kephart.**

Some amazing things happened this year at Don Powell field. **Tyler Dearth** led the conference in strikeouts. **Jason Fitzgerald** threw a perfect game and the team had the second best record in the conference.

"Everyone better look out next year because we are going to kill," said Fitzgerald. "We will have 'ears' (Dearth) on the mound."

The team participated in sub-state losing to Urbandale in a close game that decided who went to state. It was a nine-inning game that was a thriller.

The team is looking forward to the next couple of years of East High baseball.

"We have a lot of good juniors that will be a part of our team next year," said Kephart.

There were a couple of sophomores that played varsity who really helped out at the end of the year.

"I felt privileged to play varsity as an under-classman," said junior **Adam Bolander.**

With a record of 25-14, several players won conference awards. The awards are determined by the coaches of other teams.

Kephart received 2nd team all district. "I don't really care that I received the award as long as the team did good," said Kephart.

J.D. Smith was awarded first team all-metro. "It feels good to be classified with the best players in the conference. It really shows how hard I work in practice," said Smith.

Fitzgerald was honorably mentioned. "I was happy to receive the award," said Fitzgerald.





Celebrating a win, alum **Kevin Lundberg** and senior **Jason Fitzgerald** smile for the camera. The team finished with a record of 23-10. Highlights included a win against a strong team fielded by Lincoln High.



Field Clips



"I really am looking forward to next year's season. We should be able to beat anybody in our conference with ease, said junior Kyle Audlehelm."



With an all- star effort, senior **Joe Merryfield** (below) tries his best to get an out for the team. The team (left) observes a game standing outside the dugout.





Doubled up, seniors **J.D. Smith** and **Jason Fitzgerald** turn a double play. The team went on to beat Hoover in a conference match up.

Design/story: Mike Chumbley
Photojournalist: Ryan Witt

Taking ANOTHER Swing

"Softball is the greatest sport, I think," said junior **Kelly McFadden**. "I always get so excited when softball season comes around. I love playing for East. It's hard work, but you feel like you've accomplished something afterwards." McFadden was on the junior varsity team, and this year they did well, according to Mcfadden.

"We traveled to Ottumwa to play. We did well there but I think our best defeat was probably Lincoln. We all worked together that game," said sophomore **Bobbie Stradley**.

Each player was chosen for their attitude, attendance, and their overall ability to play softball, according to the 2001 softball packet written by former Athletic Director **Gary Rourke**. The packet stated that anyone could try out for any position.

"There were a lot of girls trying out for each position. I tried out for shortstop and I made it," said freshman **Ashlee Peterson**.

"The competition for each position was tough. Most of the girls have had their position all through little league, so they know what they're doing. I think everyone was happy with what they were chosen for," said Stradley.

Attendance is an important key. Players were required, at all games, to be on the field 90 minutes before each game. They were expected to be warmed up and ready for hitting practice.

"They were strict about attendance. I had to miss a game because of a funeral and they made me sit out a game," said freshman **Heidi Hedberg**.

Practice also ran about 90 minutes, usually on any weekday that they didn't have a game, and started early in the morning. They were expected to be punctual, stretched out, and warmed up at the beginning of every practice.

"The practices were pretty tough. It was hard to get up in the morning and go because it's tiring, but I think that practice makes perfect. We needed all the practicing we could get to be a good team," said freshman **Katelin Eaton.**

Coaches encouraged players to spend free time with their teammates, getting to know each other instead of isolating themselves by spending time with other friends.

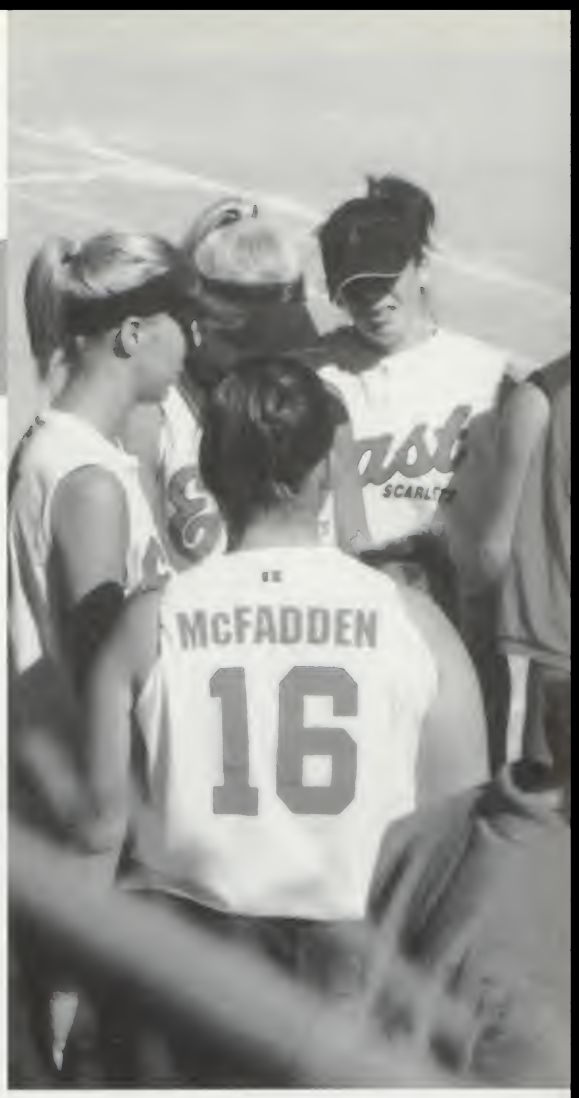
"We all got along real well. It was nice because most of us freshmen have played together since we were very young in little league. We all know how we play and hit and we're used to being around each other," said Eaton.

"We were a good team, but it took us awhile to cooperate with everyone," said Hedberg about the freshman team.

"It wasn't as much fun as little league. It was more work this year than we were used to. I think it was a little hard, but we got used to it. I'm looking forward to next season," said freshman **Ashley Goodpaster.**

This year, the freshman team was young.

"We only had one ninth grader on the team, the rest were eighth graders. There was a lot of inexperience this year on the team, so next year there is room for improvement," said freshman coach **Michelle Fowler**.







Field Facts

* The first softball was found in Egyptian ruins and dated back to 1250 b.c.
* Women's softball began during World War II while the men were off at war.
*Softball became popular in Iowa around the year 1926.
*The birthplace of the softball was the Farragut Boat Club in the Midwest.
*The first record of a ball hit with a bat was in 14th century England.

At left, freshman **Ashlee Petersen** takes a swing at the ball during their game against Lincoln. Above, the team gathers around the assistant coach for a pep talk.





At left, junior **Amanda Ulmer** runs to first with encouragement from the assistant coach. At right, freshman **Ashlee Petersen** gets ready to launch the ball.



Design/story: Holly Hedberg

International Bowling Terms

Scratch
When all pins stay up and no points are scored.

7/10 split
When all of the pins go down except the two opposite of each other in the back.

Gutter Ball
When, on any throw, the bowling ball goes into the side of the lane called a gutter.



Firing ANOTHER Strike

Sophomore **Meagan Most** looks down the long bowling alley. She takes the ball back and releases. Bang, it's a strike and her teammates go wild.

Most and almost 20 other EHS students have this kind of fun every week as members of the new bowling team.

"Bowling is a very fun experience because you get to do something important and have fun doing it," said sophomore **Ashley Heaberlin.**

Bowling is a new sport at East, which started just last year. In only its second season, the team has expanded from 15 players the first year to about 60.

"I am very pleased that as many people went out as did," said coach **Terrie Fenstermann.** "Last year we had about 15 that came out but this year over four times as many came out."

There were two bowling teams and four sections on each. There was a boys and girls team, with varsity and junior varsity levels for each girl and boy team.

"Varsity is filled with the best bowlers and are chosen at the practice before each game," said Fenstermann.

The average cost of bowling is at least five dollars a game, including the shoes, but the East bowling team gets a break at Bowlerama on the south side.

"We don't get free food but we get to play for free," said Heaberlin.

This year the team played a total of 10 games. Out of those 10 games, they won four, against North, Roosevelt, Ottumwa, and Hoover.

"I was thrilled with the games that we won," said Heaberlin, "because it is always good to win so you don't get discouraged and stop trying."

"I thought that we came together as a team and had a very enthusiastic environment that made you feel like you were having the time of your life," said sophomore **David Minikis.**

The bowling team met to practice every Monday and Thursday starting at 3:30 and ending around six. They played about 3 games each time.

"Bowling is interesting, exciting and fun," said sophomore **Dustin Slemp,** "and the things I enjoy the most are that it is challenging and really fun because I get to hang out with my friends and do something I find enjoyable."

Some important things to understand about bowling are the terms, or lingo, used, such as strike and spare and then, of course, the single pins. A strike is when all of the bowling pins go down on a first throw, a spare is when it takes two throws.

"Bowling was not very easy at first because I had to learn how to use a new ball, learn how and where to throw it," said Slemp, "but after a while I got the hang of it and had a blast."

"Bowling is hard at first but after a while you get used to it and really enjoy it," said Fenstermann.









Holding her pride and joy, coach **Terrie Fenstermann**, at near left, shows the bowling pin signed by her entire team. At far left, sophomore **Liz Sample** throws a bowling ball hoping for a good connection.





After bowling an excellent frame, sophomore **Liz Sample** gets excited and shouts for joy, while senior **Suzanne Dolan** bowls in the next lane.

In despair, senior **James Pongphimkham** winces after an unlucky throw (near left). At far left, junior **Christina Brooks** smiles after bowling a great frame.

Design/story: Jesse Anlleman.
Photojournalist: Jennifer Hanlin

Taking ANOTHER Hit

The crack of the bat, the breeze of the ball, the awe of the crowd are all parts of the season at Gustavenson Field that was home to the girls softball team during the summer months from May to July.

Varsity girls softball had a successful season this year winning 31 games out of 60.

"It was a great season and I had a lot of fun coaching the girls," said Head Coach **Craig Martin.**

Although there were some down times during games, the girls still had what it took to make it to districts.

"In the Council Bluffs tournament we were down by three in the last inning. The coach pinch - hit sophomore **Kristen Robinson**, and after she got a triple everyone started getting them. We came back and won the game. It was awesome," said junior **Kellie McFadden.**

The girls worked very hard this season and had a great time working together as a team.

"In the middle of a game when things got tough, like we were down by 5 points, we basically had to pull together and play as a team," said McFadden.

Bobbie Stradley had a memorable moment when "alumna **Amy Goddard** ran into the fence trying to catch a fly ball."

"I think the season went well and the girls did a terrific job. I think next year will be a great year for them because they are a talented and competitive group of individuals," said Martin.

"One of my best games was when we beat Lincoln. It was great," said junior **Shannon Noble.** "We had a great time on and off the field. I think the team really improved a lot."

There was only one senior to celebrate senior night and that was alumna **Kathleen Robinson.**

"We got to get her a lot of things for senior night which was really cool," said Noble.

Aside from games, the girls got new uniforms for the season. New shirts were white with the girl's last names on the back, while the new red shirts just said East and had their numbers on the back. They got visors to go with the uniforms.

"The visors were sweet," said McFadden.

During games, the teams had some exciting moments like hearing one of the coaches singing the National Anthem off key, and watching the coaches getting into a water fight.

"It was hilarious to watch them all running after each other and to hear the coach sing off key was the best," said McFadden.

The season went well for the girls, and with some improvement in hitting, they think they'll have a great season next year.





Junior Brandy Budd is safe at second base and looks around to make sure she can't advance to third. At far right, junior Stephanie Cozad picks up the ball from a bunt down the third base line and looks to see if she can get the runner out at first.



Memorable Moment



Standing in a huddle before a game, the girls listen to their coach while he tells them the line-up and gives them their positions. This was before one of the Lincoln games which the team won.



"When our coach pinch-hit Kristen Robinson and she got a triple and it was like everyone else started getting triples, too. It was GREAT!"
-- junior Kellie McFadden.





Design/story: Michele Emery
Photos by Archie Webb Studios

Field Clips

"I love football. It gives me a thrill that you can only get on the field. This season was great because of the people I had on my team."





Pre-game, at right, the sophomore squad huddles before an earned victory over Roosevelt. Below, sophomore **London Hays** breaks away from a defender.





Photojournalist: Adam Ezzio.
Writer/Designer: Mike Chumbley



Setting Game Tempo

Winning isn't everything at the freshman and sophomore level when it comes to football. Mechanics and technique are also big steps towards varsity level.

"Every day we do drill work to improve our foot speed and we drive block shields from underneath the chutes," said sophomore **John Stapes**.

The shields are big red bags that are used to help perfect hand techniques.

"I think the shields really help us to hit the defender in the right spot very quickly," said sophomore **Sean Henry**.

The chutes are steel bar cages that are made to keep a player's back flat when trying to block an opponent. The more flat the back, the easier he can be moved out of the way.

"It sucked one time when I got stood up underneath the chute. I hit my helmet on the bar and my head rang for a couple of minutes," said freshman **Kenny Savage**.

All the drill work helped the freshmen finish the season with a record of 3-5-1.

"We beat a lot of teams that have a history of being good," said freshman **Luke Bolander**. "When we played like we could, I don't think anyone had more talent than we did."

Amid all the winning that took place at Williams Stadium, the sophomores gave their contribution by beating North and Roosevelt and ending the season 2-7.

"When we beat North, our whole team went crazy," said sophomore **Jason Brownell**. "The win was great and I look forward to winning a lot more next year."

After beating Roosevelt some of the sophomores were brought up to dress varsity.

"Standing on the sidelines at the varsity game during the Conference Championship was really exciting and I think playing with the them will be great," said Stapes.

Coach **Darrin Fisher** only sees the program getting better with every year.

"I am really looking forward to coaching this bunch of kids," said Fisher. "They have proved themselves to be coachable and that is the first step to winning."



Taking charge, sophomore **Ryan Neff** gets his pre-snap reads. At left, the team opens up a hole for sophomore receiver **Kenny Phaydavong**. Both players have scrimmaged together since middle school.



Team BEGINS New Streak



Twelve years of losing their homecoming games helps to describe a struggling, football tradition, but this year the tables turned. They were "Tearing Down the Wall." The wall was represented by the negative streak, and they tore it down by ending those streaks, and bringing back a winning team.

"We wanted to gain respect, restore the pride back to the East Side and give the people of East something to be proud of," said senior **Rodney Stockbauer.**

Each player had a different strategy for accomplishing the goal of having a winning season and to be city champion. It all became a reality when they beat Roosevelt, 49-28.

"We just kept doing the same things and teaching the same fundamentals everyday," said head coach **Darrin Fisher,** "we needed the change in attitude.

Even though wins where slim, the team kept its faith throughout the years. They did this by believing that they could win and knowing that they had dependable teammates. They had positive attitudes through the season and that helped to build confidence. Coach Fisher encouraged the team to do well in everything that they do, weather its academics or sports.

"I kept on believing what Coach Fisher was saying," said junior **Scott Phaydavong.** "He has never lied to us."

The fans helped to boost the team's self-esteem and gave them a reason to win and work hard. Having the crowd cheer them on brought the team together because everyone was there for the same reason: To win.

"Looking up into the stands and seeing it full of fans just makes me want to win that much more," said Stockbauer.

During practices everyone worked harder because they got along well, even though it was competitive, but the competitiveness and diversity brought the team together and they became better friends.

"I knew I had teammates that I could depend on and we all worked hard," said senior **DeMareo Darrah.**





Junior **Andrew Olson** and sophomore **John Gines** tackle Hoover players at the homecoming game (top right). Charting plays in his book, at top left, Coach **Ken Burgess** focuses on the game's strategy. Scarlets tackle Roosevelt players (middle) to win the City Championship. Kicking the ball, senior **Dan Webb** makes a touchdown.





Scarlets Earn

City Title

"Tearing down the wall" became well known at East High throughout the football season. And with one brick left, they did indeed break down the wall.

Friday, October 26 the Scarlets defeated the Roughriders, 49-28, in the last game of the season.

Head Coach **Darrin Fisher** said, "The most important factor for winning was the change in attitude. Hard work pays off and this is something that the team had to understand."

Not only did East come away with a victory and the title of City Champs, but junior **Scott Phaydavong** ran for 354 yards, setting a new record in the Central Iowa Metropolitan League.

Phaydavong said, "I wasn't looking to break the record, all I was thinking about was running and doing my job for the team."

The record was broken earlier in the season by Aaron Cawthorn of Roosevelt when he rushed for 333 yards.

Records weren't the only things being broken. Tight-end, senior **Aaron Hook**, while tackling, injured his sixth vertebrae and was taken away by an ambulance. According to teammates, it was a dramatic loss to the team.

"It was tough knowing I wouldn't be able to get back in the last game of my high school football career, but I'm glad we showed them what's up," said Hook.

But even with the loss of their defensive captain, the Scarlets continued their momentum and the crowd kept their spirit alive as they chanted "HOOK! HOOK! HOOK!"

"We knew we had to do it for Hook, I just kept thinking of what he would of wanted us to do...KILL EM," said senior **Rod Stockbauer.**

It was a night of records, championship, pride and glory. Of course it wasn't easy, but to the players, coaches and fans, that's what made it all worth the while.

Phaydavong said, "It felt great breaking a record, but it felt even better tearing down the wall."



During the winning homecoming game, junior Scott Phaydavong intercepts the ball.

Design/story: Valerie Blackford and Kati Bainter
Photojournalist: Archie Webb Photography

Serving EACH OTHER Right



The freshman and sophomore volleyball players can all agree that when you are in a high school sport, you have to adjust to many changes each practice and game because of the variety of talents and abilities on the team. Every year, new players join the teams and some choose to move on to a different sport. Each year there are players that progress and move up to a higher level to help make themselves and the team stronger.

The sophomore team had to deal with some members playing on the varsity team and others playing on both teams. Some had to practice twice a day to adjust to each team. In spite of the confusion, the team finished with an undefeated record.

"We've never been undefeated and it was a really great feeling," said sophomore **Kristen Robinson.** "I think that when we won our last game we all realized how great it felt and how much we want to do the same next year."

The team had their strengths and weaknesses just as every team has. Robinson thought that a weakness of the team was that they didn't focus like they should have, but when they had to they took it seriously.

"We got down on each other a lot," said Sophomore **Jeanna Frost.** "We dealt with this weakness by telling jokes and cheering each other up."

Freshman **Shelby Speck** experienced many changes during her first season. She played for the freshman and sophomore teams and even played with the JV team. At the end of the season she was brought up to varsity.

"I am really honored that I got asked to play varsity, being only a freshman," said Speck. "It gives me more confidence and makes me work harder. Playing with older girls motivates me more because they are very good and it makes me strive to work harder. It should be really good competition for me."

The freshman team didn't finish with a winning season, but all felt that more clinics and leagues would help them improve their playing next year.





Memories



The sophomore team watches closely and stays alert during one of their home games. This year sophomore coach **Jenny Young** coached the team on how to help one another improve during game situations.

What was your most memorable moment?



"Coach Decker and I were messing around at one of our practices. I started to chase her and she ended up falling and sliding across the floor. The whole team was laughing, including coach."

~Freshman Nicole Kouri



"At our Hoover game, Kim Howell went to set the ball up and she tripped over her own feet and fell on her face. We all knew that she was totally humiliated, but everyone got a laugh out of it anyway."

~Sophomore Bobbi Stradley



Before switching positions after a serve, freshmen **Linsee Hook** and **Amanda Smith** grip hands tightly to show team unity and support (far left). Freshman coach **Mary Decker** gives the team a few helpful pointers during a time-out (left).

Design/story: Heather Kilby
Photojournalist: Amanda Burkett/Adam Ezzio

Tearing UP the COURT

When school starts in the fall, most students think about old friends, fun and football. But for about twenty young ladies there is one special thing that comes to mind: volleyball.

The varsity and JV teams met several times during the summer for weight training and open gym practices, but the real fun came when school started and games were scheduled.

Though both teams lost their first match to Mason City, team spirit was not yet down.

"They were a really good team, but we played well," said junior **Stephanie Cozad**.

Throughout the season, several underclassmen were brought up to the varsity level. Sophomore **Bobbie Stradley** was excited about making the team this year.

"I was a little nervous at first," said Stradley. "But the upperclassmen worked well with us."

The varsity team's final record was 3-24-3. Many of these losses came from tournament play.

"Something about waking up early and playing so many games in a row tears at our spirit," said head coach **Terri Fenstermann**. "Most times the team didn't have enough heart to play well or win."

Finally, losing at tournaments had become a little too repetitive. So, when the scores started going down, the girls took it into their own hands.

"At our last tournament in Cedar Rapids, we had about a two hour break between games," said sophomore varsity starter **Ashley Letze**. "We were all sitting around and talking when Lindsay (Steele) starting ratting out her hair. It was so funny and we played so well that the majority of the team all ratted out their hair for our next home game. We ended up winning our match against North. It was a really good team-bonding experience."

With their second conference victory behind them, it was unanimous that the newfound team spirit was because of "the hair."

As a season finale, the varsity team played members of the varsity football team to raise funds for team uniforms, balls and other expenditures on Friday, November 2.

For seniors **Melissa Horton** and captain **Lindsay Steele**, this scrimmage was the last game of their high school careers.

"During the third game at our district match against Boone, my mom shouted out from the stands that this could be my final game of volleyball ever. I think it was a little hard for the other girls to comprehend, but I knew it was going to end. However, I know the remaining juniors and sophomores have a promising future in front of them," said Steele.





Juniors **Brandy Budd** and **Jayme Wetzel** celebrate after scoring. At far right, the girls pose outside of the gym before a late-season match.

The Lineup



The girls gather after their victorious match against North. This was the first home game win of the season. The final scores were 15-4, 15-6, and 15-1.

Varsity

1 Beth Widlund
2 Ashley Letze
3 Shelby Speck
4 Melissa Horton
5 Chelsea Pickett
6 Mandy Ulmer
6 Jeanna Frost
7 Jayme Wetzel
8 Brandy Budd
9 Bobbie Stradley
10 Lindsay Steele
11 Kristen Robinson
12 Ashley Munoz
13 Aimee Munoz
14 Jenny Carr
15 Jamie Nixon

JV

Crystal Carr
Stephanie Cozad
Katrina Isaac
Heather Kilby
Payton Petrie
Crystal Smith







At top right, the girls join in the locker room for a pre-game party. Above, junior **Beth Widlund** goes up for a spike during a junior varsity game.

Design/story: Chelsea Pickett
Photojournalist: Chelsea Pickett and Adam Ezzio

Taking ANOTHER Lap



The girls swimming team finished the season with a positive outlook. The freshmen on the team showed that they possessed real talent and next year is looking to be optimistic.

"Our personal times seemed to improve. The freshmen made it to districts their first year so it was pretty exciting for them," said junior **Danielle Campos-Anderson.**

"We had a young team. They all had outstanding individual performances," said swimming coach **Stan Thompson.**

Early morning practices were from 6- 7:15 a.m. They also had practice every day after school for about two hours.

"The practices were long and hard. Whenever the coach yelled, we would go under water and pretend we couldn't hear him," said sophomore **Brinden Kelly.** "Heather Jones and I got to skip practice a lot so we could practice singing the National Anthem. We sang it when we hosted conferences and we got to sing it right after the terrorist attacks on September 11, so it meant a lot to us."

The team agrees that this year was a good year despite finishing with a 1-9 season.

"We could have done better, but overall I think we did a good job," said freshman **Julia Byers.**

The girls said that they felt that they had really improved in other ways this year.

"We had a good year individually. If we had more girls, then we probably would have won more. I think it will be better next year. At least we had a lot of fun," said senior and co-captain **Valerie Boland.**

The freshmen showed a lot of talent, according to many members of the team, and they are expected to have a promising team next year.

"I think we were a great part of the team," said Byers.

"The freshmen were really good, it was kind of a building year for us. We did well considering the number of girls we had," said Kelly.

"Everyone showed great potential. Freshman Ally Griffith won a special award for her talent. The girls showed talent in their breast strokes and freestyle," said Thompson.

The team won an academic award for their high G.P.A., a remarkable average of 3.3.

"They were very good academically. We had a lot of smart girls on the team, and I was impressed," said Thompson.

Next year's outcome looks positive and the team is looking forward to having a great year.

"If we have good determination and more people join the team, then we will do great. We all get along very well, so I think it's going to be a really fun year," said junior **Tiffany Dalrymple.**

The team poses for a picture, above, at the Perry McDonald's. Below, senior **Valerie Boland** and sophomores **Jessi Fenton, LaQuana Mitchell,** and **Alia Winterbottom** take a break between meets against the Bluejays.



Senior **Rachel Taggart** takes a deep breath as she gets ready to dive back under the water. Holding enough air, along with strength endurance, were keys to success.





Pool Play

"After our victory at North, we pushed Coach (Eric) Galvin into the pool! We ruined his new suede shoes, so at the end of the season we bought him a gift certificate to buy some new shoes because we felt really bad about it. He was a good sport about it, though. We were glad he wasn't mad!"

"Whenever Coach (Stan) Thomspon would start to yell at us for something, we all would dive under the water for as long as we could so we couldn't hear him. He'd start to get mad at us, but then laugh. It was pretty funny. It made practices funner and more enjoyable to joke around."



At left, freshman **Allie Griffiths** practices her exchanges. Below, it seems the post-event fast food bonuses never end!





Design/story: Holly Hedberg
Photojournalist: Amber Swacker

Field Fame



Sophomore **Courtney Chaplin** runs toward the start line to complete her last lap while practicing. The girls did this daily during the season to practice.





Above, junior **Jeremiah Yassin** stands next to Principal **Tom Lee** and Coach **Mel Green** at the state meet. At right, junior **Gabe Hibben** runs toward the finish line at one of the squad's meets.



Design/story: Stephanie Corler



Get on YOUR Marks

This year the boys and girls cross-country teams were nothing short of victorious. With several meets, both had successful seasons and even set new records.

Both groups practiced after school several times a week. The boys, coached by **Mel Green**, usually ran to the fairgrounds and back on Fridays. The girls, coached by **Debbie VanVelzen**, usually practiced daily after school and ran about two miles.

Runner **Jeremiah Yassin** set a new school record, running the 3.1 mile race in under 16 minutes. This event was announced on all of the major television channels and was covered on the DMPS channel. He also went to the state cross-country meet in Ft. Dodge and ended the season finishing 54th out of 136 runners.

"He worked hard to get the record broken and did a good job of doing it. We didn't know how well the news was going to spread, but we were glad when we saw it," said Coach Green.

The girls cross-country team also did very well, with most of the girls placing at meets. Sophomore **Courtney Chaplin** placed first in a race against Hoover when she ran the two-mile in 12:35. Junior **April Fisher** was right behind her and completed the race in 16 minutes flat.

"At our meets we normally beat North. On a really good day we beat Hoover. It just depends on how we all feel," said senior **Cheri Fenton**.

The girls coach was also very proud of the girls' hard work.

"All of the girls worked really hard. Courtney Chaplin probably worked the hardest at Hoover when she did her two-mile. The time was really good and you could tell that she was exhausted at the end of the race. They all did very nicely," said VanVelzen.

Both teams are very dedicated and all do it because they like it. Many of the students say it "keeps them busy" and "in shape."

Both teams hope that next year they will be just as successfull.



At top, senior Andrew Anderson runs madly towards the finish line staying ahead of Roosevelt and Lincoln runners. To the left, sophomore Allison Rauh helps senior Alyssa Wilson stretch for practice.

Golf Jive

Tee Off **: First hit to start off the game**
Driving **: Intial hit to start off each hole**
Green **: Area of the course where the actual hole is located.**
Chipping **: Hitting from just off the green .**
Putting **: Last (1 to 3) strokes needed for sinking the putt.**
2 man best shot **: The #1 player teamed up with the last place player in a round of best shot.**
Iron **: Most-used club to get the ball to the green**
Wood **: Large club used for driving.**
Par **: The number of strokes suggested to make the hole**
Birdie **: 1stroke under par**
Eagle **: 2 under par**
Bogie **: 1 stroke over par**
Double-Bogie **: 2 strokes over par**



Making sure the aim is just right is crucial to sinking a putt. Senior **Travis Tollari** aligns the ball to perfection. Above, practice is no game. The team warms up on the driving range and begin their 18 holes. These scores decide overall placement on the team.





Design/story: Stacy Knight
Photojournalist: Amy Preas

'Rough' On The Green



Picturing the ball flying through the air, freshman **Nick Fogle** takes a swing and drives the ball into the air hoping for a hole-in-one!



Take Cover" is the first thing that comes to mind when talking about this year's golf team. Balls, tees, and clubs were sent whirling through the air, giving the guys a successful season and a winning team!

Golf is often thought of as a relaxing sport, one that doesn't take to much effort or require aggression, but this has been proven wrong.

"The funniest thing I saw was when [junior] **Eric Cooper** wasn't playing very well, and he was so mad he wrapped his club around a tree! It snapped right in half," said junior **Justin Constable.**

The season started off well; an all-star coaching staff and a solid team made it easy to head in the right direction.

"This year was a lot of fun. We played much better than we ever have in the past," said senior **Travis Tollari.**

Hard work, dedication and concentration is what made everything possible. A few of the guys even spent their summer attending a camp to pick up some extra skills.

"The camp was really good, it was four days of nothing but golfing. We woke up in the morning, ate breakfast, and until we went to sleep, all we did was golf," said sophomore **Trevor Bird.**

Coach **Sy Forester** likes to keep the guys in line. He tries to give each person a chance to do their best and bring out what he can in the team.

"I've learned that trying to adjust a person's swing during the season can be VERY crucial! One new stroke can really throw a person off, so I try to work with them off-season, giving them a chance to fix it, and practice it for later. Most of all I try to enhance what talent they already have," explained Forester.

Talent was overpowering on the team this year. The fight for varsity placement was tough, as many of the team's averages were close. The overall total score for a round determines placement. The top six golfers play varsity and 7-12 play JV. Considering that there were almost 30 guys on the team, it made the stakes tough. That was why each man gave it their all.

"This year was really an improvement. The whole team seemed to really concentrate and work hard," said Forester. "I've coached 23 years, for many different sports in Des Moines, but I can honestly say that this was the MOST improved team of any I have coached before."

However, not everything is up to the coach. The captain plays a large role in both the rank he holds and the maturity as a leader he must show. This year's captain was senior **Brandon Snitker.**

"He was the best choice for the captain because he is our best player and the only senior that plays varsity. I think a lot of the guys look up to him and the way he plays and realize what it's all about," said Constable.

The season was great and most couldn't ask for more, but there were still a few who had goals to reach.

"My biggest goal is to improve. I was able to play varsity this year and I just hope I can again next year," said Bird.

Jump, Jump GET IT, GET IT rebound that ball

Up and down the court with determination went the freshman and sophomore girls basketball teams all season.

"Before they go out and play, I tell them to give 100%," said freshman A-Team coach **Thana Heller**. "Then no matter what happens, they know they put what they had into it and they did well."

Good attitudes, hard work and sportsmanship were priorities for both teams.

"I thought most of the time we could've done better," said freshman **Carissa Hibben**. "If there were more communication skills out on the court, it would've been better."

Most sophomore girls agreed.

"It kind of lets me and the team down when we lose games that we should've won," said sophomore **Felicia Wagner**. "We start lacking effort and do 'uncalled for mistakes.'"

Sophomore girls played sixteen games and the freshmen, fourteen. Both teams played each metro conference opponent twice.

Freshman B-Team coach **Marjorie Glynn** likes the fact that basketball teams get that double shot.

"The first time doesn't give an opportunity for the girls to be as great. If you win, you find ways to get better. If you lose you can see what you need to do the second time."

Both teams spent hours in practice and got better for each game.

"Shooting and working as a team helped a lot in practice," said sophomore **Bobbie Stradley**, "and when we play a team, we learn what we needed to improve on."

From losses to wins, the girls learned to work together.

"It would be frustrating working by yourself in a game," said freshman **Nicole Kouri**. "It helps a lot to have teammates."

Sophomore coach **Lowell Long** remembers coming from nine points down to beat Roosevelt in the last quarter. "I felt ecstatic. I was very happy for the girls because they won a game."

Coach Heller was pleased with the season. "The girls got a lot better throughout the season, playing as a team, improving their ball handling and defense all the time."



Aiming for the basket, freshman **Nicole Kouri** takes it to the hoop.





Star Shots

Playing Ahead of Their Time



Name: **Bobbie Stradley**
Grade: Sophomore
Starlight: Plays sophomore and varsity games.
"[The difference between] playing varsity and playing sophomore is more of a challenge."



Name: **Sylvia Aguayo**
Grade: Freshman
Starlight: Plays sophomore games.
"It's a great experience playing sophomore games. My goal is to play for varsity."



Name: **Brooke Fisher**
Grade: Freshman
Starlight: Plays sophomore and varsity games.
"It is great competition and more experience [playing varsity], it made me better. If I make it, I plan on playing in college."



Sprinting down the court, sophomore **Brooke Budd** races to the ball.

With the advantage of height, freshman **Brooke Fisher**, top, reaches for the ball.

Design/story: Thyla Inthavong.

Bouncing Their Way To Victory



Freshman **Jamie Fitzgerald** keeps the ball in play for the Scarlets. Fitzgerald was one of the few freshmen chosen to join the sophomore and varsity teams.

Picture this: a cheering crowd, boys jumping out of their seats with excitement, coaches instructing players on special last-minute plays and five seconds on the clock with East down one point. Just then, an East player steals the ball from the other team, dribbles the ball down the court and scores the game-winning two-point shot.

Luckily, the freshman and sophomore boys basketball teams have never had to resort to this last-minute drama due to their great success this season.

The freshman team started out with "more than enough" players. Some of them were advanced, and they received the opportunity to play on the higher level teams, but it was awkward.

"(The freshmen) did not begin the season with any confidence," said freshman coach, **Ken Burgess**. "We lost a few guys to the sophomore and varsity teams."

Although the freshmen started the season a little "rocky," after second semester began, the players transformed into a team determined to win.

"After second semester, the confidence got higher and the guys started playing top-notch basketball," said Burgess.

The hard work and determination set forth by the freshmen paid off in the end.

"We did better than I thought we would," said freshman **Chris Cozad**. "But as soon as we started working together and giving it our best we started winning."

The freshmen aren't the only ones with a season to brag about. The great athleticism that was shown by the sophomores made both the coaches and players proud of their hard work.

"We won more games than we thought we would," said sophomore coach **Brian Luft**. "The guys have shown great improvement this season."

Some of the players have suggested that the greatest improvement made over the year was due to their ability to work together as a team. Like the freshmen, the sophomores started out with a lack of communication with each other.

"Now everyone does a good job putting in their fair share," said sophomore **Brett Adams**.

The sophomores worked harder than usual to prepare for their game against the undefeated Hoover team.

"If we would have beat them, we would have won the conference," said sophomore **Ryan Henkle**. "But I'm happy with our overall performance that night."

The sophomore team's hard work paid off in the end. They closed the season with a winning record.

"I'm happy with the way we've played this year," said sophomore **Jason Brownell**. "I think next year we will be even better, and I'm looking forward to playing."



Freshman **Robert Miller** shoots from the free throw line during a home game at Goodrell against Newton.





Taking a short break from the game, the exhausted sophomores huddle for a few moments to discuss future team strategies.





Sophomore **Sean Henry** reaches for the basket and scores two points during the game against Hoover.

Why do you like playing basketball?



"I play for the competition. That's what keeps me going every game!"

– Sophomore Ryan Henkle

"I love to play sports and playing basketball is my favorite one!"



– Freshman Chris Cozad



"Basketball is fun, and it gives me the opportunity to make good friends."

– Sophomore Brett Adams

Design/story: Barbie Morris.
Photojournalist: Adam Ezzio.







The team's seniors take one last picture with Coach **George Davis,** at far top. Above, a few of the players walk back to their seats after a quick strategy meeting with Davis.

Making TEAMWORK Fun

She shoots! She scores! The crowd goes wild and rises to their feet chanting "Go Big Red!" This year, EHS fans supported the Scarlet girls varsity basketball team with energy.

Even though the team had a roller-coaster-like season of wins and losses, it was a learning experience for the entire team.

"This season was more challenging than last year," said senior **Moni Miller**. "even though we got along better and had good sportsmanship toward other teams."

The season started out with a loss to Ankeny, 72-42. But they came back only a few games later to beat Hoover.

"I think the reason we won was because we were really working hard as a team," said junior **Stephanie Cozad**. "That was the only team we beat. They actually told some of our players that East intimidated them into handing us the victory."

The girls practiced almost every day for two hours during the season. Coach **George Davis** and all 13 players put in time and dedication.

"For the most part, we were really dedicated to each other," said junior **Brandy Budd**. "We really wanted to win and have fun."

The team had five seniors, six juniors, and two underclassmen, sophomore **Bobbie Stradley** and freshman **Brooke Fisher**. All of them went through practice and training to be on the varsity team.

"Pre-season practice was about three weeks of conditioning," said Asst. Coach **Ken Morton**. "The girls who tried out also had to watch some video tapes."

The captains of the team were seniors **Katrinia Isaac, Crystal Carr** and **Lindsay Steele**. Carr believes it was a good year.

"From start to finish, we definitely improved," said Carr. "We improved our ability and shooting skills."

The team had eight new varsity in-coming players added to the five players from last season. Even though they lost experience because of all the new players, that was not a problem for the girls to have fun while working hard during practice and at competitive games.

"Success is measured by growth," said Davis, who has been coaching the girls varsity team for 27 years. "They've grown as a team and as individuals."

The girls came close to being in the State Conference, but needed one more win.

"We didn't deserve to go to State this year," said Budd. "We worked together, but not like we should have. Hopefully, next year we can start off stronger and finish where we'd like to."



At the game against Hoover, senior **Katrinia Isaac** passes the ball to one of her teammates. The girls varsity team beat Hoover twice this year.



Making one of her trademark shots, senior **Lindsay Steele** helps out the team with a two-pointer. This year, Steele was one of the top point scoring players.

Design/story: Brooke Brumley.



Lost in concentration, senior Brandon Smither shoots a last minute layup to score two points to win the game.



Shooting FOR THE Win



The varsity team rolled out to the middle of the court each game with their heads held high, in hopes that they would win. For them, this was their moment of glory.

But, the yells and cheers from the crowd for varsity don't come with a snap of the fingers. It takes many hard years of try-outs and practice to have the privilege. Another big thing that determines a spot on the team is commitment.

"You can't just show up wanting a spot on the varsity team. You have to be extremely devoted to it and be able to maintain good grades at the same time," said head varsity coach of six years, **Andy Howard**.

Yet sometimes an extremely skilled freshman can weasel his way onto the team. He must show that, being fresh off of a middle school basketball team, he has what it takes to play. This includes many of the same things the older players have, like maintaining good grades, making a good, strong effort at try-outs and practices, and most of all, having a good attitude toward opponents, team players and at games.

"It was so great to be able to play on the varsity team. I guess I had what you could say was the experience of a lifetime," said freshman **Jamie Fitzgerald**.

Injuries affected them this year more than the usual problem of grades.

"We had a lot of players sitting out in the sidelines due to injuries," said Howard.

"I was out for a few games because I had a lot of seizures and at one time a broken thumb during the season," said senior **Terry Rice**.

Like most teams around the state and the country, they worried about how the year would go without the previous year's star senior players. Three of the team's seniors went on to play college basketball and this left the team with a big empty space.

"It was a big loss when last year's seniors left, but I think the team tried hard and gave it their best, win or lose," said basketball manager **Sarah Evans**, a senior.

Each year the team plans on having a good year. The only way to make this happen is to work hard. This is why they had after-school practices every day to prepare for each game played the following Friday.

"Some of the practices were tough, but I guess they do pay off when you win a game or even come close to it," said junior **Jeff Zelenovich**.

The team will agree that it was a tough year and very hard and frustrating to get through.

"I'm proud of the team for doing a nice job and staying tough this year while keeping a great attitude even when they lost," said Howard.





At far left, the team sits patiently watching the game from the sidelines. At left, juniors Jeff Zelenovich and Gabe Ribben and senior David Martenez charge down the court to get back on defense.



The team surrounds coach Howard in the middle of an intense game to dicuss team plays and strategies to win the game.



Senior Terry Rice takes a second to prepare for a free throw. This was one of the many points scored that helped achieve a victory over Roosevelt.

What's Your Most Memorable *Moment?*



"When my teammates and I beat Roosevelt in double over-time. It was really great to be a part of that."

- Junior Dusty Shandri



"When I scored my first points at the Ft. Dodge game."

- Freshman Jamie Fitzgerald



"When we beat Roosevelt here at East. It was so cool and unexpected."

-Junior Adam Bolander

Design/story: Tina Nickerson
Photojournalist: Adam Ezzio.

Struggling and finally succeeding (just below), junior varsity wrestler Tony Miller pins a North wrestler. At bottom left, varsity wrestler Matt Sabin pins a Lincoln wrestler.







What Was Your Favorite



"When I pinned my first kid at Marshalltown!"

Freshman – Luke Erickson



"When I got my first pin at the first home meet against Roosevelt."

Sophomore – Tony Miller



Senior Heston Clark (left) throws in a hand for a take down against Lincoln. At right, junior varsity wrestler Shawn Graham pins an opponent at a Roosevelt tournament.



Full Scale War

Stepping back into the wrestling room this past fall, assistant coach **Gary McCall** thought about how good it felt to be back. Being at Council Bluffs Lewis Central taught him a lot of new things, and he was excited to return to East.

The wrestlers were also glad to see McCall back as assistant coach and ready to hit the mats.

"He is a great coach and I respected him because he respected us," said junior varsity wrestler **Rajko Dimitrijevic**. "Coach McCall has a lot of good experience in wrestling and he showed us what we had to do to improve. He really made us practice hard for our meets and tournaments so we could go out on the mat and know we did our best."

This season 35 wrestlers committed to the intense mental and physical training.

"A lot more wrestlers came in this year. Upperclassmen recruited many underclassmen," said varsity team captain **Heston Clark**.

Wrestlers were under extreme pressure every day because of weight control, grades, and the competition for success at meets and tournaments.

"I think it is stressful," said sophomore **Robert Bourdon**. "It is hard to work so long at school and then work three extra hours at wrestling practice."

The varsity team would have increased team point scores at meets if they hadn't forfeited so many matches due to open weights. Before every meet wrestlers must weigh in to make sure they are under the weight they are wrestling. If no one can qualify at a weight level, that match is forfeited with a loss in points.

Junior **Shawn Graham**, and sophomores **Danny Fisher** and **Tyler Boattenhamer** helped the team out a lot by filling in the open weights, wrestling heavier opponents.

"I fill in at different weight groups a lot of the time and it is great when I can get a win and six points for me and my team," said Graham.

On February 8, at North High, the varsity was the only team to have every wrestler in either the championship finals or consolation finals.

"We did very well as a team, not to mention as individuals," said varsity team captain **Jason Rice**. "I was very happy to see that Marque got to go to districts."

The JV squad also had an outstanding performance at North, one of their best meets. About 75 percent of the team made it to the finals. Five wrestlers were crowned champions with six runner-ups.

"I think the junior varsity team did very well," said junior varsity wrestler **Tony Miller**. "I was happy with our outcome."

All of the wrestlers improved week in and week out all season in both varsity and junior varsity.

Head coach **Larry Jackson** said, "The season started out rough. Our goal was for everyone to improve and I believe we reached that goal."

Wrestling Moment?



"When I got to wrestle varsity and I pinned a S.E. Polk wrestler."

Sophomore – Robert Bourdon



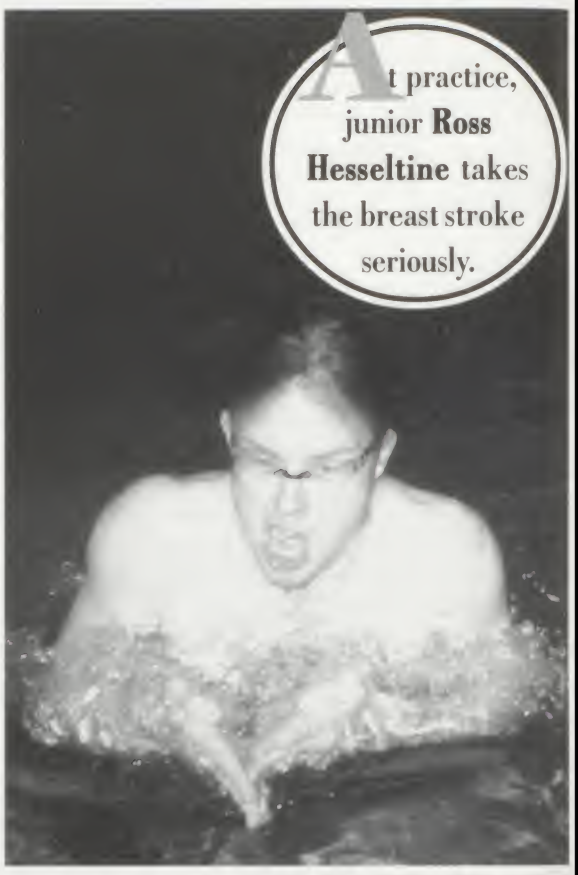
"When I pinned a kid from Roosevelt on senior night for varsity!"

Senior team captain – Jason Rice

Design/story: Staci Owens.
Pholojournalist: Kjersten Harvey.

Season Honors

Most Improved: Tim Bolten
Most Valuable Swimmer: Ross Hesseltine
Outstanding Freshman: Patrick Suggett
Most Spirit: Travis Roseberry
All Conference Academic: Gabe Gonzalez, Patrick Suggett, Tim Bolten, Justin Anspach, Nick Anspach
200 Yard Freestyle Relay Record Holders: Steve Strock, Troy Wacht, Justin Bales, Ross Hesseltine
Top Times: 50 Yard Freestyle – Ross Hesseltine
100 Yard Back Stroke – Steve Strock
Senior Swimmers: Mike Moran, Troy Wacht, Travis Roseberry, Justin Anspach



At practice, junior **Ross Hesseltine** takes the breast stroke seriously.



Taking a dive into the breaststroke against the Lincoln Rails.



Getting ready, at left, freshman **Tim Bolten** takes a stand before he dives. Below, synchronizing their dives, these swimmers know how to have fun.







Fear of SOUTHERN Exposure

As boys joined the swim team each year, many quickly realized the speedos were just not for them.

"It was too early to be dressing in just speedos in the cold water," said sophomore **Gabe Gonzalez.**

A lot of guys didn't go out for the swim team in the past because they didn't want to wear the speedos and thought they would have to shave their legs.

"Too many people are afraid of what others might say," said boys swim coach **Susan-Monahan Blair.**

But East swimmers switched from speedos to jammers this year and the problem no longer exists.

Jammers are an elastic band that covers from the waist to the knees. Speedos are an elastic underwear that covers the private areas on males.

"Jammers are way better than speedos because they cover more of our bodies," said junior **Ross Hesseltine.**

"Speedos made us feel like we're wearing only underwear," said senior **Michael Moran.**

Shaving your legs is not one of the mandatory rules for being on the swim team. Although it helps make swimmers go a little faster, it does not help build up more muscle for your body.

"You don't have to shave your legs unless you want to be faster before districts roll around," said senior **Troy Wacht.**

Body size doesn't seem to matter to the Scarlet swimmers, but some people seem to think that it does matter.

"Once people got out there and swam, it really didn't matter how big they were," said mother **Connie Wacht.**

Swimming is said to be one of the best workouts that has been offered for boys and girls, when it comes to getting physically fit.

Regardless, the boys swim team had a rough time getting other people to come out and join the swim team and the meets.

"If you like swimming, then you shouldn't care what other people think," said freshman **Tim Bolten.** "A lot of the swimmers don't make it a big deal."

Despite losing many seniors last year, the swim team has worked harder than ever to get major time drops.

"After being a manager for the four years, I have seen this team improve greatly," said senior **Rachel Taggar.**

Swimmers agree, practice makes perfect. Senior **Mike Moran** works hard to prepare for a meet, at top left. At left, freshman **Tim Bolten** competes in the freestyle during the district meet at Roosevelt.

Design/story: Alicia Alvarez
Photojournalist: Amber Swacker

Game, Set, Match!

"Game, Set, Match!" Those were three words that the East High tennis team heard often. With a record of 3-12, the team struggled to keep themselves in the game, but they kept bouncing back.

"The girls had a great start this year, and they did really well overall in matches," said Coach **Joyce Smith**.

Now retired, Smith was the coach of the team for 14 years. She loved every minute of being a coach last season.

"I have enjoyed being a coach for all these years," Smith said. "There's never been a day that I've regretted coming to work."

A number of the girls on the team loved Coach Smith like a mother.

"I always looked up to coach as a motherly figure because she was always there to help us out when there was a problem," said senior **Nicholle Axser**.

Other members of the team saw Smith not only as a coach, but as a mentor as well.

"Smith wasn't just about the game, she was about being there for us when we needed her the most," said senior **Mone Kavan**.

According to Smith, the only requirement that a beginning player needs is a positive attitude, which she says is more important than the game itself.

"The girls need to be positive in everything that they do. We set goals and made sure that they were achieved," Smith said.

The girls also need to have encouragement and positive reinforcement. Smith says that they should establish goals for themselves. The players thought that the goals that Smith wanted them to set aided them in the games.

"The goals we set for ourselves have helped our games and the way we've handled our attitudes during games," Axser said.

Teamwork was definitely something that the girls didn't have to work on. They were all very close teammates because they had all been on the squad for a few years.

"We grew very close over the years, and we would cheer each other on from the side at all the games. It was something that you really didn't see from some of the other teams," Kavan said.

According to Smith, the teamwork was better this year then any of the teams the she coached in previous years.

"These girls are some of the best ones that I've seen," Smith said. "They push each other to a point where they know that they have friends backing them up, and at the end of a match, if they don't win, it's okay because they know that they have people who support them no matter what."

Unity is a big part of a team and without it, the team can just fall apart. This unity that is shown through the EHS girls tennis team is a true example of how well people can get along in a sport if they just put their minds to it.







Tennis Talk

"Far left, the girls take to the court as they prepare for a match at the Birdland Tennis Courts. At left, senior **Kati Bainter** prepares to hit the ball at one of the many tennis practices. The practices were held at Birdland and East. At right, setting herself, a player gets ready to hit the ball. Proper form was crucial to playing well. The girls gear up for a doubles match (below left)."





My favorite part of tennis was going to all of the competitions," said senior **Mone Kavan.** The team went to many different events and won several awards.

I loved being on the team because all the girls were friends. We got along so well and we were there for each other during all the matches," said senior **Nicholle Axser.**

Design/story: Cheyenne Thompson
Photojournalist: Kati Bainter

Volleyball

Varsity

East		Opponent
7-9-15-7	Mason City	15-15-8-15
7-0	Ames	11-11
4-5	Alden	11-11
11-11	Nevada	2-4
1-10	Urbandale	11-12
9 .	Knoxville	15
6-4-8	Ames	15-15-15
6-11	CR Jefferson	11-8
4-5	Marshalltown	11-11
11-8	North	4-11
15-8-9	Knoxville	10-15-15
15-15-8-14-8	Roosevelt	12-10-15-16-15
1-15	Oelwein	15-8
5-2	Marshalltown	15-15
5-3	Waterloo East	15-15
10-6	North Scott	15-15
15-15-15	Hoover	8-4-5
3-7	Valley	11-11
1-5	Indianola	11-11
2-1	Iowa Falls	11-11
7-12	Southern Cal	15-15
3-15-7-10	Ottumwa	15-10-15-15
3-3-2	Indianola	15-15-15
5-5	Ft. Madison Aquinas	15-15
0-8	West Liberty	15-15
0-6	Dubuque Wahlert	15-15
15-9-4	CR Jefferson	10-15-15
15-15-15	North	4-6-1
12-5-11	Lincoln	15-15-15
6-6-8	Boone	15-15-15

JV

East		Opponent
0	Mason City	2
0	Ames	2
1	Roosevelt	2
2	Hoover	0
0	Ottumwa	2
2	North	0
2	Lincoln	0
0	Indianola	2

Sophomore

East		Opponent
2	Mason City	0
2	Ames	0
2	Roosevelt	0
2	Hoover	0
2	Ottumwa	0
2	Indianola	1
2	North (JV)	0
2	Valley	0
1	Ottumwa	1
1	Ames	1
0	Ankeny	2
1	Winterset	2
0	Marshalltown	2
2	Lincoln	0

Freshmen

East		Opponent
0	Mason City	2
0	Ames	2
1	Indianola B	1
0	Indianola A	2
0	Newton	2
0	Winterset	2
0	Roosevelt	2
0	Grandview Park	2
0	Norwalk	2
0	Boone	2
0	Perry	2
0	Ottumwa	2
0	Indianola	2
2	North	1
0	Lincoln	2
0	Newton	2
0	Newton	2
2	North	0
0	Lincoln	2

Design and Layout by Chelsea Pickett

Football

Varsity

East		Opponent
21	Indianola	53
14	Newton	41
26	Marshalltown	23
14	SC East	35
49	Hoover	14
6	Ottumwa	35
47	North	14
52	Lincoln	0
49	Roosevelt	24

Sophomore

East		Opponent
14	Indianola	25
0	Newton	37
0	Marshalltown	40
14	Ames	42
0	Ottumwa	42
14	Hoover	25
33	North	6
14	Lincoln	21
24	Roosevelt	20

Freshmen

East		Opponent
38	Indianola	20
38	Newton	0
12	Marshalltown	20
8	Ames	17
14	Hoover	28
20	Ottumwa	62
52	North	0
8	Lincoln	38
8	Roosevelt	8

Wrestling

Varsity

East		Opponent
24	Ft. Dodge	54
9	Mason City	55
18	Ames	28
13	Indianola	60
24	Roosevelt	42
36	Chariton	42
33	Norwalk	39
48	Johnston	77
12	S.E. Polk	67
27	Ottumwa	44
48	North	27
24	Lincoln	47

S.E. Polk Tourn.	8th
Boone Tourn.	8th
Marshalltown Tourn,	5th
Nevada Tourn.	5th
Roosevelt Duals	4th
Conference Tourn.	4th
District Tourn.	7th



Varsity Boys

East		Opponent
61	Dowling	80
43	FT. Dodge	73
54	Johnston	50
55	Indianola	69
59	Valley	77
63	Newton	74
28	Roosevelt	50
40	Hoover	65
59	Ottumwa	47
54	North	67
46	Lincoln	73
68	Roosevelt	64
40	Hoover	67
48	Ottumwa	60
58	North	77
59	Lincoln	65
40	Waukee	62
26	Ames	52
32	Ankeny	63
56	SE Polk	69
47	Mason City	59

Freshmen Boys

East		Opponent
94	Dowling	37
77	Johnston	31
48	Indianola	41
67	Valley	14
53	Newton	51
53	Hoover	33
64	Roosevelt	44
65	North	61
41	Lincoln	37
45	Hoover	41
67	North	47
68	Lincoln	61
67	Waukee	51
66	Roosevelt	57
45	Ames	37
82	Ankeny	55
40	S.E. Polk	37
62	Mason City	52

Sophomore Boys

East		Opponent
48	Dowling	76
59	Ft. Dodge	63
74	Johnston	69
32	Indianola	59
26	Valley	57
59	Newton	52
53	Roosevelt	49
42	Hoover	64
48	East	40
64	North	41
68	Lincoln	60
47	Roosevelt	45
54	Hoover	67
58	Ottumwa	47
70	North	35
47	Lincoln	46
57	Waukee	66
50	Ames	55
54	Ankeny	56
45	SE Polk	72
36	Mason City	44

Design and Layout by Chelsea Pickett

Varsity Girls

East		Opponent
10	Urbandale	23
24	Ankeny	69
45	Mason City	49
13	Dowling	75
25	Ames	36
39	Ft. Dodge	51
24	Johnston	58
33	Marshalltown	61
44	Indianola	59
31	Valley	44
30	Newton	56
26	SE Polk	58
23	Roosevelt	38
47	Hoover	41
37	Ottumwa	72
34	North	51
24	Lincoln	100
32	Roosevelt	39
53	Hoover	46
25	Ottumwa	55
38	North	50
46	Lincoln	77
37	Hoover	49

Freshmen Girls

East		Opponent
17	Ankeny	45
41	Mason City	43
10	Dowling	51
27	Ames	43
26	Johnston	37
27	Marshalltown	41
19	Valley	42
28	Newton	31
33	SE Polk	40
46	Hoover	39
32	Roosevelt	42
42	North	22
44	Lincoln	30
30	Roosevelt	42
41	Marshalltown	55
38	Hoover	32
31	Dowling	45
30	North	24
32	Lincoln	45

Sophomore Girls

East		Opponent
24	Ankeny	52
36	Mason City	55
10	Dowling	61
30	Ames	42
24	Ft. Dodge	76
14	Johnston	50
39	Marshalltown	42
25	Indianola	44
23	Valley	31
37	Newton	51
18	SE Polk	53
30	Roosevelt	33
15	Hoover	51
25	Ottumwa	64
31	North	36
43	Lincoln	65
41	Roosevelt	38
19	Hoover	52
34	Ottumwa	52
34	North	29
43	Lincoln	49

Boys

East		Opponent
53	Mason City	115
44	Ames	126
62	Lincoln	108
96.5	Indianola	69.5
45	Roosevelt	125
72	Hoover	97
36	Ottumwa	134
98	North	69
77	Grinnell	93

Polar Bear Invit.	4th
Rams Relay	5th
Conference	5th
Districts	8th

Girls

East		Opponent
37	Mason City	54
46	Ames	130
56	Grinnell	114
44	Roosevelt	139
67	Perry	103
57	Hoover	112
59	Ottumwa	111
44	Indianola	126
117	North	50
56	Lincoln	114
Ram Relays		5th



Baseball

Sophomore

East		Opponent
1	Hoover	0
10/6	Ottumwa	2/11
15/15	North	4/1
5/3	Valley	6/4
3	Lin-Mar	5
10	Bettendorf	0
16/1	Ames	6/5
11/16	Roosevelt	0/4
18/7	Lincoln	1/0
3/10	Ottumwa	0/0
5/9	Dowling	6/10
10/11	Hoover	0/0
17/22	North	6/0
7/5	SE Polk	1/2
6/7	Lincoln	9/3
12	North	0
5	Roosevelt	9
18	Hoover	0
3/8	Roosevelt	6/4
5	Indianola	2

Varsity

East		Opponent
7	Ames	0
4/3	Denison	3/5
11	South Hamilton	2
10	Van Meter	9
3/6	Hoover	6/3
3/3	Ottumwa	2/12
14	Hoover	1
10	CB Jefferson	5
5	Lincoln	13
11/11	North	0/5
3	Valley	13
8	Lincoln	7
21	Earlham	0
8	Winterset	5
9/7	Roosevelt	3/14
8/7	Ft. Dodge	5/4
3/6	Hoover	5/5
3	Lincoln	6
10/2	Ottumwa	4/4
5	Dowling	11
8/14	North	6/2
9/5	SE Polk	2/10
4/12	Lincoln	7/1
4	Urbandale	3
8/1	Roosevelt	1/0
5	Indianola	7
3	Urbandale	4

Freshmen

East		Opponent
3	Hoover	8
2/4	Ottumwa	15/12
18/17	North	2/5
1/7	Valley	23/19
2/1	Lincoln	7/4
5/6	Ames	9/3
4/9	Roosevelt	11/5
5/8	Hoover	7/4
5/3	Ottumwa	11/8
19/15	North	4/11
4/6	SE Polk	10/9
5/8	Lincoln	12/9
6/5	Roosevelt	10/3
1/8	Indianola	9/6
	Conference Tourn.	
15	North	5
6	Hoover	7

Varsity

East		Opponent
6/7	Hoover	4/6
3/1	Ottumwa	0/5
2/5	North	0/0
1/0	Roosevelt	0/3
1/3	Hoover	2/2
4/0	Ottumwa	5/4
9/5	North	0/1
1-2	Lincoln	4/1
4/2	Roosevelt	2/4
0/3	Lincoln	2/2

Softball

Design and Layout by Chelsea Pickett

Golf

Varsity Boys

East		Opponent
398	Mason City	307
183	Indianola	148
174	Ames	154
175	Ottumwa	160
162	North	183
168	Lincoln	157
167	Hoover	154
187	Roosevelt	165

Newton Catbird Invit	19th
Metro (CIML)/ 1st half	5th
Cities Series	4th
Metro (CIML)/ 2nd half	5th
Districts	12th

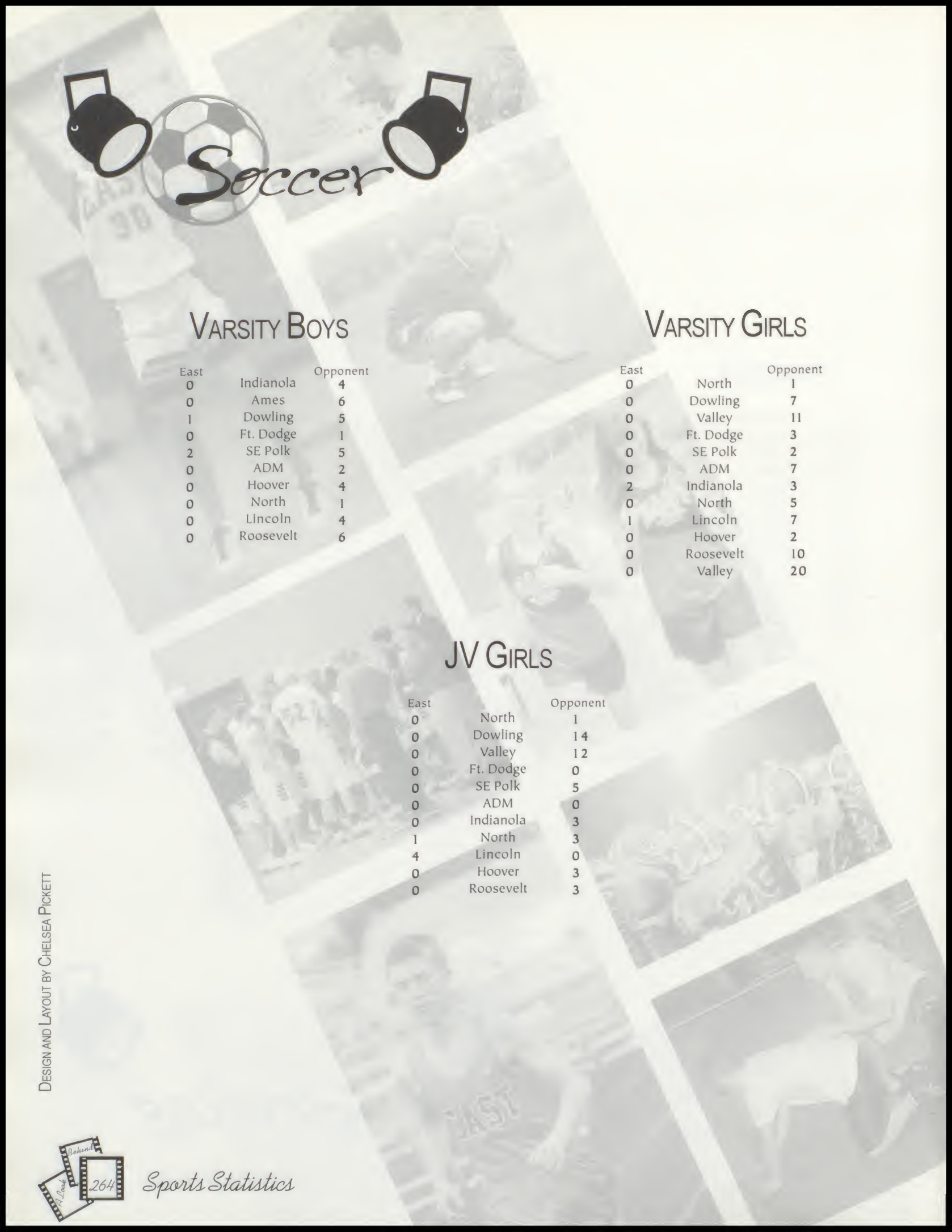
Varsity Boys

Student	Average	High Score
Rick Greenly	157	205
David Minikis	164	233
James Fortune	172	227
Joe Smith	179	225
Mike Fausett	1668	225
Jon Long	158	224
Dustin Slemp	130	179
Paul Bright	107	151

Varsity Girls

Student	Average	High Score
Pam Moreno	98	119
Christina Brooks	105	140
Rachel Edwards	104	138
Liz Freeman	125	181
Megan Most	187	202
Ashley Heaberlin	106	131

Bowling



Soccer

Varsity Boys

East		Opponent
0	Indianola	4
0	Ames	6
1	Dowling	5
0	Ft. Dodge	1
2	SE Polk	5
0	ADM	2
0	Hoover	4
0	North	1
0	Lincoln	4
0	Roosevelt	6

Varsity Girls

East		Opponent
0	North	1
0	Dowling	7
0	Valley	11
0	Ft. Dodge	3
0	SE Polk	2
0	ADM	7
2	Indianola	3
0	North	5
1	Lincoln	7
0	Hoover	2
0	Roosevelt	10
0	Valley	20

JV Girls

East		Opponent
0	North	1
0	Dowling	14
0	Valley	12
0	Ft. Dodge	0
0	SE Polk	5
0	ADM	0
0	Indianola	3
1	North	3
4	Lincoln	0
0	Hoover	3
0	Roosevelt	3

Design and Layout by Chelsea Pickett

Track

Boys

Urbandale Invit.	3rd
Hi-Covey Relays	5th
Roosevelt Invit.	4th
Silvey Invit.	7th
Forwald Relays	4th
City Series	3rd
Johnston Invit.	5th
CIML Conf. Meet	4th
State Meet	35th

Girls

Waukee Relays	5th
SE Polk Relays	6th
Urbandale Relays	4th
Roosevelt Relays	1st
Lincoln Relays	2nd
City Series	1st
Dowling Relays	2nd
Ankeny Relays	5th
Lee Town Relays	2nd
Conference	2nd

X-country

Boys

SE Polk Invit.	7th
Urbandale Invit.	4th
Hoover Invit.	5th
Ames Invit.	9th
Newton Invit.	11th
City Series	2nd
Ankeny Invit.	8th
Augustine Invit.	5th
CIML Conf.	3rd
District	8th
State Meet	54th
Final Standing	3rd

Girls

SE Polk Invit.	10th
Hoover Invit.	8th
Johnston Invit.	4th
North Invit.	6th
Waukee Invit.	4th
City Series	5th
Norwalk Invit.	11th
Scarlet Classic	5th
Conference	6th
District	10th

Tennis

Girls

East		Opponent
0	Ames	11
1	Roosevelt	10
0	Indianola	11
2	Ankeny	9
2	Hoover	9
0	Ottumwa	11
8	North	3
4	Saydel	7
1	Lincoln	10
1	Mason City	10
Johnston Invit.		3rd
North Invit.		2nd



BOYS JV SOCCER. Front Row: Omar Otero, Rene Duenas, Francisco Luna, Matt Sowden, Trevor Jones, Bryan Whiting, Brad Shanahan. Row 2: Trevor Bird, Kory Anderson, Jamie Furby, Travis Tollari, Ben Murray, Justin Anspach. Row 3: Ryan Schuler, Tye Beck, Head Coach Derek Lounsberry, Assistant Coach Bill Sowder, Assistant Coach Andy Spence, Nick Anspach, Jamie Long. Back Row: Chris Hickman, Alan Jones, Sam Reese, Adam Scarlet, Mike Redshaw, Joe Pett, Oliver Powell.



BOYS VARSITY SOCCER. Front Row: Chris Hickman, Tim Ballard, Marcus Nece, Brad Shanahan, Matt Sowden, Justin Anspach, Clint Nereim, Simon Lange. Row 2: Andrew Anderson, Lee Weber, Assistant Coach Bill Sowder, Head Coach Derek Lounsberry, Assistant Coach Andy Spence, Dusty Shandri, Aaron Giddings. Back Row: Manager Ashley Dowell, Luke Billings, Jack Weber, Nathan Nissen, Jamie Furby, Scott Flaherty, Matt Evans, Randy Piper, Dan Webb, Joe DeVore.



GIRLS JV/VARSITY SOCCER. Front Row: Dianna Phomvisay, Breann Whitaker, Yuri Carrasco, Melissa McKean, Jade Jordan, Jonna Eastcott, Emily Rice. Row 2: Becky Lee, Heather Hutchinson, Lacey DiMaio, Jennifer Mason, Cristina Brooks, Kira Campos-Anderson, Tori Crum, Noemy Carrasco. Row 3: Veronica Ortiz, Assistant Coach Megan Staley, Coach Chaney Yeast, Danielle Campos-Anderson, Assistant Coach Shawna Lore, Assistant Coach Tracey Lowe, Krystal Pickett. Back Row: Amanda Reimers, Angie Puffet, Natalie Plummer, Heather Jones, Tiffany Holley, Amy Kelley, Shannon Scarlett. Not Pictured: Cassi Bainter, Andrea Cook, Christina Fane, Jennifer Hanlin, Jennifer Parsons.

Layout: Kilgore Trout.



BOYS TENNIS. David Calo, Lan Boutdara, Chandy Souvatrat, Michael Weeks, Erik Lopez.



GIRLS TENNIS. Front Row: Carolina Canas, Mone Kavan, Oao Vang, Sarah Flagg, Keovilay Vonsouvanh, Nicholle Axser, Bridget Davis. Row 2: Michelle Smith, Ashley King, Stacy Owens, Christy Lem, Josie Jackson, Rory Nagy. Row 3: Gena Hughes, Misty Stanton, Coach Joyce Smith, Jessica Richardson, Assistant Coach Ken Morton, Cheri Fenton, Amanda Hutchinson. Back Row: Kati Bainter, Liz Cannon, Megan Templeton, Nina Moore, Rhi Nagy, Nicole King, Merry Kouang.



GIRLS TRACK. Front Row: Sierra Buck, Allana Callison, Allemisha Tiesman, Nina Lovan, Thyta Inthavong, Angela Davies, Team Manager, Kjersten Harvey, Brandy Budd. Row 2: Crystal Smith, Courtney Chaplin, Mary Froehle, Jeni Grochala, LaQuana Mitchell, Katrena Isaac, Chrystal Carr, Darcy Baker, Tiffany Boggs, Debra Wagner. Row 3: Shannon Noble, Stacy Knight, Lindsay Steele, Coach Greg Morse, Coach Deb Van Velzen, Head Coach George Davis, Coach Scott Ryun, Coach Summer Johnson, Ashley Harding, Jaime Wetzel, Andrea Cook. Back Row: Amanda Parker, Whitney Jenkins, Felicia Wagner, Ashley Letze, Chelsea Pickett, Risa Cave, Alyssa Wilson, Michaela Mallett.



BOYS TRACK. Front Row: Kenny Phaydavong, Scott Phaydavong, Tommy Gowdy, Mike Miller, Matt Donahue, Mark Standley, Terry Rice, James Scott, Zach McClaughlin. Row 2: Jeremiah Yassin, Garret Hagins, Tony Miller, Kyle Morgan, Bryan Whiting, Jacob Blanker, Ryan Bernhardt, Adam Bolander, A.D Ward, Rick Weigel. Row 3: Nathan Gary, Interpreter Kym Nitcher, John Ruhlan, Coach Don Starcevich, Coach Mel Green Jr., John Easter, Coach Byron Williams, Manager Amber Heath, Brian Brookshire. Back Row: Markey Glenn, Justin Rankins, Jacob Walker, Gabe Hibben, Rodney Stockbauer, Jamie Furby, A.J Shipman, Donald Holtry, Neil Hall. Not Pictured: Randy Chounlamountry, Shane Clements, Mike Her, Tod Wacht.



VARSITY BASEBALL. Front Row: Ryan Schuler, Joe Kephart, Mike DeMoss, Troy Parsons, J.D. Smith. Row 2: Tyler Dearth, Kenny Paulding, Jared Mendenhall, Kurt Sloan, Jason Fitzgerald, Rick Weigel. Back Row: Kevin Lundberg, Assistant Coach Cory Shupe, Coach Brian Luft, Assistant Coach B.J. VanVleet, Joe Merryfield.



SOPHOMORE BASEBALL. Front Row: Garrett Haggins, Adam Bolander, Jon Piper, Kyle Audlehelm, Montez Rankins. Row 2: Bo Harvey, Jared Graeve, Josh Ray, Jack Housley, Mike Doornenbal, Mike Chumbley. Back Row: Dustin Fisher, Jeff Zelenovich, Coach Marty Luft, Matt Freereksen, Matt Carter, Gabe Hibben, Danny Lint.



FRESHMAN BASEBALL. Front Row: Mike McCourt, Josh Ziegler, Derek Wennekamp, Kenny Savage, Brian Doornenbal, Drew Beals. Row 2: Jeremy McDaniel, Josh Dunham, Robert Bourdon, Nate Roth, Dustin Webber, Matt Dix, Stephen Williams. Back Row: Nick Lang, Troy Deaton, Jeremy Cook, Coach Tony Snyder, Coach Scott Rourke, Tim Bolten, Tyler Boattenhammer, James Rendall.

Layout: Kilgore Trout.



VARSITY SOFTBALL. Front Row: Jeni Grochala, Kellie McFadden, Nicole Cockerham, Elyse Logan, Stephanie Cozad, Kristen Robinson, Angela Bacon. Row 2: Kathleen Robinson, Bobbie Stradley, Jamie Nixon, Brandy Budd, Jenny Carr, Michelle Denning. Back Row: Kim Howell, Lindsay Steele, Assistant Coach Michelle Fowler, Manager Craig Martin, Assistant Coach Ed Dugan, Nicole Cory, Shannon Noble. Not Pictured: Amy Goddard.



JV SOFTBALL. Front Row: Catherine Swoboda, Ashlee Petersen, Elyse Logan, Brooke Budd, Beth Widlund. Row 2: Kellie McFadden, Bobbie Stradley, Kristen Robinson, Nicole Kouri. Back Row: Jeana Frost, Coach Michelle Fowler, Jayme Wetzel, Coach Ed Duegan, Amanda Ulmer.



FRESHMAN SOFTBALL. Front Row: Kayla Trumbo, Ashley Goodpaster, Jessica Beavers, Andrea Denning, Amanda Conner, Mayra Weatherall, Alia Winterbottom. Row 2: Lindsey Hook, Allison Griffiths, Coach Jenny Young, Heidi Hedberg, Coach Tricia Bennett-Yenzer, Katelin Eaton, Shelby Speck. Not Pictured: Jodi Housley.

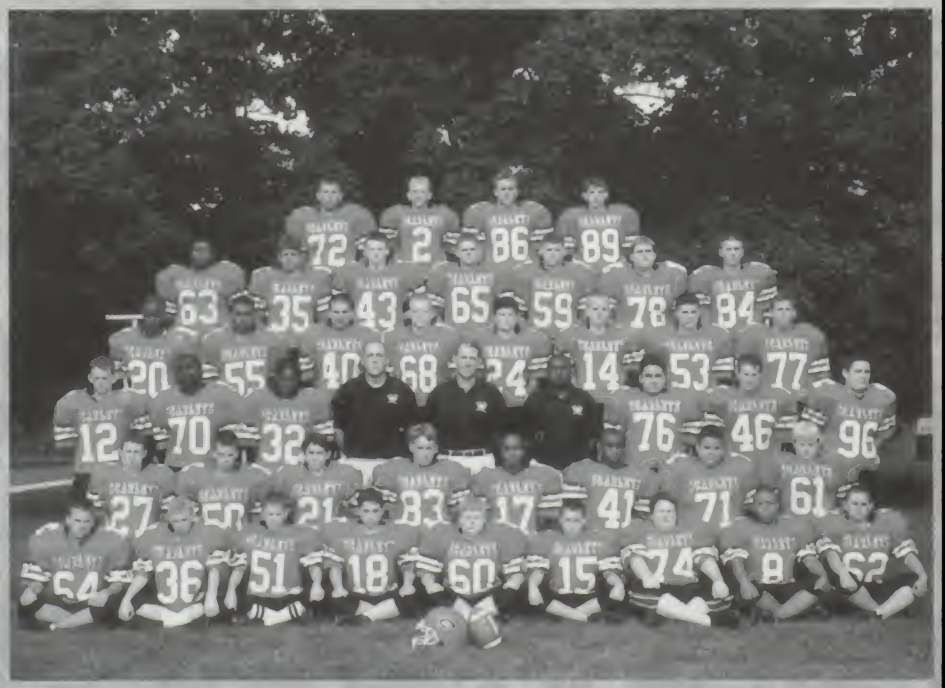


VARSITY FOOTBALL. Front Row: Ross Loving, Shane Clements, Scott Phaydavong, Jeff Zelenovich, Troy Wacht, Garrett Hagins, John Gines, Mike Chumbley, Andrew Olson. Row 2: Asst. Coach John Walling, Bryan Whiting, Marcus Nece, John Piper, Neil Hall, Adam Bolander, Anthony Renfro, Marque Glenn, Montez Rankins, Asst. Coach Tom Sanders. Row 3: Sheri Shaffer, Asst. Coach Joe Bianchi, Rodney Stockbauer, Alan Pierce, Chris Norwood, Rick Weigel, Terry Rice, Dan Webb, Damien Minter, London Hayes, Asst. Coach Ken Burgess, Head Coach Darrin Fisher. Row 4: Ryan Gardener, Asst. Coach Tron England, Matt Daugharthy, Eric Radley, Brian Barlean, Rick Greenly, Dan Lint, Loren Harrelson, Austin Peterson, Jeff Bettis, Asst. Coach Ed Jennings. Back Row: Asst. Coach Jason Soliday, Matt Ballard, Jason Williams, DeMareo Darrah, Aaron Hook, Don Holtry, Jason Metheny, Tony Williams, Nick Frye, Asst. Coach Chris Jorgenson.



SOPHOMORE FOOTBALL. Front Row: Robert Bourdon, Nate Roth, Carlos Patino, Robert Thompson, Ryan Henkel, Chevar Lee, Matt Sowden, Jason Boll, Darrin Williams. Row 2: Kenny Phaydavong, Mike Matthews, Tony Mosqueda, Ben Van Syoc, Dan Kern, Bret Adams, Corey Martin, Mike Deere. Row 3: Randy Chounlamountry, David Bryant, Asst. Coach Jason Soliday, Coach Ken Burgess, Asst. Coach Ed Jennings, Tony Miller, Jeff Carstens. Row 4: Steve Williams, Jason Brownell, Jeremy Cook, Jack Richards, Tye Beck, Robert Ousley, Troy Deaton, Michael Deal. Back Row: Ryan Neff, Cody Conn, James Rendall, Adam Scarlett, Sean Henry, Jon Stapes, Jaime Fitzgerald.

FRESHMAN FOOTBALL. Front Row: Kenny Savage, Chaz Wood, Derik Johnson, Kyle Gowin, Joe Channon, Allan Althas, Pat Pollard, Allen Harrington, Alan McConnell. Row 2: John Mongar, Derrick Winnekamp, Doug Rowe, Josh Ziegler, Chaz Mead, L.J. Little, Toby Ross. Row 3: Luke Bolander, P.J. Cooper, Robert Thompson, Asst. Coach Jon Ivanovich, Coach Carl Drautz, Asst. Coach Byron Williams, Miguel Robles, Robbie Hill, Craig Whitney. Row 4: Izaak Moody, Brandon Ramirez, Matt Barton, Travis Scott, Ben Crowder. Row 5: Floyd Perry, Perry Erickson, Todd Claiborne, Tim Bolton, Robert Snyder, Andrew Strahl, Martin Mohler. Back Row: Andrew Hastings, Jaime Fitzgerald, Jan Michael Metheny, Nick Lange.





VARSITY VOLLEYBALL. Front Row: Jayme Wetzel, Aimee Munoz, Brandy Budd, Beth Widlund, Ashley Munoz, Mandy Ulmer. Back Row: Lindsay Steele, Melissa Horton, Asst. Coach Jenae Kock, Coach Terri Fenstermann, Chelsea Pickett, Ashley Letze. Not Pictured: Jenny Carr, Jeanna Frost, Jamie Nixon, Shelby Speck, Bobbie Stradley, Kristen Robinson.

JV VOLLEYBALL. Front Row: Crystal Carr, Katrina Isaac, Stephanie Cozad, Heather Kilby. Back Row: Crystal Smith, Payton Petrie, Coach Jenae Kock, Mandy Ulmer. Not Pictured: Brandy Budd, Ashley Munoz, Beth Widlund.





SOPHOMORE VOLLEYBALL. Front Row: Jamie Nixon, Kristen Robinson, Bobbi Stradley. Back Row: Shelby Speck, Jenny Carr, Coach Jenny Young, Jeanna Frost, Kim Howell.



FRESHMAN VOLLEYBALL. Front Row: Linsee Hook, Carissa Hibben, Brooke Fisher, Ashley Rankin, Nicole Kouri. Row 2: Amanda Smith, Meaghan Bruner, Taryn Brumm, Erika Mullin. Back Row: Alison Augspurger, Amber Czizek, Coach Mary Decker, Lisa Edwards, Myra Weatherall.



VARSITY BOYS BASKETBALL. Front Row: Mgr. Sarah Evans, Mgr. April LeClere. Row 2: Toby Zimmerman, Adam Bolander, Julius Johnson, Anthony Renfro, Terry Rice, Joe Kephart, Mike Chumbley, Dustin Shandri. Row 3: Jeff Zelenovich, Gabe Hibbin, Asst. Coach Chad Buresh, Head Coach Andy Howard, Asst. Coach Brady Mallon, Jamie Fitzgerald, Andrew Olson. Back Row: Eric Radley, Jeremy Curl, David Marlenee, Brandon Snitker, Jordan Turner, Jim Hurley, Scott Flaherty. Not Pictured: Julian Brown, Montez Rankins.



SOPHOMORE BOYS BASKETBALL. Front Row: Dustin Reed, Jeff Garretto, Ryan Henkle, Sharvar Lee, Josh Ziegler, Brett Adams. Row 2: Mgr. Mikaela Atkins, Robert Miller, Josh Hall, Jason Brownell, Chase Schieffer, Chris Carrick, Mgr. Nicole Warner. Back Row: Coach Marty Mohler, James Rendall, Coach Brian Luft, Asst. Coach Chad Buresh, Sean Henry, Troy Deaton.



FRESHMAN BOYS BASKETBALL. Front Row: Eric Oliver, Nicholas Zubulake, Steve Greene, Tyler Smith, Joe Channon, Alan Althaus, DaeRon Merrett, Kenny Savage. Row 2: Brandon Ramirez, James Young, Chris Cozad, Cesar Countreres, Mgr. Amanda Smith, Johnny Keomany, Jeremy Miller, Izaak Moody, John Edwards. Row 3: Andrew Hastings, Shawn Miller, Bryan Merryfield, Dusty Westlake, Asst. Coach Mike Teale, Coach Brian Hoff, Asst. Coach Ken Burgess, Asst. Coach John Easter, Luke Bolander, Matt Barton, Richard Boldon, Antonio Shade. Back Row: Nick Ambroson, Chuck Hurley, Todd Claiborne, Tyrone Johnson, Nick Lange, Robbie Snyder, Adam Spooner, Joe Hart, Nolan Walker. Not Pictured: Jeremy Amerison, Alfredo Gutierrez, Jordan Lee, Josh Ziegler.



GIRLS VARSITY BASKETBALL. Front Row: Stephanie Cozad, Moni Miller, Crystal Carr, Lindsay Steele, Kendra Johnson, Katrenia Isaac, Brandy Budd. Back Row: Ashli Taylor, Jayme Wetzel, Micaela Mallett, Asst. Coach Ken Morton, Coach George Davis, Asst. Coach Lowell Long, Brooke Fisher, Amanda Ulmer, Bobbie Stradley.



SOPHOMORE GIRLS BASKETBALL. Front Row: Annabelle Kelly, Delise Lockett, Brooke Budd, Courtney Chaplin, Sierra Buck. Row 2: Marcy Duntz, Jeanna Frost, Felicia Wagner, Whitney Jenkins. Back Row: Bobbie Stradley, Coach Lowell Long, Kim Howell, Coach Summer Johnson, Brooke Fisher. Not Pictured: Jamie Nixon, Kristen Robinson.



FRESHMAN GIRLS BASKETBALL. Front Row: Jackie Johnson, Casey Dawson, Erica Sholley, Laura SanElias, Laura Velazquez, Kerry Tyler, Jamie Johnson, Roxana Ferreyro. Row 2: Kayla Trumbo, Iliana Raygoza, Rahni Jenssen, Lakesha Johnson, Ashley Goodpaster, Tiffany Smith, Sarah Wignall. Row 3: Katelin Eaton, Lindsee Hook, Jamie Wagner, Coach Thana Heller, Coach Marjorie Glynn, Jelena Raus, Kizzie Strother, Meaghan Bruner. Back Row: Carissa Hibben, Kelsey Brooks, Shelby Speck, Lindsay Bartling, Slivia Aguayo, Ashley Botts, Nicole Kouri, Rebecca Pencook. Not Pictured: Yadira Moreno.



CROSS COUNTRY. Front Row: Matt Donahue, Courtney Chaplin, Rebecca Rodriguez (dropped), Allison Rauh, Chery Fenton, April Fisher, Katie Freel, Sierra Buck, Courtney Scheiffer, Mark Standley. Row 2: Michael Her, Trevor Dickey, Justin Rankin, Christina Anderson, Shannon Scarlett, Alyssa Wilson, Chris Moore, Jeremiah Yassin, Zach McLaughlin. Back Row: Scott Flaherty, Gabe Hibben, Jacob Walker, Coach Ken Morton, Coach Debbie VanVelzen, Coach Mel Green, Coach Ray Beal, Andrew Anderson, Nathan Nissen, Mike Miller.



BOYS GOLF. Front Row: Joe Smith, Trevor Jones, Geoff Moore, Dustin Slemp, Dan Bright, Mike Moran, Nick Zubulake, Mike McCourt. Row 2: Trevor Bird, Jesse Antelman, Rob Shackelford, Nick Fogle, Justin Constable, Eric Cooper, Tyler McAninch. Back Row: Chris Miller, Paul Bright, Travis Tollari, Brandon Snitker, Coach Sy Forester, Asst. Coach Deb Waltz, Jeremy Curl, Phil Dunkin, Aaron Webb, Jeremy Miller. Not Pictured: Dustin Reed.



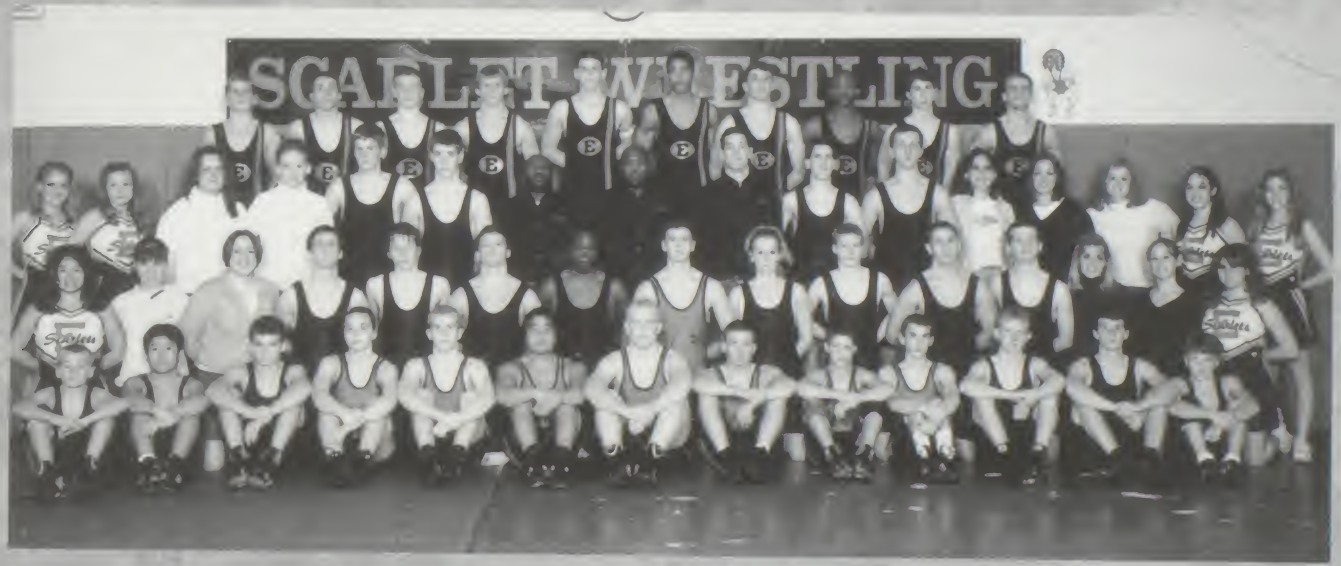
BOWLING. Front Row: Suzanne Dolan, Susan Sanachit, Chaya Franklin, Elizabeth Freeman, Tiffany Brooks, Rachel Edwards, Dustin Slemp, Unknown. Row 2: David Calo, Ben Murray, Christina Brooks, David Minikis, Kyle King, Aaron Love, Joe Smith, Liz Sample. Third Row: Vinny Gregory, Don Holtry, Demareo Darrah, Ted Ward, Jon Long, Ashley Heaberlin, Back Row: Rick Greenly, Joe DeVore, Unknown, Matt Wadell, Larry McNeeley, Adam Kalwishky, Unknown. Not Pictured: Meagan Most, Amanda Bradford, Pam Moreno, Jenni Hanlin, Merry Kouang, Chris Hanlin, Eric Baccam, James Fortune, Joe Lovan, Paul Bright, James Pongphimkham, Dan Bright, Marcus Wadsworth, Johnny Sanchit, Dustin Fargo, Vince Lovan, Brad Pollock, Alee Lovan, Bill McClain, Rod Stockbauer, Jason Thompson, Josh Freel, Dan Watland, Josh Woolson, Bronson Leinen, Eric Brandt, Adam Ezzio, Vinny Gregory, Kevin Lovan, JT Norton, Brian Zigler.



BOYS SWIMMING. Front Row: Brad Shanahan, Patrick Suggett, Kyle Gowin, Mgr. Jessica Bush, Brian Roby, Gabe Gonzalez, Joe Farley. Row 2: Ramond Fudge, Randy Fudge, Mgr. Angie Puffet, Mgr. Rachel Taggart, John Nigro, Neil O'Brien. Row 3: Justin Bales, Nick Anspach, Coach Susan Monahan-Blair, Tim Bolten, Steve Strock, Ross Hesseltine. Back Row: Dan Williams, Travis Roseberry, Brian Jackson, Martin Pucek, Michael Moran, Troy Wacht, Justin Anspach.



GIRLS SWIMMING. Front Row: Jenne Reedholm, Julia Byers, Anna Filippelli, Teshia White, Co-Capt. Jonna Eastcott, Shannon Stewart. Row 2: Alexandra Giddings, Amanda Christy, Heather Jones, Julia Phillips, Brinden Kelly, Megan McCallister, Heather Thomas. Row 3: Danielle Reynolds, Alia Winterbottom, Lacey Chumbley, Coach Stan Thompson, Asst. Coach Eric Galvin, LaQuana Mitchell, Jessi Fenton, Sarah Ollie. Back Row: Tiffany Dalrymple, Co-Capt. Rachel Taggart, Angie Puffet, Jenny Barker, Co-Capt. Valerie Boland, Allie Griffiths, Danielle Campos-Anderson.



WRESTLING. Front Row: Luke Ericson, Robert Songkham, Derek Wennekamp, Kjersten Harvey, Matthew Sowden, Chanthason Sanachit, Daniel Fisher, Kyle Audelhelm, Matthew Solon, Shawn Graham, Josh Dunham, Robert Bourdon, Michael Crabb. Row 2: Molly Fredericksen, Mgr. Amber Harvey, Mgr. Molly Matlage, Jacob Cirksena, Craig Mikesell, Daniel Kern, Christopher Norwood, Joshua Davis, Breanna Wall, Brian York, Benjamin Crowder, Mgr. Valerie Blackford, Mgr. Megan Logan, Jessica Dyer. Row 3: Emily Brandt, Amanda Armintrout, Mgr. Katie Axer, Mgr. Tina Nickerson, Teddie Worthington, Kevin Hollingsworth, Asst. Coach Gary McCall, Coach Larry Jackson, Asst. Coach Scott Rourke, Anthony Miller, Tyler Boattenhamer, Mgr. Danielle Campos-Anderson, Mgr. Barbara Morris, Mgr. Kelly Clark, Ashley Tappen, Amy Haggen. Back Row: Brian Schulz, Jason Rice, Jack Housley, Garrett Hagins, Daniel Lint, Heston Clark, Ross Loving, Marque Glenn, Jeremiah Vincent, Brandon Hagin.

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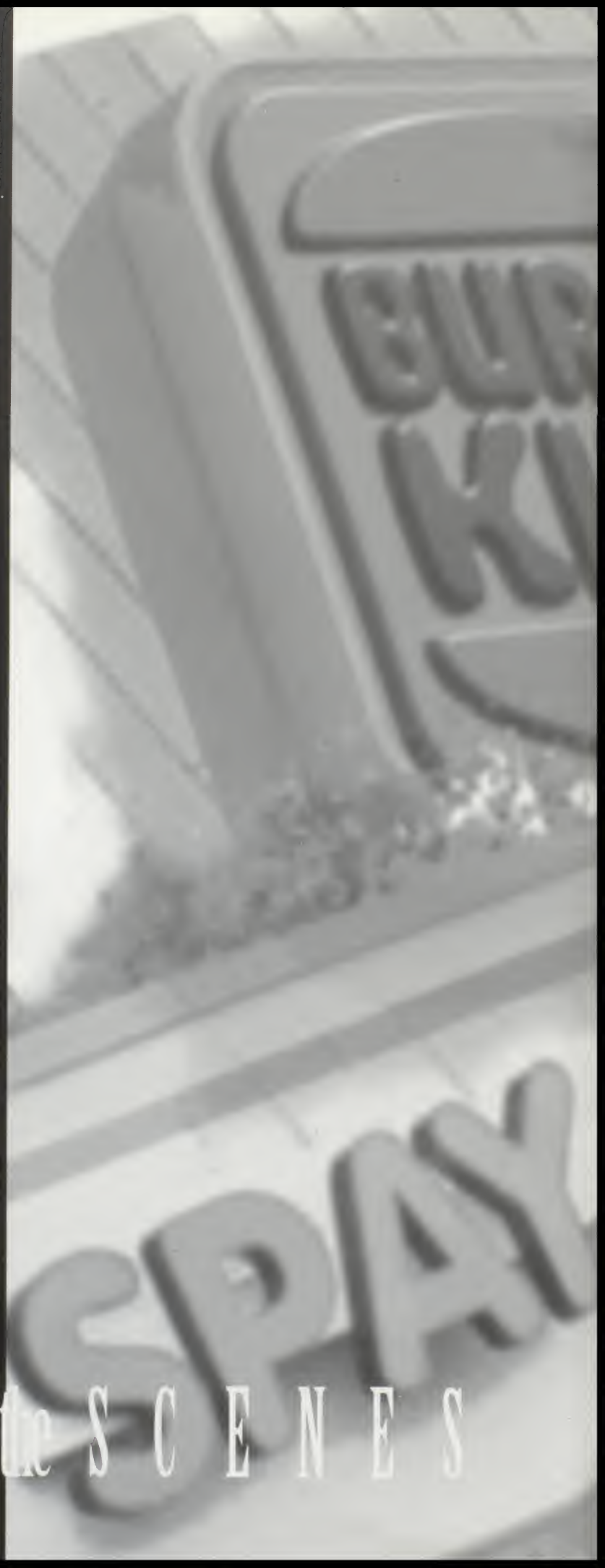
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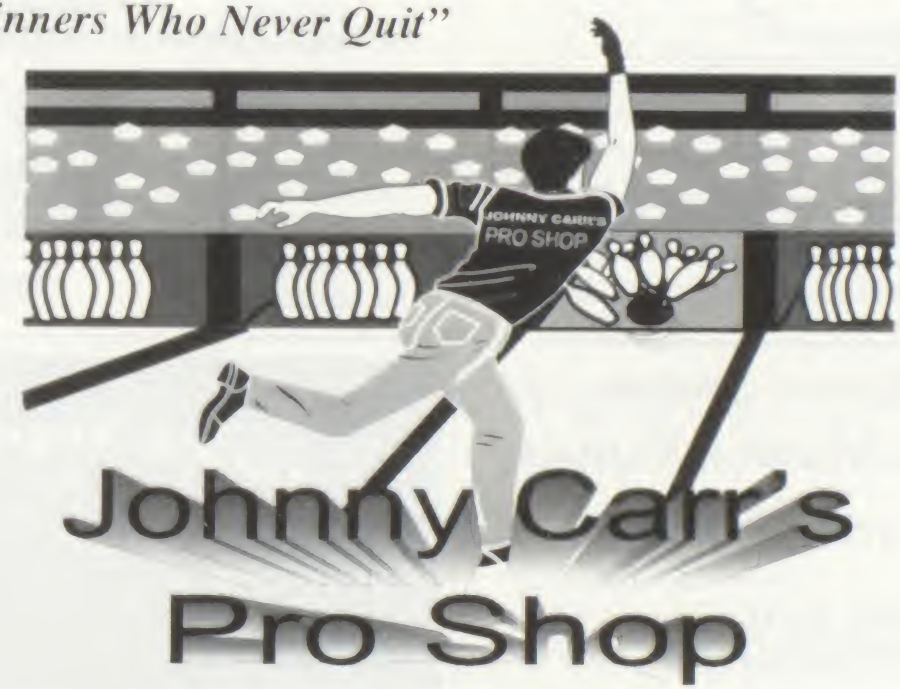
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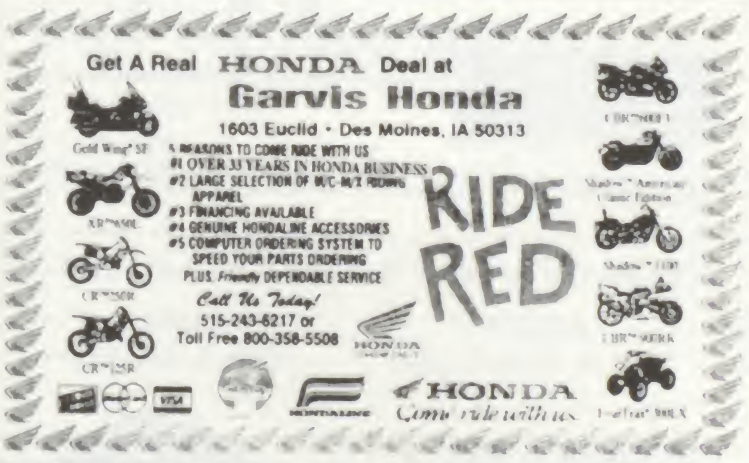
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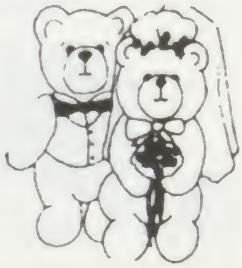
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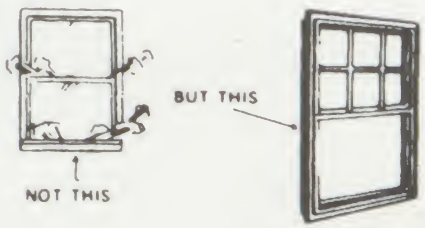


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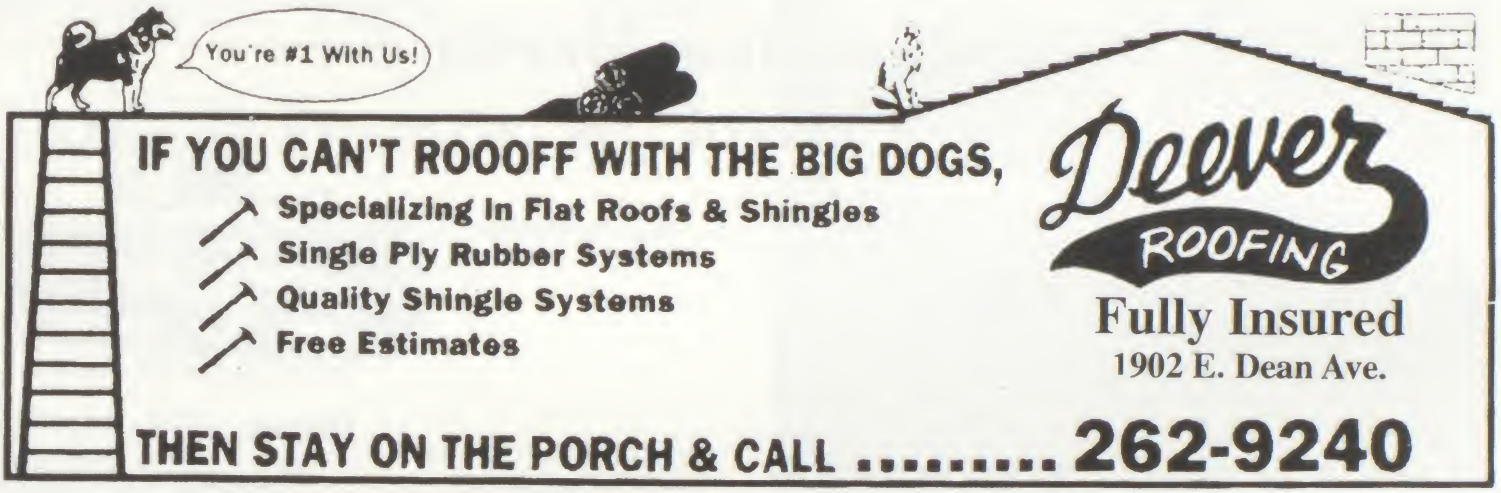
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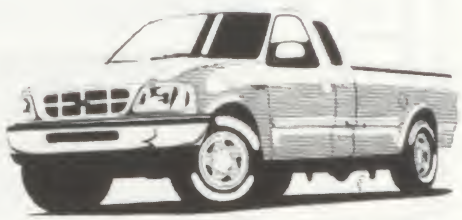
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Reach for the stars, Christi!
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and wish you a liftime of happiness.

We Love you so much!

Mom, Dad, & Erica



Congratulations, Cheyenne Thompson

I am very proud of all you have done and accomplished. You are a very beautiful and special person. Stay the same and you'll go far.
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Mom



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to the audience and me.

Through grades she went,
with wings upon her feet
Growing into a young lady
and becoming oh so sweet.

A Middle School student,
she had become
With makeup and hair spray
and long hair undone.

A Senior now becomes her
No more my little girl
To seek her fame and fortune
in an all unsettled world.

Love,

Mom



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Row 3: Courtney Schieffer, Valerie Boland, Michael Weeks, Amber Swacker, Melissa Mills, Tori Punelli, Lyndsey Richardson, Darcy Baker, Cheri Fenton, Debbie Phondeth.

Row 4: Amie Stevens, Sir Adams, Shannon Scarlett, Rhi Nagy, Ryan McDonald, Michelle Gazzo, Natalie Plummer, Joe Kephart, Holly Buch.

Not Pictured:Michelle Denning, Amber Giles, Jeni Grochala, Katrenia Isaac, Courtney Jones, Rebekah Keddie, Adam Ragan, Lindsay Steele, Michele Warnock.

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X-X-X-O-O-O

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Grandma & Grandpa McNeley
Grandma & Grandpa Merryfield,
Shell, Kevin & Girls





Congratulations! Ginger Rae Stevens



Look at our Baby—all Grown up!
Ginger, named after "Ginger Rogers"
who definitely followed suit,
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You have surely made us proud.
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Love,
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DAD, MOM & SUSAN



Congatulations, Valerie Boland

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We are Proud of you, all you have accomplished, and all you will accomplish in the future.

Mom — Dad — Venessa — Vania — & James









Congratulations Class of 2002!



We've watched so many of you grow up and have fond memories of many of your accomplishments. The Class of 2002 has that never-give-up spirit and will be successful in life. Just remember, always follow your dreams.

Please keep in touch with your favorite photographer!

Best of luck in all that you do.

Archie & Twila Webb

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Congratulations, Mindy Quaintance









From a baby, to a child, to a young woman,
You have grown up right before our eyes to
become the very special person
you are today…
As all of your tomorrows open themselves to
you—never forget how proud we are of you
and how much you are loved…
Yesterday, Today, and Always.
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—1989—

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and the very ***Best***
in the future
with all of your ***Goals***.
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2002

Courtney,
We are so proud of all that you have accomplished and the beautiful young lady that you have become. As you start your new journey in life, may God always be at your side and may you always realize how much we love you.
Love,
Mom, Dad, Chase and Carter

KATI



From our pretty pretty princess..

...to the beautiful young lady that you are.



A lesson in life that is hard to learn,
That it's tougher to win then to lose.

Anyone can win if they try hard enough,
You can work or be lazy just choose.

Life can be tough and hard at times
Keep you positive attitude,
Always remember all roads lead to home
Will always be here for you.

And If grandma could see you now
How proud she would be
Along with Mom Dad and Jesse
And all your family.



Congratulations Daniel Webb



With your strong will and determination we're sure you will be successful at everything you do.



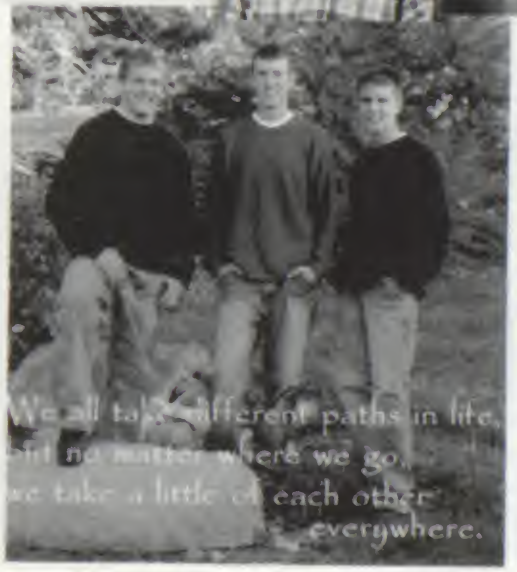
Just remember to always do your best and never loose site of your goals and dreams.



We love you very much,
Mom
Dad
Aaron

Congratulations Aaron, Daniel & Chris





Love,
Susan
Archie
Twila
Mike
Jackie

Congratulations! Lindsay Steele

Wow, Kid. How fast it has gone!!! My number one goal was to guide you and make you a good person. With the support of many, I have surpassed my goal. My identity went from Carla Steele to "Lindsay Steele's Mom", and no greater compliment could be made. You are one in a million—a great person, a great student, and a great athlete—I could not be more proud—and you have managed to keep your priorities in the right order. One minute we were in Kansas City in the 10 and Under Tourneys, and the next minute you were the starting varsity catcher at East High School, and that was only the beginning of your wonderful athletic career. You have made me so proud in every sport, and YOUR REPORT CARDS ARE AWESOME!!! You have, without my interference, been a great student, exhibited excellent study skills and have been a great role model for younger kids. I would like for that part of our lives to last forever; but, it's time to move on to bigger and better things—and the sky's the limit for you—you have all the potential to be anything you want to be—and I will always be here for you. My wish for you is that you will be fortunate to have a kid (when that time comes) who is half as great as you, and, if my wish comes true, you will be truly blessed!!!



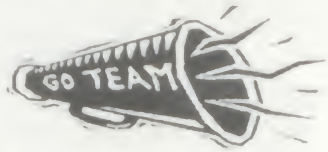
I Love You So Much. ***—Mom—***



CONGRATULATIONS SENIORS!

PEP 'E' CLUB







Senior Rep's—

—L to R— Natalie Plummer
Lyndsey Richardson
Stephanie Stapes
Kati Bainter

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Congratulations Aimee Lozano & Leslie Gossen!

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Leslie
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Aimee
2002

Congratulations, David Tyler Fuller

If you're ever lying on a beach with 80 billion* grains of sand beneath you, 700 thousand* ocean waves before you, 60 million* stars stretched out above you, and you're still not at all impressed, I want you to think about this:

The light you see reflecting from the stars is over one million* years old. *Wow!*

But then, just before you start to feel like a mere blip in the gigantic scheme of things, please remember this:

Yes...you are small, but you're also irreplaceable and invaluable and miraculous.

Those stars don't have anything on you!

(Written by--Lee Ann Womack)

Love,
Dad & Mom



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* All numbers grossly underestimated

EHS Theatre Arts Class

Congratulations Seniors

—L to R: Johna Leverich, Chaya Franklin, Liz Rowan, Ellen Rothweiler, Andrew Anderson, David Fuller—
—Not Pictured: Savannah Wadsworth, Ryan Sutherland, Amanda Davis—



Ruth Ann Gaines, Instructor
1998 Iowa Teacher of the year



Congratulations Class of 2002

EHS Senior Class Officers



Saiphone Houangsavanh, Treasurer
Rebecca Rodriquez, Secretary
Eric Brandt, President
Heston Clark, Vice President

Congratulations, Senior Choir Members



Left to Right: Austin Kayser, Rebbeca Watson, Brian Jackson, Lindsay Waltz, Amanda Newcomb, Kim McCallister, Nick Frye, Sarah Guhl
Not Pictured: Sir Adams, Alyssa Long

James McNear, Director

My Sweetest Jeni,

My dreams for your life might not always be the ones you seek. But one thing remains the same: your happiness will always be my greatest treasure. I know now that the true miracle of that first touch lies in one simple truth: even though your hand may slip away from mine, we will hold each other in our hearts forever.

Always,
Mommy



Congratulations
to my favorite daughter.
Love,
Dad



Darcy,

I am very proud of you. We've been through a lot, but you've always stayed determined to reach your goals. I feel privileged and honored to have been your "Daddy". I watched you grow from a happy little girl into a beautiful woman. I know you will succeed on through college and for the rest of your life. I won't wish you good luck because luck has nothing to do with it.

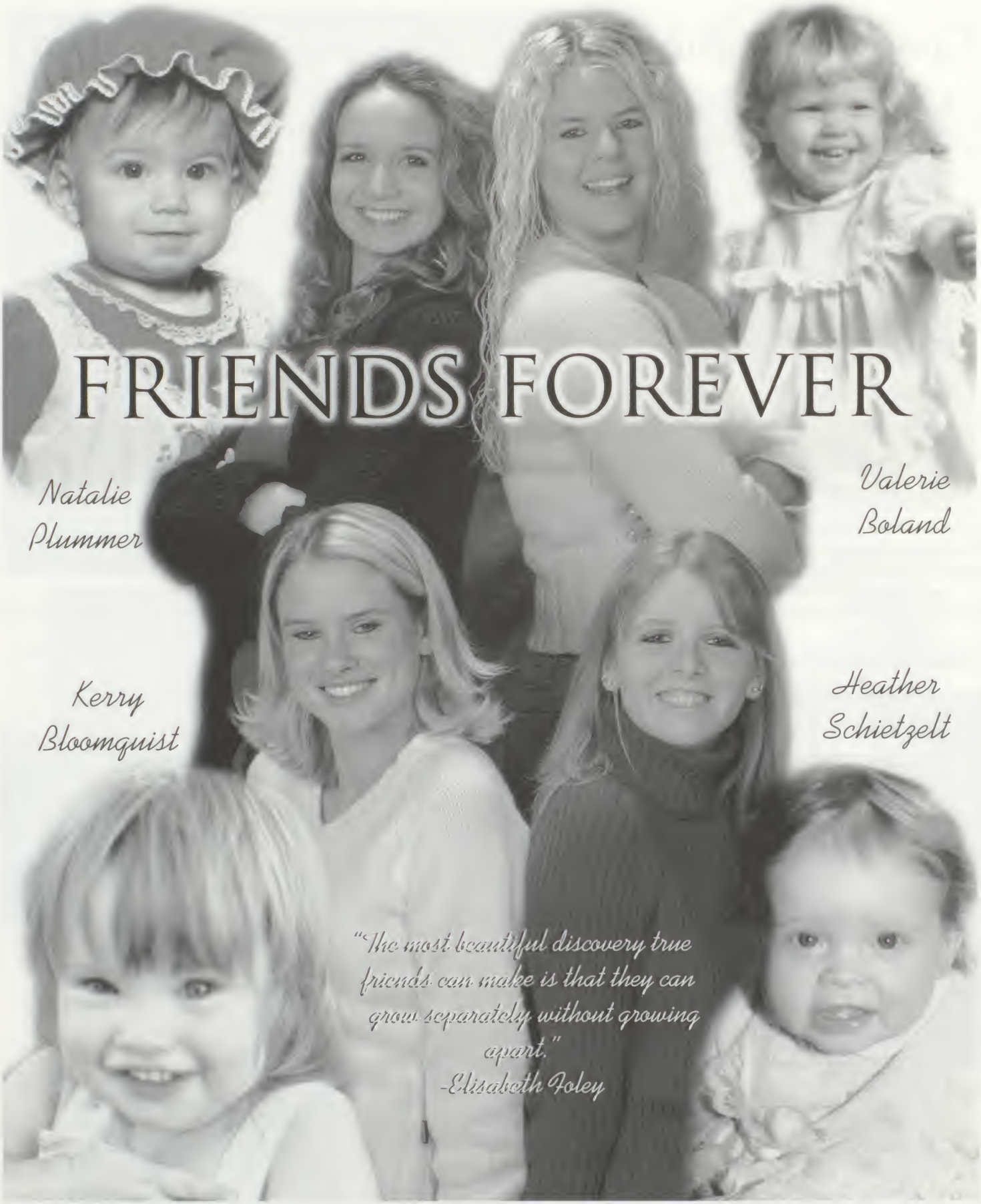
Love,
Your Dad



Darcy,

I'm so proud of you. You've accomplished so much in you life. You're the sunshine of my life.

Love,
Mommy


FRIENDS FOREVER
Natalie Plummer
Valerie Boland
Kerry Bloomquist
Heather Schietzelt
"The most beautiful discovery true friends can make is that they can grow separately without growing apart."
-Elisabeth Foley

EHS Pleasant Hill Hy-Vee Employees



Junior Mike Patrick, Senior Alyssa Wilson, and Junior Mike Mendenhall
Not Pictured: Rachel Edwards, Jessica Dyer, Justin Rankin, Mike Williams, Ross Hesseltine, Gabe Hibben, Matt Ross and Dana Piat.

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Congratulations! Michael Fagen

We are very proud of all that you have accomplished and where your life is heading.
You have been through a lot, which has made us all stronger.
Hang in there;
Work hard and you will be able to achieve anything you set your mind to.

Love you always,

Dad, Mom & Melissa





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"Good Luck to our Seniors"

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M-A-T-H !

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Congratulations to our new EHS Alums!
Continue to make East proud!
– Principal Tom Lee –

Congratulations Ashley & Leah

The both of you are so beautiful, and you have accomplished so much.
There is no doubt you will succeed in life
because you both are very determined young ladies.









Leah Johnson

You did it!

And we are so proud of you… for everything!

You keep showing us over and over how lucky we are to have you as our daughter— we couldn't have done better ourselves!

We Love you IPSNAY!

Mom & Dad



Ashley Bennett

You are our second daughter, and again
we could not have asked for a more perfect daughter.
Always remember how proud we are of you.
We Love you so very much.
Love,

Mom & Dad
Grandma & Grandpa Bryant







WISHING ALL THE *"2002"* EAST HIGH GRADUATES
"GOOD LUCK"
FROM THE SWACKER'S

MARY (SWACKER) BROWN 1964
Daughters— Kaylee Brown 1990
Andrea (Brown) Dolphin 1992
Erin Brown 1995

MESCAL (SWACKER) IRA 1966
Children— Chad Ira 1988
Stephanie (Ira) Lydic 1990

MARGIE (SWACKER) BROWN 1967
Daughters— Amy (Brown) Davison 1990
Sarah Brown 1992

JOHN SWACKER 1968
Children— Scott Swacker 1989
Kristie (Swacker) Vogel 1991
Kellie (Swacker) Tu 1992

JAMES SWACKER
Children— John Swacker 1996
Jamie Swacker 1997
James J. Swacker 2001
Joseph A. Swacker 2002



—Joseph A. Swacker—

MARLENE (SWACKER) DOTTS 1970
Daughter—
Michelle (Williams) Griswold 1990

MARLYS (SWACKER) JONES 1971
Daughters— Lara Jones 1997
Anna Jones 2000

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PHOTOGRAPHY

Congratulations

To The Class Of —

2002

From-

KATIE GOODRICH-SAFRIS
Class of 1993

SHANE CLEMENTS—

"There is only one corner of the universe you can be certain of improving and that's your own self."

—Aldous Husley

WE WISH YOU MUCH SUCCESS!

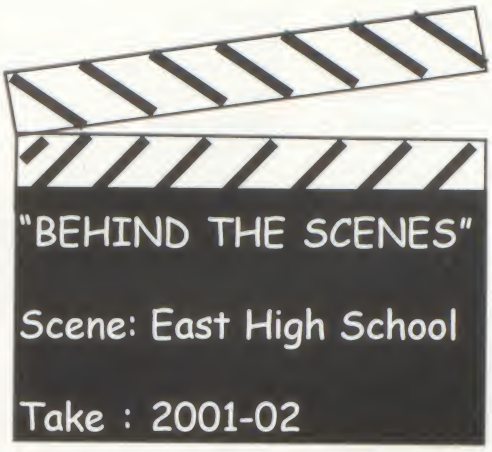
MINDY, KATIE, KRISTIE & JOHN











Cut, Print, That's a wrap!

By Holly Buch

Now that you've seen "Behind the scenes," go out and make a scene! Join the French Club, run track, teach a foreign exchange student ebonics, fight to be the president of your economics class. Since you've seen the ins and outs of ol' East High, why not get involved and put yourself in the director's chair?

For the seniors, time marches on. They are moving from out of the background and into life's spotlight. For underclassmen, it's a chance to take over the show. Behind all this lies the supporting cast of teachers, staff and parents. Although the scenery of East may change in the years to come, the backdrop of spirit and tradition will stay the same.











Michelle Gazzo



Carolina Canas



A

Abdallah, Jannett 14
Academic Competition 158
Academics 88
Adair, Brandon 14
Adams, Brett 14, 99, 246, 270
Adams, Donna 111, 112
Adams, Sir 196, 199, 200, 201, 205
Advertising 276
Aguayo-Torres, Silvia 202, 206, 273
Advanced Living 110
Al-Hameed, Ahmad 14
Al-Hameed, Paris 14
Alarcon, Kevin 14
Allen, Bobbie 48
Allen, Erik 14
Allison, Amanda 14
Allison, Megan 14
Althaus, Alan 270
Althaus, Tyler 14
Alvarado, Erica 14
Alvarado, Joel 14
Alvarado, Juanita 14
Alvarez, Alicia M 86, 196
Alvarez, Alicia N 48, 86, 133
Ambroson, Nickolas 14
Amerison, Jeremy 14
Amieth Kongroar, Anjelina 48
Amrutlal, Anishkumar 14
Anderson, Andrew 165, 201, 204, 216, 217, 241, 266
Anderson, Christina 201
Anderson, Donald 14
Anderson, Emily 14
Anderson, Hanna 14
Anderson, Kory 266
Anderson, Rhonda 144
Anderson, Sara 14
Andrade, Abel 14
Andrews, Allison 127, 204
Andrews, Shara 14
Anousis, James 14
Anousis, Nicholas 14
Anspach, Justin 76, 77, 86, 87, 202, 266
Anspach, Nicholas 198, 266
Antelman, Crystal 14
Antelman, Jesse 200
Armintrout, Amanda 81, 82, 196, 206
Armintrout, Tifani 83, 133, 153, 200, 202
Armstrong, Heather 14
Armstrong, Jennifer 48
Aronow, Melinda 14
Arpy, Donald 14
Art 100
Atchison, Miranda
Atkins, Mikaela 176, 208
Atkinson, Jacob 14
Audas, Jason 14
Audlehelm, Kyle 86, 223, 268
Augspurger, Alison 130, 199, 206, 271
Auto 118
Avery, Korey 14
Avila, Juvenal 202
Axser, Katie 194
Axser, Nicholle 106, 108, 206, 256, 257, 267

April Le Clere



Holy Buch



B

Baby Pics 335
Baccam, Damouck 48
Baccam, Eric 206
Baccam, Felix 48
Baccam, Marshelle 14
Bagley, Robert 14
Bainter, Cassi 199
Bainter, Kati 7, 8, 82, 84, 86, 87, 93, 108, 150, 151, 162, 189, 197, 202, 205, 206, 257, 267
Baker, Darcy 64, 82, 111, 196, 200, 267
Baker, Erica 14
Baker, Justin 14
Baker, Kelly 14
Baker, Linda 63
Bales, Brandin 14
Bales, Jeremy 14
Bales, Justin 14
Ballard, Mason 14
Ballard, Matthew 81, 270
Ballard, Timothy 217, 266
Bannon, Patrick 14
Bannor, Nichola 199
Baranova, Svetlana 14
Barker, Jennifer 132
Barlean, Brian 14
Barnes, John 14
Barnes, Steve 14
Barr, Robert 14
Barrese, Christine 14
Bartlett, Darcey 7
Bartling, Lindsay 273
Barton, Joshua 14
Barton, Mary 14
Barton, Matthew 270
Baseball 220
Basketball 244, 246
Baskett, Jerry 14
Bass, Katrina 14
Beal, Nicholas 14
Beals, Drew 50, 220, 268
Bean, Gary 14
Beavers, Jessica 14
Beck, Lindsie 102, 204
Beck, Tye 266, 270
Beckett, Amanda 14
Beckett, Ryan 14
Beede, Melissa 86, 87, 197
Beem, Garrett 14
Beerbower, Jesse 14
Bell, Owen 14
Bell, Shantel 14
Benesh, Collin 14
Beng, Darra 14
Bennett, Ashley 167, 197, 204
Bennett, Candace 202, 204
Bennett, Christine 14
Bennett, Tricia 14
Berg, Cari 14
Bernardino, Cristina 14
Bernardino, Daniel 14
Bernhardt, Kristin 176, 208
Berst, Jenifer 14
Bethards, Christi 128, 202
Bettis, Jeffrey 270
Bianchi, Joseph 14
Billings, Luke 121, 217, 266
Biology 132
Bird, Trevor 243, 266
Birkinbine, Ashley 14
Birt, Lisa 123
Birt, Michael 14
Bitting, Jessica 199
Blackford, Valerie 90, 91, 95, 206
Blades, Katie 14
Blair, Danyelle 14
Blair, Kenneth 14
Blair, Susan 14
Blake, Lynne 14
Blanco, Mireya 14
Blanker, Jacob 118, 267
Bloomquist, Kerry 86, 87, 167, 189, 197, 204
Blount, Angel 14
Blount, James 14
Blythe, David 14
Boattenhamer, Kelsey 14
Boattenhamer, Tyler 220, 253, 268
Boettger, Clinton 48
Boileau, Jessica 14
Boland, Valerie 8, 9, 83, 189, 197, 200, 238
Bolander, Adam 222, 267, 268, 270
Bolander, Lukas 231, 270
Bolden, Devin 14
Bolden, Justin 41
Bolden, Kristine 14
Bolden, Richard 14
Boley, Angela 14
Boll, Jason 125, 199, 204, 270
Bolten, Timothy 225, 255, 268, 270
Bolton, Rebecca 14
Booster Club 160
Borne, Brian 14
Borstad, Ronald 14
Borts, William 14
Bosley, Amber 133
Bosley, Jeni 14
Botany 134
Botts, Amanda 40, 177, 201, 208
Botts, Ashley 158, 202, 208, 273
Bouaphakeo, David 60
Bourdon, Robert 42, 153, 253, 268, 270
Bousselot, Holly 199
Boutdara, Lan 14
Bowers, Jeremy 14
Bowers, Monica 14
Bowman, Alicia 111, 199
Boyd, Anthony 14
Boyd, Janet 130, 169
Boydston, Adam 14
Bracelin, Jerrica 14
Bradford, Amanda 14
Bradford, Kevin 199
Brady, Derek 14
Brady, Heather 199
Brady, Nicole 208
Bramhall, Rollie 14
Branchcomb, Sandr a 14
Brandt, Emily 33, 139, 151, 186, 196
Brandt, Eric 7, 87, 101, 200
Branson, David 14
Brees, Chasity 14
Brewer, Christopher 204
Bridges, Zachery 14
Bright, Daniel 14
Bright, Paul 14
Briley, Elizabeth 204
Brinson, Michael 14
Britt, Aaron 14
Britt, Adam 14
Brooks, Kelsey 198, 273
Brooks, Megan 111
Brooks, Melinda 14
Brooks, Tiffany 14
Brooks-Fernande, Amanda 14
Brown, Anthony 14

Brown, Ashley 14
Brown, Jerica 14
Brown, Julian 14
Brown, Kathleen 66
Brown, Katilin 14
Brown, Mark 14
Brown, Willard 14
Brownell, Jason 131, 246, 270
Brumley, Brooke 208
Brumm, Taryn 271
Bruner, Meaghan 206, 271, 273
Bryant, David 133, 270
Buch, Andrew 64, 117, 202
Buch, Holly 76, 77, 153, 200, 202, 206
Buck, Russell 14
Buck, Sierra 206, 215, 266, 273
Budd, Brandy 67, 229, 236, 249, 267, 269, 271, 273
Budd, Brooke 202, 269, 273
Bunce, Grant 14
Bunce, Nicholas 14
Buresh, Chad 14
Burgess, Kenneth 66, 246, 270
Burgett, Randy 60
Burkle, John 14
Burns, Cody 14
Burns, Kelsey 14
Busby, Kally 81, 138
Business Professionals of America 166
Bush, Courtney 14
Bush, Jessica 14
Bush, Kari 199, 201
Bushong, Patricia 14
Business 104
Bustamante, Laura 206
Butler, Tiffany 14
Byers, Casey 14
Byers, Julia 199, 238
Byrd, Kristin 14
Byrd, Tiffani 121
Byrkett, Amanda 204, 206
Byrkett, Joseph 14
Byrkett, Kathryne 14

Pon Thipyothan



Ashely Bennett



C

Cafeteria 66
Cain, Kacia 14
Cain, Veronica 14
Calkins, Lacy 14
Callaghan-Mitchell, Barb 14
Callahan-Dhabolt, Nicole 14
Callison, Alaina 267
Callison, Brittney 186, 197
Callison, Jennifer 206
Calo, David 106, 206
Calvache, Jennifer 60, 199
Campbell, Jacob 14
Campbell, Travis 14
Campos-Anderson, Danielle 202, 218, 238
Canas, Carolina 140, 267
Canas Jr., Helio 14
Canas, Lesly 198
Canas, Zaida 14
Cannon, Elizabeth 267
Card, Tyler 14
Cardenas, Ramiro 60
Carel, Michael 14
Carey, Andrew 130
Carlson, Heather 14
Carlson, James 14
Carlson, Tiffany 14
Carmer, Dustin 14
Carmichael, Robert 14
Carnahan, Dianna 14
Carper, Amanda 14
Carr, Candice 14
Carr, Crystal 80, 81, 87, 215, 237, 249, 267, 271, 273
Carr, Jennifer 163, 196, 237, 269, 271
Carr, Melvin 14
Carrasco, Noemy 202, 204, 206
Carrasco, Yuridia 195, 202, 206
Carrick, Christopher 14
Carrington, Eric 14
Carroll, Melody 14
Carson, Jarell 14
Carson, Mikea 199, 201
Carson-Sparks, Adam 14
Carstens, Jeffrey 270
Carter, Anthony 14
Carter, Erica 198
Carter, Stephanie 40, 63, 206, 208
Casebolt, Lia 14
Casillas, Christopher 14
Cason, Jeffrey 14
Cason, Justin 14
Cason, Niasha 14
Castellanos, Martina 14
Cavan, Acee 14
Cavan, Douangmala 14
Cavan, Kimberly 14
Cave, Risa 208, 267
Ceballos, Deisy 48
Ceballos, Gustavo 202
Ceballos, Saul 202
Central Campus 120
Chamale, Lidia 112, 198, 199
Chamale, Zoila 198, 199
Chamber Choir 182
Chandler, Jonathan 14
Channon, Joseph 131, 270
Chantavisouk, Angel 42, 201
Chanthavong, Peter 14
Chaplin, Courtney 70, 206, 215, 240, 241, 267, 273
Chapman, Carrie 197
Chapman, Dawn 198
Chapman, Kevin 14
Chavez, Desiree 14
Cheerleading 190
Chemistry 136
Chey, Kheng 14
Chia, Stephanie 14
Child Development 110
Chounlamountry, Randy 267, 270
Christensen, Ted 14
Christian, Michael 14
Christiansen, Mark 14
Christie, Amanda 14
Christie, Jessica 196
Christopher, Misty 14
Christy, Nancy 49, 123, 205
Chumbley, Lacey 14
Chumbley, Michael 86, 206, 268, 270
Cirksena, Jacob 208
Claiborne, Todd 270
Clair, Steven 87
Clark, Adam 14
Clark, Brody 14
Clark, Ellen 14
Clark, Heston 84, 86, 108, 128, 153, 154, 200, 202, 205, 253
Clark, Jociaria 14
Clark, Kelly 33, 80, 90, 91, 206
Clark, Lloydette 14
Clater, Kathleen 14
Clement, Damion 14
Clements, Shane 204, 267, 270
Coates, Amber 208
Coates, Joey 14
Coates, Joseph 48
Cochran, Dustin 14
Cochrane, Jessica 14
Cockerham, Nicole 269
Coe, Felicia 142, 189, 190, 198, 199, 208
Coe, Tasha 106, 190, 196, 201, 206
Coe, Veronica 189, 190, 208
Coffman, Robert 14
Cole, Thomas 98
Coleman, Ashley 14
Collins, Aleisha 14
Colorguard 184
Concert Band 174
Conn, Cody 270
Conn, Jonathon 14
Conn, Robert 14
Conn, Seth 91, 161, 198, 202, 206
Connelly, Matthew 206
Conner, Amanda 61, 269
Consolver, Bradly 14
Constable, Justin 81, 243
Contreras, Cesar 14
Cook, Jay 14
Cook, Jeremy 42, 268, 270
Cooper, Duston 204
Cooper, Eric 162, 243
Cooper, Peter 270
Cooper, Tracy 167, 204
Cort, Jamie 14
Cortez, Ashley 198
Cosner, Jodie 87
Courter, Mandy 14
Covalt, Jonathan 14
Cowles, Ashley 120
Cozad, Christopher 131, 246
Cozad, Stephanie 202, 229, 236, 269, 271, 273
Crabb, Michael 131, 208
Crane, Christopher 14
Crane, Joshua 14
Crane, Mathew 104
Crawford, Marjorie 66
Crawford, Myneka 7, 183, 191, 196, 198, 202, 206
Creative Writing 128
Crook, Jason 14
Cross Country 240
Cross, Karen 14
Crouse, Victor 14
Crowder, Benjamen 270
Croy, Andrew 14
Crozier, Diane 14
Cruchelow, Darren 202
Crum, Tori 14
Crumble, Stephanie 14
Cunningham, Amy 14
Cunningham, Brock 14
Cunningham, Fannie 156
Cunningham, Nia 14
Cunningham, Sheena 111
Curfman, Anthony 14
Curl, Jeremy 137
Curry, Danielle 14
Curtis, David 199
Custodians 64
Czizek, Amber 271

Cheri Fenton



Tiffany Hood

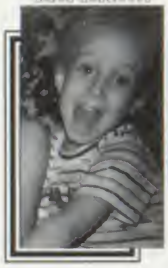


D

Dake-Cowles, Joseph
Dalrymple, Tiffany 238
Danielson, Amanda 198
Dare, Jeffrey 14
Dare, Lisa 14
Darrah, Demareo 12, 86, 106, 232, 270
Darrow, Lloyd 14
Daugharthy, Kristina 14
Daugharthy, Matthew 70, 142, 270
Daugherty, Jessica 204
Davalos, Ana 60
Davis, Amanda 14
Davis, Brandon 14
Davis, Brian 86
Davis, Jennifer 14
Davis, Joshua 14
Davis Jr, George 66, 214, 215, 248, 249, 267, 273
Davis, Randi 14
Davis, Trenti 14
Dawson, Casey 273
Debate 126
De La Cruz, Vivian 202
Deal, Michael 199, 270
Dean, Beau 14
Dearth, Tyler 86, 222
Deaton, Troy 107, 220, 268
Deaver, Lindsey 14
Deaver, Zachary 14
Decker, Mary 14
Deerr, Michael 270
Dehnert, Sally 14
Delic, Aldijana 14
Delic, Jasmina 41

Delpierre, Jaysen
DeMoss, William 50
Denning, Andrea 190, 196, 269
Denning, Michelle 86, 196, 269
Detlefsen-Hoehle, Ann 62
DeVore, Joseph 266
Diaz, Joseph 14
Dickey, Trevor 177, 208
Dicks, Matthew, 268
DiLeonardo, Dorothy 208
Dimitrijevic, Rajko 153, 206
Dittrich, Brian 14
Djukic, Ivana 14
Doane, Jeffrey 14
Dockum, Ryan 14
Dolan, Erick 41
Dolan, Suzanne 202
Dominguez, Jose 14
Donahue, Matthew 213, 267
Doornenbal, Bryan 268
Doornenbal, Michael 268
Dorrian, Joann 14
Dorrian, Patrick 101
Dotson, Kurtisha 181, 198
Dotson, Yolanda 14
Doyle, Amy 208
Drama 124
Draper, Alan 41
Drautz, Carl 63, 106, 270
Drayton, Danelle 156, 157, 201, 202, 204
Drayton, Leon 130
Dressic, Zachary 60
Drafting 116
Dudley, Brittany 14
Dudley, Harold 199, 202, 204
Duenas, Felicia 202, 206
Duenas, Rene 112, 202, 204, 266
Duenas, Rosemary 169, 202
Duncan, Phillip 14
Dunham, Joshua 268
Dunkin, Jenna 14
Dunkin, Jeremy 126, 127, 204
Dunn, Dustin 14
Duntz, Marcy 50, 195, 206, 273
Durham, Paul 14
Duric, Reana 14
Durrett, Randi 14
Dyer, Jessica 6, 166, 167, 196, 204

Aaron Hazelwood



Michele Warnock



E

Earles, Ryan 204
Eastcott, Jonna 97, 200, 202
Eaton, Gabriel 14
Eaton, Justine 14
Eaton, Katelin 224, 269, 273
Ecology 134
Economics 141
Edrington-Bean, Robert 14
Edwards, Ashley 112
Edwards, John 14
Edwards, Jr., James 14
Edwards, Lisa 271
Edwards, Rachel 33, 78, 125, 177, 204, 208
Eggers, William 14
Eimers, Amanda 106, 194
El-Baroudi, Samy 14, 152
Elliott, Jeffrey 14
Ellis, Joshua 14
Emery, Michelle 90, 206
England, Tron 14
English 128
Enos, Sarah 196
Epping, Douglas 14
Erdman, Johnathan 60
Erdman, Justin 41
Erickson, Perry 270
Ericson, Elaine 14
Ericson, Luke 151, 194, 206
Escobedo, Ruby 48
Estrada, Sergio 14
Evans, Lora 14
Exchange Students 72
Evans, Sarah 108, 197, 206, 250
Ezzio, Adam 94, 124, 125, 135, 151, 201, 204, 206
Ezzio, David 80

Danelle Drayton



Annie Stevens



F

Faculty 62
Fagen, Michael 208
Fane, Christina 14
Fargo, Dustin 14
Farley, Joseph 101
Farnsworth, Lynnsey 129, 204, 206
Farrell, Brent 14
Farrell, Geoffrey 14
Farrell, Kristina 174, 202, 205, 208
Fashion 112
Fausett, Michael 14
Feldman, Edwin 14
Feldman, Michael 202
Fenstermann, Terrie 144, 226, 236, 271
Fenton, Cheri 86, 87, 91, 154, 194, 196, 200, 202, 206, 241, 267
Fenton, Jessi 106, 194
Ferreyro, Roxana 202, 206, 273
Field, Krystal 14
Field, Richard 14
Fields, Anthony 14
Fierro, Richard 186, 197
Filippelli, Annamarie 14
Finch, Shannon 60
Fisher, April 86, 95, 241
Fisher, Brooke 271, 273
Fisher, Daniel 204, 253
Fisher, Darrin 10, 231, 232, 233, 270
Fisher, Dustin 41, 268
Fisher, Felicia 14
Fitch, Renee 14
Fitch, Rusty 14
Fitzgerald, James 13, 50, 250, 270
Fitzgerald, Jason 163, 206, 222, 223, 268
Fitzpatrick, Justin 14
Flagg, Matt 14
Flagg, Sarah 7, 267
Flaherty, Scott 92, 198, 206, 217, 266
Fleming, Diane 14
Fleming, Kenneth Jr. 14
Fleming, Kevin 14
Flipping, Terra 14
Flores, Williams 14
Fogarty, Tamara 199
Fogle, Nicholas 243
Foley, Ralph 14
Fontana, Rick 14
Foods 112
Football 230
Foreign Language 106
Forrester, Sylvester 14
Fortune, James 14
Fortune, Michelle 14
Foster, Mark 14
Fousek, Evan 14
Franklin, Chaya 204
Franklin, Lacey 14
Fredericksen, Molly 33, 81, 192, 196
Freel, Kathryn 8, 12, 86, 200, 202, 205, 206, 208
Freel, Joshua 208
Freeman, Charles 14
Freeman, Elizabeth 202,
French Club 194
Freshmen 50
Froehle, Kayla 14
Frommelt, Keri 135
Frost, Jeanna 234, 236, 269, 271, 273
Frye, Nickolas 270
Fudge, Randy 131
Fudge, Raymond 14
Fuller, David 204, 208
Fuller, Sean 14

Melissa Mills



Kati Bainter



G

Gaeth, Ken 14
Gaines, Ruth Ann 14
Gaippe, Laurel 14
Galbreath, Gabriella 201, 202
Gallmeyer, Zachary 14
Galvan, Petra 14
Galvan, Vanessa 60
Galvin, Eric 14
Gambrel, Stephanie 14
Garcia, Carlos 14
Garcia, Erika 60, 199
Garcia, Luis 14
Gardner, Ryan 170
Garland, Jeffrey 14
Garretto, Jeffrey 14
Garringer, Matthew 41
Garrison, Nicole 14
Gazzo, Michelle 82, 86, 87, 196, 200
Gearhart, Diana 198
Gearhart, Geoffrey 14
Geisler, Matthew 14
Gering, Seara 14
Gerstenberger, Jameson 14
Giddings, Alexandra 14
Giddings, Amy 14
Gifford, Dustin 14
Giles, Amber 14
Gines, Demarcus 14
Gines, Jermaine 14
Gines, Jonathan 60, 112, 156, 232, 270
Ginther, Ann 14
Gist, Tyler 60
Gladwin, Nicholas
Glenn, Markey 267, 270
Glick, Stacy 131
Gloe, Robert 14
Glover, David 14
Glynn, Marjorie 14
Goben, Dustin 14
Goff, Amanda 60, 198
Goff(Beck), Lisa 14
Golf 242
Golston, Larry 14
Gomez, Adan 14
Gomez, Angela 204
Gomez, Gonzalo 206
Gomez, Joseph 204
Gomez, Valentina 94, 204
Gonzalez, Adolfo 14
Gonzalez, Gabriel 255
Gonzalez, Oscar 14
Gooch, Shirley 100
Goode, Greg 7
Goode, Tyler 14
Goodpaster, Ashley 224, 269, 273
Goodrich, Jerry 100
Goods, Rachel 14
Gossen, Leslie 14
Government 140
Gourd, Ashley 14
Gowin, Kyle 204, 270
Grace, Hazel 201, 202
Graeve, Jared 79, 268
Graham, Morgan 206, 208
Graham, Shawn 153
Grasby, Troy 119
Graspy, Glenn 14
Graphic Technology 98
Graves, Jennifer 41
Green, Ashlie 69, 204
Green, Heidi 14
Green Jr., Melvin 14
Green, Shawna 14
Greene, Sirina 107, 186, 197
Greene, Steven 202

Greenly, Richard 270
Gregg, Harmony 87, 201
Gregory, Vincent 14
Grenell, Skyler 199, 208
Griffin, Abigail 151, 164, 165
Griffin, Maureen 136, 158
Griffith, Matthew 142
Griffiths, Allison 238, 269
Griffiths, David
Grim, Lewis 155, 202
Grimes, Cory 14
Grimes, Nichole 198, 208
Grimm, Kristopher 14
Grinnell, Monica 14
Grochala, Jennifer 87, 92, 93, 196, 202, 206, 267, 269
Grochala, Ryan 14
Gross, Brittany 60
Grossman, Amanda 208
Grossman, Andrea 208
Grove, Tina 14
Grover, Emily 40, 87, 158 176, 201, 208
Guerra, Amanda 198
Guerra, Yesenia 14
Guessford, Anthony 14
Guhl, Christopher 242, 125, 164, 204
Guhl, Sarah 76, 77, 87, 158, 198, 201, 206
Gutierrez, Alfredo 14
Guy, Jonathan 14
Guzman, Emmanuel 14
Guzman, Laura 14

Nichole King



Melissa Beede



H

Hagen, Julia Ann 128, 129
Hagins, Brandon 86, 87
Hagins, Garrett 267, 268, 270
Hall, Brent 14
Hall, Jeffrey 14
Hall, Joshua 48
Hall, Neil 156, 201, 202, 205, 212, 213, 267, 270
Hall, Tyler 14
Halverson, Matthew 14
Hanke, Melva 202
Hankins, Michelle 14
Hanlin, Christopher 14
Hanlin, Jennifer 100, 202
Hanna, Alex 14
Hansen, Kathryn 14
Hansen, Kirsten 198, 199
Hansen, Nancy 103, 204
Hansen, Vernon 178, 179, 208
Hanson, Geneva 14
Harding, Ashley 215, 167
Hardy, Marie
Harkins, Rebecca 208
Harmon, Michael 60
Harmon, Ronald 48
Harms, Dena 14
Harmsen, Howard 122
Harnan, Brenda 208
Hart, Joseph 112
Hart, Linda 14
Hartman, Brandy 14
Harvey, Amber 48
Harvey, Jeremy 221, 268
Harvey, Kjersten 86, 95, 267
Hastings, Andrew 270
Hatfield, April 208
Hauf, Tyler 130, 206
Hawkins, Mark 175, 178
Hayes, Jessica 14
Hayes, London 231, 270
Haygood, Dante 14
Hazelwood, Aaron 208
Hazelwood, Adam 208
Hazelwood, Clista 198
Heaberlin, Ashley 226
Heaberlin, Benjamin 14
Heard, Brandon 14
Hearshman, Rhyan 14
Heath, Amber 26
Heath, Ryan 14
Hebert, Deann 14
Heckathorn, Tarry 41, 136, 198
Heckman, Amanda 103, 204, 206
Hedberg, Heidi 224, 269
Hedberg, Holly 91, 206
Heese, Don 14
Heger, Linda 14
Heggen, Amy 98, 193, 196
Heggen, Joseph 14
Heggen, Molly 155, 202
Heim, Joleen 14
Heim-Parker, Chasta
Heimbaugh, Dixie 14
Held, Heather 14
Heller, Thana 14
Helm, Dean 14
Henderson, Robert 14
Henkle, Ryan 80, 246
Henry, Sean 202, 231
Her, Michael 267, 198
Herbert, Joshua 14
Hernandez, Christina 14
Hernandez, Victor 14
Herrera, Justin 48
Herrin, Stacy 14
Hesseltine, Ross 10, 183, 198, 255
Hester, Stacy 126, 201, 208
Hiatt, Tasha 198
Hibben, Carissa 271, 273
Hibben, Gabriel 11, 33, 36, 37, 79, 96, 206, 220, 240, 267,268
Hickman, Christopher 86, 87, 208, 266
Hidlebaugh, Jeffrey 14
Hill, Harley 14
Hill, Heather 14
Hill, Patricia 14
Hill, Robert 112
Hill, Wrex 14
Hines, Jennifer 14
History 142
Hiveley, Ann 14
Hoang Van, Dean 206
Hoang Van, Tina 206
Hoff, Brian 14
Hoff, Lynn 14
Hoksbergen, Deborah 14
Holley, Tiffany 78, 125, 204, 218, 219
Hollingsworth, Kevin 14
Holmes, James 14
Holmes, Nancy 129
Holmes, Samantha 208
Holt, Barbara 14
Holtry, Donald 213, 267, 270
Homecoming Dance/ Court 80
Homecoming Week/ Game/ Assembly 78
Home Remodeling 114
Hood, Tiffany 103, 204
Hood, William 14
Hook, Aaron 83, 87, 233, 270
Hook, Lindsee 235, 269, 271, 273
Horch, Sarah 60
Horton, Melissa 80, 236, 271
Houangsavanh, Saiphone 87, 196, 200, 201, 202, 205
Houchin, Lindsey 14
Housley, Jacky 268
Housley, Jodi 190, 196, 269
Howard, Andrew 250
Howard, Richard 14
Howe, Matthew 14
Howell, Kimberly 132, 269, 271, 273
Howser, Tiffany 14
Huang, Daria 14
Huffman, Joseph 202
Hughes, Gina 191, 196, 198, 267
Humphrey, Antoinette 202
Hunsley, Kenney 14
Hunter, Frederick 129
Hurley, Mark 14
Hutchison, Rusty 60
Huynh, Thuy 181, 199, 206
Hyde, Jennifer 14
Hyden, Thomas 14

Sarah Guhl



Michelle Denning



I

Ibarra, Hector 14
Interactive Science 130
Inthavong, Thyta 7, 196, 200, 206, 267
Ira, Nicholas 14
Irvin, Kelli 14
Isaac, Katrenia 215, 237, 249, 267, 271, 273
Ivanovich, Jon 14

Natalie Plummer



Kjersten Harvey



J

Jackson, Angela 128, 186
Jackson, Brian 183, 198, 199, 200
Jackson, Eraina 14
Jackson, Joesey 186, 197, 206, 267
Jackson, Larry 14
Jackson, Regina 14
Jackson-Spencer, Chaneze 14
Jacob, Sherly 14
James, Jessica 14
Jansen, Jeffrey 118
Janssen, Cody 14
Janssen, Rahni 14
Jaquez Jr, Sabino 48
Jara, Julio 60
Jazz Band 178
Jeffries, Eric 14
Jenkins, Andrew 14
Jenkins, Tyler 14
Jenkins, Whitney 215, 267, 273
Jennings, Brandon 14
Jennings, Stephanie 14
Jensen, Andy 14
Jensen, Jenny 14
Jensen, Sarah 14
Jilek, Charles 14
Jividen, Dustin 99
John, Donald 41
Johns, Toby 14
Johnson, Aaron 14
Johnson, Ashley 14
Johnson, Chadrick 14
Johnson, Derrick 270
Johnson, Desiree 165
Johnson, Elisabeth 60, 208
Johnson, Heidi 14
Johnson, Jacqueline 206, 208, 273
Johnson, Jamie 176, 273
Johnson, Jon 14
Johnson, Joshua 14
Johnson, Julius 14
Johnson, Kendra 273
Johnson, Lakesha 204, 273
Johnson, Leah 86, 166, 167, 204
Johnson, Noah 14
Johnson, Stacy 206
Johnson, Summer 14
Johnson, Tyrone 14
Johnson, Vanna 14
Johnston, Jesse 14
Jones, Angela 14
Jones, Ashley L. 14
Jones, Ashley M. 14, 180

Jones, Bobbie 14
Jones, Courtney 14
Jones, Daryl 14
Jones, Faith 14
Jones, Heather 9, 82, 87, 174, 175, 178, 179, 202, 208, 218
Jones, Jeffery 14
Jones, Jessica 14
Jones, Jonathon 14
Jones, Leroy 14
Jones, Matthew
Jones, Matthew 14
Jones, Megan 14
Jones, Melinda 208
Jones, Nicholas 60
Jones, Trevor 200, 201, 208, 266
Jordan, Ashten 14
Jordan, Jade 218, 219
Judkins, Christopher
Junck, Russ 118, 119
Juniors 33

Amanda Grossman



Stacy Smith



K

Kain, Courtney 41
Kaldenberg, Heidi 208
Kaldenberg, Mary 104, 105, 204, 167
Kalwishky, Adam 14
Kalwishky, Andrew 14
Kamvanh, Tingkham 202
Karns, James 14
Kavan, Khonesavanh 14
Kavan, Mone 154, 200, 202, 205, 256, 267
Kayser, Austin 86, 164, 168, 169, 183, 198, 199, 200, 202
Kayser, Barney 14
Kayser, Christopher 164, 168, 198, 202
Keddie, Norman 14
Keddie, Rebekah 14
Kellen, Jamie 14
Kelley, Amy 14
Kellis, Kami 14
Kellogg, Michelle 202
Kellogg, Terry 14
Kelly, Alex 14, 208
Kelly, Anastasia 14
Kelly, Annabelle 42, 273
Kelly, Brinden 198, 202, 206, 208, 238
Kelly, Edward 91, 92, 93
Kem, Phanna 204
Keo, Linda 202
Keomany, John 14
Keothammakhoun, Linda 200, 202
Kephart, Joseph 80, 81, 86, 200, 222, 268
Kephart, Tanya 198
Kern, Amy 166, 204
Kern, Daniel 14
Kern, Jacqueline 14
Kernes, Sarah 14
Kessler, Cody 14
Key Club 154
Key, Jenelle 208
Khanthavong, Inpone 14
Khodai, Amanda 87, 197
Kilby, Heather 33, 40, 91, 237, 250, 271
Kile, Dawn 198
Killinger, Casandra 87, 198
Kindred, Amanda 86
King, Amanda 267
King, Kyle 14
King, Nicole 87, 267
Kirkpatrick, Brian 14
Kirkpatrick, Bridget 60
Kitthikoune, Somwong 125, 132, 156, 198, 201, 202, 204
Knapp, Fredrick 14
Knapp, Janet 198
Knapp, Jennifer 14
Knapp, Lisa 14
Knight, Ashley 14
Knight, Stacy 14, 90, 196, 202, 206, 267
Knox, Amanda 87
Kock, Jenae 14
Koenig, Kathleen 107
Korshun, Erin 14
Kouang, Merry 267
Kouri, Nicole 235, 269, 271, 273
Krause, Season 14
Kuhns, Michael 14
Kunzman, Kathryn 14

Darcey Baker



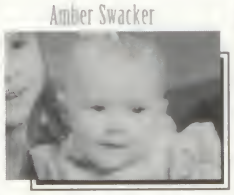
Shauna Ryan



L

Lady Scarlets 180
Lammey, Wesley 14
Landers, Brody 14
Lange, Nicholas 174, 208, 268, 270
Langford, Bradley 14
Larson, Crystal 14
Lary, Amanda 80, 81, 191
Latcham, Erica 87, 196
Latcham, Kandi 14
Latcham, Lindsey 87, 192, 196
Latimer, Matt 14
Law (Markley), Michael 198, 199
Le, Nhan 14
Leach, Judy 14
Leach, Kevin 14
Leadership Council 156
Leanos, Eric 14
Leanos, Nicholas 14
Leanos, Pedro 14
Leclere, April 87, 96
Lee, Amanda 14
Lee, Benjamin 14
Lee, Brittney 204
Lee, Chamee 14
Lee, Gary 14
Lee, Gregory 48
Lee, Jordan 14
Lee, Kao 81
Lee, Rebecca 204
Lee, Sharvar 48, 270
Lee, Thomas 14
Leinen, Bronson 14
Lem, Christy 168, 202, 206, 267
Leo, Joe 14
Leo, Nicholas 177, 178, 208
Lester, Crystal 14
Lester, Paul 14
Letze, Ashley 83, 214, 215, 237, 267, 271
Leverich, Johna 76, 77, 87, 104, 184, 185, 204, 206, 208
Lewellin, Jasmine 14
Lewis, Brandi 14
Lewis, Cordara 14
Lewis, Ina 14
Lewis, Jerome 14
Lewis, Matthew 100, 101, 201, 204
Lewis, Yolanda 14
Lint, Daniel 268, 270
Little, Larry 130, 270
Little, Shawn 48
Lloyd, David 14
Lo, Mi 14
Locke, Tyler 199, 202
Lockett, Delise 202, 273
Logan, Amanda 41
Logan, Dustan 41
Logan, Elyse 50, 196, 199, 269
Logan, Megan 14
Lombard, Lacey 204
Long, Alyssa 87, 182, 198, 202, 205
Long, Amanda 14
Long, Jonathan 199
Long, Katie 14
Long, Lowell 12, 130, 169, 202, 273
Long, Orville 14
Lopez, Andrea 204, 208
Lopez, Cristopher 14
Lopez, Eric 14
Lortscher, Carol 14
Lounsberry, Derek 217, 266
Lovan, Alee 202
Lovan, Jammy 14
Lovan, Jessie 14
Lovan, Katy 14
Lovan, Kevin 14
Lovanh, Joseph 14
Lovanh, Vince 14
Love, Aaron 14
Love, Joseph 14
Loving, Carol 112
Loving, Ross 10, 36, 270
Lowe, Erinesa 14
Lowe, Stephanie 206
Lown, Kathryn 14
Lozano, Aimee 204
Lozano, Anthony 14
Lozano, Charles 178, 179, 208
Lu, Aginda 208
Luft, Brian 14
Luft, Jennifer 66, 177, 208
Luft, Martin 14
Luna, Francisco 70, 177, 266,
Luna, Maura 14
Lund, Jeremy 14
Luu, Sam 14

Amber Swacker



Nichelle Axser



M

Ma, Moeun 14
Maceda, Maria 14
Madison, Brenda 14
Madison, Jesse 14
Madison, Stacey 14
Mahmood, Ardalan 14
Mahmood, Avin 14
Mahmood, Mokrian 14
Maier, Steven 14
Maire, Jovielle 183, 197, 198, 199
Mallett, Micaela 214, 215, 267, 273
Mallon, Brady 14
Malm, Robbie 139
Manning, Tammy 14
Maples, Todd 41
Marching Band 174
Markert, Deborah 142, 143
Marketing Sales 102
Markle, Ryan 14
Marlenee, David 14
Marquez, Daniel 14
Marquez, Javier 14
Marquez, Mauricio 202
Marroquin, Yadira 206
Martin, Cory 270
Martin, Summer 14
Martinez, Alejandro 14
Mason, Jennifer 14
Mason, Troy 14
Massey, Tamarah 14
Math 138
Mathews, Michael 206, 207
Mathok, Nyuol 14
Matlage, Molly 14
Matuszak, Patrick 14
Maxson, Shane 155, 202, 204
Mayes, Marjorie 14
Mayhugh, Nicholas 14
Mayorga, Alejandro 14
Mazmanian, Hripseme 14
Mc Call, Gary 14
Mc Coy, John 14
Mc Near, Jr 14
McAninch, Arthur 14
McAninch, Tyler 14

McBurney, Joshua 14
McCaffery, Brent 14
McCallister, Kimberly 198, 200, 206
McCallister, Megan 208
McCarl, Frank 14
McCarl, Kyle 118
McClain, William 14
McClelland, Brenton 14
McConnell, Amanda 176, 191, 196
McConnell, Danielle 40, 167, 198, 204
McConnell, Ronald 14
McCormick, Matthew 14
McCourt, Michael 268
McCrea, Matthew 14
McCuen, Jr., Scott 14
McDaniel, Jeremy 208, 268
McDonald, Kevin 14
McDonald, Ryan 87, 200
McDonald, Victoria 80
McElvogue, David 14
McElvogue, Cory 41
McFadden, Kellie 70, 94, 206, 224, 228, 229, 269
McFarland, David 14
McGarr, Jonathan 14
McGarr, Marcus 14
McGhghy, Joshua 14
McGhghy, Rachael 14
McGinnis, Danielle 14
McGravey, Patrick 202
McGruder, Jovon 14
McKean, Melissa 14
McKkee, Michelle 14
McLaughlin, Sarah 14
McLaughlin, Zachary 98
McNeal, Jared 14
McNeal, Shelley 204
McNear, James 161, 180, 181, 183
McNeeley, Brandon 14
McNeeley, Larry 14
McNeley, Nicholas 14
Mead, Katrina 14
Mead, Kazmond 270
Medina, Lizeth 14
Melendez, Benjamin 14
Melendez, Juan 208
Mendenhall, Jared 179, 208, 268
Mendenhall, Michael 92, 93, 174,175, 176, 178, 179, 202, 206, 208
Mendez, Walter 14
Merrett, Daeron 202
Merrett, Marshawn 14
Merryfield, Bryan 14
Merryfield, Joseph 86, 223, 268
Metal 118
Metheny, Jan-Michael 270
Metheny, Jason 270
Michael, Amanda 14
Michener, Sara 204
Mickens, Lajaherae 14
Mielke, Michael 14
Mihalovich, Shane 14
Mikesell, Craig 14
Mikesell, Kari 14
Milbach, Gregory 201
Millard, Samantha 14
Millard, Travis 14
Miller, Alysshia 14
Miller, Amy 130, 200
Miller, Anthony 267, 270
Miller, Ashley 95, 206
Miller, Chad 200
Miller, Christine 14
Miller, Christopher 7
Miller, Delynn 14
Miller, Hilary 198, 206
Miller, Jeremy 14
Miller, Michael 267
Miller, Montique 249, 273
Miller, Nicole 14
Miller, Rebecca 14
Miller, Robert 14
Miller, Shawn 14
Mills, Betty 14
Mills, Melissa 200, 202, 206
Mimes 124
Minikis, David 226
Minter, Damien 270
Mit, Scott 14
Mitchell, Amanda 14
Mitchell, Laquan 7, 42, 157, 196, 201, 206, 238, 267
Mitchell, Matthew 14
Mitchell, Michael 99, 206, 230
Mitchell, Terry 41
Mixed Choir 180
Mohler, Jr., Martin 117, 200, 270
Mohler, Megan 14
Mom, Rithiya 14
Monaco, Joseph 14
Mongar, John 270
Montine, Savannah 14
Moody, Izaak 202, 270
Moody, James 179, 208
Moore, Christopher 204
Moore, Derrick 14
Moore, Geoffrey 14
Moore, Nina 202, 267
Moore, Tiffanney 204
Mora, Hugo 14
Moraine, Derick 14
Moran, Michael 255
Moreno, Pamela 200, 202, 205
Moreno, Yadira 198
Morgan, Bradley 174
Morgan, Kyle 267
Morlan, Amanda 208
Morlan, Sara 208
Morris, Barbara 14
Morris, Kayla 190, 196
Morris, Linnea 63, 107
Morse, Greg 14
Morton, Kenneth 249, 273
Moses, Crystal 200
Mosher, Danneal 199
Mosqueda, Antonio 42, 132, 270
Mosqueda, Joshua 202
Most, Megan 48, 226
Moua, Vee 168, 202
Mujakovic, Elma 206
Mullin, Erika 277
Muniz, Brenda 14
Muniz, Crispin 14
Munoz, Aimee 82, 132, 196, 204, 237, 271
Munoz, Ashley 82, 196, 204, 237, 271
Munyon, Heather 198
Murphy, Daniel 101, 177, 208
Murphy, Donald
Murray, Benjamen 266
Murray, Stephanie 86, 204, 208

Kristin West



Heather Schietzelt



N

National Honor Society 154
Nagy, Rhiannon 7, 200, 202, 267
Nagy, Rorrian 132, 196, 206, 267
Naylor, Joshua 14
Neal, Casey 14
Neal, John 199
Neal, Matthew 14
Nece, Marcus 217, 270
Needham Wee, Nicole
Neer, Ryan 14
Neer, Sara 69, 201, 204
Neff, Ryan 158, 200, 201, 231
Nelson, Joshua 208
Nelson, Lorene 14
Nemmers, Linda 139
Neustadt, Deborah 135
Newcomb, Amanda 198, 204
Newsome, Ebony 14
Nguyen, Daniel 14
Nguyen, Giao 14
Nguyen, Thanh 14
Nguyen, Vy 48, 98, 99, 180, 198
Nickerson, Christine 201, 204
Niffenegger, Megan 139, 164, 204, 206
Nigro, John 14
Nikishenkov, Taras 14
Nissen, Nathan 266
Nitcher, Kym 14
Nixon, Jamie 163, 237, 269, 271
Noble, Kari 204
Noble, Shannon 36, 155, 192, 196, 202, 228, 229, 267, 269
Noble, Steven 14
Noel, Heather 14
Nordaker, Randy 14
Norton, James 14
Norwood, Christopher 270
Nwankpa, Frank 14
Nyman, Michael 94, 206

Linda Keothammakhoun



Crystal Moses



O

O'Brien, Neil 14
Ochoa, Fabricio 165, 201, 204
Ochoa, Jeremy 198
Ochoa, Victor 48
Oconnor, Corey 14
Ogg, Amanda 14
Oleson, Lyle 14
Oliver, Eric 14
Oliver, Tyler 14
Ollie, Sarah 14
Olson, Andrew 232, 270
Omundson, Nicole 14
Orchestra 176
Ordaz, Ruben 14
Organization Division 148
Orr, Keenyn 14
Ortega, Antonio 14
Ortega, Mayra 14
Ortiz, Andrea 14
Osborn, Christa 14
Ousley-Lee, Robert 133, 270
Owens, Kimberly 198
Owens, Renee 204
Owens, Staci 10, 196

Ryan Grochala



Jennifer Hanlin



P

Page, Amy 196, 199
Page, Sharon 14
Palmer, Amanda 14
Palmer, David 14
Palmer, Jennifer 155, 202, 204
Palmer, Michael 14
Paps, Peter 14
Parcel, Charlie 14
Parisho, Michael 14
Parker, Amanda 267
Parker, Joseph 14
Parker, Natasha 198, 208
Parker, Nicholas 14
Parks, Heather 14
Parks, Lukas 14
Parsons, Alex 208
Parsons, Troy 83, 86, 87, 268
Pascoe, Shauna 14
Patel, Amish 14
Patino, Carlos 202, 221, 270
Patrick, Michael 125, 164, 165, 200, 201, 204
Patterson, Sandy 204
Payne, Jessica 14
Paz, Juan 14
Paz, Nancy 14
Pebbles, Andrew 14
Pencook, Rebecca 273
People Division 14
PEOPLE P.E 144
PEP E Club 150
Perry, Floyd 270

Perry, Ryan 14
Persinger, Maureen
Person, Nikita 42, 204
Petersen, Ashlee 197, 224, 225, 269
Petersen, Chelsea 81, 191, 196, 206
Petersen, Melissa 14
Peterson, Austin 270
Peterson, Brandon 208
Peterson, Deborah 155
Peterson, Elaine 104
Peterson, Renae 198, 199
Petrie, Payton 183, 198, 199, 202, 237, 271
Pfister, Rafaela 276
Phan, Vinh 14
Phaydavong, Kenny 206, 231, 267, 270
Phaydavong, Scott 97, 213, 232, 233, 267, 270
Phet tdavieng, Rocky 14
Phillips, Julia 14
Phillips, Marybeth 208
Phomvisay, Diana 97
Phondeth, Manisone 200
Phonesavath, Somkith 14
Photo 94
Physics 136
Piatt, Dana 206
Pickett, Chelsea 36, 82, 86, 91, 135, 154, 155, 192, 196, 202, 206, 237, 267, 271
Pierce, Alan 200, 206, 270
Pierson, Joseph 121
Piper, David 14
Piper, Jonathan 220, 268, 270
Piper, Randy 266
Plummer, Natalie 82, 84, 86, 150, 136, 200, 202, 205, 218, 219
Plummer, Stephen 14
Poland, Kellie 14
Pollard, Patrick 14
Pollock, Bradley 14
Pongphimkham, James 14
Pool, Jill 14
Porter, Laura 125, 198, 204
Powell, Christina 14
Powell, Randall 14
Powell, William 204, 206
Powers, Justin 86, 204
Pray, Jacob 199, 200
Preas, Amber 87, 206
Preas, Amy 64, 197
Prep Choir 180
Preston, Amanda 42, 196
Pridemore, Jessie 202
Psychology/ Sociology 108
PTSA 160
Pucek, Martin 179, 206, 208
Puffenbarger, Samantha 14
Puffett, Angela 197
Punelli, Victoria 200

Shannon Scarlett



Q

Quaintance, Mindy 14
Quill 90
Quintanar, Luis 14

David Williams



Stephanie Murray



R

Radley, Eric 33, 93, 162, 202, 206, 270
Ragan, Timothy 87, 140
Ramirez, Aaron 202
Ramirez, Brandon 270
Ramirez, Gricelda 14
Ramirez, Jorge 14
Ramirez, Magda 14
Ramus, Sarah 37, 121
Randolph, Michael 14
Rankin, Ashlee 271
Rankin, Justin 242, 243, 267
Rankins, Montez 286, 270
Ratliff, Christopher 14
Rattray, Nicholas 14
Rauh, Allison 86, 206, 208, 241
Raus, Jelena 199, 273
Ray, Joshua 221, 268
Raygoza, Iliana 202, 273
Raymond, John 14
Raymond, Sarah 14
Reben, Corey 14
Redmond, Kameisha 198
Reed, Amanda 87, 102, 167, 204
Reed, Crystal 14
Reed, Gino 14
Reed, Lauren 42, 138, 196, 198
Reed, Michael 14
Reed, Nickolas 14
Reed, Veronica 87, 157, 201, 202
Reedholm, Jenne 198, 204
Reese, Charles 156, 164, 198, 199, 204
Reid, Yvonne 198
Reimers, Amanda 100
Remus, Rochelle 194, 196, 202, 206,208
Remus Sr, Richard 14
Rendall, James 42, 87, 200, 201, 268, 270
Renfro, George 139, 201, 270
Renfro, Lakiesha 14
Reuskens, Samantha 204
Reyes, Luis 14
Reynolds, Brandie 14
Reynolds, Bryan 128
Reynolds, Danielle 198
Rice, Emily 204
Rice, Jason 86, 87
Rice, Teara 87, 191, 196
Rice, Terrance 87, 213, 250, 267, 270
Richard, Amanda 14
Richards, Claudia 128
Richards, Jack 270
Richardson, Joshua 14
Richardson, Lyndsey 86, 150, 200, 202, 205
Ries, Reggie 14
Riley, Shanna 14
Ring, Katherine 136, 174, 190, 196, 208,
Rissman, Beth 14
Rivas, Tisha 41
Robbe, Jennifer 14
Roberts, Jason 14
Roberts, Nathan 14
Robinson, Anthony 14
Robinson, Joel 14
Robinson, Kristen 228, 229, 234, 237, 269, 271
Robinson, Tela 201, 204
Robles, Javier 14
Robles, Miguel 270
Roby, Brian 208
Rock in Prevention 162
Rodgers, Raymond 14
Rodriguez, Martin 14
Rodriguez, Rebecca 86, 141, 160, 200, 201, 205
Rogers, Ashley 60
Rogers, Katherine 87, 201, 204, 208
Rojas, Kenia 14
Romero, Letzabeth 14
Roseberry, Travis 208
Roshina, Nakiyah 42
Ross, Matthew 204
Ross, Tobias 270
Roth, Nathaniel 268, 270
Rothweiler, Ellen 151, 156, 201, 204
Rothweiler, Mark 14
Rotter, Kelsey 14
Rounds, Matthew 14
Rourke, Gary 14
Rourke, Scott 14
Rouse, John 14
Roush, Melinda 14
Rowan, Liz 164, 200, 204
Rowan, Susan 14
Rowe, Donald 14
Rowe, Douglas 208, 270
Royse, Jeremy 121
Roytman, Aleksandr 14
Rubio, Israel 14
Rudisill, John 14
Ruhland, John 14
Rush, Judy 128
Rushing, Lolita 14
Rushing, Nikkia 204
Rushing, Orlando 202
Russell, Joseph 87, 167, 204
Ryan, Scott 14
Ryan, Shauna 204
Ryun, Annette 169, 202

Jodie Cosner



S

Saddoris, Linda 129, 154
Salcedo, Gabriel 14
Sam, Malisa 80, 81, 106, 206
Sample, Elizabeth 14
San Elias, Laura 206, 273
Sanachit, Chanthason 201
Sanachit, Suzan 14
Sanchez, Hector 14
Sanchez, Rosa 14
Sanders, Kevin 126, 127, 204
Sanders, Thomas 14
Sandoval, Alejandro 14
Santa Maria, Amber 208
Sasseen, D'an 14
Saunders, Cortez 14
Saunders, Dawn 196
Sauz, Sandra 14
Sauz, Tania 14
Savage, Kasandra 14
Sawyer, Rickey 14
Sayavong, Sivone 14
Scarbrough, Anna 199
Scarlet Dance Squad 186
Scarlett, Adam 266
Scarlett, Shannon 152, 200, 202, 205, 208
Schaff, Crystal 14
Schamerhorn, Joseph
Schatz, Alvin 14
Schatz, Sharon 14
Schieffer, Chase 14
Schieffer, Courtney 86, 174, 200, 202, 208
Schietzelt, Heather 86, 197, 200
Schirman, Amanda 14
Schmidt, Ebony 14
Schultz, Daniel 14
Schulz, Brian 114
Science Bound 168
Scott, Ashley 204
Scott, Kardeea 204
Scott, Shi Randi 14
Scott, Travis 278
Scroll 92
Seaman, Nicole 14
Selden, Cynthia 14
Senephansiri, Bounmie 14
Senephansiri, Kevin 14
Sengaphone, Sunny 14
Seniors 16
Serrano, Estrella 14
Sewing 112
Shackelford, Robert 14
Shade, Antonio 14
Shanahan, Bradley 208, 266

Shandri, Dustin 97, 198, 217, 266
Sharon, Michael 14
Sharp, Aaron 86
Sharpnack, Monica 14
Sheehan, Ashley 14
Sheehan, Heather 198
Sheffield, Jerry 14
Sheil, Diane 14
Sheldon, Heather 14
Shelley, Barbara 14
Shepherd, Alicia 14
Sheridan, Joel 14
Sherod, Jason 14
Sherrard, Mark 14
Shields-Perrin, Quashonda 14
Shipley, Jameson 14
Shipman, Paul 74
Sholley, Erica 273
Sholley, Robert 14
Shootman, Justin 14
Short, Jolene 14
Shupe, Jonathan 14
Sierra, Cristobal 14
Sign Language 74
Sinclair, Statia 14
Sleeth, Justin 204
Slemp, Dustin 176, 208, 226
Sloan, Kurt 268
Sloan, Matthew 14
Small, Treasure 14
Smith, Amanda 199, 235, 271
Smith, Bethany 198
Smith, Birdie Mae 14
Smith, Blake 14
Smith, Brandon 14
Smith, Chad 14
Smith, Codie 14
Smith, Crystal 78, 237, 267, 271
Smith, Duncan 14
Smith, James 208
Smith, Jason 14
Smith, Jennifer 14
Smith, Jordan 6, 86, 87, 163, 206, 222, 223, 268
Smith, Joseph 42, 123, 208
Smith, Joyce 14
Smith, Kelly 14
Smith, Lawrence 14
Smith, Martin 14
Smith, Matthew 14
Smith, Megan 87, 184, 208
Smith, Michelle 204, 267
Smith, Samantha 202
Smith, Stacy 83, 196
Smith, Tiffany 273
Smith, Tyler 14
Smithhart, April 14
Snitker, Brandon 87, 243
Snyder, Robert 270
Soccer 216, 218
Softball 224
Sokoll, Jonathan 14
Soliday, Jason 14
Songkham, Phitsamai 93, 166, 167, 202, 204, 206
Songkham, Robert 169, 202
Sophomores 42
Sorensen, Jacqueline 208
Sos, Phann 14
Soulinthavong, Donna 199
Southammavong, Julie 202
Souvatrat, Chandy 95, 206
Sowden, Matthew 158, 200, 201, 266, 270
Sowder, Billy 14
Spanish Club 194
Spaine, Vidal 156
Spargo, Andrew 14
Sparks, Adam 208
Speck, Shelby 50, 199, 234, 237, 269, 271, 273
Speech 128
Spencer, Stacey 14
Spree 84
Spooner, Adam 14
Sr.Board 152
St Clair, Mary 14
Stafford, Jayseena 204
Stahly, Dawn 14
Staley, Rex 14
Standley, Mark 267
Stanley, Jesse 14
Stanton, Adam 14
Stanton, Kristina 14
Stapes, Jonathon 231
Stapes, Stephanie 82, 83, 84, 86, 150, 196, 202, 205
Starcevich, Donald 14
Steele, Lindsay 86, 87, 14 200, 202, 236, 237, 267, 269, 271, 273
Steenblock, Raelynn 198
Steeples, Michael 14
Stephen, Kendra 14
Stephens, Jacob 48
Stephens, Kale 14
Stephens, Matthew 14
Stephenson, Joshua 14
Steppers 188
Stevens, Amanda 198, 202
Stevens, Amie 86, 200, 202, 205
Stevens, Ginger 76, 77, 82, 83, 87, 162, 188, 197
Stevens, Jason 14
Stevenson, Robert 14
Stevenson, Savannah 14
Steward, Kamaye 157, 201, 202, 204
Stewart, Ricky 14
Stewart, Shannon 200, 208
Stewart, Trevor 14
Stilwell, Nicholas 14
Stockbauer, Michael 14
Stockbauer, Monica 200
Stockbauer, Rodney 232, 233, 270
Stoner, Wanda 14
Strable, Steven 204
Stradley, Bobbie 138, 200, 224, 228, 235, 236, 249, 269, 271, 273
Strahl, Andrew 270
Strauss, Season 198
Strickler, Carolyn 14
Strock, Steven 208
Strong, Jayme 14
Strother, Kizzie 198, 273
Stroud, Joshua 14
Student Government 152
Student Life Division4
Suggett, Patrick 200, 201
Sula, Patricia 199
Sullivan, Nicholas 14
Sullivan, Scott 14
Sumabat, Reeio 168, 169, 191, 196, 202, 206
Summy, Allison 86, 184, 208
Sunny, Chrisna 14
Sutherland, Charles 14
Sutherland, Ryan 65
Swacker, Amber 87, 94, 100, 141, 161, 200, 203
Swimming 238, 254
Swinehart, Jessica 200
Swoboda, Catherine 200, 201, 269

Mindy Quaintance



Stephanie Stapes



T

Taggart, Rachel 8, 208, 238, 255
Tappan, Ashley 124, 196, 204
Tarr, Gregory 14
Tate, Jheris 14
Taylor, Ashli 273
Taylor, Corey 199
Taylor, Emily 204
Taylor, Tiffany 41
Teale, Michael 14
Teav, Heng 14
Technology 116
Tedder, Jeffery 14
Tennis 256
Terry, Maria 119, 204, 206
Thammaroth, Sisamone 14
Thammathay, Somneuk 14
Tharp, Benjamin 14
Theater Arts 164
Theppanya, Phonemany 206
Thipyothin, Paphaphone 70, 81, 91, 106, 202, 206
Thomas, Adrian 14
Thomas, Cheyvone 14
Thomas, Heather 14
Thomas, Lucas 14
Thomas, Paris 14
Thomas, Rachel 14
Thompson, Amanda 14
Thompson, Ashley 14
Thompson, Cheyenne 86, 91, 206, 208
Thompson, Jason 14
Thompson, Melissa 14
Thompson, Robert 270
Thompson, Shellique 14
Thompson, Stanley 141, 238
Thompson, Toby 14
Thongdam, Khamphay 41
Thongsoum, Krienkray 14
Thornton, Adam 14
Thornton, Alexander 86, 200
Tilley, Jessica 14
Tillman, Christopher 14
Tilton, Dusty 14
Timblin, Christopher 14
Timblin, Heather 14
Timblin, James 14
Tinsley, Garry 14
Titus, Lana 14
Todd, Amanda 14
Todd, Andrew 198
Todd, Ricky 119
Toigo, Norma 14
Tollari, Travis 87, 96, 242, 243, 266
Tolson, Sabri na 204
Tonsi, Angela 208
Tonsi, Sharon 198
Top 3% & 15% 32
Townsel, Jericca 14
Townsend, Ashley 14
Track 212, 214
Tran, Oudaphone 200
Tran, Sean 14
Trigg, Jon 14
Triplett, Capri 14
Trumbo, Kayla 199, 269, 273
Tucker, Krystal 131
Turner, Jordan 204
Twelve – B
Tyler, Amber 190, 196, 199
Tyler, Kerry 273
Tyler, Nathan A 14
Tyler, Nathan W 119

Courtney Jones



U&V

Ulmer, Amanda 82, 83, 86, 87, 188, 206, 225, 237, 269, 271, 273
Um, Yon 14
Ung, Alex 86, 204, 206
Upward Bound 168
Usovsky, Alicia 206
Valdez, Elva 14
Valdez, Oscar 14
Van Deo, Eddie
Van Dyke, Jessica 14
Van Gundy, Andrew K 200, 208
Van Gundy, Andrew R 200, 201
Van Syoc, Benjamin 138, 270
Van Tassel, Harold 14
Van Tuyl, James 14
Van Velzen, Deborah 215, 241, 267
Vance, Andrew 204
Vance, Bradley 14
Vancleave, Cynthia 14
Vanderley, Frederick 108, 143
Vandervelden, Carrie 14
Vang, Ao 202, 267
Vang, Fueche 101, 208
Vang, Ka Lia 180
Vang, Nhia 200
Vanlier, Allison 14
Vanover, Corrine 14
Vanweelden, Krystal 14
Vargas, Michael 14
Vasey, Ashley 14
Vasquez, Marcos 14
Vega-Rocha, Javier 14

Velazquez, Laura 273
Velazquez, Rogelio 14
Vertz, Jeremy 14
Vest, Jennifer 14
Vickroy, Joyce 144
Villanueva, Cristal 14
Vincent, Jeremiah 37, 92, 139, 206
Voices of Change 156
Vojvodic, Mirjana 14
Volleyball 234
Vong, Somkong 14
Vongsouvanh, Keovilay 267
Vongxay, Kong 14
Vorasith, Nilaphay 14
Vosburgh, Ryan 14
Vuth, Amanda 14
Vuth, Emily 14

Alyssa Wilson



Kerry Bloomquist



W

Wacht, Troy 255, 270
Waddell, Matthew 14
Wadsworth, Malachi 14
Wadsworth, Marcus 86
Wadsworth, Savannah 87
Wagner, Debra 267
Wagner, Felicia 267, 273
Wagner, Jamie 273
Wagner, Kimberly 199, 202, 204
Wagner, Mark 114
Wagner, Theresha 199, 202, 204
Waldron, Nicole 199
Walker, Billy 14
Walker, Jacob 267
Walker, Nolan 14
Walker, Sadie 199
Wall, Breanne 14
Waller, William 14
Walling, John 14
Walske, Aaron 14
Walske, Adam 14
Walske, Lori 14
Waltz, Deborah 14
Waltz, Lindsay 198
Waltz, Misty 199, 200, 202
Waltz, Stephen 14
Wand, Jay 14
Ward, Amanda 14
Ward, Anthony 14
Ward, Theodore 14
Ward-Well, Alan 14
Warner, Nicole 49, 206
Warnock, Michele 83, 87, 92, 141, 154, 196, 200, 202, 206
Wasson, Anthony 14
Watland, Daniel 14
Watley, Joseph 14
Watson, Rebecca 198
Watson, William 160
Wayman, Joseph 14
Weatherall, Myra 202, 269, 271
Weatherly, Branden 14
Weaver, Dorman 14
Webb, Aaron 86, 98
Webb, Daniel 86, 216, 232, 266, 270
Webber, Andrew 180, 199
Weber, Amber 198
Weber, Bradley 14
Weber, Brian 14
Weber, Dustin 268
Weeks, Michael 8, 9, 140, 200, 202
Weigel, Richard 86, 202, 267, 268, 270
Weiland, Melinda 14
Welch, Marketa 14
Welding, Ashley 14
Welker, Traci 14
Wells, Tia 14
Wells, Tyanna 14
Welton, Kenneth 14
Wennekamp, Derek 268
West, Joshua 41
West, Kristin 14
Westin, Patricia 14
Westlake, Dustin 14
Westlake, Kacie 87
Westover, Mary 14
Westover, Stayce 84, 151
Wetzel, Jayme 208, 236, 237, 267, 269, 270, 273
Whisenand, Chasity 14
Whitaker, Breann 14
White, Barbara 14
White, Cass 14
White, Delora 200, 206, 208
White, Teshe' 14
Whiting, Bryan 137, 266, 267, 270
Whitney, Craig 270
Whitney, Elizabeth 14
Wiand, Angela 14
Wicker, Justin 14
Wicker, Krista 152
Wickersham, Jennifer 126
Widlund, Elizabeth 202, 237, 269, 271
Wiese, Robert 14
Wieskamp, Monica 14
Wieskamp, Steven 14
Wignall, Sarah 273
Wiley, Tommie 14
Wilkin, Holly 14
Williams, Ann 198
Williams, Anthony 195, 206, 270
Williams, Byron 14
Williams, Daniel 202
Williams, Darin 270
Williams, David 202, 206
Williams, David 200
Williams, Jason 270
Williams, Jennifer 14
Williams, Jessica 190, 204
Williams, Kenneth 138
Williams, Michael 136
Williams, Stephen 268
Williams, Travis 14
Williamson, Tyler 87
Wilson, Alyssa 12, 86, 140, 161, 200, 206, 208, 214, 241, 267
Wilson, Glen 14
Wilson, Todd 14
Wilson, Tom 199
Wilson-Cunningham, Fannie 14
Winebrenner, Samantha 86, 164, 190, 191, 196, 204
Winterbottom, Alia 206, 238, 269
Wisnousky, Ryan 14
Wittenstein, Nathan 93, 206
Wolfe, Shawna 198
Wolfley, Jasmine 60
Wolff, Kindall 14
Womble, Krista 84
Wood, Chaz 86, 270
Wood, Chelsey 198
Wood, Jessy 14
Woods, Carla 14
Woods 116
Woodyard, Adrena 14
Woolson, Joshua 199, 206
Wortham-Dixon, Tavoya 14
Worthington, Krystal 112, 201
Worthington, Teddie 41
Woxell, Anthony 14
Wren, Lonnie 14
Wrestling 252
Wright, Christopher 60, 204
Wright, Desirai 135, 186, 197
Wright, Domonique 206
Wright, Jeff 14
Wright, Robert 14
Wyatt, Justin 104

Leah Johnson



Cheyenne Thompson



Joe Kephart



X Y & Z

Xaysana, Inh 14
Xiong, Chang 14
Xiong, Fue 14
Yakubu, Jamila 14
Yamen, Levi 14
Yassin, Jeremiah 240, 241, 267
York, Bryan 121
Young, Aaron 181
Young, James 14
Young, Jennifer 14
Young, Jeremy 14
Young, Joshua 155, 202
Young, Terry 14
Zacher, Alicia 14
Zamora, Joel 14
Zelenovich, Jeffrey 202, 220, 250, 268, 270
Zenor, Amber 14
Zermeno, Olivia 60, 199
Ziegler, Joshua 107, 268, 270
Zigler, Brian 14
Zimmerman, Toby 14
Zoology 134
Zubulake, Nicholas 14
Zugg, Angela 14
Zuniga, Norberto 14

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Administration:
Tom Cole – Graphic Arts Adviser
Nancy Hansen – Advertising Sales Manager
Chris Heikes – Herff Jones Representative
Mike Nyman – Photography Adviser
Ed Kelly – Publications Adviser
Tom Lee – Principal

COLOPHON

The Herff Jones yearbook plant in Mission, Kansas produced 950 copies of the 2002 *Quill*.

Twenty-nine staff members put together the 336 page spring-delivery book on 80lb. Bordeaux Special paper.

The laminated lithograph cover is printed with four-color process soy ink. Endsheets are printed with black ink on white Vibracolor paper stock. The 8.5" x 11" book is printed with offset lithography and is smyth-sewn, rounded and backed.

The majority of the copy throughout the book is 10-point Tiepolo or Garamond.

All pages were submitted on Zip cartridges using 19 Dell PC computers and the applications Microsoft Word and Adobe's Illustrator, Photoshop and PageMaker.

Most of the book was produced digitally, though some art, ads and backgrounds for some of the pages were submitted as camera-ready art.

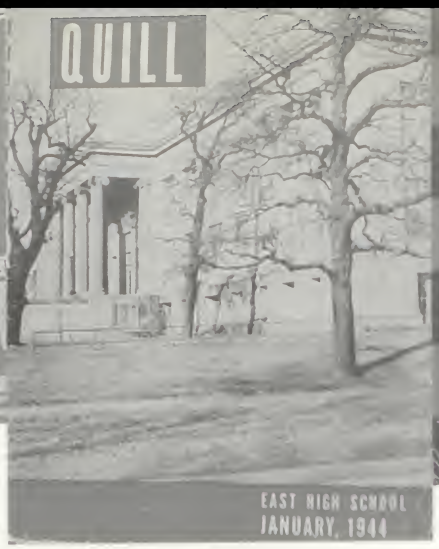
Books were sold from September through November for $40. The 2002 *Quill* was completed on March 1. The Herff Jones representative was Chris Heikes.

Autographs







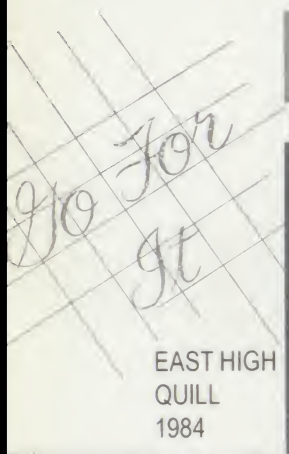




On the "Before They Were Seniors" collage on pages 30-31…
Design by Cheri Fenton
Photos by Cheri Fenton and Seth Conn
Photos submitted by Cheri Fenton and Michele Warnock
Formatted on Adobe Photoshop
Pictured: Class officers *Saiphone Houangsavanh, Eric Brandt, Heston Clark* and *Rebecca Rodriguez* edited together by Cheri Fenton through Photoshop; $45 in one, ten and twenty dollar bills submitted by Michele Warnock and edited together by Cheri Fenton through Photoshop; *Kati Bainter* at the 2001 Quill/Scroll picnic; senior pictures of *Amanda Reed, Mone Kavan, Katie Freel* and *Tori Punelli*; senior hallway; senior bench; *Amy Giddings* and *Rachel Taggart* posing for the Hiatt 8th grade track picture; *Stacy Smith* at the Memory Spiral dedication ceremony in the spring of 2001; *Shannon Scarlett* and *Rhi Nagy* at the Memory Spiral dedication ceremony in the spring of 2001; *Lyndsey Richardson* while attending Goodrell; *Michael Weeks* at a French club party in 8th grade; *Eric Lopez* and *Amy Preas* on the bus in 8th grade; *Valerie Boland* doing homework in 9th grade; *Aaron Hook, Troy Parsons, Jason Fitzgerald, Joe Kephart, Kurt Sloan, Jack Thongsoum* and *Nick McNeley* at Goodrell; *Alan Pierce* at the French club dinner in May of 1999; *Jenny Mason* and *April LeClere* at a birthday party in 1992; *Jack Thongsoum* in class at Goodrell; *Heston Clark* at the Memory Spiral dedication in spring of 2001; *Savannah Wadsworth, Chuck Lozano* and *Michele Warnock* in a classroom at Goodrell; *Justin Powers* getting his hair crimped by *Valerie Boland* at a birthday party in the spring of 2000; *Matthew Connelly* at the French club dinner in May of 1999; *Saiphone Houangsavanh* trapped under a bed in her dorm at cheerleading camp in the summer of 2001; *Pon Thipyothin, April LeClere, Sarah Evans, Joe Kephart* and *Cheri Fenton* in Kansas City on a Quill trip in the spring of 2000; *Kurt Sloan* and *Nick McNeley* at Goodrell; *Justin Rankin* on the school bus in 8th grade; *Melissa Beede* at Goodrell; *Amy Preas* at her locker in 9th grade; *Joe Louvanh* at Goodrell; *Amy Preas, Jenny Mason* and *Cheri Fenton* in 6th grade; *Sarah Flagg* at Goodrell; *Sarah Flagg, Amy Kelly* and *Rebecca Rodriguez* at Goodrell; *Courtney Schieffer* in a class at Goodrell; *Debbie Pondeth* in French III in 10th grade; *Stephanie Murray* on the school bus in 8th grade; *Chuck Lozano* outside Goodrell on a winter day; *Troy Parsons* in class at Goodrell; *Kacie Westlake* playing with chopsticks in 7th grade; *Amy Kelly, Alyssa Long* and *Rhi Nagy* at lunch in 9th grade.



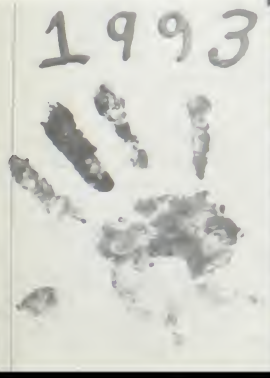






EAST HIGH
QUILL
1984

On the Senior Autographs spread…
Design by Cheri Fenton
Pictures submitted by Cheri Fenton and Michele Warnock
Formatted on Adobe Photoshop
Pictured: *Ellen Rothweiler, Heather Jones* and *Amy Preas* at Union Park in 7th grade; *Justin Rankin* and *Terry Rice* in track in 8th grade at Hiatt; *Ellen Rothweiler* at a French club party in 8th grade; *Michele Warnock, Darcy Baker* and *Lindsay Steele* before a basketball game at Goodrell; *Heather Schietzelt, Amy Kelly* and *Michelle Gazzo* in class at Goodrell; *Kerry Bloomquist* in class at Hoyt; *Eric Lopez* on the school bus in 8th grade at Hiatt; *Troy Parsons* and *Jack Thongsoum* in class at Goodrell; *Michele Warnock* at lunch in 9th grade; *Tingkham Kamvanh* in track in 8th grade at Hiatt.



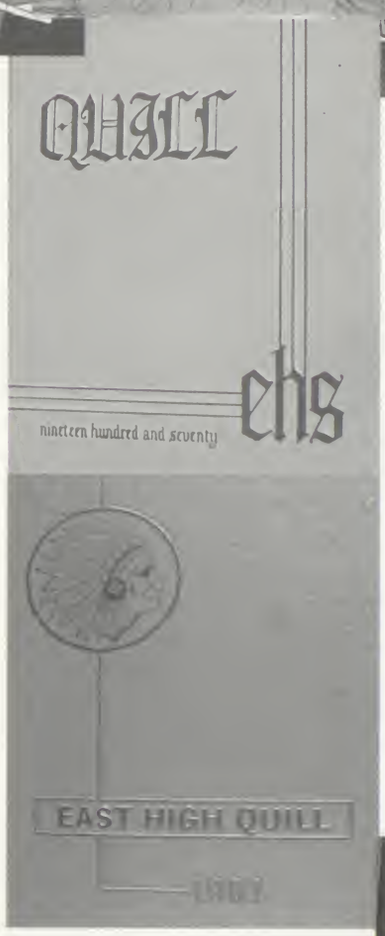


On the cover…
Design by Cheri Fenton
Pictures by Cheri Fenton
Formatted on Adobe Photoshop
Pictured: First floor hallway between fifth and sixth periods; front of East High School; seniors *Saiphone Houangsavanh* and *Jack Thongsoum* at a locker on the first floor; students eating lunch in the cafeteria; seniors *JD Smith* and *Jason Fitzgerald* in Graphic Tech; seniors *Vinnie Gregory* and *Rebecca Rodriguez* studying on the senior bench.





On the title page...
Design by Pon Thipyothin
Pictures by Pon Thipyothin
Formatted on Adobe Photoshop
Pictured: juniors *Andrew Olson* and *Danny Lint* in the hall on the first floor; senior *Don Holtry* and another varsity football player at the Midnight Madness practice; juniors *Amy Heggen, Valerie Blackford, Amanda Armintrout* and *Molly Fredericksen* putting up signs for the football players during Homecoming week; a crowd in the stands watching the Midnight Madness varsity football practice; *Mr. Lee* giving a speech at a junior class assembly toward the beginning of the year; the Scarlet banner hanging over one of the auditorium doors; seniors *Heather Jones* and *Valerie Boland* at a monument on the UN Trip; people who met at the half-staff flag pole to pray for the victims of the September 11 tragedy; seniors *Natalie Plummer* and *Aaron Hook* standing on the senior car at the Homecoming pep rally.



On the title page...
Design by Pon Thipyothin
Pictures by Pon Thipyothin
Formatted on Adobe Photoshop
Pictured: The front of East High School; seniors *Pon Thipyothin, Kathy Lee, Malisa Sam* and *Kally Busby* at Homecoming; Varsity football players at the Homecoming assembly; students walking down a hall on the first floor.





On the endsheets...
Design by Cheri Fenton
Pictures by Cheri Fenton
Formatted on Adobe Photoshop
Pictured: The covers of yearbooks from January 1915, 1935, 1943, January 1944, June 1944, January 1945, January 1955, June 1955, 1958, June 1958, January 1963, 1964, 1965, 1966, 1967, 1968, 1969, 1970, 1971, 1972, 1973, 1974, 1975, 1976, 1977, 1978, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001 and 2002.





